



Rowlett Youth Soccer Association



Coach Orientation Spring 2026



RYSA Office Info

5211 Gordon Smith Dr.

Rowlett, TX. 75088

Office: [214.607.4681](tel:214.607.4681)

Fax: [214.607.4682](tel:214.607.4682)

www.rowlettsoccer.org

*Office Hours listed on
our website*



Tina Greene
Registrar

registrar@rowlettsoccer.org



www.rowlettsoccer.org

RYSA Board Members

RYSA President ^1	Ismael Parra
VP of Operations ^2	John Ranta
VP of A&D (Appeals & Discipline) ^1	James Petre
Treasurer ^1	Carla Crouse
Secretary ^2	Gabriel Martinez
Coaching Education Director ^1	John Ranta
Referee Development Director & Referee Assignor ^2	Richard Moreno
Marketing and Promotions and Awards ^2	Haley Arriaga
Fields and Equipment Director ^2	Dana Shipley
Tournament Director	Vacant

1 – Positions elected odd-number years. Reference By-Laws, Section 2.0
 2 – Positions elected even-number years. Reference By-Laws, Section 2.0

Age Group Directors	
4U ¹	Vacant
5U – 6U ²	Jonathan Foresee Jonathan.foresee@rowlettsoccer.org
6U – 8U ²	Tim Hopkins Tim.hopkins@rowlettsoccer.org
9U – 19U	Andrew Balettie Andrew.balettie@rowlettsoccer.org



Position Descriptions

Tournament Director: The Tournament Director shall coordinate tournaments in Rowlett for RYSA.

Age Group Directors: The Age Group Directors shall coordinate the activities of their respective age divisions, create game schedules & re-schedules and will be the liaison between the coaches and the Board of Directors.



Season Items

www.rowlettsoccer.org



Coach Registration | Background Checks

- ✓ All Coaches & Team Managers **must register, complete a background check, and complete SafeSport training**
Done online - (Background check name and driver's license must match name exactly.)
- ✓ Each team is strongly advised to have two registered adults.

Rosters | Badges

- ✓ **A Coach's badge is required for games @ RCP** – Everyone gets new badges in the Fall. Replacements cost \$5.
- ✓ Must sign for your finalized roster. Your team cannot play until the roster is signed by the Coach, Assistant Coach or Team Manager (Rostered Adults)

Uniforms

All uniforms are taken care of by each coach and team.

Don't forget the RYSA patch needs to be placed on the left arm of every jersey.

Players Numbers: Coaches are responsible for updating **GOTSPORT.COM** with each player's number.

Rockwall Sports Center
972-772-3054

579 East I-30 Rockwall, Tx 75087

All Sports ETC – 972-771-0600
2006 S. Goliad St. Rockwall, Tx
75087

Soccer City - 972-907-1700
2141 E. Arapaho Richardson, Tx
75081

Haley Arriaga 972-989-6534
HALEY@arriagasiteservices.com

XARA SOCCER TEAM UNIFORM SPECIAL

Kit #	League	Price
#1	TRAMMERE LEAGUE LEAGUE	\$29.99
#2	HARROGATE LEAGUE LEAGUE	\$33.99
#3	INTERNATIONAL CHAMPIONS	\$36.99
#4	HIGHBURY LEAGUE LEAGUE	\$36.99
#5	CARDIFF VICTORIA PLAYER	\$45.99

COACHES - RECEIVE YOUR FREE TEAM SUPPORT
RECEIVE THE FOLLOWING FREE PRODUCTS:
• 6 sets of uniforms (see chart below)
• 12 Soccer Balls
• 12 Soccer Bags
• 1 Coach's high-visibility polo shirt
• 1 Coach's name patch
• 12 Goalkeeper jerseys
• 12 Goalkeeper shorts
• 12 Goalkeeper socks
• 12 Goalkeeper gloves
• 12 Goalkeeper caps
• 12 Goalkeeper bags

ALL KIT PRICES INCLUDE A ONE COLOR JERSEY NUMBER. PACKAGE PRICES ARE GOOD FOR A MINIMUM OF 6 FULL UNIFORM SETS.

