

Coaching Check List:



- ❑ **NEW COACHES:** Complete the Risk Mgmt/background check on gotsoccer.com.
 - To complete a Background Check on gotsoccer.com:
Log in to Teams & Team Officials > Individual Coach: Username & Pwd
Find Background Checks Tab
Click Submit new report
Answer questions
Click I agree, Submit, OK. Should take a day or so to complete and SSYS will see the result.
- ❑ **NEW COACHES:** Take the CDC Heads Up Concussion Training AND Safe Sport training courses online. These are mandatory for all coaches of all sports in Louisiana to complete.
 - To complete your Concussion Training or Safe Sport training on gotsoccer.com:
Log in to Teams & Team Officials > Individual Coach: Username & Pwd
Find the Home Tab
Click on the Learning Center Courses
Gotsoccer will show you which courses you still need to take
Click on Start Course (For Safe Sport, note the Access Code below this button which you will need shortly.)
Take the course(s) you need to complete.
Print out your certificate for your records (in case the record doesn't go through to gotsoccer for some reason.) You do NOT have to send your certificates to me. Gotsoccer keeps a record for me.
- ❑ **ROSTER:** Make sure all of the returning players you are expecting are listed. Contact Jaime Gagnon.
- ❑ **CALL PARENTS:** on your team roster by Sunday February 9th.
 - Tell them the days, time, and place of your practices this season. Take their requests into consideration.
 - Tell them how you plan on getting in touch with them for practice or game cancellations (by phone, by text, by email)
 - Make sure you have their best contact information
 - Find a parent to be an assistant coach to be at games/practices if things come up for you.
 - Ask parents if they would like to volunteer a couple of man hours to help out under the tent on a game day. See VOLUNTEERS.
 - Ask parents if their company could sponsor your team this season. See TEAM SPONSOR.
 - Make sure they bring the proper equipment to practices:
 - Shin guards
 - Cleats (or tennis shoes)
 - Water bottle
 - Soccer ball of the appropriate size
- ❑ **UNIFORMS:** Uniforms shall be picked up and paid for directly at Third Coast Soccer (3501 Amb. Caffery). Each player will need to purchase a home and away jersey which will be good for 2 years (Fall 2018, Spring 2019, Fall 2019, and Spring 2020.) Each player will also need black soccer shorts and white soccer socks. (*Exception for teams who choose another soccer color for their entire team to wear.) Please contact Ricky Calais with questions: calaisricky@hotmail.com.
 - Cleat Drop-off only at the end of the season in preparation for the fall Cleat Swap.

- PRACTICES: may begin now.
 - YSC, SSYS, and SJP Fields are reserved [online through signupgenius.com](https://signupgenius.com). Booked practices slots are effective Monday 2/10.
 - Practices can be held at any public park or school (with permission from the principal) on a first come, first served basis.
 - At YSC, we have been given THREE 11v11 soccer fields to play on. The other THREE are for LYSA use. To get to our soccer fields, park on the Détente Road entrances by the large wooden bridge. Cross over the bridge, go through the concession stand tunnel, and take a right. Our fields are the three on the right side of the entrance.
- HELP FOR COACHES:
 - FREE COACHING CLINIC for new coaches. Be dressed to play and bring a soccer ball.
 - U4-U8 Monday 2/17 5:30-6:30 YSC #3
 - U9-up Monday 2/17 7:00-8:00 YSC #3
 - Sign up for SOCCER 101 emails: <https://www.southsideyouthsoccer.com/coaches>
- SCHEDULES: will be online at www.southsideyouthsoccer.com soon. Make sure parents know where to find it. Do not print out schedules as they may be subject to change. Check the night before a game online to verify that you will be going to the right field/complex.
 - For U7-U16 games, the schedule cannot be changed or requested to be changed by a coach or SSYS member. The schedule will remain as it is unless there is a club issue (referee shortage, double-booked field, weather event).
 - For U4-U6 games, you may ask the opposing coach to switch to a different day/time if it is convenient for both of you and you have contacted Jaime at jme.ssys81@gmail.com at least 48 hours in advance of the change.
- TEAM SPONSOR: Each team must find someone who can donate \$150 (U4-U6 teams)/\$200 (U7 and older teams) to South Side Youth Soccer on behalf of your team. (There are other options for sponsors who want to see their names and/or logos posted up at the field; these types of sponsorships will count as your Team Sponsorship as well.) The money will go toward field upkeep, coach supplies, as well as our increased refereeing fees and is **mandatory for each team**. Please contact Laura Broussard with questions: lnbroussard@hotmail.com.
- VOLUNTEERS: We need volunteer parents as game day runners under the tent on Saturdays at both parks. Duties involve finding sponsorship signs coaches, running goalie shirts out to the fields when needed, contacting the concession stand for more bench water or First-Aid, and directing spectators to their correct field. Contact Brian Martinez at brianmartinez2799@gmail.com to sign up for a 2-3 hour time slot.
- ****Youngsville Sports Complex and St. Julien Park in Broussard rules:** (Please share these with your parents, grandparents, etc.)
 - You are not allowed to bring ANY food or drink into the park including snack for after the game. Repeated non-compliance will result in the elimination of Southside's ability to use the complexes. You may bring water bottles to the parks; St. Julien Park does not provide soccer players with water coolers on the benches.
 - Any time the Thor Guard Lightning Prediction System predicts lightning, an alarm will sound once for 15 seconds. At that time all games are suspended and you must immediately seek a safe shelter. Police will not allow you to stay on the fields and they will ask you to return to your vehicle to wait. Activities may resume after you hear three 5-second blasts of the horn.

