

# **Loudoun Youth Volleyball**

## **General Information And Rules**

### **Purpose:**

The purpose of Loudoun Youth Volleyball (LYV) is to teach and promote the sport of volleyball and good sportsmanship. LYV will provide recreational volleyball opportunities, primarily in the form of an organized league, to male and female youths of Loudoun County regardless of skill level.

### **Affiliations:**

LYV is an affiliate of Loudoun County Parks, Recreation, and Community Services (PRCS). LYV is a division of the Northern Virginia Volleyball Association (NVVA). NVVA is a registered 501(c)(3) non-profit affiliated with USA Volleyball (USAV), the national governing body of volleyball in the United States. NVVA and the LYV program are volunteer-based organizations.

### **Participants:**

Participation is open to all residents of Loudoun County. Eligible age boys and girls will be placed on teams based on the Loudoun County Public Schools school attendance zones. Eligible 4th and 5th grade girls will be placed on a team at the middle school they will attend. Eligible 4th and 5th grade boys will be placed on teams based on a combination of geographic proximity and skill level.

Eligible 4th and 5th grade girls may not displace 6th grade girls in cases where there is not enough room for the 4th or 5th grade player on the team. This is irrespective of registration date/time, so that a 4th or 5th grader may not play on a team if there is not enough room on the team for another player even if they registered before a 6th grade player. If a 4th or 5th grader player's parent is willing to Head Coach, that player will be included on a team.

If a participant does not attend a public school, that participant is expected to play at the school he/she would attend. Exceptions to this rule may be made on a case-by-case basis. A written appeal should be sent to the LYV Chair, who will forward it to the LYV Reps Council for consideration. At least five LYV Reps Council members, not including the LYV Rep Council member requesting the exception, must vote for the exception for the exception to be approved. Without five Reps vote, the LYV Chairperson will decide to approve or disapprove the exception. LYV Reps Council includes the LYV Middle School Reps, LYV HSG Rep, LYV Boys Rep, and the LYV Chairperson. The vote must be completed five days after the vote is presented or by 11:59pm on the Sunday that team allocations are due to the LYV Administrator, whichever is sooner.

High School Girls will be placed on a team based on a combination of geographic proximity and skill level.

Middle School Boys will play for their home middle school as long as there are enough boys at each school. If not, they will be placed on a team based on a combination of geographic proximity and skill level.

High School Boys will be placed on a team based on numerous criteria: the high school that they would attend, geographic proximity to that HS, and skill level. If there are not enough boys to form a team at a particular school, players will be combined on to teams based on geographic proximity. High School Boys teams will participate in the Northern Virginia High School Boys Volleyball League (NVHSBVBL) and are further governed by the rules of the NVHSBVBL.

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Applicants from outside of the county of Loudoun are permitted to participate provided there is space on a roster. The non-resident may not displace a resident of Loudoun County. Non-residents will usually be placed on the team that is geographically closest to their home. If that is not possible, the non-residents will be offered an opportunity to play on a team with roster space available.

Non-residents are subject to an additional Loudoun County PRCS user fee.

Non-residents may not play on Open-1 and Open-2 teams.

### **Divisions:**

LYV Middle School Girls (MSG) Division currently is comprised of four subdivision as follows:

**Girls 4th/5th/6th Grade Division:** Comprised of 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> grade female players.

**Girls House Division:** Comprised of 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grade female players.

**Girls Open-2 Division:** Comprised of 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grade female players with advanced skills.

**Girls Open-1 Division:** Comprised of 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grade female players with the highest volleyball skills in each school. No grade level restrictions apply.

LYV has a High School Girls (HSG) Division. The HSG Division is comprised of 9<sup>th</sup> – 12<sup>th</sup> grade female players of all skill levels. Teams will be selected based on a combination of geographic location and skill level. These players may not be players who are playing on a LCPS High School volleyball team.

