

**Fort Mill School District  
Middle School Cheerleading**



**Tryout Information Packet**

**for**

**Fort Mill Middle School**

**2017-2018**

**Fall Cheer Tryout Dates:**

**Monday, May 22, 2017 - Tuesday, May 23, 2017**

**Dear Cheerleading Candidates and Parents/Guardians,**

**Thank you for your interest in trying out for the 2017-2018 Fort Mill Middle School Cheerleading Team. I appreciate your enthusiasm and interest in our program. This letter is being written to emphasize the importance of the commitment that goes along with becoming a cheerleader at Fort Mill Middle School. This program is about a lot more than just winning or even cheering at the games. As a cheerleader you are expected to be the standard that other students measure by. This standard is based on your behavior, grades, and commitment. Please be advised that being selected as a cheerleader is not just on cheerleading skills along, it is your citizenship and commitment.**

**You must meet certain qualifications in order to try out for cheerleading. All students must turn in the provided forms and have a physical before the tryout date. Please read carefully the cheerleading rules of conduct and performance regarding expectations for cheerleaders. Suspension from school, excessive tardiness to class, lunch detention, missing practices and games, and any violation of the rules of Fort Mill Middle School can result in dismissal from Cheerleading at Fort Mill. This needs to be addressed before the fact and not after the fact. We want to express our excitement about the new possibilities!**

**Cheerleading can be the most rewarding experience of your life. It teaches you to balance your time, work with a team, discipline yourself, learn new skills, perfect your skills, and be an ambassador for your school and community. Please be advised that cheerleading requires a tremendous time commitment. If you are willing to commit, we want you on the Fort Mill Middle Cheerleading Team!**

**Please read the following packet carefully and return all other necessary forms to Coach Smalls by – **Friday, May 19, 2017**. Forms received after this date will not be considered. Thank you and good luck!**

**With Jacket Pride,**

**Marjorie Smalls ☺**

**[smallsm@fortmillschools.org](mailto:smallsm@fortmillschools.org)**

**Phone Number: 803-984-9074**

**Fort Mill Middle School: 803-547-5553**



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**Fort Mill Middle School**  
**Cheerleading Tryouts Dates**

**Tryout Mandatory Clinic**

When: Monday, May 22, 2017  
3:30pm – 5:30pm

Where: FMMS Café

**Tryouts**

When: Tuesday, Monday 23, 2017  
3:30pm – 4:45pm

Where: FMMS Café

**Mandatory: NEW FMMS Cheerleader/Parent Meeting**

**What: Those NEW Cheerleaders who make the team should attend the Cheerleader/Parent Meeting**

**When: Wednesday, May 24, 2017**

**Where: Room 309**

**Time: 5:30 – 6:30**

## Fort Mill School District Middle School Cheerleading

Dear Parents and Prospective Cheerleader,

Tryouts for the 2017-2018 FMMS Cheerleading Team will be Monday, May 22 and Tuesday, May 23. Being a cheerleader is a lot of fun, but also takes a lot of time and is a big responsibility.

Please read everything in this packet **carefully**. Here you will find the rules and regulations for being a cheerleader. If there is any rule or requirement that you cannot follow, we suggest that you do not tryout. All prospective candidates must return the following items by **Friday, May 19, 2017**. Forms received after this date will not be considered.

### Important Forms

- Cheerleading Application Form – completed and signed
- Emergency Release Form – completed and signed
- Copy of Birth Certificate
- FMMS Payment and UCA Stunt Clinic & Camp Acknowledgement Form
- Physical Examination Form (Physicals must be dated April 1, 2017 or later)
- Parent's Permission and Acknowledgment of Risk Form – completed and signed
- Copy of your 3<sup>rd</sup> Nine Weeks Report Card
- Cheer Questionnaire
- Three (3) Teacher Recommendations – (must be from academic classes).\*

\***NOTE:** For students who have participated in sports in the Fort Mill School District, a recommendation must be from their previous coach.

No student will be allowed to tryout unless ALL of this information is completed. **The deadline for having all forms into the front office is Friday, May 19, 2017**. An itemized list of the cost for each person is listed. If he/she is chosen, an informational handout will be provided. Please see the attached itinerary for tryouts. This schedule will inform you of the times that you will need to be there.

