

Camp Objective

This camp is designed to emphasize improvement of fundamentals and techniques to each camper's position and skill level. Campers will be coached in offensive, defensive, speed/agility and in football fundamentals.

We strive to give out younger campers a solid well-rounded variety of activities that allows opportunities for participation with as many positions and skills as possible.

We try to take our older and more experienced athletes to the "next level." Emphasis with these campers is placed on teaching those extra little things that will give them the edge.

Camp Staff:

Mike Vaught	Jim Schlatter
Paul Huggins	Troy Soles
Jay Mull	Nick Cousin
Jimmy Shelly	J.J. Stolsig
Troy Blackwell	Brandon Harms
Josh Parosa	

The dictionary is the only place success comes before hard work. Hard work is the price we must all pay for success.

COUGAR FOOTBALL CAMP

Grades 3 – 8

June 18th, 19th and 20th

6:00 to 8:00 All three days

Camp Fee: \$50.

Total fees must be paid at check-in.

DATES: June 18 – 20 2018

6-8pm

REGISTRATION:

Gear check out: Directors of Youth Football will determine the time and place.

SCHEDULE:

Monday/Tuesday/Wednesday

Speed and Agility drills
 Break
 Individual Offense Practice
 Individual Defense Practice
 6 on 7 Pass football
 Day 3 Kick-Pass and Punt competition

TEAM CAMP FEATURES

Excellent instruction for all positions in the essential skills and basic techniques used when playing football.
 The High School staff and Varsity and JV football players will coach the players.

Equipment:

Each camper should have checked out gear and have shoulder pads and a helmet for camp.

Bring the following to Camp:

- Registration/waiver of liability form
- Camp Fee (if not already paid)

REGISTRATION

Please complete and mail to:

Mike Vaught
721 SW 4th Ave.
Canby, OR 97013

Name _____
 Address _____
 Parents Names _____
 Phone _____
 Age _____ Height _____ Weight _____
 School _____
 Grade in fall of 2018 _____
 Football Position _____
 T-Shirt Size _____

Waiver of Liability

I hereby register my child for the Cougar Football Camp and authorize the staff to direct him/her in participation of camp activities. I know of no mental or physical problems, which may affect his/her, ability to safely participate in this camp. I authorize the camp staff to attend to any health problem or injury my child may incur while attending camp. I hereby release and hold harmless the Cougar Football Camp, Canby High School, it's employees, agents, and assigns from any and all liability that may arise out of my child's participation in the camp. I acknowledge that I am responsible for any and all medical expenses due to my child's illness/injury.

Regular Physician _____
 Phone _____
 Known Allergies or Medical Condition _____

 Medical Insurance Co. _____
 Policy # _____
 Guardian Signature _____

EACH CAMPER NEEDS TO PROVIDE HIS/HER OWN MEDICAL INSURANCE COVERAGE. BE SURE TO INCLUDE THIS INSURANCE WAIVER WITH REGISTRATION AND FEE.