LYV has a Middle School Boys (MSB) Division. The MSB Division is comprised of 4<sup>th</sup> – 8<sup>th</sup> grade male players of all skill levels. If there are not enough boys per middle school to field one boys' team per school, LYV will combine boys from the same geographical area into a combined team. As per USAV/CHRYVA rules, LYV may include MSB teams in the MSG Division.

LYV has a High School Boys (HSB) Division. The HSB Division is comprised of 9<sup>th</sup> – 12<sup>th</sup> grade male players of all skill levels. If there are not enough boys per high school to field one boys' team per school, LYV will combine boys from the same geographical area into a combined team. Middle school boys will be allowed to play-up only if there is room on a roster and the MSB player continues to represent their MSB team.

### **Skills Assessments/Team Selection Process:**

At least one skills assessment session is held at each middle school or other facility. The skills assessment is the means by which each school divides up the talent. The dates, times and locations will be posted on the LYV website. Players are encouraged to attend one of the skills assessments.

Middle school girls who wish to play on Open 1 and Open 2 teams must attend at least one of the skills assessments. If a middle school girl cannot attend at least one skills assessment, they

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must contact their middle school rep for an exception. Even with an exception, they may still not be placed on an Open 1 or Open 2 team. The players team placement may be changed based on either coaching input with LYV Middle School Representative approval or purely on Middle School Representative request. If necessary, the LYV Middle School Representative may contact the LYV Chair to review the exception and the team placement change.

### **Insurance:**

LYV provides General Liability and Accident Medical insurance for all participants. The medical policy provides for secondary coverage only, with each participant's own primary insurance coverage being utilized first. LYV also has an insurance policy which does extend coverage to all LYV volunteers involved in any LYV related function. Contact the LYV Administrator for detailed policy information.

### **Registration and Medical Information**

Prior to the skills assessments, the LYV Middle School Representatives will provide their coaches with a list with all of their players' completed registration data. Coaches at each school are required to keep their players registration data with them whenever their team is engaged in a LYV related event.

Each player's registration data has important medical information and emergency contact information on it. The data also has important information related to each individual player's volleyball experience and special requests. This info is very helpful to coaches when choosing teams.

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### **RULES of PLAY**

LYV will follow the rules as per the Official United States Volleyball (USAV) 2017 – 2019 rulebook except as amended as follows:

#### **Facilities:**

- All matches and practices will be at gymnasiums designated by LYV. Any volleyball activity held at a place not designated by LYV will not be considered an official LYV sanctioned practice or match.
- Loudoun County PRCS will provide facility supervisors at all practice and match facilities conducted in Loudoun County Schools.
- LYV will provide qualified match officials for all matches. LYV will provide a tournament director for all matches.
- The Loudoun County PRCS Code of Conduct and the Loudoun Youth Volleyball Code of Conduct must be adhered to at all times. This applies to all players, coaches, volunteers, officials, and fans. Loudoun County PRCS Facility Supervisors, LYV officials, and LYV Tournament Directors have the authority to remove anyone not complying with the Code of Conduct from the premises.
- Only water and sports drinks with secure lids are permitted in the gyms
- Teams and spectators are expected to clean up after themselves before leaving the facility.

#### **Equipment:**

LYV will provide USAV approved poles, safety padding, and nets at all match sites. Net height will be 7 feet 4 and 1/8 inches for middle school boys and all girls divisions. Net height will be 7 feet 11 and 5/8 inches for high school boys. Match balls and scoring devices will be provided by LYV.

#### **Uniforms:**

The LYV-provided t-shirt is the official uniform of LYV. Team members must wear the LYV t-shirt during sets. The team t-shirt cannot be altered or added to in any way. In the event that a player forgets or loses his team uniform, the LYV Tournament Director or Referee will examine what the individual is currently wearing and determine if the player will be allowed to play.

