

ROUND ROCK HIGH SCHOOL

Lady Dragon Basketball Handbook



"To me, teamwork is the beauty of our sport, where you have five acting as one. You become selfless." --Mike Krzyzewski

2017-2018

Dragon Pride. Dragon Heart. Dragon Family.



To All RRHS Lady Dragon Basketball Players and parents,

Your child is about to become a part of the Round Rock High School Dragon Family, a group rich in tradition. For years Round Rock High School athletes have performed with dedication, skill, intensity, and desire. Our athletes have performed well at the high school and college level.

More importantly, the vast majority of them have become contributing members of the community and caring members of their family. High school athletics can be a wonderful and exciting educational opportunity. It is our hope that your child will seize that opportunity, run with it and make the most of it. There are both positives and negatives in athletics.

Each athlete will experience both sides of the coin and will hopefully benefit from their experiences. The most important part of this is that the student athlete understands that the TEAM comes first. We must do whatever is necessary for the TEAM to succeed.

This booklet contains information regarding policies, practices and regulations that govern the basketball program at Round Rock High School. We believe that this information will help answer many of your questions regarding the basketball program at Round Rock High School.

We look forward to your association with the athletic program at Round Rock High School. Thank you in advance for your help and cooperation.



Round Rock Lady Dragon Basketball Coaching Staff

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PHILOSOPHY

The UIL Athletic Program at Round Rock High School is committed to excellence. We plan to provide an educational process in a safe school environment that will foster critical thinking and acquisition of knowledge and skills, a self-discipline that will encourage academic excellence, self-sufficiency, and personal responsibility and respect for diversity. All which will prepare students for life-long learning, a high standard of ethics and willingness to make a positive contribution to society.

Athletics is an extension of the school day. It is a privilege not a right. Our coaches are charged with the responsibility to teach values of accepting success graciously, accountability, citizenship, sportsmanship, confidence, tolerance, and handling disappointment. Also, they are challenged to teach leadership, organizational skills, participation within the rules, performing under pressure, persistence, work ethic, responsibility, sacrifice, self-discipline, social skills, striving toward excellence, taking instruction, physical well-being, and TEAMWORK. Participation in basketball is available to all students, providing they are in good standing academically, are good school citizens, meet any requirements set down by RRISD officials and its coaches, and are physically fit to participate. Participation in the program is a privilege, which students earn by maintaining these standards as well as displaying they are able to contribute to the team in an area that coaching staff feels fit.

The Round Rock Athletic Department and the Principal set additional policies, regulations and rules. Under UIL guidelines, local athletic departments are allowed to set additional policies, rules and/or regulations as long as they are not less restrictive than those stipulated by the UIL.



GOVERNING BODIES

Round Rock High School is a member in good standing of the University Interscholastic League (UIL). With membership, the Principal and Athletic Department agree to abide by all rules and regulations of the UIL.

Round Rock High School is proud to be a member of District 13-6A. Its own constitution and the UIL govern District 13-6A.

ROUND ROCK ATHLETIC DEPARTMENT

The Round Rock Athletic Department and the Principal set additional policies, regulations and rules. Under UIL guidelines, local athletic departments are allowed to set additional policies, rules and/or regulations as long as they are not less restrictive than those stipulated by the UIL.

TO THE PARENTS

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position we are better able to accept the actions of the other and provide greater benefit to children. As parents, when your child becomes involved in our program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

COMMUNICATION YOU SHOULD EXPECT FROM THE COACH

1. Philosophy of the coach
2. Expectations the coach has for your child as well as all the athletes on the squad
3. Locations and times of all practices and contests
4. Team requirements; i.e., practices, special equipment, out-of-season conditioning
5. Procedure followed should your child be injured during participation
6. Discipline that may result in the denial of your child's participation

COMMUNICATION COACHES EXPECT FROM PARENTS

1. Concerns expressed directly to the coach
2. Notification of any scheduled conflicts well in advance.

As your child becomes involved in the programs at Round Rock High School, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you and your child wishes. At these times, discussion with the coach is encouraged.

APPROPRIATE CONCERNS TO DISCUSS WITH COACHES

1. The treatment of your child, mentally and physically
2. Ways to help your child improve
3. Concerns about your child's behavior

It is very difficult to accept your child's role within the team concept. Coaches take their profession seriously. They make judgment decisions based on what they believe to be the best for all students involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things, such as those that follow, must be left to the discretion of the coach.



ISSUES NOT APPROPRIATE TO DISCUSS WITH COACHES

1. Team strategy
2. Coaching Decisions
3. Other student-athletes

There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear and open-minded understanding of the other's position. We feel that if the conference pertains to your child, that she should be involved in the discussion and therefore needs to attend the meeting as well. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue of concern.

Call the coach at her extension to set up an appointment at least a day in advance. If the coach cannot be reached, leave a message. A return call from the coach will be arranged, or a meeting set up for you.

DO NOT CALL A COACH AT HOME!!!! A coach's time with family is severely limited during the season. The family's privacy should be respected.

PLEASE DO NOT ATTEMPT TO CONFRONT A COACH BEFORE OR AFTER A GAME OR PRACTICE. Coaches will not conduct meetings before or after a game or practice. These can be emotional times for both the parent and coach. Meetings under these circumstances do not promote resolution.

