



SKILLS FOR HOCKEY

VALUES FOR LIFE

Summer Hockey Development Skills and Development Camp - Session 1

Daily Schedule

Time	Activity	Location
7:15 to 7:30 AM	Registration	Rutland East Arena
7:45 to 8:45 AM	On-ice Skills	Rutland West Arena
9:00 to 10:00 AM	On-ice Skills	Rutland West Arena
10:15 to 11:00 AM	Power Skating	Rutland West Arena
11:15 to 12:15 PM	Dryland	Rutland Field

*Rutland Twin Arena, 645 Dodd Rd, Kelowna, BC V1W 5H1