



4TH ANNUAL KITSAP FLIERS INVITATIONAL

North Kitsap Stadium

1780 NE Hostmark St, Poulsbo, WA 98370

For more info, contact us at: info@kitsapfliers.com

Meet Sponsorship: sponsorships@kitsapfliers.com

Meet Director: Neal Gaulden - info@kitsapfliers.com

Saturday, June 30th, 2018–8:30am to 5:00pm

TIME	EVENT	AGE DIVISION
8:30	3000m (2 heats, girls then boys) **Hand-timed	11/12 & up
9:00	80/100/110m Hurdles Event check-in on in-field	11/12 & up
9:30	800m	7/8 & up
10:15	100m Finals	7/8 & under
10:30	100m Prelim*	9/10 & up
11:30	1500m	7/8 & up
12:15	Lollipop Race (if time permits)	6 & under only
12:45	4x100m Relay	All ages
1:30	400m	All ages
2:45	100m Finals	9/10 & up
3:15	400m Hurdles Event check-in on in-field	15/16 & up
3:30	200m Hurdles Event check-in on in-field	13/14
3:45	200m	All ages
4:30	4x400m Relay	7/8 & up

ALL EVENTS ARE TIME FINALS EXCEPT THE 100 EVENTS FOR 9 YEARS OLD AND UP.
Track events may begin up to sixty (60) minutes ahead of schedule. Please arrive early.
*Prelim is Final race when eight or fewer athletes are competing.
Top 8 times advance to Finals.

*National athletes can use this as a tune-up meet for the USATF JO National Championships

FIELD EVENTS

Long Jump

9:00 (5-6)
9:30 (7-8)
10:00 (9-10)
10:30 (11-12)
11:00 (15 & up)
1:00 (13-14)

Triple Jump

2:00 (15 & up)

High Jump

11:00 (9-10)
12:00 (11-12)
1:00 (13-14)
2:00 (15 & up)

Pole Vault

11:00 (15 & up)

Shot Put

9:00 (15 & up)
10:00 (11-12)
11:00 (9-10)
12:00 (7-8)

Discus

11:00 (13-14)
12:00 (15 & up)
1:00 (11-12)

Hammer

8:30 (13 & up)

Javelin

2:00 (13 & up)

Turbo Javelin

11:00 (5-6, 7-8)
12:00 (9-10, 11-12)

Field Events

JUMPS & THROWS:
3 ATTEMPTS

Awards: Individual events: 1st – 6th and Relay teams: 1st – 3rd.

Registration: \$6 per event and \$20.00 for each relay. All athletes must register at [Athletic.net](http://athletic.net): <http://athletic.net>. Deadline for registration is Wednesday, June 27, 2018.

No refunds will be given. No Day of Registrations-No Exceptions

CONCESSIONS WILL BE AVAILABLE.

Meet Rules: USATF age division based on birth year. North Kitsap Stadium track surfaces are rubberized, all-weather surfaces. Spikes longer than ¼ inch are not permitted.

3 events: 11-12 and under including relays.

4 events: 13-14 and up.

Kitsap Fliers is sponsored by New Fellowship Church and Integrated Chiropractic.