Please place your orders with:
SOCCER CITY
2141 E. Arapaho
Richardson, TX 75081
Tel: 972-907-1700

ALL SPORTS ETC
2006 S. Goliad St.
Rockwall, TX 75087
Tel: 972-771-0600

Season Items



Schedules | Rainout Information

- ✓ **For Major League Only** - Co-managing schedules with Wylie Youth Soccer Association (WYSA). Expect to see emails from WYSA regarding schedules. (U9 and above)
- ✓ Scheduling approach – Games are scheduled starting with Saturdays, Sundays, and Weeknights.
- ✓ Sign up for RAINEDOUT.NET!!! We send out all of our notifications for RCP through RainedOut.
- ✓ Rainout Line: 1.800.991.3432 – We cannot make Saturday decisions earlier than 7:30am.
- ✓ Text SPRING26 to 84483

Practice Information

- ✓ Players may not participate in more than two (2) practice sessions per week except when authorized by your age group director.
 - U4 thru U8: Practices shall be limited to a maximum of 45 minutes of physical activity per practice.
 - U10 and up: no more than 1 hour practice time per session.
- ✓ Locations
 - Green space around RCP games fields, and local schoolyards.
 - Katy Railroad park, Lakes of Springfield park, Twin Star park.
 - City of Rowlett (Rental) 15/hr (No lights) 35/hr (With Light) (Google Rowlett field rental)

Basic Playing Rules

Minors U4



Ball Size:	3
Time Periods:	4 x 8 Minute Quarters
Rest Periods:	2 minutes between quarters and 5 minutes at halftime
Goalkeeper:	NO – Please Review Goal Area Notes Below
Direct Free Kicks:	No (Goal may not be scored directly from free kick)
Indirect Free Kicks:	Yes (Goal may not be scored directly from free kick)
Throw-Ins:	Kick -ins allowed
Offside:	No
Misconduct:	No
Scoring:	No scores kept at this age groups
Notes:	<ul style="list-style-type: none">• All kicks (goal, corner, kick-off, kick-ins) are indirect• No Slide Tackles/ No headers• U4 Coach may assist on fields, if possible, start coaching from sidelines as the season progresses. Train players to back away from goal kicks, free kicks, corners, kick offs. Train players to back away from goal kicks, free kicks, corners, kick offs.•
Goal Box Rules:	<ul style="list-style-type: none">• THERE SHOULD BE NO GOAL KEEPERS IN THESE AGE GROUPS• No player may stand or play in the Goal Area until the ball enters the Goal Area or they are actively playing an attacking player with the ball.• Attacking and Defending players may play within the Goal Area if the play is in the attacking zone but defenders must be playing the ball or defending attacking players, but NOT playing as a Goal Keeper within the discretion of the Referee.

Basic Playing Rules

Minors U5-U8

Ball Size:	3
Time Periods:	4 x 10 Minute Quarters
Rest Periods:	2 minutes between quarters and 5 minutes at halftime
Goalkeeper:	NO – Please Review Goal Area Notes Below
Direct Free Kicks:	No (Goal may not be scored directly from free kick)
Indirect Free Kicks:	Yes (Goal may not be scored directly from free kick)
Throw-ins:	U5/U6- Kick Ins are allowed. U7/U8 Throw-ins only.
Offside:	No
Misconduct:	No
Scoring:	No scores kept at this age groups. (Be mindful of other teams if blowouts)
Notes:	<ul style="list-style-type: none">• All kicks (goal, corner, kick-off, kick-ins) are indirect• No Slide Tackles/ No headers• U5 Coach may assist on fields for first couple of games if needed. Start removing yourself from fields, after second game.• Train players to back away from goal kicks, free kicks, corners, kick offs.
Goal Box Rules:	<ul style="list-style-type: none">• THERE SHOULD BE NO GOAL KEEPERS IN THESE AGE GROUPS• No player may stand or play in the Goal Area until the ball enters the Goal Area or they are actively playing an attacking player with the ball.• Attacking and Defending players may play within the Goal Area if the play is in the attacking zone but defenders must be playing the ball or defending attacking players, but NOT playing as a Goal Keeper within the discretion of the Referee.