- ALL-STAR Games – U8-U14 age groups only. Practices & Games 4/6-4/9.
- CODE OF CONDUCT: Found online at www.southsideyouthsoccer.com/conduct Review it and adhere to it. NEW: Coaching awards for sportsmanship in each age group voted on by coaches.
- YOUR GAME DAY RESPONSIBILITIES:
 - Have players show up to the games a few minutes early for pre-game warm ups.
 - Put out your sponsor's sign and bring it back to the tent after your game.
 - Introduce yourself to the game official and the opposing teams' coach.
 - Make sure you are on the same page as the referee with the rules. How will "bad" throw-ins be handled? Will I be able to use free-substitution (You should be able to)? Do you understand the build-out line? Prevent confusion during game time.
 - Your parents should sit on the sideline opposite your players' bench. Please help us to encourage this practice.
 - Conduct yourself in a manner worthy of a role model because that is what you are to these players. Speak to the referees civilly. Don't let the players hear you cursing.
 - Coach and encourage your team during the game. Inform on and enforce rules with your players: uniform and other game play rules. Only U4-U6 coaches are allowed to blow whistles during game time. U7-U16 coaches DO NOT try and officiate the game from the sideline!! If you would like to officiate, please call the SSYS Office.
 - **Respect weaker teams. Don't allow your best players to run up the scores.**
 - For U4-U6 teams, consider pulling your players into a corner at kickoff and allowing the weaker team an opportunity to run down the field a bit before allowing your team to attack. All players should have the opportunity to score during games. We do not keep score at this age and it's a thrill for ANY player to get a goal. What an ego boost!!
 - For U7-U14 teams, we have an updated sportsmanship rule. Only a goal differential of no more than 5 goals will be kept officially on gotsoccer.com. (A 8-1 score will be recorded as 6-1.) Here are some options if you find yourself in a place where the score difference is 5 or more goals:
 - Make your team stronger by allowing weaker players a chance on offense.
 - Tell players who have scored that they can't cross the mid-line.
 - Play one player (or 2 players) shorter than the other team.
 - Make up rules for your team like you can only shoot on the goal if the ball is volleyed in the air or passed 6 times without being touched by the other team.
 - **Once a game has an 8 goal differential, any additional goals scored by the winning team will not count and the game will restart with the defensive team taking a goal kick.** Verify this new rule with your referee BEFORE the game begins.
 - Coaches and players must clean their bench area before leaving the sideline.
 - Have fun!!!
- If you have any questions or concerns through the season, please send emails to your age group coordinator:
 - U4-U6 Julio Piaz jpaiz70065@gmail.com
 - U7-U10 Mateus Feline matheusfbarrozo@gmail.com
 - U11+ CJ Murison cj_murison@hotmail.com
 - Office phone 337-453-2038
- Have a great season!