

The Phaser!!



DRIVE PHASE TRACK CLUB, INC.

REG. 501C-3

The Phaser!!

July 2016
Bi-weekly pub.

'SURGE TO SACRAMENTO'-USATF JO'S JULY 25-31, 2016

Congrats USATF Junior Olympic Participants:



Check Us Out!!!

Website:
www.drivephasetc.com

Instagram Feed:
Drivephase

Facebook:
Drive Phase Track Club

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IMPORTANT MEET DATES COMING UP!!

-USATF Junior Olympics __ Jul. 25-31
Location: Sacramento, CA

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FINDING THE RIGHT BALANCE

We have enjoyed a great season so far. When practice started back in February, we had no idea where the next 5 months would take us. The growth of the team is something we expected but did not know exactly what it would bring. There were so many "unknowns" and that brought excitement, anxiety, and at times, frustration. For the 36 athletes competing in Sacramento next week, they will most likely experience these emotions and much more.

We all know, athletes included, that next week, the 6,000 athletes who qualified from all over the country will line up and compete for some of the highest accolades in youth track and field. Our athletes will all respond differently to this challenge. It is important for you to be aware of how your child is responding to this opportunity. Mental frame of mind is extremely critical and can impact performance in many ways. While we all have expectations of

(COACHES CORNER)

what we want to achieve in CA, let's not lose sight of the lessons this moment can teach. Hardware is the goal for many (me included); however, some of the most impactful experiences for our children will likely come from what they have learned and overcome throughout the journey. And the last chapter of this year's journey is about to be written. Let's go handle our business and make the last chapter a memorable one.



Coach Grant

HAPPY BIRTHDAY-DRIVE PHASERS!!

We have some July birthdays to celebrate! We hope all of you have a wonderful day on your special day!!

- Tia Williams
- Ryan Davis
- Zya Wymberly
- Austin Anderson
- Ayden Anderson
- Bryson Ogletree



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*****ATHLETE SPOTLIGHTS*****

Noah Aiden Gardner

1. Name?: **Noah**
2. Where are you from/born?: **Atlanta, GA, Shawty!**
3. How many brothers/sisters?: **3 sisters, 1 brother**
4. Academic accolades?: **Honor Roll, Math, Reading, SOTM, P.E. excellence**
5. Years in Track?: **3 years**
6. Track highlights?: **GRPA medal, 1st summer track with DP, regionals**
7. Favorite track athlete (pro)?: **Allison Felix**
8. Favorite event you like to compete in?: **100m, LJ, 4x100m**
9. Hobbies/Interest?: **dancing, football, basketball, playing with my friends**
10. Interesting fact about you?: **I'm in the choir at church, I'm an uncle**
11. If I were a superhero, who would I be?: **Thor**
12. Favorite thing to do?: **playing with my dog, Wayne**
13. Least favorite thing to do?:

- eating broccoli**
14. If I could go anywhere in the world, I would go to?: **Washington, DC to meet the Obamas**
 15. Track goals this year?: **running well in the 400m**



Zion Prentiss Redding

1. Name?: **Zion**
2. Where are you from/born?: **Macon, GA**
3. How many brothers/sisters?: **1 sister, Zora**
4. Academic accolades?: **Honor Roll, writing 2nd place, SOTM, citizenship**
5. Years in Track?: **4th year**
6. Track highlights?: **1:02.49 in the 400m**
7. Favorite track athlete (pro)?: **Justin Gatlin**
8. Favorite event you like to compete in?: **400m, 200m, 4x100m, 4x400m**
9. Hobbies/Interest?: **playing football, basketball, track**
10. Interesting fact about you?: **I'm fast, funny, easy going**
11. If I were a superhero, who would I be?: **Flash**
12. Favorite thing to do?: **playing with my basketball goal**
13. Least favorite thing to do?:

- watching tv**
14. If I could go anywhere in the world, I would go to?: **Oakland, CA**
 15. Track goals this year?: **1:00 in the 400m, 52sec in the 4x100m**