IF THE MEETING DID NOT PROVIDE A SATISFACTORY RESOLUTION

Call and set up an appointment with the Athletic Coordinator and the coach.

The Athletic Coordinator will listen carefully to our concerns and mediate a resolution between you and the coach.

REMEMBER – Your concerns are important to us. Never hesitate to follow the above procedures to make those concerns known. Together we can work to improve our athletic program.

COMMITMENT

When trying out for a team and after being selected to be a member of a team, Round Rock High School student-athletes are expected to attend all practices and games of that team prep time. Weekend practices vary but should be expected.

High School athletics demands much more commitment than a club or recreational activity. Students should make themselves aware of the time commitment and understand that High School athletics will take precedence over club sports.

Round Rock High School policy states: Once an athlete is established on a team, he may not leave one team (voluntarily or due to dismissal by the coach) and try out for another team without the consent of both coaches involved and the Athletic Coordinator.



SCHOOL/FAMILY VACATIONS, EXTENDED ABSENCES

Every team member is expected to be present for all team practices and games. Because of scheduling parameters, many of our teams practice and/or play during scheduled school vacations. Student- Athletes, who plan to be absent for an extended period of time due to vacation or a planned extended absence, must discuss this situation with the coach prior to trying out for the team (varsity members should not miss). When an athlete must miss practice, they will make the practice up; just as if they miss an assignment in class they will be asked to make the assignment up.

DAILY TEAM ATTENDANCE

It is extremely important that your daughter be present at all practices. The time and planning necessary for practices is extensive and therefore the coach must know in advance that an athlete is not going to participate in order to make the proper adjustments necessary. If an athlete is going to miss practice, please use the following guidelines to make sure proper notification is given (No one is too sick to call. Athletes be responsible!).

1. Coach must be contacted personally (either by phone or in person).
2. It is the responsibility of the athlete and not the parent to make the notification.
3. Extenuating circumstances will be considered by the coaches.

Student-athletes are excused from team activities for academic or religious reasons, family emergencies, illness or injury. Prior notification by the student-athlete of the coach is required!!

SCHOOL ATTENDANCE AND TARDINESS

Round Rock High School student-athletes are reminded at the beginning of each season of the requirements for good school and team citizenship. They are as follows: come to school every day, be on time for school and classes, attend all classes, do your homework, and behave at all times in a mature manner. The abuse of any of these citizenship requirements could result in suspension or dismissal from an athletic team.

MEDICAL EXAMS/PARENTAL PERMISSION FORMS

All students who plan to participate in athletics must have written proof of a current physical exam signed by a physician. In order for the exam to be current, it is required that an annual exam be scheduled between June 1 and the start of class each school year. Such an exam would cover a student for an entire school year. Medical Exam Forms are available in the Athletic Trainers office or from the coach.

Emergency card, insurance waiver, and UIL Consent forms, which contain important emergency and insurance information, must be completed and signed by the athlete and parents and are available in the Athletic trainers office or from the coach as well.

Athletes will not be allowed to participate in practice without the completion of the Medical Exam, Emergency card, insurance waiver, and UIL Consent forms. All forms can be picked up from the training office.

INSURANCE

A non-contributory, supplemental insurance program is provided for all participants in interscholastic sports. In general, coverage begins after limits of the family insurance have been exhausted. It is the obligation of the athlete and his family to complete the necessary forms to qualify for benefits. Details regarding insurance coverage can be obtained from the Athletic District Website.



ACADEMIC ELIGIBILITY

Academic Performance: Students opting to participate in basketball should keep in mind that academic achievement should be their main priority. Frequently, the most successful athletes are those who perform well academically in the classroom and are instrumental in promoting a positive learning environment at Round Rock High.

Summary of Round Rock High Eligibility Rules: Any student on academic probation is not eligible to participate in game situations in interscholastic sports and all other extra-curricular activities. The student-athlete can and should however continue to practice.

Students will be placed on academic probation for the following reasons.

1. A student must maintain a minimum grade average of 70 during the marking period in all courses.
2. If a student athlete is ineligible, he may regain his eligibility at the three-week marking period. The student must not receive a failing progress report in ANY CLASS. (If they failed a math class and get a failing progress report in an English class, then they are considered ineligible.)
3. Students/athletes are expected to maintain proper behavior in school. Ineligibility for improper behavior is at the discretion of the Principals or Athletic Director or Head Coach of the sport.
4. A student may obtain a waiver one time a school year for any grade in an AP or Honors course that is above the grade of 60 and below that of 70. This waiver is a onetime event and the proper steps must be taken by the student-athlete to complete the proper paperwork to regain his/her eligibility.

TEAM RULES AND REGULATIONS

The team rules that will be established are very important to the program.

