



# ALBANY HIGH SCHOOL

## 2018 Track and Field

| DAY       | DATE      | OPPONENT                                     | Release | LOCATION                       | TIME    |
|-----------|-----------|----------------------------------------------|---------|--------------------------------|---------|
| Sat.      | Mar. 3    | Dan Gabor Invitational<br>(for everyone)     | N/A     |                                | All Day |
| Sat.      | Mar. 10   | Martinez Invitational / Relay                | N/A     |                                | All Day |
| Thurs.    | Mar. 15   | El Cerrito, SPSV, Richmond                   | 2:00    | HOME                           | 3:30    |
| Sat.      | Mar. 17   | Dublin Distance Fiesta<br>(Distance Only)    | N/A     | Dublin High                    | All Day |
| Sat.      | Mar. 17   | Throwers Jamboree                            | N/A     | Santa Rosa H.S.                | All Day |
| Thurs.    | Mar. 22   | El Cerrito, St. Mary's, Kennedy              | 2:00    | El Cerrito                     | 3:30    |
| Sat.      | Mar. 24   | Albany Throw Down Invite                     | N/A     | Home                           | All day |
| Thurs.    | Apr. 19   | El Cerrito, Hercules, Pinole                 | 2:00    | HOME                           | 3:30    |
| Sat.      | Apr. 21   | Viking Invite                                | N/A     | Montgomery High/<br>Santa Rosa | All Day |
| Wed.      | April 25  | Salesian, De Anza, El Cerrito                | 2:00    | El Cerrito                     | 3:30    |
|           |           | Meet of Champs Invite<br>(must qualify)--TBD | N/A     | Sacramento                     | All Day |
| Thurs.    | May 3     | TCALS Trials                                 | TBD     | El Cerrito                     | TBD     |
| Sat.      | May 5     | TCALS Finals                                 | TBD     | El Cerrito                     | TBD     |
| Sat.      | May 19    | Sections                                     | TBD     | Logan High                     | TBD     |
| Fri./Sat. | May 25-26 | Meet of Champs                               | TBD     | UC Berkeley                    | TBD     |

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| <b>Varsity Coach:</b> Jack Wallace --<br><b>Asst. Coaches –</b> Art Hunt, Rebecca Molinari, David Janinis & Roland De La Torre                                                                                                                                                                        | <b>Albany High School</b><br>603 Key Route Blvd.<br>Albany, CA 94706 |
| <b>Athletic Director:</b> Zeke Lopez <a href="mailto:elopez@ausdk12.org">elopez@ausdk12.org</a><br><b>Athletic Assistant:</b> Astrid Juengling <a href="mailto:ajuengling@ausdk12.org">ajuengling@ausdk12.org</a><br><b>Website:</b> <a href="http://GoAlbanyAthletics.org">GoAlbanyAthletics.org</a> | <b>Colors:</b> Red & White<br><b>Mascot:</b> Cougar                  |