Basic Playing Rules

Majors U9-U10 (7v7 – May play with 5)



Ball Size:	4
Time Periods:	2 x 25 Minutes Halves
Rest Periods:	5 minutes at halftime (2 minutes during halves if above 90 C or Referees discretion) (ask refs before game)
Goalkeeper:	YES
Substitutions:	<ul style="list-style-type: none">- At possession throw in- At opponent throw-in, only if your opponent is making a substitution- Any goal kick- Any kick off- For injured player (opponent may substitute)- Player receiving a yellow card- Discretion of the referee
Direct Free Kicks:	Yes (Goal may be scored directly from free kick)
Indirect Free Kicks:	Yes (Goal may not be scored directly from free kick)
Throw-Ins:	Yes
Offside:	Yes
Misconduct:	Yes (IF player get red or 2 yellow cards, they must sit next game)
Scoring:	Yes
Build-out line:	Yes – Goalkeeper may not punt or drop kick!
Notes:	<ul style="list-style-type: none">• No Slide Tackles/ No headers• Goalkeeper may not punt!

Basic Playing Rules

Majors U11-U19 (U11/U12 – 9v9 – May play with 6)

(U13/U19 – 11v11 – May play with 7)



Ball Size:	U11/U12 - Size 4 U13/U19 – Size 5
Time Periods:	U11/u12 - 2 x 30 Minutes Halves U13/U14 – 2 x 35 Minutes Halves U15/U16 – 2 x 40 Minutes Halves
Rest Periods:	10 minutes at halftime (2 minutes during halves if above 90 C or Referees discretion) (ask refs before game)
Goalkeeper:	YES
Substitutions:	<ul style="list-style-type: none"> – At possession throw in – At opponent throw-in, only if your opponent is making a substitution – Any goal kick – Any kick off – For injured player (opponent may substitute) – Player receiving a yellow card – Discretion of the referee
Direct Free Kicks:	Yes (Goal may be scored directly from free kick)
Indirect Free Kicks:	Yes (Goal may not be scored directly from free kick)
Throw-Ins:	Yes
Offside:	Yes
Misconduct:	Yes (IF player get red or 2 yellow cards, they must sit next game)
Scoring:	Yes
Build-out line:	Yes – Goalkeeper may not punt or drop kick!
Notes:	<ul style="list-style-type: none"> • Slide tackles allowed • U12 and below no heading/ U13 and above heading allowed

General Rules

- Coaches: Always have your badges with you at all times. If you don't have your badge, the referees can forfeit on your game. (Majors - Especially if you are visiting other associations, they will not let you play).
- Make sure your kids bring plenty of water during games and during practices, so make sure your kids are hydrated.
- Please remember that only coaches and adults with a badge can be on the players side, everyone else has to be on the parents side. This is a safety issue, if you don't have a coaches badge, you have not been background checked. Only those with a badge can be with the players.
- Parents and coaches, we are in the process of training new referees, so be patient with your referees. They are still learning.
- After each game, make sure you clear the area as soon as possible. We have a tight schedule and we often have teams waiting to start the next game.
- Please clean up after your teams, there was a lot of trash left behind after the games last season. (Help keep the park clean).
- Keep your pets on a leash, and pick up after your pets. Pets are not allowed at Wylie Fields (Major League only).
- NO Jewelry allowed.

General Rules

The following applies to both practices and games:

Please follow all city and school district ordinances - The **City of Rowlett, Garland ISD, and Rockwall ISD** have the same policies.

-NO Alcoholic beverages, or drugs of any kind at any city park and at all school properties.

-NO Firearms of any kind at any city park and at all school properties. This includes after school hours (if you are having practices in school properties).

If anyone sees any illegal activities, or feels any type of danger, please call 911 for assistance.