1. The classroom is the first priority of the athlete. They must be good students first. Promote yourself and the basketball program with a positive image. RESPECT ALL TEACHERS AND STAFF!
2. Abide by all U.I.L. rules. <http://www.uiltexas.org/athletics>
3. Abide by the RRISD District Policy, the RRHS Student Handbook and the RRHS Basketball Handbook
4. No horseplay in a school vehicle going to and coming from a contest.
5. Abusive language will not be tolerated and will result in burpees or conditioning.
6. Conduct unbecoming to champions will not be tolerated. (Ex: arguing with officials, coaches or other students).
7. Extra (distracting equipment) other than the normal match attire at practice and games will not be worn.
8. Bad mouthing opponents, team mates, coaches, parents, officials or other student either by word of mouth, text or social media will not be tolerated.
9. NO JEWELRY!!!! These are not allowed in the practice or game area.
10. No chewing gum
11. Cell phones are prohibited in the gym/weight room area.
12. Remember if you are trying to draw attention to yourself, it may be an embarrassment to the team and be construed as an embarrassment to the school, parents, community, and coaches. This behavior will be dealt with appropriately. Be a TEAM player and not a distraction.



Booster Club

RRHS Basketball Booster Club strongly encourages all parents and supporters to become members and attend monthly meetings during the basketball season and monthly outside of the season.

Fundraising

Each Player will be asked to assist in fundraising event yearly. This is not mandatory, however is strongly encouraged to participate. Allows for our program to grow and have the success we feel necessary.

Requirements for Lettering

The following are a list of possibilities for earning a varsity letter in basketball.

1. Participation at a varsity competition.
2. Discretion of the coach if player made a contribution to the success of the team

Care of Equipment

Athletes have an obligation and responsibility for all equipment issued them. Each athlete is responsible for the proper care and retention of their equipment from the date of issue to the date of return. Equipment should be stored in a locked locker in the locker-room at all times when not in use. Students will be charged the current replacement cost for any missing or vandalized equipment. If an athlete leaves the team during the season due to injury, academics, and discipline or of his own accord, it is his responsibility to return all school equipment.

The student athlete will be held responsible to pay for any unreturned equipment. No student will be allowed to try out for another sport until all outstanding equipment has been returned or paid for. If an athlete leaves the team during the season due to injury, academics, and discipline or of his own accord, it is his responsibility to return all school equipment.

Playing Time

Perhaps the most emotional part of a student-athlete being involved in high school athletics centers around playing time. The student-athlete becomes involved in interscholastic athletics for the first time and finds that practices and expectations are much more intense and demanding. Factors such as practice attendance, attitude, commitment, and of course, athletic skill enters into the decision.

There are many decisions made on a regular basis by the Round Rock High School coaching staff. It is the coaches' responsibility to decide which athlete should start a contest, which should play what position, and how long each athlete should play. These coaching decisions, often difficult to make, are made only by the coaching staff and are approached very seriously after having observed the student-athlete in practice sessions, game-like situations, scrimmages, and at times, games.

At the Varsity level, we look for our teams to compete against opponents at the highest possible level of execution. This is the highest level of high school interscholastic competition. Players, coaches, parents, staff, and the community want the Round Rock High School varsity teams to be successful on the field of play. As long as the score is being kept, Round Rock High School should attempt to win as many varsity games as possible. In order to accomplish this, there are many instances when the most competitive, skilled team members will carry the major burden of the contest.



However, teams cannot and will not be successful without committed substitutes, "role" players, or "second team" players. These players have to be ready at all times to step forward and shoulder the burden when called upon. It is these student-athletes whose hard work in practice each day prepares the team for the upcoming contest.

Sportsmanship

Round Rock High School expects all parties at a contest to display the highest level of sportsmanship. Players, coaches, and spectators are to treat opponents, officials and visiting spectators with respect and the same "poise and class" that we do our own teammates. Fans are to be held to the same expectations as the athletes. The purchase of a ticket to the event does not give a fan the right to criticize, degrade, or abuse any player, official, or coach. If this occurs, the athletic department has the right to have the unruly fan removed from the contest.

The UIL reserves the right to warn, censure, place on probation or suspend for up to one calendar year any player, team, coach, parent, game or school official, or school determined to be acting in a manner contrary to the standards of good sportsmanship. Round Rock High School in turn reserves the right to impose the same penalties on spectators displaying poor sportsmanship at any of our contests, both home and away.

Out of Season Sports Involvement

Participation in out-of-season clinics, camps, leagues, or other related sport activities is strictly up to the discretion of the student-athlete and his/her parents. While such participation will undoubtedly improve one's knowledge and skill, it is the individual's decision on whether or not they wish to become involved in such activities. Participation in such activities will have no bearing on a student-athlete's participation on a Round Rock High School athletic team. The Department of Athletics encourages all students to take full advantage of the activities we offer and become involved in more than one sport at RRHS.

Game Day Procedures

During the game, we will conduct ourselves with poise, confidence and class. While we will stress aggressiveness, enthusiasm and excitement, we will not tolerate any show of individualism. Celebrations will be team oriented and with the rules.

Conduct yourselves on game day in a manner so that you will be emotionally and physically ready to play. Avoid confusion, eat properly, and use good judgment. Act with class at all pep rallies and spirit circles.

Missing Class

If you miss class because of a game, it is the RESPONSIBILITY OF THE ATHLETE to get the assignment BEFORE we leave for the contest. This will allow the athlete to turn the assignment in on time. Always communicate with the teachers about the missed class and attend tutorials when appropriate.



