

QUALITY SPORT



Good programs, that are developmentally appropriate, are:

- participant centered
- progressive and challenging
- well planned
- designed for meaningful competition

Good people, who are caring and knowledgeable, include:

- coaches, officials, instructors, and teachers
- parents and caregivers
- partners
- leaders

Good places, creating good feelings, are:

- inclusive and welcoming
- fun and fair
- holistic
- safe