## **Doug Lowell**

Deerfield High School 1978-81 High School Coach: Dale Downie 2-Time Team Captain: 1980 and 1981 2-Time Team MVP: 1980 and 1981

High School Event Best and School Records:

100m (11.05) 200m (22.66) Discus (179' 4.25") Shot Put (60' 3")

# **Eastern Suburban Conference Meet Highlights:**

12 Conference Gold Medals
4-Time Shot Put Champion
4-Time Discus Champion
2-Time 100m Dash Champion
2-Time 200m Dash Champion
Conference Records in Shot Put
(60' 1"), Discus (171' 4") and 200m
Dash (22.93)

#### **WIAA State Meet (Class C)**

1978 Shot Put 5<sup>th</sup> Place (49'7.5")

1979 Discus 2<sup>nd</sup> Place (154' 10") and Shot Put 5<sup>th</sup> Place (52' 5.5")

1980 Shot Put--1<sup>st</sup> Place (55' 3.5"),
Discus--2<sup>nd</sup> Place (152' 0") and 100m Dash--2<sup>nd</sup> Place (11.36)

1981 Shot Put--1<sup>st</sup> Place (59'3.5"\*)

\*STATE RECORD
Discus 1<sup>st</sup> Place (163' 6") and 200m Dash Finals Qualifier

Deerfield HS State Team Champions in 1980 and 1981

#### **Collegiate Career:**

Attended the University of Texas
1985 NCAA Finalist in the Discus
1985 Texas Track Co-Captain
1986 NCAA Finalist and All-American
in the Discus and team captain.
During his career at Texas, Doug
scored 42 points in Conference
Championship Meets.

Doug resumed his T & F career in 2017 at Carson-Newman University as the Men's and Women's Shot, Discus and Strength Coach.

### **Inducted 2018**