#### **Double-headers:**

If possible, teams will be scheduled to play back-to-back matches on Saturdays. Matches begin at either 8:00 am or 9:00 am and continue throughout the day, beginning at the top of the hour. Teams should plan on being in the gym for two hours every Saturday. In the event of scheduling irregularities, LYV reserves the right to schedule teams to play at any time. Match sites to be designated by LYV. HS Boys will follow the NVHSBVL game schedule

#### **Match Format, Time Limit, and Scoring:**

LYV uses set play. Every set counts during the regular season. Total set win-loss records will be used to determine regular season standings. Match play (best two out three sets) will be used in the post-season tournaments only.

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Each match will have a 50 minute time limit. If a match starts late, that time is not recoverable at the end of the match. The default decision for LYV Tournament Director and the Referee is to conclude match play at the end of 50 minutes, regardless of how many sets have been played.

Matches will begin at the top of every hour on match day. Teams should arrive at the playing site at least 20 minutes prior to their scheduled match time.

If a team fails to take the court by 10 minutes after the hour, a forfeit will be awarded to the other team for set #1. If the same team fails to take the court by 20 minutes after the hour, they will forfeit set #2. If the same team fails to take the court by 30 minutes after the hour, they will forfeit set #3.

LYV will use rally point scoring.

Matches for 4<sup>th</sup>/5<sup>th</sup>/6<sup>th</sup> grade girls, MSG House, and MSB Divisions will consist of three sets of 25 points. Winner must win by two points with a cap of 27 in the event of a tie. The first team to 27, with or without that two point lead, is declared the winner.

Matches for MSG Open 1 and Open 2, and HSG Divisions will consist of three sets of 21 points. Score flippers will begin each set with the score at 4-4. Winner must win by two points with a cap of 27 in the event of a tie. The first team to 27, with or without that two point lead, is declared the winner.

Scoring for the High School Boys division will follow Northern Virginia High School Boys Volleyball League (NVHSBVL) rules.

The team ahead at the expiration of time will be declared the winner of that set. The LYV Tournament Director and the Referee, at the direction of the LYV Tournament Director, have the discretion to override the time limit and allow a set to conclude.

In the event of an unforeseen problem (PRCS facility supervisor is late, PRCS lock-out, power outage etc.) the LYV Tournament Director may impose numerous options to move the day along: for example, a three set match will consist of three sets of 21 points, OR two sets of 25 points with a 15 point 3rd game, OR two sets of 21 points with a 15 point 3rd game. The same two point cap tie breaker rule as above would apply for the first two sets, with the third set winner being the first team to reach 15 points.

The Referees appointed by LYV will be the official timekeepers and are responsible to see that the matches start and end on time. A two minute warning will be announced verbally by the match official or LYV Tournament Director prior to the expiration of time.

Breaks between sets during a match will not exceed two minutes.

### **Pre-Match:**

Teams are allowed to begin their warm-ups at 10 minutes before the hour once the previous teams have vacated the court. If the previous match has finished early, the next teams playing may take advantage of a vacant court.

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Players are not allowed to warm-up with balls on or near the court or in the hallway leading directly into the gym, prior to the completion of the current match. Players are not allowed to be on the court during the opposing team's dedicated court time. An example of this is that players are not allowed to pass along the back of the court while the opposing team has dedicated court time.

The Referee will call a captain's meeting at least ten minutes before the scheduled start time of each match. The two team's captains will meet with the Referee for instructions and to conduct two coin tosses – the first set coin toss and the third set coin toss. The Referee will determine which team's captain will make the first coin call. The third set coin call will be made by the team captain of the team not making the first call. The team winning the coin toss for the first set can choose the right to serve or to receive the service OR the side of the court. The other team takes the remaining alternative. If team A serves first in set #1, team B will serve first in set #2. The second coin toss is ONLY to determine who will serve or receive in the third set.

The ten-minute warm-up will be divided as follows: teams will have two minutes of shared time, with four minutes for the team that is serving first and then four minutes for the team receiving serve (2-4-4).

