

# Small Sided Games – beginning Fall 2016

## Rookie Field size smaller than 30x20 Coed (potentially)

- U4 3v3 no goal keepers 5-6 players Birth year: 2013
- U5 3v3 no goal keepers 5-6 players Birth year: 2012

## Mini Field: 30x20 with 4x6 goals (40x25 now)

- U6 4v4 no goal keepers 6-8 players Birth year: 2011
- U7 4v4 no goal keepers 6-8 players Birth year: 2010

## Mini Field Plus: 40x25 with 4x6 goals

- U8 5v5 7-9 players Birth year: 2009

## Development Field: 47x30 with 6.5x18.5 goals (50x35 now)

- U9 7v7 9-11 players Birth year: 2008
- U10 7v7 9-11 players Birth year: 2007

## Small Sided Field: 75x45 with 6.5x18.5 goals (50x60 Y / 50x75 S now)

- U11 9v9 11-13 players Birth year: 2006
- U12 9v9 11-13 players Birth year: 2005

## Full Size Field: 112x75 with 8x24 goals Coed (potentially)

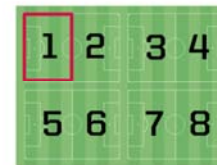
- (110x60 Y / 110x70 S now)
- U13 11v11 13-16 players Birth year: 2004
- U14 11v11 13-16 players Birth year: 2003
- U15 11v11 13-16 players Birth year: 2002

# Standards Chart

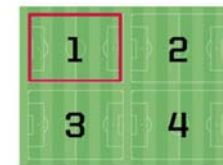


	U6	U7	U8	U9	U10	U11	U12	U13
Maximum Field Size (yards)	30x20	30x20	30x20	47x30	47x30	75x47	75x47	112x75
Number of Players	4v4	4v4	4v4	7v7	7v7	9v9	9v9	11v11
GK	No	No	No	Yes	Yes	Yes	Yes	Yes
Playing Times (minutes)	4x8	4x8	3x15	2x25	2x25	2x30	2x30	2x35
Break Times (minutes)	5	5	5	10	10	10	10	15
Ball Size	3	3	3	4	4	4	4	5
Goal Size (feet)	4x6	4x6	4x6	6.5x18.5	6.5x18.5	6.5x18.5	6.5x18.5	8x24
Offside	No	No	No	Yes	Yes	Yes	Yes	Yes

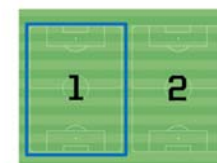
# Field Types and Progression



- MINI FIELD**
- 30x20 yards
  - 4v4
  - U6, U7 and U8
  - Red lines
  - Eight fields



- DEVELOPMENT FIELD**
- 47x30 yards
  - 7v7
  - U9 and U10
  - Red lines
  - Four fields

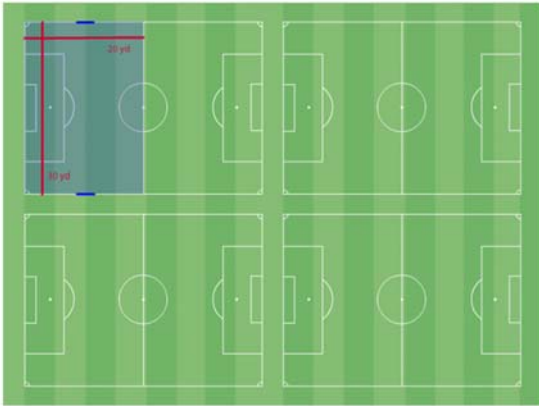


- SMALL SIDED FIELD**
- 75x47 yards
  - 9v9
  - U11 and U12
  - Blue lines
  - Two fields