## Tryout Procedures

The tryout process will consist of: (Attendance is **Mandatory!**)

- A single clinic tryout day, at which skills/routines will be taught
- A single tryout day

Appropriate attire should be worn to clinics each day:

- Shorts (spandex can be worn under soffees) – Appropriate length
- Tee shirt
- Socks and athletic shoes
- Hair pulled back from face
- No jewelry
- No gum
- No wild nail polish colors

Appropriate attire for tryouts

- Shorts / Spandex (no denim)
- White tee shirt with number on the front and back
- White socks and athletic shoes
- Hair pulled back from face
- No jewelry
- No gum
- No colored nail polish

# Fort Mill School District Middle School

## Cheerleading Rules and Regulations

**2017-2018**

Students who are selected to represent the school are expected to conform to a more rigid code of behavior than the general student population. Participation in activities, which represent the school, is considered a privilege, is subject to regulation, and is not an inherent right.

Being a FMMS Middle School cheerleader in the Fort Mill School District implies that you are part of an elite group. You are looked upon as a leader. This being so; you have certain responsibilities and loyalties to your school. Your behavior and attitude in this school should only reflect your position as a leader. Therefore, this handbook is to ensure that you, as a cheerleader will put your best side forward.

Qualifications: The following are qualifications for trying-out.

1. Candidates must obtain, complete and return the Cheerleader tryout form, Emergency release form and teacher recommendation forms on or before **Friday, May 19. NO EXCEPTIONS!**
2. Candidates CANNOT be failing any classes on their 3<sup>rd</sup> nine weeks report cards.
3. Candidates must attend all practices in order to tryout.
4. Candidates will be expected to abide by the South Carolina High School League rules and Fort Mill School District #4 rules.

Tryouts: The following rules will be observed during clinics and tryout.

1. Coaches will determine what dance and/or cheer will be used and instructed for try-outs.
2. Candidates must wear appropriate clothes and shoes for tryouts and practice. Tennis shoes, socks, shorts and t-shirt are appropriate. (Nothing that shows you were a cheerleader in previous years).
3. We are going to take the **top 12 - 14 students** for our combined 7<sup>th</sup> and 8<sup>th</sup> grade team; female and/or male candidates receiving the best scores will be placed on the squad.
4. All forms must be turned in prior to the first day of tryouts.
5. You MUST attend all days of tryouts, in order to be considered.

**Cheerleading Team:** The following rules will apply to all cheerleaders and managers.

1. Cheerleaders who fail 1 class in a 9-week period will be placed on 2-week probation. This is to ensure the Cheerleader will have no further grade problems. If more grade problems persist they will be handled individually. School comes first!!
2. Cheerleaders must report grades to coach within 2 days at the end of every 9 weeks and midterm.
3. All absences must be approved through your Coach. Do not tell someone else, tell your coaches. If you are home sick parents should e-mail or call coaches.
4. 3 unexcused absences (practices or games) are cause for dismissal from squad.
5. Missing practices for non-emergencies are unexcused (This includes hair appointments, other team practices, vacations, visits with family or non-emergency doctors' appointments).
6. The coaches and/or squad will select captains.
7. Cheerleaders must be willing to work individually and as a group with the coaches, captain and other cheerleaders.
8. All parts of the uniform will be selected by the coaches and are provided by the school. Camp, camp outfits, shoes, socks, hair bows, bags, and any other required purchases are the responsibility of the cheerleader.
9. Uniforms MUST be kept clean at all times. It is the responsibility of each cheerleader to keep their uniforms in good condition. If uniform is beyond repair the cheerleader must pay for replacement.
10. Cheerleaders must be on time to all activities and stay for the required amount of time. Only the coach may allow early dismissals.
11. During practices the following rules apply:
  - Follow all FMSD rules.
  - Wear appointed practice outfit.
  - Wear sneakers.
  - Hair must be up and out of the face. In a PONYTAIL and clips used to keep hair out of your face.
  - No jewelry will be worn. Safety is our first priority.
  - No eating or phones during practice.
  - Be in practice area within 15 minutes of final school bell.
  - Every cheerleader is responsible for contributing his or her share.
  - No one leaves until area is clean.
  - If you miss a practice before a scheduled game, excused or unexcused, you will not be allowed to cheer at the game.  
*Please schedule all doctors' appointments, hair appointments, trips, non-emergency appointments around the schedule.*



12. All cheerleaders are required to attend Cheer Camp and at least two (2) summer practices they will take place in one of the Fort Mill School District gyms. NO EXCEPTIONS!
13. Cheer schedules of practices and events will be provided prior to the season. No practices will take place without a coach present.