Hydration / Nutritional Guidelines

Proper hydration is essential in protecting athletes and maximizing their performance during hot weather. Dehydrated players heat up faster and lose the benefits of acclimation. Some athletes may lose more than three quarts of sweat per hour during the hot and humid weather. The more an athlete sweats, the more susceptible they are to dehydration. Sweat loss leads to dehydration, fatigue, cramps, heat intolerance, and slow recovery. more than the eight cups of water per day normally recommended for proper hydration. Some will need several quarts to replace fluids lost during workouts. Consume fluids before and after competition and games. Nutritional guidelines encompass eating at least 3 to 5 meals a day.

Social Media

Student-athletes are high-profile representatives of the Round Rock Independent School District, and their behavior is subject to scrutiny by their peers, the campus, community, and the media.

The actions of a single student-athlete can reflect positively or negatively not only on the individual student-athlete, but also on his or her team and coaches, the Athletics Department and the entire school campus. Therefore, student athletes are expected to represent themselves, Round Rock High School, and Round Rock ISD with honor, dignity and integrity at all times – including when interacting on social networking websites and in other online environments. The popularity of social networking websites (e.g., Facebook, Twitter, Vine, YouTube, Instagram, etc.) has grown tremendously. These websites can serve as valuable communication tools when used appropriately. The use of social media, however, has the potential to cause problems for both the student-athlete and the school environment. Almost anything a student-athlete posts on a social networking site may be viewed by others, and both the media and the general public are more likely to view the profiles of student-athletes than the profiles of other students.

Because players and teams are associated with RRISD - inappropriate use of social media can be subject to discipline at school. Student Athletes are to refrain from using social media in a way that is negative towards themselves, or to a specific person or team. If a player is proven to have breached team rules in this manner, they can be subject to the discipline model at the athletic program.

TRANSPORTATION

The school provides bus transportation, or a suitable substitute, to all “away” contests. All team members are expected to travel to and from these contests using the provided school transportation. A coach may give permission for student-athletes to ride home from a game site with their parent or guardian after a signed consent form is presented prior to leaving for the event by the parent and the student-athletes grade level principal.

TRAVEL POLICY

Athletes are required to be on time. They must remember that they are representing the school. Dress in appropriate dress and do not wear anything that would become a distraction to the team or cause attention to be drawn to you. A list of players and parent contacts will be submitted to the Principals and Athletic Office prior to departure. Always double check and make sure you have your assigned equipment. Do not let your absent-mindedness be the reason that you are kept out of a contest.



BUILDING AND FACILITY ACCESS

A school staff member will allow no student access to any of the athletic facilities without proper supervision. Students may not use the gymnasium or weight room unless there is a staff member present. We are very fortunate to have the facilities that we have. The locker room is a great place for the players and coaches. Take Care of it. It will be kept reasonably clean and it is the responsibility of the athletes to make sure this is adhered to. If you see someone deliberately neglecting the use of this, it is your obligation to report it and the coaches will handle it with appropriate measures. *(In other words, clean up your mess. We the coaches and the janitors are not here to clean up after you.)*

Student-athletes are expected to respect the locker facilities, showers and general areas of the athletic wing at both Round Rock High School and while visiting other schools. We expect the student-athletes to take pride in their facilities and those of opponents by using trash barrels and keeping these facilities in good condition. Any type of vandalism will not be tolerated! You will pick up after yourselves!!!

SECURITY OF PERSONAL BELONGINGS

All personal belongings should be locked up in a locker or team room while the student-athlete is trying out, practicing, or playing. All students should use the lock that is assigned by the coaching staff to them for their athletic lockers and should never leave their locker unlocked. Round Rock High School cannot be responsible for loss of personal belongings. Personal locks will be removed from all lockers.

COLLEGE/CAREER GUIDANCE

One of the most important decisions facing high school students is what to do with their lives after high school. The members of the Round Rock High School Athletic Staff are willing and eager to assist all of their students with this extremely important decision. Staff members fully understand the importance of this assistance. They may be able to answer questions, contact schools and/or coaches, and write letters of recommendation. The least they will be able to do is guide students to a more knowledgeable resource who can help with decisions. If a student's goal is to compete athletically at the collegiate level, it is very important to be aware of the ever-changing NCAA Regulations.

Round Rock High School's Guidance Counselors Department has a wealth of information and experience on NCAA regulations. They also have copies of the NCAA Clearinghouse Registrations Forms, which must be completed by all students planning to participate at the college level.

SPORTSMANSHIP

Round Rock High School expects all parties at a contest to display the highest level of sportsmanship. Players, coaches, and spectators are to treat opponents, officials and visiting spectators with respect and the same "poise and class" that we do our own teammates.

The UIL reserves the right to warn, censure, place on probation or suspend for up to one calendar year any player, team, coach, game or school official, or school determined to be acting in a manner contrary to the standards of good sportsmanship. Round Rock High School in turn reserves the right to impose the same penalties on spectators displaying poor sportsmanship at any of our contests, both home and away.



HAZING

Texas state law states that no form hazing will be tolerated in any form or fashion.

