

ALASKA USA WRESTLING www.ausaw.org

Revised: 02/17

Satellite/club Weigh In Procedure for Madison Bracketing:

• One of the following must perform the weigh in and will be held responsible for errors: A Current Carded Adult Mat Official, A Current Carded Adult Pairing Official or A Current Carded Adult Coach

• The weigh in sheet shall be printed prior to the weigh in and in the format set by the Head Pairing Official. It can be found further down this sheet.

• Weigh ins should occur on Thursday before the Friday or Saturday tournament

• Singlet must be worn for weigh in

• Skin check will be performed. Any questionable skin problems will be noted on the weigh in sheet in the "Skin" column, both written during the weigh in and typed when entering to Trackwrestling. Please **DO NOT** enter anything else in this column, the column should be completely blank if you do not have any skin issues. Any wrestler with a problem must bring a doctor's signed, "release form" to the Head Table for review by the Head Mat Official and the Head Pairing Official on tournament day. The form can be found at the following link:

http://assets.ngin.com/attachments/document/0052/9418/Physician_Release_for_Wrestler_to_Participate_with_Skin_Lesion.pdf

• Nail check will be performed. Nails should be cut on site, prior to stepping on the scale

• Weight will be recorded at actual, no additional weight added

• Wrestlers & weights must be entered into Trackwrestling by the current carded pairing official or current carded coach of the club responsible for this task.

• Wrestler can bump up an age bracket, except Schoolboy to Cadet, but this must be done when entering data to trackwrestling. On your weigh in sheet leave the wrestler in the age group his birthdate puts him in – **MAKE CLEAR NOTATION BESIDE THE NAME OF WHERE HE WANTS TO WRESTLE** – enter him in trackwrestling in the age group he is moving to. This cannot be changed day of tournament.

• No changes will be allowed the day of the tournament. Only corrections of mistakes will be made.

*Weigh in sheet headings should be as follows: Group, Last Name, First Name, Team, DOB, Card #, Actual Weight, Skin. Please print a blank weigh in sheet in the same format to record your late comers to weigh ins. No more scribbles on the bottom, sides, backs of weigh in sheets, please. Deadline to submit to pairings will be noon on Friday unless otherwise notified. Email (ausawpairings@gmail.com), text (907-982-3051) or fax (907-745-5006-call first) the completed weigh in sheet to Jeanette **and** bring the original copy of the weigh in sheet to the tournament and turn it in to the head table by 9am. ■ Make sure the copy sent is legible. This is very important.

NEW THIS YEAR: For tournaments that include separate Girls age groups, please provide a separate weigh in sheet set up using the same format as usual. Record the girls weights on this, Do Not record them on the boys sheet unless they want to wrestle boys or want to wrestle both boys and girls. Be very careful when pre-registering or entering weights into track wrestling that you have entered them in the correct age group. If a girl is going to wrestle both please enter her weight on both sheets and make notes on the boys sheet that you truly do want her entered there. Please note that there is not a Bantam Girls age group, Bantams are included in the intermediate age group.

■ Provide a cover sheet with the following (sample is provided below): ■ Name, Signature, Phone number & Card number of each carded adult performing the weigh ins ,Date weigh in is performed

Sample of Cover Sheet:

Club Name: _____ Weigh In Date: _____

Carded Adult Mat

Official: _____

Printed Name

Signature

Card #

Carded Adult Pairing

Official: _____

Printed Name

Signature

Card #

Carded Adult Coach: _____

Printed Name

Signature

Card #