General Rules



CONDUCT:

- Both coaches and parents signed a code of conduct where we expect all parties to behave in a respectful manner while on the fields.
- Remember that this is **RECREATIONAL** soccer, some of these kids have never played before or can be easily offended by any comment made by parents, coaches, or other players. Everyone is out there to have some fun, and this is hard to do when there is a toxic environment around them.
- Coaches, you are who the kids look up to, so please teach them by example to be respectful to each other. If they see a coach being disrespectful, they will think it is ok to do the same, so please be a good example to your kids.
- Coaches please be aware of the behavior of your parents, a referee has the authority to stop a game if the parents begin to get unruly, and this will result in a forfeit from your team. Also remind your players, especially the older ones, to watch their language and to be respectful to the other teams players, a referee will remove any player or coach who uses any type of offensive or abusive language. (More info on this in upcoming slides).
- Referees are to be respected, if there is a problem with a referee let us know, but do not engage in any way with them. We will talk with them after the games. Also do not yell at them or criticize them, while the game is in progress, if they feel harassed or threatened, they will call the game and the game will be a forfeit. (More info on this in upcoming slides).
- We wouldn't have an association without all of you, so let's be good examples to our kids, and represent RYSA in a positive manner. We have a great association with great kids, parents, and coaches. So let's keep having fun and have a great season.

Season Items

Game Locations

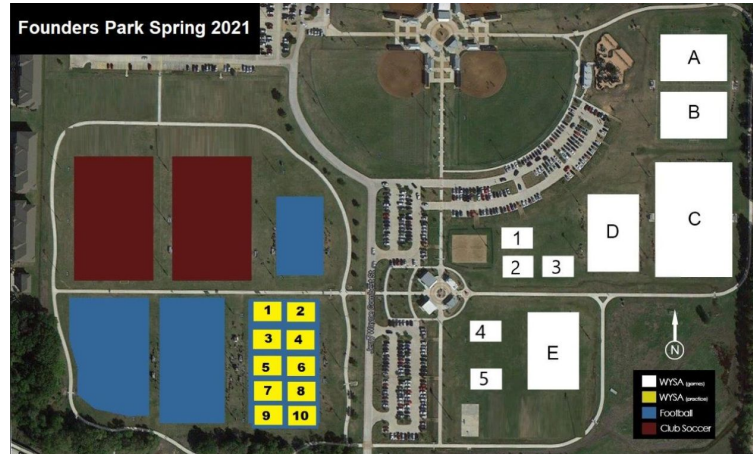
Rowlett

Rowlett Community Park
8500 St Andrews Ln
Rowlett, TX 75089



Wylie

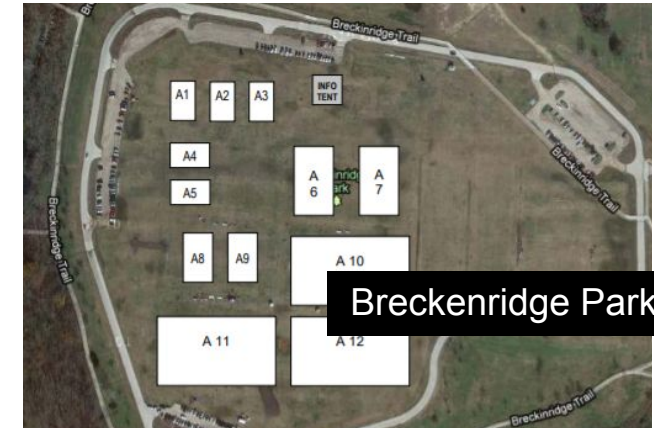
Founders Park
851 Hensley Ln
Wylie, TX 75098



Richardson

Breckenridge Park
3555 Brand Rd
Richardson, TX 75082

Terrace Park
200 N Lois Ln
Richardson, TX 75081



Season Items

Season Dates to Remember

Season Opens: 2/28(Major)

2/28(Minor)

Season Ends: 5/2 (Major)*

5/2(Minor)*

EOS Coach's Meeting: 5/7 (Thursday)

No Games: GISD Spring Break

(3/16-3/20) Games Played the 2nd weekend of Spring Break

*depending on weather and field conditions



Major League Interleague with Wylie Soccer Association

ATTN: RYSA Coaches and Teams,
For the Spring 2026 season RYSA Major League (U9 and above) will interleague with Wylie Youth Soccer and Richardson Youth Soccer.