**Officers:** Captains

1. Will be selected by the coaches and/or team prior to the season.
2. Should be role models for the squad and are responsible for keeping up the morale of the team.
3. Responsible for starting practices on time and will lead warm-ups.
4. Use the phone tree when information needs to be distributed through to the squad.
5. Should decide which cheers and half-time show will be used during the game, prior to practice time and give a written list to coach before the game.
6. To call cheers at a good rate.
7. Report any problems to their coach, so they may be dealt with in the best possible manner.
8. Failure to perform these duties or 5 demerits may result in dismissal of duties.

**Games:**

1. All games are mandatory and cheerleaders must stay for the entire game.
2. Cheerleaders must know all the cheers and routines for the game. Sitting out is unacceptable.
3. Cheerleaders are required to dress in full uniform.
4. Hair must be up and out of the face. PONYTAIL!
5. Hair bows must be uniform. No wild hairstyles.
6. NO jewelry will be worn in uniform.
7. NO body art (drawing on oneself)
8. NO nail polish is allowed in uniform. Nails need to be athletic length.
9. Neither chewing gum nor eating is allowed during the game.

## Dismissal from squad:

1. **\*Failure to pay for all required purchases on or before the scheduled date:**  
    Subtotal A: Due by: **Thursday, June 1, 2017**  
    Subtotal B: Due by: **Wednesday, June 28, 2017**
2. **\*\*Failure to attend the UCA Cheer Camp, on the scheduled day with the FMMS cheer team.**
3. Suspension from school. (OSS)
4. ISS is at coaches' discretion.
5. Failure to comply with school and cheerleading rules and regulations.
6. Lack of interest.
7. Failure to cooperate with other cheerleaders and/or coaches.
8. An act, which would cast a reflection on the person's ability to be a leader and to be respected by fellow students.
9. 3 unexcused absences
10. 10 demerits.
11. Any cheerleader who is removed or quits the team will be prohibited from trying-out the next year.

\*\*\*\*NOTE: If there is a problem within the team, see the coach. Cooperation is expected at all times. At practice, the coaches or captains are in charge and must be respected at all times. Demerits will be issued for failure to comply with the rules. Negative attitudes will not be tolerated.

## General Rules:

- It is the responsibility of the parents to provide transportation to & from school, before & after a game or practice. If a cheerleader is not picked up within 15 minutes of pick-up time, he/she will not be allowed to cheer the following game.
- Coach must have written permission if you are allowing your child to walk off the school grounds after a game or practice.
- Cheerleaders will cheer at all home football and basketball games and possibly some away games.
- Fort Mill School District Cheerleaders will travel and cheer during basketball tournament games.

## Merit / Demerit System:

- Merits are given to cheerleaders for actions performed above the normal duties.
- Demerits are given to cheerleaders for not doing what is normally required.
- Merits and demerits are determined by the coaches and given out by the coaches.
- Once a cheerleader receives 5 demerits a letter will be sent to their parents
- 7 demerits will result in 1 week probation.
- 9 demerits will result in 2 week probation.
- 10 demerits will result in dismissal.

Merits: List of some ways to earn merits.

- Helping others 1
- Praise from faculty 1
- Attending other after school functions 1
- Making up a new cheer 1
- Tutoring another cheerleader (on own) 1
- Working off demerits: running laps (10) 1

Demerits: List of some Demerits.

