



GRECO AND FREESTYLE TOURNAMENT

WHERE: Colony High School – 9550 East Colony Schools Drive, Palmer, AK 99645.

SCHEDULE: Friday – April 6th GRECO (Intermediate – Open)

3:00 – 4:00 p.m. Weigh-ins in commons (must wear a singlet)

5:30 p.m. **WRESTLING BEGINS for Intermediate – Open**

Saturday – April 7th FREESTYLE (Pre-Bantam – Open)

7:00 a.m. – 8:00 a.m. Weigh-ins in commons (must wear a singlet)

9:00 a.m. Officials/Coaches meeting in small gym 9:30 a.m. Pairings Officials Meeting

10:00 a.m. **WRESTLING BEGINS: Pre-Bantam - Novice 70 lb age divisions**

***No changes to brackets after 9:40 a.m.

12:00 p.m. **NOVICE 70.1 THROUGH OPEN check brackets and make changes**

1:00 p.m. **WRESTLING BEGINS: Novice 70.1lb - Open age divisions**

*** No changes to brackets after 12:40 p.m.

All Wrestlers Should Arrive At Least One Hour Prior To Start Time To Check Brackets



GIRLS ONLY BRACKETS: Girls-only brackets will run simultaneously through the day.

ENTRY FEE: Entry fee is \$20.00 for each wrestler, per bracket. Club directors; please make one check payable to Tri-Valley Wrestling Club for all your wrestlers entered in the tournament. Unattached wrestlers can pay individually.

COACHES: MUST show a current USAW Coaches card with a Copper Certification or higher, Concussion Training Certificate, and Safe Sport Training Certificate to be on the mat corner or in the hospitality room.

REGISTRATION: Pre-Registration is required by Midnight – Wednesday, April 4th. Weights must be entered by midnight on Thursday April, 5th. Email team weigh-in sheet by Friday morning to ausawpairings@gmail.com. The originals need to be brought to the tournament and turned in to the head table. *Wrestlers must have a valid USAW Card.*

OFFICIALS NOTE: Headgear is required for schoolboy and under and all braces must be covered with a mouth guard. Questionable skin conditions will require a "physician's release" form. Any conditions considered questionable by the head mat official without a signed physician release will be cause for forfeit from the tournament.

AWARDS: Medals will be given to the top three wrestlers in each weight division as brackets are completed throughout the day. Trophies will be presented to the top team for each style.

CONCESSIONS and COFFEE: Concessions and a COFFEE stand will be available during the tournament both days.

QUESTIONS? Contact Rebecca Christy 907-354-6842 or Todd Hopkins 907-715-8633 email us at trivalleywrestlingclub@gmail.com