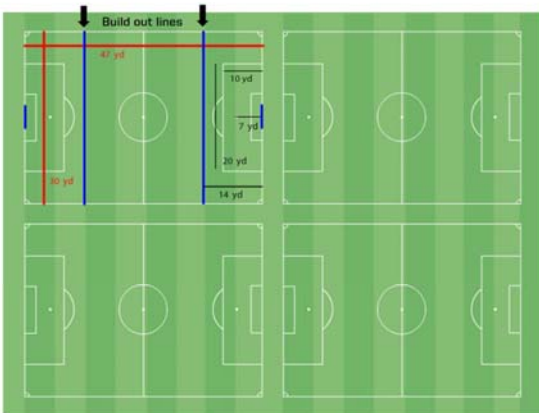
- FULL SIZE FIELD**
- 112x75 yards
  - 11v11
  - U13 onwards
  - White lines
  - One field

## Mini Field - 4v4 - U6, U7 and U8



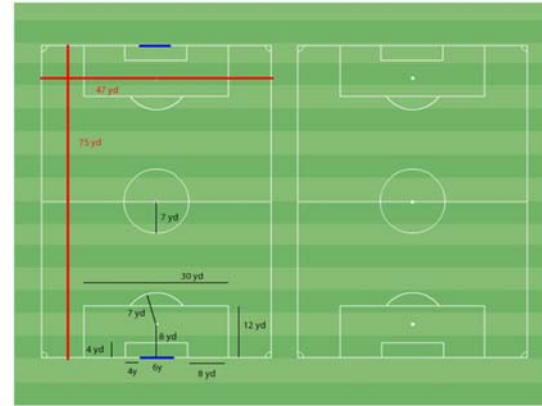
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## Development Field - 7v7 - U9 and U10



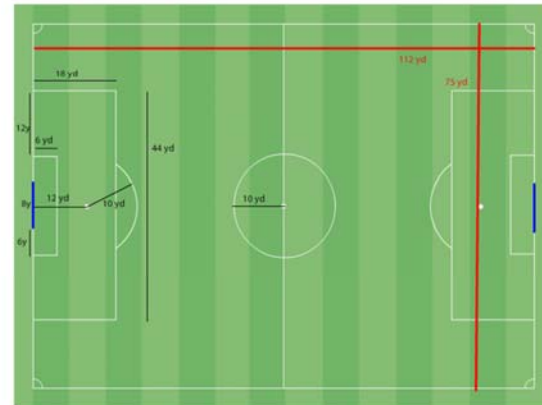
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## Small Sided Field - 9v9 - U11 and U12



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## Full Size Field - 11v11 - U13



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# Approach



## MINI FIELD - 30x20 yards

- U6, U7 and U8 - 4v4

Players at this age need to develop basic motor skills such as walking, running and changing direction. A smaller space will help them to develop these skills while also providing more interaction with the ball, teammates and opponents.



## DEVELOPMENT FIELD - 47x30 yards

- U9 and U10 - 7v7

Players at this age need to develop speed and agility. For this reason we promote play on a bigger field. Players will have more space to move in control of the ball and face 1v1 situations against an opponent in different parts of the field.



## SMALL SIDED FIELD - 75x47 yards

- U11 and U12 - 9v9

Players at this age need to develop coordination, balance and visual awareness. Increasing the number of players requires faster decision making so players can develop partnerships and game intelligence.

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# Team Organization



## DEVELOPMENT FIELD - 47x30 yards

- U9 and U10 - 7v7 - 14 players per team
- 7v7 formations promote a good distribution of the players on the field and provide a versatile framework to introduce simple tactical elements at an early age
- Formations are focused in the development of attacking elements of the game
- 1-2-3-1 formation: designed to develop passing and movement of the ball
- 1-3-2-1 formation: designed to promote forward runs and 1v1 situations



## SMALL SIDED FIELD - 75x47 yards

- U11 and U12 - 9v9 - 18 players per team
- On a bigger field 9v9 formations are ideal to keep developing attacking elements of the game and introduce basic defensive concepts working as a unit
- 1-3-2-3 formation: designed to provide space in midfield areas and provide multiple attacking options at front
- 1-3-3-2 formation: designed to understand basic defensive organization and promote build up play

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