### **Line Judges/Scorekeepers:**

It is the responsibility of the head coach of each team to provide two parent volunteers for every match. Each match requires a work team consisting of one score flipper and two end line judges working with the official on the stand. One parent from each team will share the score flippers job (they may alternate sets or do it together). The other parent from each team will serve as linesperson and call the end and sidelines. The line judges should meet with the official before the match for a review of their responsibilities. The match Referee reserves the right to overturn any call made by the line judges. Score flippers and line judges must be 18 year of age or older. Failure to provide a line judge and a scorekeeper will result in set forfeits along the same time schedule as a team's failure to arrive with enough players.

### **Minimum players to play:**

In the girl's divisions and the MSB Division, a minimum of four players on the court is required to play an official set. If additional player(s) arrive, those player(s) may enter the set after the next stop in play. When playing with less than six players, the team will not lose the serve when the missing player ("hole") goes to serve. The next player in the rotation will serve.

If a team has four players, the server is considered back row and subject to back row restrictions. The other three players are front row. If a team has five players, the server and the next player in the rotation physically next to the server (the previous server) are back row and subject to back row rules. The other three players are front row.

For four and five player teams, side to side overlap rules remain in place. All front row players have to be closer to the net than all back row players. All back row players have to be closer to the back line than all front row players.

The High School Boys division will follow Northern Virginia High School Boys Volleyball League (NVHSBVL) rules.

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### **Player Borrowing:**

Borrowing is not allowed between teams. Every player is assigned to one team, and may not substitute on any other team. Teams may play with a minimum of four players without forfeiting.

### **Jewelry/Body Art:**

No jewelry of any kind will be allowed. This includes watches, rings, earrings, metal hair clips, necklaces and any other thing that could, in the view of the Referee, cause an injury. Medic alert necklaces and religious medals must be taped to the player's body if they cannot be removed. Livestrong-type bracelets as well as other wristbands of any kind must be removed.

Additionally, no body paint, non-permanent hair coloring, eye black, temporary tattoos, or glitter is allowed on the player's body during a match.

### **Bench Rules:**

Players, a coach, and an assistant coach are the only ones allowed in the bench area. Each team may have only two coaches on the bench. Both of these coaches must have been approved through the LYV Background Check Process.

Players are required to stay seated on the bench. Players are not allowed to stand in front of the bench. If a player wants to stand, they must stand behind the bench or even with the bench at the end of the bench. No players or coaches are allowed in the substitution area between the center line and the 10' line, except when substituting.

Coaches may stand but must stay off of the playing court - at least 3'-4' off of the sideline, starting at the 10' line and extending to the end line.

### **Match Protocol:**

Prior to the start of the first set, the players in the starting lineups will be summoned to the end line of their court. There will be no pre-set handshake. The Referee will then signal the starting players onto the court. At the start of sets two and three the players go directly to their positions on the court without directions from the Referee.

At the conclusion of set #1, teams are required to switch sides. The players on the court will be signaled by the Referee to their end line, with the team on the left of the Referee moving behind the Referee and then directly to their new bench. The team on the right of the Referee will go to their new bench by walking around the net pole on the far side of the court, in front of the Referee. Coaches and players of the team on the right who are already on the bench are not required to walk around. If the players on the court have properly begun the switch before the Referee's signal – they may continue with the switch. They do not have to return to the end line. Coaches should NOT huddle their teams until the switch is complete.

Teams will stay on the sides they are on after set #2. Teams will not change sides for set #3 or at the midpoint of set #3.

At the end of the third set of the match, the teams will be signaled to the end line by the Referee. Subsequently the Referee will signal the teams forward to shake hands at the net. All players on the benches and the coaches are expected to participate.

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During time outs, the ball should be rolled to the line judge on the serving team's side. After a side-out or whistle, the ball is rolled under the net in a sportsmanlike manner towards the next server. At the conclusion of the set, the set ball should be returned to the official.

