



T-Ball Equipment List:

- **Glove** - Choosing the right size glove for your player is so important. Depending on your child's hand size, glove sizes for ages 3-6 years are between 8 to 11 inches in length. To ensure a proper fit, have your child try the glove on and ask if they are able to open and close it. Opening and closing the glove is a good indicator that it is the right size for your child. Keep in mind that most new gloves will be very stiff. You can remedy this by "breaking in" the glove with a leather conditioning oil. There are specific instructions online.
- **Bat** - Whether you are starting out in T-Ball or Coach Pitch, the bat size for your beginner is basically the same. The average length of bats for 3-6 years are 24 to 27 inches. The weight may also vary anywhere from 13 to 17 oz. **IMPORTANT: Little League of American implemented a new bat rule for 2018. All bats must have the USA Baseball approved stamp on it. Every sporting goods store should be selling them now.**
- **Ball** - The ball size in weight and diameter will vary within different leagues. Be sure to ask the dimensions of the ball your league will be using in games. The balls used in both T-Ball or Coach Pitch are typically a little bit larger and much softer than a regular size baseball. This type of ball helps lessen the severity of injuries for the first time ball players.
- **Helmet** - Another essential piece of equipment for both T-Ball and Coach Pitch is a batting helmet. There are many different options of helmets including color, an optional face mask, and ones with a detachable chin strap.
- **Cleats** - The rubber studded cleats are appropriate for the 3 to 6 year age group. Wearing cleats rather than tennis shoes is better for your child providing more traction while fielding and running the bases. Though it may be tempting to buy that next larger size for your child, stick with the ones that fit properly to ensure no unnecessary blisters on your ball player's feet.
- **Bat Bag** - Keeping up with all this essential equipment is often a challenge for both first time ball players and parents. It's highly recommended to purchase a bat bag to carry it all. For the younger age group, find a smaller size bat bag for your child to carry. Be sure to make certain the batting helmet also fits in the bag.
- **Baseball pants** - wearing shorts is not recommended.
- **Baseball hat** - keeps long hair out of face and shields the sun.

Optional: Sliding shorts, athletic cup (but advisable), batting gloves.