Castle View Track Team Philosophy

The philosophy of this track team is to foster an environment that allows athletes to learn life skills that are used on and off the track. We require athletes to have good academics, be the best they can be, have goals, have integrity, good sportsmanship, respect and drive. We also believe that communication is a key to success.

Program Expectations:

* Athletes are expected to practice everyday
* Mon-Fri practice begins at 3:15pm and ends at the event coaches’ discretion
* Unexcused absences result in meet ineligibility
* Excused absences have no consequence, but when possible should be pre-arranged
* Please communicate with your coaches **before** **and** **after** any absence
* Unexcused absence from a meet will result in the athlete being ineligible for the next meet