



GTA Summer Program/League

Thank you for considering us here at Grind Time Athletics (GTA). We look to inspire and maximize the greatness that's already in each player.

Grind Time Athletics (GTA) approaches the summer months with the mindset of it being OUR most critical time of the year. When you take into consideration that we can focus solely on basketball development without distraction for 2 months you can envision a maximum amount of growth during that time if you're training with GTA.

Here's a brief description of the extra benefits of the summer program:

- Every player and parent will have an entry and exit interview to assess expectations/progress
- The schedule runs from 6/4-8/4, M-Th 6-8:30p, and Saturday's/Sunday's as scheduled
- 90+ developmental hours
- Film study, officiated games and scrimmages, scouted games/workouts, ball-handling development, strength and conditioning, beach workouts, overall/specific skill development, nutritional guidance, and a Health Hoops Fair which includes a **FREE** sports physical on 6/13-14
- A specific detailed program will be designed for each player for the length of the summer
- We are rolling out a few innovative ideas that will further enhance each players development, stay tuned....

Summer Program/League Pricing Package Options:

- \$350/month (2-days/week)
- \$550/month (4-days/week)

***We know summer schedules can vary due to travel and family commitments, so please contact Coach Griff or Coach Brian to workout a schedule that fits your summer responsibilities.**

***Please submit a \$250 deposit by 6/1 to secure your limited opportunity.**

***Beach workouts are scheduled according to the weather and are included with each package.**

Please Contact:

Coach Griff(813) 399-2036 or Coach Brian(813) 447-6991 if you have any questions.

Gym Location: 2526 W. Sligh Ave. Tampa, FL. 33614