"Hazing" means any intentional, knowing, or reckless act, occurring on or off the campus of an educational institution, by one person alone or acting with others, directed against a student, that endangers the mental or physical health or safety of a student for the purpose of pledging, being initiated into, affiliating with, holding office in, or maintaining membership in an organization. The term includes:

- (A) any type of physical brutality, such as whipping, beating, striking, branding, electronic shocking, placing of a harmful substance on the body, or similar activity;
- (B) any type of physical activity, such as sleep deprivation, exposure to the elements, confinement in a small space, calisthenics, or other activity that subjects the student to an unreasonable risk of harm or that adversely affects the mental or physical health or safety of the student;
- (C) any activity involving consumption of a food, liquid, alcoholic beverage, liquor, drug, or other substance that subjects the student to an unreasonable risk of harm or that adversely affects the mental or physical health or safety of the student;
- (D) any activity that intimidates or threatens the student with ostracism, that subjects the student to extreme mental stress, shame, or humiliation, that adversely affects the mental health or dignity of the student or discourages the student from entering or remaining registered in an educational institution, or that may reasonably be expected to cause a student to leave the organization or the institution rather than submit to acts described in this subdivision; and
- (E) any activity that induces, causes, or requires the student to perform a duty or task that involves a violation of the Penal Code.

The appropriate authorities will deal with violators of hazing.

SEXUAL HARASSMENT

It is the policy of Round Rock High School to promote and maintain a working environment and educational atmosphere for students, which is free from sexual harassment. It is illegal and against the policies of Round Rock High School for any person, male or female, to sexually harass another person. Administrators and supervisory personnel have a duty to maintain the school environment free of sexual harassment or intimidation.

Student-Athlete Behavior
RRISD Athletic Administration



A student-athlete represents the school community, and the privilege of being a member of a school team must be earned and maintained. Because students represent their school and the District in highly visible positions in which they perform, participate, or compete, these students are viewed as role models. The demands and responsibilities require participants to commit time and effort while maintaining high standards of conduct. This code applies at all times and includes conduct on or off campus, while not participating in an activity or not during the school calendar year, holidays, summer and weekends.

Therefore, the following rules are established so that student-athletes understand the value of participation in extracurricular athletics and as a reminder that inappropriate behavior is punishable by suspension or removal from a team at the discretion of the coach, principal and athletic director.

General Rules of Conduct

- A. Show respect for RRISD staff sport officials, opponents and fans
- B. Participate in every practice, competition, performance, game, tournament, and event required by the Coach/Sponsor/Director.
- C. Arrive promptly, proper attired, for every practice, competition, game, tournament, etc., unless the Coach/Sponsor/Director has granted an excused absence or tardy.
- D. Adhere to the grooming standards as established by the individual activity/sport code of conduct as well as the RRHS student dresscode.
- E. You are a role model. Demonstrate sportsmanlike behavior and respect those around you.
- F. Help promote and support other RRHS athletic programs
- G. Abide by all RRHS student-handbook policies.
- H. Exemplify honesty in school work
- I. Show respect and exemplify appropriate behavior in the classroom.
- J. Demonstrate appropriate behavior while engaged in school-related travel.
- K. Follow the RRISD Student Code of Conduct Handbook.



RRISD Extracurricular Code of Conduct

Arrests/Citations - Anytime During School Calendar Year or Summer/Holidays

I. Extracurricular Activities

The term “extracurricular activities” means, without limitation, all interscholastic athletics, cheerleading, drill team, academic clubs, school approved clubs, extracurricular fine arts performances, student government, and any other activity or group that participates in contests, competitions, or community service projects on behalf of or as a representative of the District. The term includes any non-curricular event and membership or participation in groups, clubs, and organizations recognized and approved by the Board of Trustees and the school district and sponsored by the district or a campus. All extracurricular activity participants, including elected and appointed officers of all campus organizations, will be subject to the provisions of this Extracurricular Code of Conduct.

II. Jurisdiction

Student participation in extracurricular activities is encouraged. Round Rock ISD makes extracurricular activities available as an extension of the regular school program, with this important difference: participation in the regular curriculum is a right afforded by law to each student, while participation in the extracurricular activities is a privilege that carries additional expectations for acceptable conduct. Students engaging in extracurricular activities represent not only themselves, but also other students and the school district when performing, competing, or participating in extracurricular activities and while wearing uniforms or other clothing that identifies the student to the community or public in any setting as Round Rock ISD students. For this reason, their behavior must be exemplary and reflect the finest attributes of the total Round Rock ISD student body at all times and places. Important goals of the extracurricular activities are to give students direction in developing self-discipline, responsibility, pride, loyalty, leadership, teamwork, respect for authority, and healthy living habits.

Because participation in extracurricular activities is a **privilege and not a right**, Round Rock ISD is authorized to set higher standards for participants of extracurricular activities than it would for those students who choose not to participate in these activities. Therefore, this ***Extracurricular Code of Conduct*** extends beyond the *Round Rock ISD Student Code of Conduct* not only in types of behavior prohibited, but also in corresponding consequences and jurisdiction for imposing discipline. In case of a conflict between this Code and the activity or sport specific campus handbook, the Code will prevail.