- Dirty uniform (any part) 1
- Out of uniform (any part including hair) 1
- Missed practice unexcused 1
- Failure to sign-out after a game 1
- Talking to spectators at a game 1
- Eating or chewing gum at a game 1
- Leaving early from practice or game 1
- Jewelry or nail polish while in uniform 1
- Negative comments from teachers 1
- Skirt not taken off after game 1
- Late to practice or game 2
- Primping in public in uniform 2
- Arguing with another cheerleader 2
- Disrespectful toward coaches, captains or others 2
- Silent lunch/Detention 2
- Missed game unexcused 3
- Public displays of affection 3
- ISS 3
- Suspension 10

Other violations:

- Failure to dress properly for practice/game 10 jumps
- No ponytail (hair in face) at a practice/game 10 Jumps

Any behavior that is considered to be inappropriate and disruptive to the cheering team that may not be specifically dealt with in this code, will be handled in a manner that the Coach and/or Principal feels is most appropriate for all concerned.

# Fort Mill Middle School Cheerleading Tryouts

## Judge's Score Sheet – Explanation of Criteria

The criteria below will be used to evaluate you during the clinics and try-outs. Become familiar with them. As you practice, you may want to have someone, a parent/guardian perhaps, evaluate you as the judges would in each of the six categories. Your evaluation actually starts the very first day – **ATTITUDE**, appearance, form, timeliness, following instructions, etc. Candidates will lose points for being late, disrespectful and/or not following instructions given. **Also, candidates will also receive points for teacher recommendations, grade point averages, and coach's points.**

### Appearance

- Confident and enthusiastic
- Neatly dressed; good posture; hair away from face; no jewelry/gum/colored nail polish

### Knowledge

- Confidently exhibits cheers/chants/jumps/motions/dance
- Knows the sequence and precision of movements
- Does not look around to others for help
- Few mistakes; recovers quickly without drawing attention

### Jumps

- Knows two required jumps (Toe Touch and Herkie)
- Good height, straight back, exact position of legs
- Smooth prep, execution, and landing

### Chant/Cheer

- Sharp, precise movements
- Loud, audible voice projection
- Synchronized with other members
- Energetic and full of enthusiasm
- Correct arms, length hand position
- Has correct rhythm and timing

### Dance Routine

- Synchronized with other members
- Energetic and full of enthusiasm
- Has correct rhythm and timing
- Knows the sequence and precision of movements
- Does not look around to others for help
- Few mistakes; recovers quickly without drawing attention

### Gymnastics

- Cartwheel/round-off
- Back handspring
- Round off/Back handspring

## Tryout, Parent Meeting & Practice Schedule for Cheerleading

Monday, May 22 <sup>nd</sup> :	Practice 3:30p – 3:45p 3:45p – 4:00p 4:00p – 4:15p 4:15p – 4:30p 4:30p – 4:35p 4:35p – 5:00p 5:00p – 5:15p 5:15p – 5:30p  5:30p	3:30p – 5:30p Sign-in & Dress out Stretch, warm up & jumps Demonstration of cheer, chant & dance Learn cheer BREAK Learn dance Learn chant Tryout “Run-through” & Last minute instructions Dismissal – <b>HAVE RIDES HERE ON TIME***</b>
Tuesday, May 23 <sup>rd</sup> :	Tryouts 3:30p – 3:45p 3:45p – 4:00p 4:00p – 4:45p	3:30p – 4:45p Roll call, stretch & warm-up Pin number on, line up outside gym in order Tryouts; you may leave after you tryout
Wednesday, May 24 <sup>th</sup> :	5:30p – 6:30p	<b>Mandatory Parent/Cheerleader Meeting</b> (for those who make the team)
Thursday, June 8 <sup>th</sup> :	10:00a – 12:00p	Cheer Practice/Cheer Gear Distributed!
Friday, June 9 <sup>th</sup> :	10:00a – 12:00p	Cheer Practice/Cheer Gear Distributed!
Monday, June 19 <sup>th</sup> :	8:30a – 4:00p	<b>UCA Cheer Camp - FMMS</b>
Tuesday, June 20 <sup>th</sup> :	8:30a – 4:00p	<b>UCA Cheer Camp - FMMS</b>
Wednesday, June 21 <sup>st</sup> :	8:30a – 3:00p	<b>UCA Cheer Camp - FMMS</b>

\*\*\*Please have rides here on time - If rides are late, you may not be allowed to tryout.

