



## ***2018 Golden Valley Little League Baseball School & Specialty Clinics***

### **Baseball School**

This five session baseball program is designed to focus on the development of fundamental baseball skills. The school format will utilize a combination of instruction, drills and fun competitive games to improve the baseball skills needed for success.

#### **Players Goals**

- Increase overall fundamental baseball skills and knowledge
- Improve hitting mechanics resulting in higher batting average and increased power
- Improve throwing and fielding mechanics
- Improve base running skills

#### **Who is eligible?**

- All boys and girls eligible to play in Golden Valley Little League players ages 5 to 12.
- *This school will fill up fast, register early!*

#### **Dates for School**

- Sunday, February 11, 18, 25
- Sunday, March 4 and 11

#### **5 & 6 Year Old School**

Location: Cooper High School Gym  
Time: 1:00pm to 1:45pm  
Cost: \$60.00  
Max: 30 Players

#### **7 & 8 Year Old School**

Location: Cooper High School Gym  
Time: 2:15pm to 3:15pm  
Cost: \$60.00  
Max: 30 Players

Players please bring your clean tennis shoes, glove and batting helmet to each session.  
Please do **NOT** bring bats. (Helmets will be provided if needed.)

#### **9 & 10 Year Old School**

Location: Cooper High School Gym  
Time: 3:45pm to 5:00pm  
Cost: \$75.00  
Max: 30 Players

#### **11 & 12 Year Old School**

Location: Cooper High School Gym  
Time: 6:45pm to 8:00pm  
Cost: \$75.00  
Max: 30 Players

Players please bring your clean tennis shoes, glove, bat and batting helmet to each session.  
(Bats & helmets will be provided if needed.)

**Registration can be completed on the Golden Valley Little League website.**

Visit <http://www.goldenvalleylittleleague.org> for details



## ***2018 Golden Valley Little League Baseball School & Specialty Clinics***

### **Specialty Clinics**

These three session specialty sessions will focus on the fundamentals of pitching and catching and will help players achieve positive reps to improve their game!

#### **Who is eligible?**

All boys and girls eligible to play in Golden Valley Little League, players ages 9 to 12.

#### **Pitching Clinic**

Location: Cooper High School Gym  
Time for **9 & 10 Year Olds**: 5:15pm to 5:45pm  
Time for **11 & 12 Year Olds**: 6:00pm to 6:30pm  
Dates: February 11 & 25, March 11  
Cost: \$50.00  
Max: 16 Players

#### **Catching Clinic**

Location: Cooper High School Gym  
Time for **9 & 10 Year Olds**: 5:15pm to 5:45pm  
Time for **11 & 12 Year Olds**: 6:00pm to 6:30pm  
Dates: February 18, March 4 & 11  
Cost: \$50.00  
Max: 16 Players

Players please bring your clean tennis shoes, glove, and catchers gear to catching clinic.  
(Catchers gear will be provided if needed.)

### **Registration Details**

Registration can be completed on the Golden Valley Little League website.

Visit <http://www.goldenvalleylittleleague.org> for details.

**\*You may choose to sign up your player for both the Pitching Clinic and Catching Clinic for \$90.00\***

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### ***Golden Valley Little League 2018 Regular Season Baseball***

Registration for the 2018 baseball season opens February 1.

Practices begin in April. Games are played in May & June. There are 4 levels of regular season play.

Players are assigned to a league based on their baseball ability.

Player Evaluation Day is March 17, 2018.

GVLL Levels of Play are **Rookie** (ages 5-7), **Minor B** (ages 7-9), **Minor A** (ages 8-11) and **Majors** (ages 10-12).

For questions related to registration or Golden Valley Little League, please send an email [gvlittleleagueinfo@gmail.com](mailto:gvlittleleagueinfo@gmail.com)