This ***Extracurricular Code of Conduct*** will be enforced with all students grades 7th-12th participating in extracurricular activities:

- regardless of whether school is in session;
- regardless of whether the student is directly involved with the extracurricular activity at the time the prohibited conduct occurs;
- regardless of whether the extracurricular activity is in-season; and
- regardless of where or when the conduct occurs.

It is possible that a student who violates the ***Round Rock ISD Student Code of Conduct*** will incur consequences from both the appropriate school administrator and from his or her coach or sponsor for the same particular violation. It is also possible that a student participating in extracurricular activities could violate the ***Extracurricular Code of Conduct*** and be subject to discipline by a coach or sponsor without having violated the ***Round Rock ISD Student Code of Conduct***.

III. Prohibited Conduct

Round Rock ISD students who participate in extracurricular activities are prohibited at all times from:

- any conduct resulting in arrest and/or citations from law enforcement officers; this does not include minor traffic violations.

Social media misconduct will be addressed in the handbook in the area of Athletics and Fine Arts. All extracurricular activities fall under the RRISD Student Code of Conduct.

IV. Procedures

The coach, director and/or sponsor will determine whether an ***Extracurricular Code of Conduct*** violation has occurred. Upon determination of an ***Extracurricular Code of Conduct*** violation, the following individuals will be notified:



1. student
2. student's parent(s) or guardian(s);
3. campus administrator
4. appropriate school counselor to provide counseling, support, and guidance in dealing with issues associated with alcohol, drugs, mood-altering chemicals, and other prohibited activities.

V. Disciplinary Action

Coaches, directors, campus administrators, and sponsors will review all the facts and circumstances surrounding a particular violation and impose appropriate disciplinary action. Campus administrators may remove a student who violates the ***Extracurricular Code of Conduct*** from the extracurricular activity.

Violation of any of the above-mentioned rules by a student participating in extracurricular activities will be subject to the following disciplinary action:

• Suspension from all extracurricular activities as outlined below:

1st Offense:

Will result in a three-week suspension from the extracurricular activity that the participant is currently enrolled in.

The suspension becomes effective immediately following the ***notification, review and confirmation*** of a violation. Suspension includes travel in a school vehicle to and from competition. The suspension does not include practice; however the campus administration may also impose a suspension on practice.

2nd Offense:

Removal from all extracurricular activities for one calendar year.

A student who is cited for an offense while not in-season (off-season) or over the summer will receive “one strike”, with a second offense resulting in removal from extracurricular activities

Re-admission into the extracurricular activity is at the discretion of the coach, director, or sponsor.

Nothing in this ***Extracurricular Code of Conduct*** limits the authority of a coach, director, or sponsor to impose reasonable sanctions, including extra workouts, and/or community service for students who breach team or organization conduct expectations but do not engage in prohibited conduct.

VI. Appeals

Questions or complaints from parents regarding disciplinary measures should be addressed to the campus administration, in accordance with Policy FNG (Local). A copy of this policy may be obtained from the principal's office or the central administration office or through Policy On Line at the following address: www.roundrockisd.org

Disciplinary consequences will not be deferred pending the outcome of an appeal.

Round Rock ISD Athletic Code of Conduct
Use of Illegal or Controlled Substances During School and/or
School Sponsored Events

Participation in athletics in the Round Rock ISD is a privilege, not a right, granted to students by the school district.



The privilege of participation in athletics may be withdrawn at any time if a student athlete is found to be in violation of the standards of conduct established by the district or by the coach of a particular sport.

The consequences for the use of illegal or controlled substances by students involved in athletics will be in accordance with the guidelines listed below. This policy is intended to be a minimum standard of consequences for athletes involved in the use or possession of, or under the influence of, illegal or controlled substances (alcohol and drugs). Stricter consequences may be applied depending on the extent and circumstances of the involvement by an athlete.

1. Any athlete involved in the use or possession of, or under the influence of, a controlled or illegal substance **at any athletic event or trip in which he/she represents RRISD as a member of an athletic team** will be suspended from participation in athletics for a period of one (1) calendar year.

2nd Offense: Will result in permanent removal from all athletic teams.

2. Any athlete involved in the use or possession of, or under the influence of, a controlled or illegal substance **at a school function or on school premises** will not be allowed to participate in any school sponsored athletic competition and practice for a minimum of six (6) weeks. Suspension will begin immediately for sports in season and will carry over to the next sport season until the six week suspension from competition and practice has been fulfilled. The six week suspension from competition and practice will begin at the start of the sport season for athletes involved in sports not currently in season. Disciplinary action will carry over from sport to sport and year to year until the athlete has missed six weeks of competition and practice.

2nd Offense: Will result in suspension from athletic competition for one (1) calendar year.

3rd Offense: Will result in permanent removal from all athletic teams.

The discipline and/or dismissal of athletes involved in the use or possession of, or under the influence of, illegal or controlled substances at times other than when the athlete is on school premises or under school supervision will be at the discretion of the coach of the sport in which the athlete participates. The principal, campus athletic coordinator, and head coach of the sport must be involved in any decisions concerning the consequences of inappropriate behavior while not on school premises or at a school function.

In cases involving athletes from different sports for the same offense the principal, athletic coordinator, and head coaches of the sports in which the athletes participate will be involved in determining any disciplinary action.

