



Responsibilities of the Head Coach

- It is your job to be at every practice and every game unless you have an immediate family or personal emergency. We cannot ask our players to be dedicated if we are not.

- Be punctual. Start and end practice on time. During practice, do not stand together as a staff, but rather, spread out and try to teach from as many angles as possible.

- Be prepared for each practice and game. **A well-thought out practice plan is required.** If you have an assistant, make sure that you let them know of his practice and game responsibilities. Provide them with a copy of each day's practice plan. Meet for a few minutes after practice to go over that day's practice and to plan together for the next practice.

- You are responsible for your team. The expected conduct of your players on and off the court should be explained. As coaches we must enforce these rules. Preach being a good person!!!

- Make sure your players are properly dressed for games, are behaving in their classes, and being role models for their classmates. You may discipline for behavior problems in school.

- Please take care of uniforms.

- There is no substitute for enthusiasm. Be high on praise. Let the players know that we care about them so we can teach them without tiptoeing around egos. Lead your team with enthusiasm and they will follow example. Have teams clap and be energetic-Demand it every practice.

- Monitor your player's grades. Stay in touch with your players and their teachers. This will require time outside of practice, but the influence you have on your player's lives will be far greater than anything you can teach them on the court.

- The Head Coach is the decision maker and the enforcer. Be demanding on yourself, the assistant coach, and your players. The head coach must always have a grasp on the big picture. The assistant coach should get his role from the head coach. **This program has a lot of history that we should be very proud of, be careful NOT TO TARNISH.**

Responsibilities of the Assistant Coach

- BE AT EVERY PRACTICE AND GAME
 - At all times publicly support the decisions of the head coach. If you have questions as to decisions that were made, VOICE THEM PRIVATELY.
 - Speak with players before practices. Shake hands-see who is feeling good, who might not feel great. Encourage players to be ready when practice officially starts.
 - Teach during breakdown drills. Remain positive, but demand effort. Keep drills moving and make sure the rest of the team learns from your individual instruction.
 - During full team drills the head coach will usually take the lead role while the assistant coach looks to add to whatever he is saying and keeps players focused by standing among them.
 - Always try to take the "Good cop" role with players.
 - When a player gets ripped by the head coach, be the one to pick him up if he/she seems down.
 - Voice positives and negatives. Don't be a "yes" man.

POLICIES AND PROCEDURES

Academics: Student-athletes must maintain a minimum 2.5 GPA to practice &/or play in games. Student-athletes should be encouraged to communicate with both their coaches and teachers about any concerns or problems they have in the classroom

Attire: Coaches are expected to present a clean, neat, and tasteful appearance at ALL times while representing E.A. Prep Stars.

Discipline: The Head Coach is responsible for the behaviour of the athletes at all events and/or practices. The conduct of the teams on away trips should be impeccable. All coaches and athletes should be ambassadors of E.A. Prep Stars at all times.

Tweeting: All head coaches should manage tweet updates and results for every game. When tweeting, please include: Team name, Opponent, Final score and score update, **#EAPrep**

Inventory: It is the responsibility of the Head Coach to collect all equipment and uniforms after each event.

Procedures for Concerned Parents:

- Coaches should remain professional at all times when approached by a concerned parent. **Refrain from engaging in tantrums, foul language, or the raising of one's voice when conversing with our parents.**
- Call or email the coach to set up an appointment. It is always good to have two coaches at the meeting with the parent(s).
- Parents that have concerns should **NOT** attempt to speak to the coach either before, during, or directly after a contest and /or practice. These meetings often do not have a positive result.
- If an unsatisfactory resolution was reached with the coach, then a meeting with the Director of Athletics, coach, and concerned parent will be held. Parents should be encouraged to follow this protocol before contacting the Director &.or Athletic Director.

Tobacco, Drug, and Alcohol Use: It is E.A. Prep Stars desire to provide a drug-free, healthful, and safe environment. To promote this goal, all E.A. Prep Stars staff are required to report to work in appropriate mental and physical condition to perform their roles in a satisfactory manner.



YOU ARE NOT A GOOD COACH WHEN YOU....

There are a lot of "coaches" out there who don't have CLUE ONE about how to really coach! These individuals consistently do far more damage to young people than they do good. They tear down self-esteem rather than building it up. They regularly kill the fun and passion that their athletes once had for the sport. These coaches have lost their way and strayed terribly far from the true mission of coaching.

You're NOT a good coach if you think that you're most important job as a coach is to win games. I don't care what kind of pressure to win that you face from the administration. If winning is your primary goal as a coach you have significantly lost your way and as a consequence, you'll actually win less! **Your mission as a coach is to teach young people and help them grow as individuals so that they become better people in the world, both on and off the field.**

You're NOT a good coach when you play favorites. Good coaches treat their athletes fairly. They don't operate with two different sets of rules, i.e. one for the "chosen few" and one for the rest of the team. Coaches who play favorites go a long way towards creating performance disrupting dissension on their squads.

You're NOT a good coach when you treat your players with disrespect. I don't care what your won-loss record is or how many championships you've won in the past. When you treat preadolescent and adolescent athletes disrespectfully you are NOT a good coach. Great educators don't teach in this manner. They value their students and make them feel that value, both as learners and individuals. **Your position and reputation should not determine whether you get respect from your team.** What does determine whether people respect you is how you ACT! Your behavior is what's paramount. **Good coaches earn their respect from their players on a daily basis, over and over again based on how they conduct themselves and how they interact with their athlete and everyone else associated with the program.**

You're NOT a good coach when you refuse to take responsibility for your behavior, when you refuse to own your mistakes and instead, blame others for them. The mark of a great educator is that they present themselves as human. **They do not let their ego get involved in the more important task of teaching.**



2018 Coaches Agreement

Coach printed name: _____

Coach Signature: _____

Date:

**** Return signed Coaches agreement to
Coach A. Alexander by March 1, 2018****