At the conclusion of the match, coaches must verify the scores of the match and initial the scorebooks.

### **Playing Time:**

LYV is a rec league. Every participant is guaranteed to play, regardless of skill level. Coaches should make their best effort to distribute playing time evenly between players during the regular season, with every player playing no less than one and a half complete sets per 3-set match. During post-season play, every player should play at least one-half of a set per match.

A player's playing time may be limited due to disciplinary and/or attendance reasons. In the event of any disciplinary action, the player's parents must be notified. A coach who is benching a player for disciplinary or other reasons should notify the match official, tournament director, and opposing coach at the beginning of the match.

### **Substitutions:**

During a set, there are two ways in which a player may be substituted onto the court – player for player positional substitutions OR continuous rotation. Only one of these methods may be used by a team in a given set.

#### **Positional Substitution**

Substitutes may enter the set in the position of a teammate in the starting lineup. Each re-entry must be for the same player or position in the rotation. More than one substitute may enter the set at a time. The player or players subbing in must stand in the substitution area between the 10 foot line and the net. An unlimited number of substitutions are allowed. Coaches are responsible for tracking their own substitutions by name on their line-up sheets.

#### **Continuous Rotation**

Continuous rotations will be allowed. Once a continuous rotation has been declared, the team is committed to the continuous rotation for the entire set. NO substitutions will be allowed, except for an injury (the exceptional substitution). The point of entry and exit must stay the same throughout the set. If a player is not involved in the continuous rotation and will be sitting out the entire set, the coach must let the Referee and opposing coach know in advance. Coaches are required to fill out a continuous rotation line-up sheet with names, being sure to indicate the point of entry/exit.

If a player is injured and there is only one substitute available, that sub may enter the set for the injured player, regardless of where he/she subbed in before (the exceptional substitution).

An illegal substitution, whether intentional or not, will result in a loss of rally for the offending team with a point awarded to the opposing team. If the offending team is serving, the opponent also receives the ball. The team must also make the correction in rotation or position immediately.

### **Time Outs:**



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Each team will be allowed two timeouts per set. Time outs last 30 seconds. If any timeouts are called after the two minute warning has been issued, the Referee will grant the timeout and extend play beyond the 50 minute time limit by the length of the time outs.

### **The Playing Area:**

The lines on the court are considered part of the playing area. If any portion of the ball falls on any portion of the line, that ball is IN.

When in the down position, all basketball backboards, rims, and anchoring equipment attaching them to the ceiling are out-of-bounds. If the backboards are raised into the up position, they become part of the ceiling and balls touching them are playable.

During a serve, a ball hitting the overhead gym divider, duct work, or ceiling/rafters is out-of-bounds. A ball that contacts the walls of the gym is out-of-bounds. A ball that goes in the bleachers is out-of-bounds. The rest of the gym is considered playable. A ball is out if it hits the antenna or if it crosses the net outside of the antenna.

If during a volley, the ball hits the gym divider, duct work, or ceiling/rafters, and comes back to the team that hit it, they may continue to play it, as long as they are still within their three hit maximum. If during a volley, the ball hits the gym divider, duct work, or ceiling/rafters, and goes over to the other team, it is a dead ball and a point is awarded to the opposing team.

### **The Serve:**

LYV will follow USAV rules 12.4.4 for Middle School Boys and all Girls divisions. The High School Boys division will follow Northern Virginia High School Boys Volleyball League (NVHSBVL) rules.

The server must always wait for the Referee to signal for serve, prior to the serve. If a serve is executed before the signal to serve, the Referee will signal a re-serve. The server is allowed five seconds to serve the ball once the official has signaled for the serve.

If the ball, after having been tossed or released by the server, lands on the floor without touching the player, the server is allowed to re-serve. This is called a service tossing error. The server is allowed one service tossing error per service attempt. A request for a time out or substitution is not permitted between the initial service attempt and the re-serve.

