



Sports Concussion Clinic



Early recognition, evaluation and treatment of a concussion can prevent serious complications and facilitate long-term healing. Our clinic brings together fellowship-trained physicians and neuropsychologists and licensed athletic trainers to provide a comprehensive, holistic and integrated approach to concussion evaluation and treatment for people who have received an athletic-related head injury.

We utilize up-to-date research and evidence-based best practices, state-of-the-art balance testing tools, physical and cognitive assessments, and scientifically-validated computerized concussion evaluation system with ImPACT®. Our team includes Credentialed ImPACT® Consultants, who provide expertise in evaluating and interpreting ImPACT® test results.

Thorough Diagnosis, Individualized Treatment

We are able to provide evaluation in the clinic within 48 hours to allow proper diagnosis and expedited treatment that includes individualized return to learn, return to play direction. Please contact us if:

- You were diagnosed with a concussion in the emergency room and need follow-up care
- You received a head injury while participating in athletic activity and suspect a concussion
- You would like to discuss your injury or symptoms after being told you may have sustained a concussion while participating in athletic activity

Our concussion experts work closely with patient families and athletic trainers across the region to provide direct communication on patient status and their expected recovery plan. We are able to provide clearance in compliance with Michigan High School Athletic Association return-to-play protocols.

Baseline Concussion Testing

Baseline concussion testing is available to interested individuals that have not had a concussion or who may have previously experienced a concussion. A baseline test provides information about a person's normal level of brain function. If a concussion occurs, these test results are compared with test results taken after the concussion. This information can help your doctor guide a safe return to school, work, sports and other activity.

- Baseline concussion testing is recommended for all athletes age 10 and older
- The fee is \$29; health insurances do not cover this fee
- A physician referral is not required

For more information, or to schedule an appointment, call **616.267.8860** or visit **spectrumhealth.org/sports-concussion-clinic**.

Spectrum Health is the preferred provider of sport concussion management for the Grand Rapids Griffins, West Michigan Whitecaps, Grand Rapids Football Club, Davenport University, and over 20 high schools and athletic organizations in West Michigan.

Spectrum Health Medical Group Sports Concussion Clinic

4100 Lake Drive SE, Suite 300
Grand Rapids, MI 49546

Tuesdays 8 a.m. to 12 p.m.

Thursdays (fall sports season only) 1 p.m. to 5 p.m.

Fridays 8:30 a.m. to 12:30 p.m.

#backinthegame