



Kent Valley Selects 16U

Welcome

We would like to welcome you to the Kent Valley Selects 16U Team for the upcoming 2018-2019 season. Our goal is to offer a unique hockey development environment for players and to provide them the opportunity to achieve excellence in hockey through a comprehensive on-ice and off-ice training program. This year's program offers 2002 & 2003 birth year players everything they need to develop as young hockey athletes.

Program

Our program will offer:

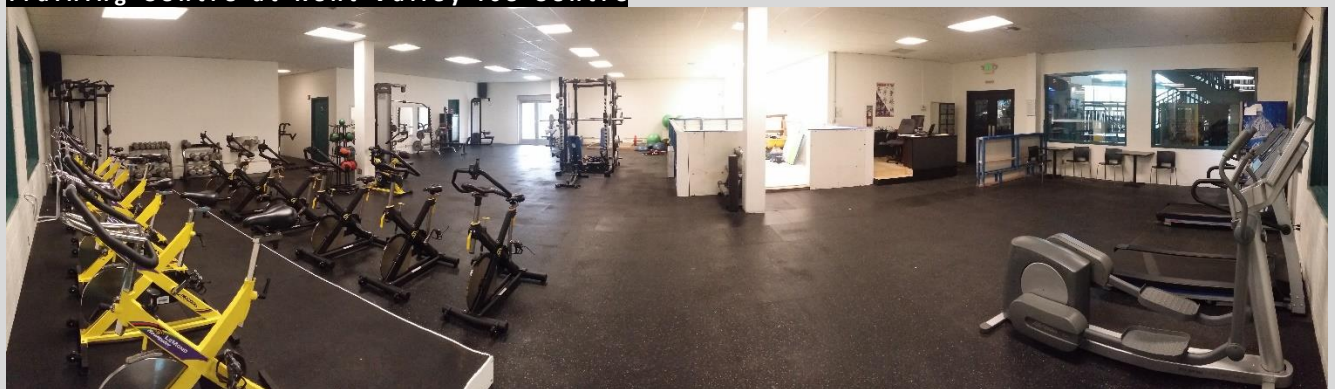
- Private Locker Room
- Excellent Coaching
- 2-3 on-ice practices per week
- 2-3 weekly dryland training sessions per week
- All on-ice and off-ice training at the Kent Valley Ice Centre
- Access to Video Equipment and Video Analysis
- Jerseys¹

This season, the 16U Team anticipates between 45-55 games² and will seek tournaments and showcases that maximize player exposure, as well as seeking competition against more regional competition in the Western U.S. and British Columbia.

Facilities

All practices and home games will be at the Kent Valley Ice Centre. The 67,000 s.f. facility can accommodate up to 1,000 spectators and offers a full service pro shop, batting cages, miniature golf, and a Café & Sports bar. The Ice Centre also provides an in-house training center complete with LeMond spin bikes, Life Fitness treadmills, free weights, kettle bells, an Olympic lift station, Hammer Strength squat racks, stability balls, bench press stations, and more.

Training Centre at Kent Valley Ice Centre



¹ Jersey must be returned at the end of the season.

² Subject to team coach & manager scheduling and approval.

Interior of Kent Valley Ice Centre



Coaching

16U Head Coach: Jeff Ferguson

Coach Ferguson played all of his youth hockey locally before playing juniors and ultimately moving into refereeing at the junior and semi-professional levels. He began coaching at the age of 20, while continuing to play in local men's leagues and started his own team in the former Cascade Hockey League. Coach Ferguson enjoyed a 15 year career in law enforcement, which included leadership and management positions in patrol as well as the CDU and SWAT teams, investigations and major collision investigation. He subsequently went into the private sector, managing Microsoft's global security operations center overseeing 7 global security management centers as well as Microsoft's headquarters and executive protection. He has continued his career in team building, strategizing and currently manages over 400 people with the world's largest elevator company, new installation department, managing the installation of the largest projects on the west coast of the United States - primarily in Seattle and Bellevue areas - which are currently the fastest growing population centers in the United States with the most high-rise crane projects in the world. With the exception of one year spent with Sno-King Hockey Association, Jeff has been coaching with Kent Valley for the past ten years, where he has had "the humble pleasure of winning many league and tournament championships along the way, while forging many great long-term relationships with Kent Valley players and families and the local hockey community in the process".

Financial

The program fee for the 16U, 2018-2019 hockey season is \$4,820.00³ if paid in full when registering. For a monthly payment plan the fee is \$4,969.42, which includes a 3.1% processing fee, and will be payable as follows:

| Date | Up Front | 6/1/18 | 7/1/18 | 8/1/18 | 9/1/18 | 10/1/18 | 11/1/18 | 12/1/18 | Total |
|--------|----------|----------|----------|----------|----------|----------|----------|----------|------------------|
| Amount | \$1,000 | \$567.06 | \$567.06 | \$567.06 | \$567.06 | \$567.06 | \$567.06 | \$567.06 | \$4969.42 |

Program fees are inclusive of all association fees, ice time costs, off-ice training, coaching fees, administration, private locker room, and referee fees. Program fees do not cover tournament fees or any player travel costs/meals.

Cost comparison⁴

The Kent Valley Hockey Selects program provided more ice time and training than other programs last year and had the lowest overall costs. Last season, the team played approximately 50 games and had 90 practices:

| Program | Sno-King | Everett U-16 | Wenatchee U-16 |
|------------------|----------|--------------|----------------|
| Practices | 84 | 93 | 56 |
| Games | 45 | 65 | 35 |
| Off-ice training | 50 | 63 | - |
| Fees & Slush | \$7,200 | \$15,000 | \$6,950 |

In addition to providing the lowest overall cost and best value, the Kent Valley 16U program is the only program to offer a hockey specific training center in-house and Café & Sports Bar with Wi-Fi for parent's convenience.

Team Selection

Roster positions are available by invitation only through Coach Ferguson or Kent Valley Hockey Registrar Rena Sullivan. Invited players must register online and complete a Player Agreement and all related paperwork to complete their acceptance/commitment to the team. For more information contact:

Head Coach

Jeff Ferguson (206) 290-5521
jakeusmaximus01@hotmail.com

Registrar

Rena Sullivan (253) 850-2400 ext. 101
Rena@kentvalleyicecentre.net

³ If registered by June 1st. Prices go up thereafter.

⁴ Comparisons are compiled from several sources and believed to accurate, but may include some estimates.