Wylie Youth Soccer will be managing the Major League schedule this season and we are very grateful for Wylie stepping up to do it as it can be a challenging process. You will receive emails from Wylie Youth Soccer regarding schedules this season instead of RYSA. You are still a RYSA team with scheduling managed by Wylie Youth.

Team officials (Coaches, Assistant Coaches, Team Managers), **PLEASE MAKE SURE YOUR EMAILS ARE UP TO DATE AND FUNCTIONING.** We communicate via email and social media so it is paramount that your contact information is functional.

Thanks and play ball!

Season Items

Games Details | Awards | Scores

Age Group	Ball Size	Number of Players on field	Goal Keeper	Game Length	Report Score
7U/8U	3	4v4	NO	Max 10 min quarters	NO
4U/5U/6U	3	4v4	NO	Max 10 min quarters	NO
9U/10U	4	7v7	YES	Two 25 min halves	YES
11U/12U	4	9v9	YES	Two 30 min halves	YES
13U/14U	5	11v11	YES	Two 35 min halves	YES
15U/16U	5	11v11	YES	Two 40 min halves	YES
18U/19U	5	11v11	YES	Two 45 min halves	YES

- ✓ **Playing Rules: ALL players get 50% play time EVERY game. ONLY exception is illness, injury, absence (at game) or disciplinary reason by RYSA A&D or Board of Directors.**
- ✓ **Participation medals will be given to every player in U4-U8**
- ✓ **Trophy's handled by Wylie this season. (Majors League)**

Major League (9U and older)

- ✓ **Scores must be entered into GotSoccer (GS) within 48 hours of game being played.**
 - ✓ **How to enter scores?**
 - Scoring will be reported via Wylie's Score reporting. (Event ID & PIN)
 - Team account, you can also find the event ID and pin on the game report.



U12 and below only - no heading @ RCP fields rule enforcement per NTX and USYSA Rec rules

Reference NTX 2020-2021 Bylaws and Rules

3.14.12 Law XII - Fouls and Misconduct #5



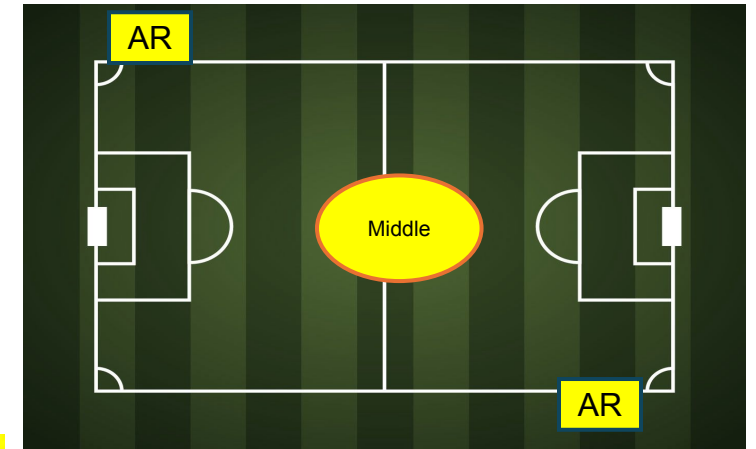
Season Items

Referee Details | Fees

All referees will be paid directly by RYSA.

Coaches no longer need to bring cash to the fields for Referees.