Numbers of the 2017-2018 FMMS Fall Cheerleaders will be posted online by 8:00pm on  
Tuesday, May 23, 2017.

## Jumps Required

### Toe Touch

- Both legs remain straight with knees facing up
- Sit into the jump while keeping chest and head up
- Reach for the arch of the foot, rather than the toes
- Keep back straight
- Land with feet together at the same time and on your toes

### Herkie

- One leg bends out to the side while the other remains straight out to the other side
- The bent knee faces down while the straight leg knee faces upward
- Land with feet together at the same time and on your toes

### Front Hurdler

- Turn at a 45° angle
- One leg is straight while the other is bent behind you
- Bent knee faces down while straight leg comes up to chest directly in front of the body
- Land with feet together at the same time and on your toes

### Pike

- Turn to one side
- Bring both legs up to chest in a pike position together
- Land with feet together at the same time and on your toes

## Basic Cheer Motions

**Beginning Stance** (feet together, hands down by the side in blades, head down)

**Cheer Stance** (Feet shoulder width apart, hands down by the side in blades)

**Clasp** (Hands clasped, under the chin, elbows in)

**Clap** (Hands in blades, under the chin, elbows in)

**High V** (Arms extended up forming a “V” – ‘big donuts’)

**Low V** (Arms extended down forming a “V” – big donuts’)

**Touchdown** (Arms extended straight and parallel to each other – ‘little donuts’)

**Low Touchdown** (Arms extended straight down and parallel to each other – ‘big donuts’)

**Bow and Arrow** (One arm out to side – ‘big donut’ & other arm bent at elbow in a half “T” motion – ‘little donut’)

**Overhead Clasp** (Arms are straight, above the head in a clasp and slightly in front of the face)

**Tabletop** (Arms bent at elbow, fists in front of shoulders – ‘little donuts’)

**Box Motion** (Both arms up in a 90 degree angle, elbows at shoulder height – ‘little donuts’)

**Muscle Man** (Both arms up at a 90 degree angle from a “T” motion – ‘little donuts’)

**Punch** (One arm extended straight up – ‘little donut’, one arm on hip)

**L Motion** (Left/right arm extended to the side – ‘big donut’ with other arm extended in a punch motion – ‘little donut’)

**Diagonal** (Left/right arm extended in a high “V” & the other arm extended in a low “V” – ‘big donuts’)

**T Motion** (Both arms extended straight out to the sides and parallel to the ground – ‘big donuts’)

**Half T** (Both arms are parallel to the ground and bent at the elbows, fists to shoulders – ‘little donuts’)

**Side Lunge** (Lead leg bent with knee over the ankle, back leg straight, feet perpendicular to each other)

**Front Lunge** (Lead leg bent with the knee over the ankle, back leg straight, feet parallel to each other)

## UCA Cheer Camp Information

UCA will be hosting our cheer camp this year. The private cheer camp is designed for all Fort Mill School District Middle School Teams. **The UCA Cheer Camp is mandatory.**

The price of the cheer camp is \$145.00. Tentatively, it will be held at Fort Mill Middle School in the Gym.

***Cheerleaders will purchase camp wear, which will be the clothes used for practice when school starts in the Fall of 2017. The price for these sets of clothing will be provided in the NEW FMMS Cheerleader/Parent Information Handouts.***

***100% participation is expected!***

***WHY camp?*** The best way to start a season! It's the first step to becoming a team, and the key to having a safe and successful year.

**To Develop Skill Safety!** Camp will help our team create a safe foundation to build upon throughout the year. As a team, you'll go through the proper progression of skills together, laying the groundwork for a safe season.

**For Team Building!** Camp is the ideal setting for athletes to bond together as a team and set common goals and purpose. This focused time is critical to creating the unity required to transform a group of individuals into a strong team.

**To Create Confidence!** Camp will help give our team the opportunity to succeed in the very beginning of the season. From learning a new cheer or dance routine to performing in front of their peers.