Servers must always be positioned behind the end line prior to contacting the ball. The entire width of the court is available to the server. A foot on the line at the time the ball is contacted is a foot fault violation and will result in loss of serve and a point for the opposing team.

Servers in the MSB Division, the MSG 4<sup>th</sup>/5<sup>th</sup>/6<sup>th</sup> grade girls, and MSG House Division can use the modified service line, which is a line 6 feet 6 inches (two meters) in from the end line marked on the floor with a line marker. Servers must be positioned behind the modified service line prior to the serve. A foot on the modified service line at the time the ball is contacted is a foot fault and will result in loss of serve and a point being awarded to the other team.

A team serving out of rotation, whether intentional or not, will result in the loss of the rally with the opposing team receiving one point and the serve.

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### **Line-up Sheets:**

LYV requires the use of line-up sheets for all teams. These can be found on the LYV web site. Line-up sheets must be filled out for all sets and kept with the coach or on the bench so that the Tournament Director and referee can review them.

### **Liberos:**

LYV allows the use of liberos in Open 1, Open 2, and High School Girls Divisions only. Coaches must use USAV volleyball substitutions and may not use continuous rotation when using a libero. Liberos must wear the penny supplied in the game day box or a substantially different colored shirt. If their shirt is judged not to be substantially different than the color of the shirt their team is wearing by the ref or the TD, the libero must wear the penny.

Liberos are back row players only. They can only be replaced by the back row player they replaced.

Liberos are not allowed to compete an attack hit if at the moment of contact, the ball is entirely higher than the top of the net.

A hand set from the libero may be attack hit if that set was made from behind the 10' line. If a hand set from a libero is made in front of the 10' line - the ball may not be attack hit if entirely above the top of the net.

### **Frequently Asked About Rules:**

Each team is entitled to a maximum of three hits to return the ball to their opponents.

A block is defined as a deflection of the ball coming from the opponent by a player close to the net with some part of the body above the net. Only front row players may block; back-row players may not block. A block or touch of the ball at the net does NOT count as one of a team's three hits.

The first hit of the ball after a block may be executed by any player, including the player who made the block, and is considered the first of the three hits.

A player may not contact the ball twice in succession except on the first ball. The first ball may be contacted more than once, with only one attempt at contact.

A ball may NOT be caught, thrown, held, or lifted.

A player may NOT touch the net while making a play on the ball or immediately thereafter. If a brush of the net with the hair or ponytail is incidental contact and does not affect the outcome of the play, it is not a violation.

If a defensive player is standing at the net and the opponent sends the ball into the net forcing the net to contact the defensive player, the contact does NOT constitute the defensive player being in the net.

A ball driven into the net may be recovered within the limits of the three team hits, so long as the

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ball contact with the net is within the antennae.

A player's hands and feet are allowed to be on or directly above the center line, but not completely across the center line. If any other part of the player's body touches the floor on the opponent's court, it is a violation.

A ball hitting the net and going over the net is legal and in play, even on the serve.

A player may not block a serve. A player may not attack a serve if the ball is entirely above the height of the net and in front of the 10' line.

A ball may touch any part of the body. The ball is still in play if it rebounds off a player's foot.

A back row player may attack the ball at any height provided the back row hitter's feet are behind the 10' line at take-off. A back row player may attack the ball in front of the 10' line provided that at contact, the ball is not entirely above the top of the net.

LYV allows the use of liberos in Open 1, Open 2, and High School Girls Divisions. Coaches must use USAV volleyball substitutions and may not use continuous rotation when using a libero. Liberos must wear the penny supplied in the game day box.

### **Tournament Format and Information:**

Every team in every division of LYV participates in the post-season tournament.

Every team will be assigned a seed number. Final seedings will be based on regular season won-lost records. Divisions that are divided geographically will be combined into one division. In the event of any ties, point differentials will determine seed.

