

WESTON SOCCER CLUB

NEWSLETTER



SPRING SEASON

The spring season is approaching please note the start dates for each program:

- BAYS: Grades 3 – 8: Saturday April 7
- BAYS: Grades 9 – 12: Sunday April 22 (HS team lists will be released closer to their start date)
- Pre-K: Tuesday, April 10
- KK: Wednesday, April 11
- 1st grade: Tuesday, April 10
- 2nd grade: Monday, April 9

VACATION PROGRAMS

Weston Soccer Club will be running a soccer vacation program for April vacation week. All sessions will be led by WSC Director of Coaching Lee Moyce with supporting staff. This program will develop players technical skills in a fun and challenging environment with the support of professional coaches.

April Program Details
Dates: 4/17 - 4/20

Ages: K - 2nd Grade
Time: 9.00am - 11.00am
Cost: \$120
Location: Alphabet Fields, Weston
[Click here to register](#)

Ages: 3rd - 8th Grade
Time: 9am - 1pm
Cost: \$180
Location: Alphabet Fields, Weston
[Click here to register](#)



TOPSoccer

US Youth Soccer TOPSoccer (The Outreach Program for Soccer) is a community-based training and team placement program for young athletes with disabilities, organized by youth soccer association volunteers. The program is designed to bring the opportunity to learn and play soccer to any boy or girl who has a mental or physical disability. Our goal is to enable the thousands of young athletes with disabilities to become valued and successful members of the Weston Soccer and US Youth Soccer families.

Weston Soccer Club will be running a FREE OPEN soccer session for players with physical and/or mental disabilities.

Session details below:
Date: Tuesday 3rd April
Time: 7.00pm - 8.00pm
Cambridge School of Weston: 95 Lexington Street, Weston
Cost: FREE
To register [Click Here](#)

HOST A COACH

Our partner Club, Global Premier Soccer, are looking for families interested in hosting a coach. The GPS host a coach program has been very popular with families who have hosted in the past and a wonderful experience for all involved. It is a fun and rewarding experience which pairs local families with international coaches in the hope of easing their transition into the United States. All GPS coaches will be accustomed to interacting with the children/teens on a regular basis and can be a positive role model in the lives of the children inside and outside of the family home. All participating families receive discounts to all GPS programming. If you are interested please contact Shan Jones at sjones@globalpremiersoccer.com



COACH EDUCATION

WSC will be running a coach education session for all the clubs volunteer coaches before the start of the season. The session will be run by Director of Coaching Lee Moyce and will focus on structuring a practice to bring out key points with minimal need to stop and explain practice and allow more play time and touches on the ball. The session will also focus on correct coaching of technique. WSC strives to improve the level of coaching by giving our coaches tips and ideas on how to run enjoyable developmental sessions, so our players are having maximum fun while learning the game.



TWO PRACTICE SESSIONS A WEEK

For the spring season and moving forward WSC teams will have 2 practice sessions per week. This will allow more contact time between the coach and players, more time spent together as a team and more time to work through the coaching curriculum to develop the Club's players. It will allow coaches to vary sessions with one focusing on the technical skills and the second session being a more tactical approach giving our players variety in each session.

PLAYER EVALUATIONS

Spring 2018 will see some changes made to the player evaluation process for Weston Soccer Club. Week 5 & Week 10 of the spring season will see evaluation sessions for each grade which will consist of a variety of small sided games that will challenge the players in a variety of different ways. This will allow the Director of Coaching, Age Director and age group coaches to view and evaluate each player along side the whole grade twice through the season. This will replace the one-off session at the end of the season with external coaches. As a club we feel the chance to view the players more often will provide more data on each player and also provide information midway through the season to pass onto coaches who can view specific areas each player may need to work on to address in practice. This will create a more complete and fair evaluation process.

SPRING FLING

Weston Soccer Club will have a booth at this year's Spring Fling taking place on Saturday 4/28 on the Weston Town Green. Please pop down and visit us and take part in the fun activities and try to win a prize by scoring from a penalty kick.

HAVE A GREAT SEASON WITH WSC!!



PARENT ZONE

FOCUS: THE CAR RIDE HOME

“I don’t know why your coach does that! Next time you should ask him to play you more!”

Contradicting information your child is receiving from a coach instantly causes conflict mentally for the player. Your son / daughter will feel pressured to please both you and their soccer coach - which is hard! If you have questions for the coach, wait 24 hours and address them privately yourself.

Why did you do that?

That was a silly mistake. You need to try harder and do better than that! What was that?!” A couple of points here...Firstly, players know when they made mistakes! They do not need reminding! Secondly, vague comments like ‘try harder’ to not inspire a response from young players. Chances are they are trying hard - it just wasn’t a good day! Finally, there is a coach that provides analysis for your son/daughter. They would prefer you to be their parent.

“You are amazing! We are going to sign you up for more sessions, you can play town, club and ID programs. You will be a star at high school and college and go pro and be famous!”

Of course it is important to support and praise children in their career! It is also important not to overwhelm them. Often, they enjoy playing and all the extra’s don’t cross their mind! Be careful not to put too much pressure on your child or burn them out early with too many demands on their time.

“I don’t care if you have had enough. We have paid and you committed, so you will keep playing now until the end of the v season”.

Whilst all players can have bad days and insinuate they have had enough; it is incredibly difficult for a young person to genuinely express vulnerability and concerns about something they are expected to enjoy. Parents should take the time to explore a players opinions on their experience. If you have concerns, ask the coach for feedback and advice.

The ride home from soccer has the ability to be an excellent vessel for bonding between you and your child. Unfortunately, a large majority of young players cite the ride home as one of the more negative experiences in their career. It is important for parents to remember the person behind the player. Particularly at younger ages, the majority of players are not even interested in the game once it is over; they certainly do not want to re live it for an hour on the way home - especially if the game or the tournament did not go very well.

Young players have a coach, they have the referee and team mates. They will have multiple coaches at school, town and club. They spend all week receiving information and being told what to do and how to do it by coaches and teachers. Their favorite time is with you at home when it is all over! For GPS parents - be a parent! Discuss where you are going for dinner, plans for the rest of the day or what the next week has in store for everybody. The key for a young person is that everyone plays a role in their life and if those roles become blurred it is challenging for them. Let them invite you into their soccer world at their discretion—otherwise stick to what you are amazing at - being their parent.