



BURLINGTON HIGH SCHOOL

ACTIVITIES/ATHLETIC DEPARTMENT

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Burlington JV1 Track & Field Invite

Date: Monday, April 25, 2022

Pole Vault Check In: 3:15 **Coaches Meeting: 3:30** **Field Events: 4:00** **Running Events: 4:30**

Boys' Teams: Racine Case, Shoreland Lutheran, St. Augustine Prep, and Burlington.

Girls' Teams: Shoreland Lutheran, St. Augustine Prep, and Burlington.

Event Assignment

Burlington will have varsity athletes to assist with: raking, pulling tape, measuring, shagging shots/discs, putting up cross bars, etc. As per contract, all teams are required to run an event. During the coaches meeting, a school may trade duties with another school, if they wish.

Boys Shot: TBD
Boys Discus: Racine Case
Boys Pole Vault: Burlington
Boys High Jump: St. Augustine Prep
Boys Long Jump: Shoreland Lutheran
Boys Triple Jump: TBD
Hurdle Crew: Burlington athletes
Exchange Zones 4x200 & 4x100: Burlington

Girls Shot: Shoreland Lutheran
Girls Discus: TBD
Girls Pole Vault: Burlington
Girls High Jump: TBD
Girls Long Jump: TBD
Girls Triple Jump: St. Augustine Prep
Timing For All Events: Burlington

Field Events

Boys will long jump, high jump, and throw shot first. Girls will throw disc, triple jump, and pole vault first. There will be a 60-minute open pit for girls triple jump and boys long jump. There will then be 15 minutes of warm up between the 60-minute open pit for boys triple jump and girls long jump. Each jumper will be allowed four jumps (no finals). Shot and disc throwers will be allowed four attempts. Because there is not proper lighting near the shot and discus we are asking that throwers take all four attempts in a row in an attempt to speed up the event. Opening heights in the high jump and pole vault will be determined at the coaches meeting.

Running Events

We will follow standard NFHS order of events beginning with the girls 3200M Relay at 4:30PM. All running races will be timed finals.

Entry Limits

All schools will be limited to four athletes per individual event and one relay per relay event. The one exception will be in the throws. Teams will be allowed to enter four throwers. Entries should be submitted online at [Trackside Timing](#). Please have entries posted by 8:00PM on Sunday, April 24th. You will be allowed to scratch and replace at the coaches meeting if the athlete is already registered for the meet.

Officials: John Charles Miller (Referee), Marlon Pitchford (Starter), John Woreck (Clerk)

Games Committee: TBD at the Coaches Meeting

We look forward to seeing all of you at the JV Invite on Monday, April 25th