Use Of Tobacco

Any athlete involved in the possession or use of tobacco on school premises or at a school function will be suspended from athletic competition and practice for three (3) weeks.

2nd Offense: Will result in suspension for the remainder of the school year.

3rd Offense: Will result in permanent dismissal of the athlete from high school athletics

Discipline Model Protocol “Strike Policy”

1st Offense

- Meeting to include the head coach, and the student athlete and an assistant coach.
- Parents notified of meeting and outcome identified.
- Serious infractions of Team, District and /or UIL rules may be subject to suspension or dismissal from the program.



2nd Offense

- Meeting to include the head coach, and the student athlete and a designated administrator and student-athletes parent/guardian.
- Student-athlete placed on behavior plan/contract pre-approved by Campus Athletic Director.
- Serious infractions of Team, District and /or UIL rules may be subject to suspension or dismissal from the program.

3rd Offense

- After consultation with the Campus Athletic Director and the Principal, students who continue to find difficulty in following the extracurricular Code of Conduct may be subject of suspension or dismissal.

A **serious infraction** that may be subject to a suspension or dismissal from the basketball program are of the following but not limited to:

1. Drugs, tobacco, and/or alcohol involvement
2. Theft inside the locker room
3. Social media posts that cause harm; depict or encourage unacceptable or illegal drug use
4. Cussing out an official, coach, player, or spectator during practices or matches

Suspension from Participation in Athletics

The following are examples, but not limited to, reasons that may result in the suspension of a student-athlete. The length of suspension is at the discretion of the Director of Athletic Director and the Head Coach.

- A. Participants **who receive off-campus suspension** for disciplinary reasons will not be allowed to participate or practice during the length of the suspension. Participants will be eligible on the next day following the suspension.
- B. Ejection from a contest by an official, coach, or athletic director for unsportsmanlike or other inappropriate behavior.
- C. Actions punishable by the school administration which occurs outside the normal school day but while the student-athlete is involved in his/her sports season.
- D. Participants who are assigned to **The ROCK** campus are not allowed to participate in UIL.

Dismissal/Removal from Athletics

A student's participation on a sports team is conditioned upon the student's compliance with the requirements and standards of behavior set forth in the Sports Handbook, the RRISD Code Of Conduct outlined in the Student-Parent Handbook and the policies of the RRISD Coaches Handbook. Students must meet UIL and RRISD eligibility requirements. Both student-athlete and parent must agree by signature to comply with behavior guidelines as set forth. The athlete has the right to discuss the dismissal with the Campus Athletic Director before final decision is made.

- A. Violations for RRISD District and or RRHS team drug and alcohol policy where indicated.
- B. Practice attendance issues/multiple practice/ game absences without communication.
- C. Refusal to comply after several chances on expected behavior infractions. (see 1st,2nd 3rd strike policy)



- D. UIL No Pass – No Play policy- Students not passing two six week cycles ARE subject to dismissal. Circumstances with discipline and participation will ALSO be considered.
- E. Anything the coach determined as having become detrimental to the program.

Round Rock ISD Athletics Behavioral Contract (sample)

The Round Rock Independent School District (RRISD) believes in the value of extracurricular activities and the many benefits derived from participation. The RRISD also recognizes that extracurricular participation is a privilege and not a right; granted to those who satisfy the University Interscholastic League, RRISD, campus, and individual program expectations regarding academic and social behavior.

Coaches of extracurricular activities may develop and enforce standards of behavior that are higher than the District-developed Student Code of Conduct and may condition membership or participation in the activity on adherence to those standards. Extracurricular standards of behavior may take into consideration conduct that occurs at any time, on or off school property. A student and his or her parent shall sign and return to the sponsor or coach a statement that they have read the extracurricular behavior standards and consent to them as a condition of participation in the activity. This formal contract is to notify all parties that continued failings to meet the requirements of extracurricular participation will result in removal from the _____ team.

The recent behavior of _____ has not met the standards required to be in good standing on the _____ team. The specific incident or incidents and documentation of such (previously shared with parent/guardian and student) are provided below (parental/guardian contact shall have taken place within 3 days of the incident):

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_____ (student) was made aware of his/her failure to satisfy district, school, or team standards on _____ (dates).
 _____ (parent/guardian) was/were notified on _____ (date) by the method of _____, and confirmation of contact made was verified by _____ (name).

Notes:

In order to regain and remain in good standing _____ (student) is required to satisfy the following conditions:

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-
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By signing below all parties acknowledge and agree to changes in behavior required for continued extracurricular participation for _____ (student) at _____ (school) and further acknowledge that failure to sign this Behavior Contract (within 3 calendar days) and/or fulfill ALL requirements may lead to removal from the extracurricular activity permanently. Any disputing of the reasons cited for the need of this contract must be scheduled for a campus discussion within 3 days of the contract being made known to the student and parent/guardian.

 _____ (student printed name)
 _____ (student signature and date)
 _____ (parent/guardian printed name)
 _____ (parent/guardian signature and date)
 _____ (coach printed name)
 _____ (coach signature and date)
 _____ (Campus Athletic Coordinator signature and date)
 _____ (District Athletic Director signature and date)
 _____ Campus Principal or designee signature

Round Rock ISD Coaching Code of Ethics

The coach will be aware of his/her tremendous influence in the education of the student athlete and shall never place the value of winning above the value of instilling the highest desirable ideals of character.

