

Required Equipment

A) Players: HECC approved helmet (full face protection including chin cup), elbow pads, mouth guard (not clear), hockey gloves, shin guards, cup for males and pelvic protector for females, in-line hockey pants, hockey skates (no brakes), hockey sticks without cracks or splinters, and a minimum 2" blade width

Not required, but recommended for safety: in-line hockey girdle, hockey shoulder pads or inline padded hockey shirt.

B) Goalies: All of the above plus throat guard, girdle, chest protector, and goalie pads (leg pads, catcher and blocker)

C) Coaches: All coaches shall wear a helmet during games/practices when wearing skates. All coaches 14 years of age and under shall also abide by this rule when coaching on the bench during games, by wearing a helmet with a full face cage.