

# ASE Futsal



## Registration/Check-in:

- All players must be registered to participate
  - If player unable to attend, they are allowed to “gift” their spot to another **ASE player** for a given session.
  - Players should wear their ASE Futsal wristband to show the facilitator that they are registered
- Teams will be formed by randomly organizing players into teams
  - It’s recommended to mix ages and gender
  - The goal is to have fairly balanced teams

## Open Play:

- 60 minutes of play
  - Each court should have 2 minute sand timer(s) so players can manager their own substitutions
  - Optional: facilitator can time 10-15 minute games where winner moves up to championship court and losing team moves down (ladder-style tournament)

## Futsal Rules (let players manage the game, but teach them the rules):

- **5v5** – 4 field players and 1 goalie.
- **Kick-offs:** The ball must be played forwards to restart play.
- **Kick-ins:** When the ball crosses a sideline, the ball must be kicked back into play (NOT THROWN). The ball must be placed stationary on the line at the point at which it crossed when going out of bounds. Players have four seconds to kick the ball in.
  - If the ball is kicked in when not on the line, rolling, or more than four seconds are taken the ball will be turned over to the opposition.
- **Corners:** Same as kick-ins, but ball must be on corner.
- **5m rule:** Opponents must be five yards away from the ball at all kick-ins, free-kicks, corners, goal clearances and penalties.
- **Goal Clearances:** If an attacking player kicks the ball over the end line, rather than a traditional goal kick the goalkeeper must release the ball from their hands from inside of the goal area D.
  - If the goalkeeper kicks the ball, a free kick will be awarded to the opposition.
- **Goalkeepers:**
  - Can only handle ball in the marked D area.
  - Can leave the D area at any time.
  - Can use their feet in open play.
  - Back pass rule applies (can NOT pick ball up on back pass from foot).
- **Substitutions (“flying”):** Substitutions can be made at any time, including while the ball is in play, but the substituted player must leave the field of play before the new player enters.