Tournament play may start on a weeknight. Your team may not start tournament play on the first night. Please pay close attention to your seeding and the pairings within your division.

The tournament is single elimination: lose a match and you are eliminated. There is no chance for re-entry, there is no losers bracket. Winners keep advancing.

Travel time is included to the schedule for teams required to change playing sites.

Format for tournament play is different from the regular season. LYV uses match play for the tournament where the best 2-out-of-3 wins. The first two sets are to 25 points. The third and deciding set is to 15 points and played *only* if necessary. Teams must always win by 2 points. There is NO scoring cap. All sets start at 0-0 for every division. There is NO time limit on any match.

Teams should arrive at the playing site 30 minutes prior to the scheduled start time. Pre-match coin flip will be done 10-15 minutes prior to the start of the match. The coin flip prior to Game #1

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will determine who serves first for sets 1 and 2. If a third set is necessary, coin flip to determine who serves first for game #3 will be done prior to game #3.

Timed warm-up's will be 10 minutes in length. Warm-ups for teams that want hitting lines will use 2-4-4 format. Each team will have their own half-court for the first two minutes. The team serving first in game #1 will then have sole possession of the entire court for 4 minutes followed by the other team having sole possession for 4 minutes.

Teams will switch sides between sets 1 and 2. If a third set is necessary, there will be NO switch at the midpoint of the 3<sup>rd</sup> game.

Tournament Directors have the authority to alter start times as long as both teams/coaches and the assigned referee are present.

Tournament Directors are in charge of each game site and can be identified by a Tournament Director ID badge. Teams should always check-in with the Tournament Director upon arrival at the game site. Teams that have lost must check-out with the Tournament Director. Teams who have won and are required to travel to another site must check-out with the Tournament Director prior to leaving the site they are at and confirm their destination and start time. Teams moving to a new site must check-in with their new Tournament Director upon arrival at the new game site. If a team encounters traffic or some other problem while changing sites, the Tournament Director is authorized to make the necessary adjustments in start times.

Playing time minimums are different during the post-season tournament. Every player is guaranteed to play only one half of one game per match. Continuous rotations are allowed in the tournament. If substituting, coaches are on the honor system and must keep track of their subs on a clipboard. If a player is not eligible to play for disciplinary or other reasons, the head coach must consult with their Middle School representative prior to start of the tournament. If the player is actually determined to be ineligible, the referee and Tournament Director must be notified prior to the start of the 1<sup>st</sup> game.

### **Code of Conduct, Sportsmanship and Disciplinary Action:**

Every player, coach, and parent/spectator agrees to abide by the Loudoun County Code of Conduct. Participants agree to act courteously to opposing teams and officials and to never approach an official in a confrontational manner.

Negative cheering and yelling or purposeful distractions during play, *especially during an opponent's serve*, will not be tolerated.

In the event of a problem with a coach or player, the following procedure will be followed:

- 1<sup>st</sup> incident – Referee or LYV Tournament Director will issue a verbal warning.
- 2<sup>nd</sup> incident – Referee or LYV Tournament Director will issue a yellow card.
- 3<sup>rd</sup> incident – Referee or LYV Tournament Director will issue a red card that will result in loss of rally and the opponent being awarded one point.

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In the event of a problem with a spectator, the following procedure will be followed:

- 1<sup>st</sup> incident – Referee or LYV Tournament Director will issue a verbal warning.
- 2<sup>nd</sup> incident – Referee or LYV Tournament Director will issue a yellow card.
- 3<sup>rd</sup> incident – Referee or LYV Tournament Director will issue a red card that will result in loss of rally and the opponent being awarded one point.

The Referee or LYV Tournament Director reserves the right to go directly to a yellow or red card without any warning, depending on the severity of the infraction.

The Referee or LYV Tournament Director reserves the right to expel a player, coach, or spectator by showing a red and yellow card. The guilty party must leave the playing area/gymnasium immediately.