

NEVADA YOUTH SPORTS

MIDDLE SCHOOL FOOTBALL LEAGUE PHYSICAL FORM

PART 1: Identifying Data (to be completed for Athlete by parent/guardian)

Name: _____ Student #: _____ Grade: _____
 Address: _____ City _____ ZIP _____
 Phone: (H): _____ (W) _____
 Birth date: _____ Age: _____ Sex (circle): M F
 Health Insurance Carrier (primary): _____

HEALTHY HISTORY (must be completed prior to examination)

Has this Athlete had any:

YES NO

<input type="checkbox"/>	<input type="checkbox"/>	Chronic or recurring illness
<input type="checkbox"/>	<input type="checkbox"/>	Illness lasting over 1 week
<input type="checkbox"/>	<input type="checkbox"/>	Hospitalizations
<input type="checkbox"/>	<input type="checkbox"/>	Surgery other than removal of tonsils
<input type="checkbox"/>	<input type="checkbox"/>	Missing organs (eye, kidney, testicle)
<input type="checkbox"/>	<input type="checkbox"/>	Allergies (medicines, insect bites, food)
<input type="checkbox"/>	<input type="checkbox"/>	Problems with heart or blood pressure
<input type="checkbox"/>	<input type="checkbox"/>	Chest pain or severe shortness of breath with exercise

Is there any history of:

YES NO

<input type="checkbox"/>	<input type="checkbox"/>	Injuries requiring physician treatment
<input type="checkbox"/>	<input type="checkbox"/>	Neck or back injury
<input type="checkbox"/>	<input type="checkbox"/>	Knee injury
<input type="checkbox"/>	<input type="checkbox"/>	Shoulder or elbow injury
<input type="checkbox"/>	<input type="checkbox"/>	Ankle injury
<input type="checkbox"/>	<input type="checkbox"/>	Other serious joint injury
<input type="checkbox"/>	<input type="checkbox"/>	Broken bones (fractures)

Further History:

<input type="checkbox"/>	<input type="checkbox"/>	Dizziness or fainting with exercise
<input type="checkbox"/>	<input type="checkbox"/>	Fainting bad headaches or convulsions when participating in sports
<input type="checkbox"/>	<input type="checkbox"/>	Concussion or loss of consciousness

<input type="checkbox"/>	<input type="checkbox"/>	Any reason why Athlete should not
<input type="checkbox"/>	<input type="checkbox"/>	Has family member died suddenly

Does this Athlete:

<input type="checkbox"/>	<input type="checkbox"/>	Wear eye glasses or contact lenses
<input type="checkbox"/>	<input type="checkbox"/>	Wear dental bridges, braces or plates
<input type="checkbox"/>	<input type="checkbox"/>	Take any medications. Please list them: _____

Date of last known tetanus (lockjaw) shot: _____
 Parent's or Guardian's Acknowledgement: _____

I have reviewed and agree with the above information. I also understand that this examination is primarily for sports participation screening and is not intended to replace the routine healthcare visits as recommended by the student's personal physician. I know of no reason why the above named student should not participate in the SOUTHERN NEVADA YOUTH SPORTS ASSOCIATIONS MIDDLE SCHOOL FOOTBALL LEAGUE in supervised tackle football activities.

Print Name of Parent/Guardian: _____ Signature of Parent Guardian: _____
 Work Phone: _____ Date: _____

ATHLETIC PRE-PARTICIPATION SCREENING EXAM Student: _____

PART 2: General Examination (to be completed by the examining Physician)

Pulse: _____ BP: _____ Height: _____ Weight: _____

Visual Acuity: _____

PHYSICIAN RECOMMENDATIONS:

<input type="checkbox"/>	Unlimited Participation
<input type="checkbox"/>	Clearance withheld pending further evaluation (Comment)
<input type="checkbox"/>	Participation limited to specific sports (Comment)
<input type="checkbox"/>	No athletic participation

Doctor's Signature: _____ Date: _____

Please print or use an office stamp:

Doctor's Name: _____ Phone: _____

Address: _____

City: _____ State: _____ ZIP: _____