The coach shall treat all athletes fairly and with respect. The coach shall not engage in the use of embarrassment or humiliation to motivate behavior. The coach shall be consistent in the administration of discipline to athlete's involved in the same offense.

The coach will uphold the honor and dignity of the coaching and education professions. The coach shall always set an example of the highest ethical and moral conduct in personal contact with the student athlete, officials, school administrators, the UIL, the media, the public, and parents.

The coach shall take an active role in the prevention of drug, alcohol, and tobacco abuse and under no circumstances condone their use.

The coach shall promote the entire school's program and direct his/her program in harmony with the total school's program and mission.

The coach shall emphasize the importance of academics and provide opportunities for academic support and growth.

The coach shall be knowledgeable with the contest rules and is responsible for their interpretation to team members.



The spirit and letter of the rules should be regarded as absolute values.

The coach shall actively enhance sportsmanship with all connections to his/her program.

The coach shall demonstrate respect and support of all contest officials. The coach shall not indulge in conduct which will incite players or spectators against opponents or officials. Public criticism of officials or players is unethical.

The coach shall not engage in the use of abusive language or actions in practice, games, or elsewhere in dealing with athletes. The use of profanity is not acceptable.

The coach shall not encourage or force athletes to specialize or restrict them from participating on other school teams. The coach shall not in any way attempt to “recruit” athletes to join a specific sport program at the expense of another school program, or advise them that by not doing so will affect their status and position on teams within their program.

The coach shall ensure that student athletes and parents understand all expectations of team behavior via the use of clear and unambiguous communication at all times. The coach shall have a sport specific handbook and hold a preseason meeting with parents to provide clarity. The coach shall collect a signed acknowledgement and agreement page from parent/guardian and student.

RRISD Eligibility Calendar 2017-2018

SEPTEMBER 29	END OF 6 WEEKS GRADING PERIOD
OCTOBER 6	ELIGIBILITY CHECK GAIN OR LOSE (GAIN BY CREDITS ONLY)
OCTOBER 20	IPR GRADE CHECK DATE
OCTOBER 27	ELIGIBILITY CHECK GAIN ONLY
NOVEMBER 10	END OF 6 WEEKS GRADING PERIOD
NOVEMBER 17	ELIGIBILITY CHECK GAIN OR LOSE
DECEMBER 8	IPR GRADE CHECK DATE
DECEMBER 15	ELIGIBILITY CHECK GAIN ONLY
DECEMBER 21	END OF 6 WEEKS GRADING PERIOD
JANUARY 16	ELIGIBILITY CHECK GAIN OR LOSE
JANUARY 29	IPR GRADE CHECK DATE
FEBRUARY 5	ELIGIBILITY CHECK GAIN ONLY
FEBRUARY 23	END OF 6 WEEKS GRADING PERIOD
MARCH 2	ELIGIBILITY CHECK GAIN OR LOSE
MARCH 23	IPR GRADE CHECK DATE



MARCH 30	ELIGIBILITY CHECK GAIN ONLY
APRIL 13	END OF 6 WEEKS GRADING PERIOD
APRIL 20	ELIGIBILITY CHECK GAIN OR LOSE
MAY 4	IPR GRADE DATE
MAY 11	ELIGIBILITY CHECK GAIN ONLY

Handbook Acknowledgement

Handbook /Code of Honor:

For athletes that believe and support the lessons of being part of a TEAM.

I accept responsibility for my behavior on and off the court. I understand that what I do and say affects my teammates, school, and other people either positively or negatively.

I lead courageously and live with integrity by speaking up against injustice and on behalf of others even when it is hard or unpopular.

I act with respect toward myself and the people and things around me including my parents, my coaches, my teammates, my teachers, my opponents, and the spectators.

I do not put people in boxes according to their race, gender, religion, neighborhood, sexual orientation or abilities.

I act with empathy. I try to understand what is going on in the hearts and minds of others and what is causing those feelings so that I can be supportive and encouraging. I ask, "How can I help *you*?"

I serve as a role model at all times by talking politely and acting courteously toward coaches, teammates, opponents, officials, and spectators. I understand that it is a privilege to represent my family, school and community as a student-athlete.

I give 100% effort to practices, games, and events. I understand that effort demonstrates my commitment to the team and my respect for my coaches and teammates.

I display good sportsmanship. I acknowledge and applaud the efforts of others. I encourage my teammates with positive statements. I refrain from boasting to my teammates and 'trash-talking' to members of other teams. I accept defeat graciously by congratulating my opponents on a game well played.



Because I represent my family, school, and team, I abide by the policies, rules and guidelines of the school, team, and coaches. I have read and will respect and honor our team handbook.

Student Athlete Signature: _____ Date: _____

Print Name: _____

As the parent of a RRHS student athlete I believe in the lessons of being part of a TEAM and understand the importance of my daughter following the Team Handbook.

Parent Signature: _____ Date: _____

Print Parents Name: _____

