

## **Anchorage Freestyle Wrestling Club Coaches Code of Conduct**

The Anchorage Freestyle Wrestling Club is a Freestyle, Folk Style, and Greco Roman wrestling club that accepts all wrestlers ages 5 and up regardless of skill level. In order to run a successful program we need the help of dedicated individuals like you. The purpose of this document is to have a written guideline of what will be expected from coaches throughout the upcoming season. As a coach for AFWC you are representing our club, and are a role model for the kids in this program. At AFWC we want to teach the kids hard work, discipline, and confidence in their abilities. Please read the guidelines below and submit a signed copy to one of the AFWC board members.

- If I am a coach for AFWC I will use positive encouragement to teach kids. After a match I will tell the child what he did right, show him what he needs to work on in next week's practice, and end the conversation with something they did right.
- If a parent has a disagreement with something at practice I will direct them to address it with the board president or one of the directors for resolution.
- While at practices or tournaments I will use appropriate language while speaking with parents, officials and kids.
- If I am coaching at a tournament and I feel that the official has made a mistake that is worth contesting I will calmly approach the head table by myself once the match has been stopped. I will state my case for questioning the call or decision calmly and clearly. If after review, the officials rule in an unfavorable manner. I will not question the decision or escalate the situation. AFWC will have a zero tolerance for inappropriate behavior by coaches. Violations will result in suspension of coaching at tournaments up to dismissal as a coach representing AFWC.
- I realize that as a coach these kids are looking to me as a role model. I will try to set a positive example for the kids involved in our program at all times.
- I agree to read and understand the rules and scoring systems associated with freestyle, folkstyle, and Greco Roman wrestling.
- I understand that I am now required to have the minimum of a Copper certification to be a coach at Alaska USA wrestling sanctioned events.
- I will coach all kids regardless of skill level with the goal of advancing their skills in wrestling and creating a love of this sport.
- If I have a disagreement with another coach, parent, or official at a tournament I will not argue or escalate the situation. This could result in penalties against our team. In those situations I will direct my concern to the other AFWC coaches and they will follow the proper procedures.
- AFWC will pay for coach's membership card. You as the coach, agree to help coach at least 6 out of the 8 scheduled tournaments and the state championships.

Coaches Signature- \_\_\_\_\_

Date \_\_\_\_\_