Here are some of the highlights:

**Stunt Class** – This class is a team favorite! Learn the latest stunts in cheerleading. NCA Staff will help your team stunt their hearts out – safely! We use S.P.O.T. (safety in Spotting/ Progression/ Organization/ Technique) to ensure great stunts; followed by a Safety Awareness Test.

**Spirit and Specialty Dances** – This class will teach crowd appealing spirit dances. These dances are designed for time-outs and half-time shows.

**Chant and Cheer Class** - This class teaches incredible cheers and chants to help the team effectively work the crowd!



## FMMS Cheerleader Supply Sheet

Item	Information	Price
UCA Cheer Camp	Fort Mill Middle School - Gymnasium June 19 - 21, 2017 8:30am - 4:00pm daily <b>Mandatory</b>	\$145.00
<b>ITEMS TO BE ORDERED IMMEDIATELY</b>		
Practice Outfit 1	T-shirt, Shorts	\$25.00
Practice Outfit 2	T-shirt, Shorts	\$25.00
Boy-cut Briefs	Royal Blue	\$10.00
Socks	2 pair	\$10.00
Shoes	TBD	\$90.00
	<i>Subtotal A</i>	<b>\$305.00</b>
<b>ITEMS TO BE ORDERED BY JULY</b>		
Sports Bra	White	\$15.00
Cheer Bag	Royal Blue	\$30.00
Midriff	Royal White	\$20.00
Hair Bows	2 bows	\$20.00
	<i>Subtotal B</i>	<b>\$85.00</b>
<b>**TOTAL**</b>		<b>\$411.00</b>
Warm-up	Order at a later date → August 2017	Approximate Cost \$60.00

\*\*Please remember that this cost is subject to change if distributor's cost change.

**Due to time constraints, FMMS cheer balances are due by**

**Subtotal A: Due by: Thursday, June 1, 2017**

**Subtotal B: Due by: Wednesday, June 28, 2017**

**FYI:** Other than the camps, these numbers and items are approximate.

We will further discuss which items are optional at the  
Parent/Cheerleader Meeting on **Wednesday, May 24, 2017** in Room 309.

## Example Calendars

### (FOOTBALL)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9 PRACTICE 3:30-5:30	10 GAME 5:00 -7:00	11 PRACTICE 3:30-5:30	12	13
14	15	16 PRACTICE 3:30-5:30	17 GAME 5:00 -7:00	18 PRACTICE 3:30-5:30	19	20
21	22	23 PRACTICE 3:30-5:30	24 GAME 5:00 -7:00	25 PRACTICE 3:30-5:30	26	27
28	29	30	31 GAME 5:00 -7:00			

### (BASKETBALL)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 GAME 5:00 -7:00	4	5 PRACTICE 3:30-5:30	6 GAME 5:00 -7:00	7	8
9	10 GAME 5:00 -7:00	11	12 PRACTICE 3:30-5:30	13 GAME 5:00 -7:00	14	15
16	17 PRACTICE 3:30-5:30	18 GAME 5:00 -7:00	19	20 PRACTICE 3:30-5:30	21	22
23	24 GAME 5:00 -7:00	25	26 PRACTICE 3:30-5:30	27 GAME 5:00 -7:00	28	29

**Fort Mill School District Middle School**  
**Cheerleader Application Form**  
**2017-2018**

**Student's Name:** \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Student's E-mail Address: \_\_\_\_\_

**Mother's Name:** \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Mother's E-mail Address: \_\_\_\_\_

**Father's Name:** \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Father's E-mail Address: \_\_\_\_\_

**Emergency Contact & Number:** \_\_\_\_\_

Allergies: \_\_\_\_\_

Current Grade Level: \_\_\_\_\_ Homeroom Teacher: \_\_\_\_\_

Interest/Hobbies: \_\_\_\_\_

PLEASE SIGN AFTER YOU AND YOUR PARENTS HAVE READ THE ENTIRE PACKET. RETURN APPLICATION TO COACH SMALLS OR THE FRONT OFFICE BY **FRIDAY, MAY 19, 2017**. STUDENTS WILL NOT BE ALLOWED TO TRYOUT WITHOUT A COMPLETED APPLICATION PACKET.