Zavion Green

1. Name?: **Zavion**
2. Where are you from/born?: **Walnut Creek, CA**
3. How many brothers/sisters?: **1 brother, 1 sister**
4. Academic accolades?: **Straight A, Gifted, Science Olympiad, Math Bowl**
5. Years in Track?: **3 years**
6. Track highlights?: **3x state qualifier, 2x JO qualifier**
7. Favorite track athlete (pro)?: **Jesse Owens**
8. Favorite event you like to compete in?: **200m, 4x100m**
9. Hobbies/Interest?: **watching tv, playing smash bros**
10. Interesting fact about you?: **I write songs, books, play the guitar**
11. If I were a superhero, who would I be?: **the toughest pokemon, the blaziken mask**
12. Favorite thing to do?: **play with my friends**
13. Least favorite thing to do?:

13. Least favorite thing to do?: **clean up**
14. If I could go anywhere in the world, I would go to?: **Galapagos islands**
15. Track goals this year?: **to be an all american**



Amari Barkley

1. Name?: **Amari**
2. Where are you from/
born?: **Stockbridge, GA**
3. How many brothers/
sisters?: **3 brothers, 3
sisters**
4. Academic accolades?
**Principals award,
President's award,
Honor Roll**
5. Years in Track?: **1st yr**
6. Track highlights?: **Quali-
fying for JOs**
7. Favorite track athlete

- (pro)?: **Allison Felix**
8. Favorite event you like to
compete in?: **100m, 200m,
4x100m,**
9. Hobbies/Interest?:
**I like reading and swim-
ming**
10. Interesting fact about
you? **I'm taller than both of
my big sisters**
11. If I were a superhero,
who would I be?: **Super
Woman**
12. Favorite thing to do?:

**running track and hanging
with friends**

13. Least favorite thing to
do?: **waking up early**
14. If I could go anywhere
in the world, I would go to?:
Paris
15. Track goals this year?:
making it to JOs

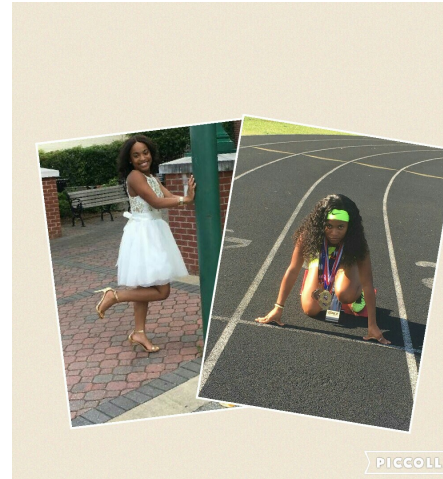


Ashanti Tigner

1. Name?: **Ashanti**
2. Where are you from/
born?: **Hogansville, GA**
3. How many brothers/
sisters?: **none**
4. Academic accolades?
A/B honor roll
5. Years in Track?: **8 yrs**
6. Track highlights?: **2016
100m GRPA champion**
7. Favorite track athlete
(pro)?: **Florence Griffith-
Joyner**
8. Favorite event you like

- to compete in?: **100m,
200m, 4x100m, 4x400m**
9. Hobbies/Interest?:
track
10. Interesting fact about
you? **I'm short**
11. If I were a superhero,
who would I be?: **Super-
Woman**
12. Favorite thing to do?:
run track
13. Least favorite thing to
do?: **read**
14. If I could go anywhere

- in the world, I would go
to?: **Africa or Canada**
15. Track goals this year?:
**become a national cham-
pion**



TyLeslie Happy Johnson

1. Name?: **TyLeslie**
2. Where are you from/
born?: **Griffin, GA**
3. How many brothers/
sisters?: **none**
4. Academic accolades?
**Honor student, Beta
Club, Natl Honor So-
ciety, JROTC**
5. Years in Track?: **5 yrs**
6. Track highlights?: **state
qualifier 4x100, LJ**
7. Favorite track athlete
(pro)?: **Brittney Reese**

8. Favorite event you like
to compete in?: **100m, LJ**
9. Hobbies/Interest?:
**swimming, listening
to music**
10. Interesting fact about
you? **Middle name is Hap-
py**
11. If I were a superhero,
who would I be?: **Wonder-
woman**
12. Favorite thing to do?:
work out/gym time
13. Least favorite thing to

