

Program Rules for 5v5

- Futsal Ball size #4
- 5v5 of which one must be a goalkeeper
- There are two 20 minute halves with 2 minutes for half time
- Start each half with a kick at center alternating between teams
- Kickoffs are taken from the center spot, a goal MAY be scored from the kick off
- No Punting-No header allowed for League 1
- Substitutions are on the fly or for an injured player
- Intentional passes back to the goalie in which he/she picks it up is considered a handball resulting in an indirect kick from spot of the foul, both teams will stand on the same side of the field
- The Sportsmanship rule will apply and MUST be enforced by the coach
- Offside rule DOES not apply
- No cherry picking allowed
- Players must wear the official Ela soccer uniform, shin guards, and socks
- NO CLEATS allowed, only turf shoes/gym shoes
- Players may not wear jewelry of any kind (including starter post earrings)
- Only safety glasses are allowed
- All players must stand 6 yards back from the ball for all direct and indirect kicks
- 2 points for a win- 1 point for a tie and 0 for a loss
- Most importantly enjoy the game and HAVE FUN!