\*\*\*\*\*

**I have read all of the rules and regulations for cheerleading as set forth by the coaches at FMMS. I promise to cooperate and follow the instructions of the cheerleading coaches.**

**Student Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

\*\*\*\*\*

**I give my daughter/son permission to tryout for FMMS cheerleading. I have read all of the rules and have explained any of the rules my daughter/son may not have understood. I understand by the very nature of the activity, cheerleading carries a risk of physical injury. No matter how careful the participant and coach are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. I agree to abide by the final decisions of the judges. In addition, I am also aware of the financial commitment required for cheerleading. Further, I have been informed that stunt clinic and cheer camp are mandatory events.**

**Parent/Guardian Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

## PAYMENT FOR FMMS CHEERLEADING

We, \_\_\_\_\_ (Parent/Guardian of candidate) and \_\_\_\_\_ (candidate) are aware that the approximate cost of cheerleading at FMMS is \$415.00 for 2017-2018 school year. Further, we have been informed that if the total cost has not been received by **FMMS by Wednesday, June 28, 2017**, \_\_\_\_\_ (candidate) **may be dismissed** from the FMMS Cheer Team.

Signature of Candidate: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

## UCA CHEER CAMP

We, \_\_\_\_\_ (Parent/Guardian of candidate) and \_\_\_\_\_ (candidate) are aware that if \_\_\_\_\_ (candidate) failed to attend the UCA Cheer Camp (\$145.00), on the date(s) selected by the cheer coach, \_\_\_\_\_ (candidate) **may be dismissed** from the FMMS Cheer team. **NOTE: This event is mandatory.**

Signature of Candidate: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

# Emergency Release Form

I hereby give my consent for my son/daughter to represent his/her school as a cheerleader. I also give my consent for him/her to accompany the cheerleading team to other schools and activities. This is to give my consent and authorize the school or its representative to obtain through a physician of its choice such medical attention as is reasonably necessary for the welfare of the student, if he/she is injured or ill while in the course of school activities. I understand that the school is not financially responsible for any injury which may occur.

Student Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Emergency phone: \_\_\_\_\_

Relation & name: \_\_\_\_\_

Mother's name: \_\_\_\_\_

Employer: \_\_\_\_\_

Work phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Father's name: \_\_\_\_\_

Employer: \_\_\_\_\_

Work phone: \_\_\_\_\_

Cell phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Primary insurance co.: \_\_\_\_\_

Name on insurance: \_\_\_\_\_

Policy number: \_\_\_\_\_

Secondary insurance (if any): \_\_\_\_\_

Policy number: \_\_\_\_\_

Does your son/daughter have school insurance? \_\_\_\_\_ Yes \_\_\_\_\_ No

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

\*\*Please attach a copy of your child's insurance card and birth certificate for our files.

**Fort Mill Middle School Cheerleading**  
**Tryout Questionnaire**

1. Why are you trying out for cheerleading?

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2. What three characteristics do you feel are most important for cheerleaders to possess?

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3. Name two ways to get students interested in attending sports events.

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4. What is a cheerleader's role at a football game?

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5. What would you do if a member of your cheerleading squad had a bad attitude problem?

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6. How can cheerleader's best represent their school and student body?

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7. Why should a cheerleader be responsible for maintaining good grades?

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8. How can you get teachers and administrators involved with school spirit?

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9. Have you ever cheered before? List experiences:

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**\*\*Please list any activities or sports that might conflict with cheerleading activities (vacations, school clubs, etc). Also, please discuss this information with the coach prior to the start of tryouts.\*\***

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Please list activities that you have been and/or are currently involved in at school or outside school. Please give the name of the advisor/coach you are working with, if it is a current school-related activity.

Activity Advisor/Coach

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**\*\*Please list any injuries that may prevent you from **fully** participating in cheerleading at FMMS. Also, please discuss this information with the coach prior to the start of tryouts.\*\***

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## TEACHER RECOMMENDATION

TEACHER'S NAME: \_\_\_\_\_ SUBJECT: \_\_\_\_\_

Please do **not** share your recommendation with the applicant. Please return this form to front office no later than **3:30** pm on **Friday, May 19, 2017**. Thank you for your help.