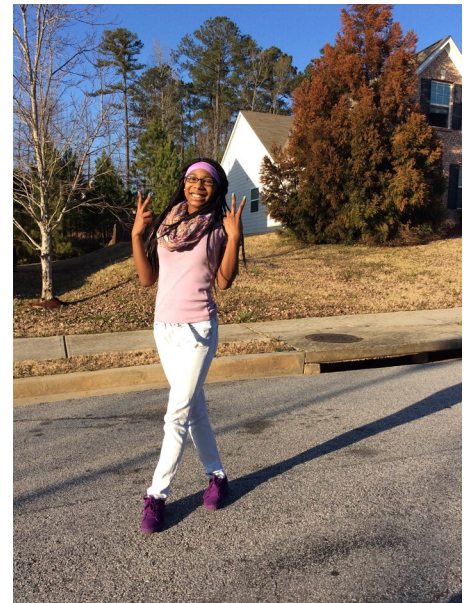
- do?: **listen to poetry**
14. If I could go anywhere
in the world, I would go
to?: **Hollywood, CA**
15. Track goals this year?:
PR in the 100m and LJ



Imari Johnson

1. Name?: **Amari**
2. Where are you from/
born?: **Atlanta, GA**
3. How many brothers/
sisters?: **6 siblings**
5. Years in Track?: **4 yrs**
7. Favorite track athlete
(pro)?: **Flo-Jo**
8. Favorite event you like to
compete in?: **4x100m**
9. Hobbies/Interest?:
Dancing and track
10. Interesting fact about
you? **I don't like gum and**

- mac&cheese, I like pink**
- 11.If I were a superhero,
who would I be?: **Spider-
man**
 12. Favorite thing to do?:
**dance, shop, getting nails
done, running sometimes**
 13. Least favorite thing to
do?: **homework**
 14. If I could go anywhere
in the world, I would go to?:
Hollywood, CA
 15. Track goals this year?:
low 12 in the 100m

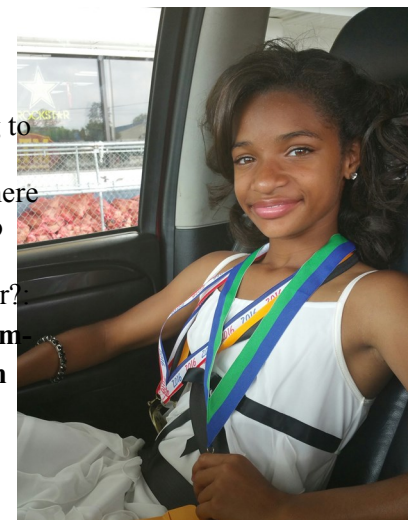


Jasmine Harmon

1. Name?: **Jasmine**
2. Where are you from/
born?: **Atlanta, GA**
3. How many brothers/
sisters?: **3 brothers, 1
sister**
4. Academic accolades?
**Honor Roll, Science
Club, Beta Club,**
5. Years in Track?: **7 yrs**
6. Track highlights?: **2015
National Champion
80mh, 2012 All American
100m, 200m**

7. Favorite track athlete
(pro)?: **Allison Felix**
8. Favorite event you like
to compete in?: **100m,
80mh**
9. Hobbies/Interest?:
**swimming, reading
books**
10. Interesting fact about
you? **I love animals...want
to be a veterinarian**
- 11.If I were a superhero,
who would I be?: **Batman**
12. Favorite thing to do?:

- dance**
13. Least favorite thing to
do?: **wash dishes**
 14. If I could go anywhere
in the world, I would go
to?: **Alaska**
 15. Track goals this year?:
**become a national cham-
pion in the 80mh again**



Arianna Rena Sultan

1. Name?: **Arianna**
2. Where are you from/
born?: **Killeen, TX**
3. How many brothers/
sisters?: **2 brothers, 2
sisters**
5. Years in Track?: **2 yrs**
6. Track highlights?: **2nd in
Clayton 800m &1500m**
7. Favorite track athlete
(pro)?: **Allison Felix**
8. Favorite event you like
to compete in?: **4x400m**
9. Hobbies/Interest?:

- painting, DIY, taking
pictures**
10. Interesting fact about
you? **I am really funny and
like to make people smile**
 - 11.If I were a superhero,
who would I be?: **Wonder-
woman**
 12. Favorite thing to do?:
eat bacon
 13. Least favorite thing to
do?: **wash dishes**
 14. If I could go anywhere
in the world, I would go

- to?: **Australia**
15. Track goals this year?:
break 1min 400m

