



[CSGHA Annual Meeting May 13, 2013](#)

[ADM Model Association Bullet Points](#)

- Practice implementation of ADM principles, more skill coverage in a single practice, more touches, more enjoyment, more fun, more productivity
- Off-ice team bonding, learning fundamentals of exercise, games, competition
- Weekly interaction with USA Hockey staff
- Document and submit practice plans for review monthly by USA Hockey staff to ensure proper development
- Player evaluations on ice (battery of tests available through USA Hockey)
- Designated skating station
- Designated stickhandling station
- Designated goaltending coaching
- Conducting Coaches Continuing education program per month
- Coaching reviews with USA Hockey and planning for future improvements
- Parameters for a season After Labour day thru March 31
- Thanksgiving off
- 7 days off at Christmas
- 2 try hockey for free days
- Team composition, roster size and sorting

[ADM Benefits \(what do we get?\)](#)

- Financial benefit and support with gear, grants for try hockey for free, dry land cards, jerseys, goodies for THFF events
- Equipment packages – Hard Dividers (\$7,000) other equipment
- USA Hockey ADM Manager staff rotates with visits throughout the season
- On and office clinics (put on by USA Hockey staff)
- International visitors that will provide guidance and direction off ice and on ice
- Structured and supported Practice plans available from USA Hockey with supplies for practice planning and off ice training
- USA Hockey on line tools and support from the ADM through the specific on line site
- USA Hockey ADM phone app support
- Future attendance to National ADM symposiums where USA Hockey will pay for one to coaches to attend across the nation
- First ever Girls only ADM Association
- Banners to mark we are an ADM association
- Long term statistical analysis and tracking of the ADM successes through USA Hockey research and development
- First crack at new innovations, and changes to enhances to USA Hockey's ADM Model