Dear Teacher /Administrator/Coach:

\_\_\_\_\_ has applied to be a cheerleader at a Fort Mill Middle School. Please answer the following questions by rating this student from 1-5.

- | 1. Poor   | 2. Fair | 3. Average | 4. Above Average | 5: Superior |
|-----------|---------|------------|------------------|-------------|
| _____ 1.  |         |            |                  |             |
| _____ 2.  |         |            |                  |             |
| _____ 3.  |         |            |                  |             |
| _____ 4.  |         |            |                  |             |
| _____ 5.  |         |            |                  |             |
| _____ 6.  |         |            |                  |             |
| _____ 7.  |         |            |                  |             |
| _____ 8.  |         |            |                  |             |
| _____ 9.  |         |            |                  |             |
| _____ 10. |         |            |                  |             |

Please circle your answer, based on your interactions with this candidate.

- |  |     |           |    |
|--|-----|-----------|----|
| 1. Does this candidate <b>follow through</b> on requested task?                            | Yes | Sometimes | No |
| 2. Has this candidate ever displayed <b>mean/unkind</b> tendencies?                        | Yes | Sometimes | No |
| 3. Have you ever questioned the <b>behavior</b> of this candidate?                         | Yes | Sometimes | No |
| 4. Has this candidate ever displayed a <b>poor attitude</b> toward you or another student? | Yes | Sometimes | No |
| 5. Have there ever been any concerns about <b>honesty</b> in regards to this candidate?    | Yes | Sometimes | No |
| 6. Have you ever assigned this student a silent lunch/recovery room visit?                 | Yes |           | No |
| 7. To your knowledge, has this student served an ISS/OSS this year?                        | Yes |           | No |

**COMMENTS:** (optional) \_\_\_\_\_

Approximate Grade to Date: \_\_\_\_\_ (letter grade will be fine)

# TEACHER RECOMMENDATION

TEACHER'S NAME: \_\_\_\_\_ SUBJECT: \_\_\_\_\_

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|-----------|---------|------------|------------------|-------------|
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| _____ 3.  |         |            |                  |             |
| _____ 4.  |         |            |                  |             |
| _____ 5.  |         |            |                  |             |
| _____ 6.  |         |            |                  |             |
| _____ 7.  |         |            |                  |             |
| _____ 8.  |         |            |                  |             |
| _____ 9.  |         |            |                  |             |
| _____ 10. |         |            |                  |             |

Please circle your answer, based on your interactions with this candidate.

- |  |     |           |    |
|--|-----|-----------|----|
| 1. Does this candidate <b>follow through</b> on requested task?                            | Yes | Sometimes | No |
| 2. Has this candidate ever displayed <b>mean/unkind</b> tendencies?                        | Yes | Sometimes | No |
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| 6. Have you ever assigned this student a silent lunch/recovery room visit?                 | Yes |           | No |
| 7. To your knowledge, has this student served an ISS/OSS this year?                        | Yes |           | No |

**COMMENTS:** (optional) \_\_\_\_\_

Approximate Grade to Date: \_\_\_\_\_ (letter grade will be fine)



## TEACHER RECOMMENDATION

TEACHER'S NAME: \_\_\_\_\_ SUBJECT: \_\_\_\_\_

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| _____ 2.  |         |            |                  |             |
| _____ 3.  |         |            |                  |             |
| _____ 4.  |         |            |                  |             |
| _____ 5.  |         |            |                  |             |
| _____ 6.  |         |            |                  |             |
| _____ 7.  |         |            |                  |             |
| _____ 8.  |         |            |                  |             |
| _____ 9.  |         |            |                  |             |
| _____ 10. |         |            |                  |             |

Please circle your answer, based on your interactions with this candidate.

- |  |     |           |    |
|--|-----|-----------|----|
| 1. Does this candidate <b>follow through</b> on requested task?                            | Yes | Sometimes | No |
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| 7. To your knowledge, has this student served an ISS/OSS this year?                        | Yes |           | No |

**COMMENTS:** (optional) \_\_\_\_\_

Approximate Grade to Date: \_\_\_\_\_ (letter grade will be fine)

Physical Form (two sheets)

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Parent's Permission & Acknowledgement of Risk

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