Age	Referee (Center)	AR1	AR2	Total Per Game
U4/U5/U6	\$20.00	N/A	N/A	\$20.00
U7/U8	\$24.00	N/A	N/A	\$24.00
U9/U10	\$36.00	\$25.00	\$25.00	\$86.00
U11/U12	\$46.00	\$32.00	\$32.00	\$110.00
U13/U14	\$58.00	\$41.00	\$41.00	\$140.00
U15/U16	\$62.00	\$45.00	\$45.00	\$152.00
U17/U19	\$72.00	\$52.00	\$52.00	\$176.00



REFEREE

Referees are human too
Everyone is learning
Safety is priority
Positivity is contagious
Enjoy the game
Cheer them on
Treat all with RESPECT



0% TOLERANCE



REFEREE ABUSE PREVENTION

POLICY 531-9 PENALTY OVERVIEW / YOUTH & AMATEUR

The Penalties Matrix defines consequences associated with physical and non-physical offenses against Referees.

NON-PHYSICAL OFFENSES of gross misconduct, abuse, and / or assault

NON-PHYSICAL*	MIN. GAMES	TIME
Insulting, Belittling, Insinuating or Taunting Behavior Undermining Referee Authority	2	
Harassment, Intimidation, Retaliation, Abusive, or Threatening (Non Physical) Language	4	
Aggression, Attacking, Derogatory, Cyberbullying, Doxing or Threatening (Physical / Violence) Language	6	6 - 24 Months
Offensive or Discriminatory Act	10	12 - 24 Months

PHYSICAL OFFENSES of gross misconduct, abuse, and / or assault

PHYSICAL*	MIN. GAMES	TIME
Minor or Slight Deliberate Touching	3	1 - 6 Months
Pushing, Grabbing, Pulling, Squeezing, Pinching, Lightly Slapping, Use of Object in Non Striking Manner, or Physical Property Damage	10	6 - 24 Months
Hitting, Punching, Elbowing, Kicking, Biting, Spiting, Choking, Tackling, Throwing or Use of Object or Any Part of Body (Forearm, Knee, Head) in a Striking Manner		12 Months - Lifetime

(* Disclaimer: These are only a few examples of abuse – other actions or statements may also fall into this category.

KEY PENALTY FACTORS

- Single offenses are at **minimum the prescribed game penalty or time penalty** for non red zone offenses
- Penalties can be **both game and time depending on severity / circumstances**
- Second time offenders receive **double punishment**
- Third time offenders receive a **lifetime ban**
- More than one offense at the same time is **at least the punishment for the most serious offense**
- Offenses against minors are automatically subject to a **“minor multiplier” resulting in triple punishment**
- **One offense warning per league** to be managed by states and leagues collaboratively
- Game consequences are **inclusive of 1 game penalty for any red cards given**
- Optionality for **50% penalty for first offense from a minor**

How to Access your roster.

TO ACCESS YOUR TEAM ROSTER AND PARENT CONTACT INFORMATION

LOG INTO YOUR COACH PROFILE (EMAIL ADDRESS AND PW CREATED WHEN YOU REGISTERED AS A COACH)

SELECT TEAM MANAGEMENT

CLICK ON YOUR TEAM

CHANGE EVENT TO SPRING REC 2026

CLICK ON PLAYER NAME TO ACCESS PARENT CONTACT INFORMATION

*IF YOU DO NOT CHANGE THE EVENT TO THE SPRING 2026 EVENT, IT WILL SHOW ALL YOUR PLAYERS FOR BOTH LAST FALL AND THIS SPRING. **IMPORTANT TO CHANGE EVENT.**

Legacy FC

Competitive partner with RYSA

2006 Legacy FC
Chris Dougherty
USSF C License
ODP 2008 Boys



2010 Legacy FC
Dana Shipley
RYSA Coach for 16 years
Grassroots License achieving USSF D



2011 Legacy FC
Chris Carpio
Grassroots License achieving
USSF D License



All of these teams have transitioned from a recreational team at RYSA to a competitive Legacy FC team to continue growth and love of the game



www.rowlettsoccer.org

Proposed Rule Changes

None



Follow us on **so·cial me·di·a
for news, announcements, updates, rainouts,
and more!**



facebook.com/ **rowlettsocce**
r



Rowlettyouthsoccer



A
COACH
WILL IMPACT
MORE YOUNG PEOPLE IN A YEAR
THAN THE AVERAGE
PERSON DOES IN A
LIFETIME.

BILLY GRAHAM



Questions?

