

## Rosie Malone-Povolny

I coach to help student-athletes discover and develop their best selves by creating a team environment based on mutual respect, integrity, and a joy for the sport.

I plan to embody this mission by defining success as giving complete effort towards the aspects of the sport that can be controlled: having a positive attitude, maintaining a strong work ethic, being a giving and caring teammate, and striving to be the best version of oneself on and off the field. This means I make it clear that there is more value in the process of development and in achieving personal and team goals, than in wins or in one's individual abilities in comparison to another's.

I will model my coaching mission in my actions by knowing and valuing each of the players and coaches on the team. By making a conscious effort to develop a relationship with each person and to gain insight into their perspective, I acknowledge the importance of their role on the team and make it clear through my treatment of each person that I respect them. I will be honest, transparent, and open-minded in my communication and my decision-making. I will set fair and clear rules, and I will hold myself and each person on the team accountable to them. When moments arise where I deviate from my mission, I will work hard to acknowledge and remedy my error by being open to advice and criticism and by being candid in my own self-reflection.

My coaching style will reflect my purpose in that I will be vigilant in recognizing when it is time to be a teacher and when it is time to be a facilitator. Each team member's buy-in to the team mission is paramount for success, and I will be mindful that all players and coaches feel invested in their personal development and the direction of the team. Their thoughts and opinions will be heard. I will also be vigilant to striking the right balance between encouraging healthy competition and maintaining a fun and joyous environment. Our time together on the field will be used to create purposeful, challenging training infused with fun. These trainings will be intentional in working toward the larger goal of developing strong character.

I will know I've been successful in my mission if each team member feels their role is valued and their opinion is heard. Success means their relationships with each other are strong and valuable, their skills and character have developed for the better, and they have found joy in their time on and off the field.