

Happy Birthday, Coaches!

This month coaches Clara Koeltzow and Ryan Gray celebrate their birthday this month!



NORCO's Last Spring Clinic Serve & Jump Serve Saturday, April 8th 1-3 pm

Use the link below to reserve your spot today - this clinic is filling up quickly!

Come work on your serve - this 2-hour clinic will teach the basics of footwork, body position, toss, arm swing, and follow-through. The coaches will also teach the techniques, skills, and mindset needed to serve at a consistent and accurate level. Participants will learn how to do various overhand and jump serves including top-spin and float serves!



**Led By: 16 Black Head Coach
Jared Rudiger and 17 Blue Head Coach
Kate Hampson**

Assisted By: Kelly Mundhenk, Clara Koeltzow, Arielle Boone,
Melanie Weiss, and Hilda Taheran

[April 8th Serve/Jump Serve Clinic Registration](#)

NORCO 17 Black Volleyball Team Wins Bid to USA Volleyball Girls' Junior National Championship in First Qualifier of the Season

Windsor, CO, March 21, 2017: NORCO Volleyball Club's 17 Black team competed in the Open Division of the Asics Colorado Crossroads tournament from March 10 to March 12, 2017 at the Colorado Convention Center in Denver. This was the first Rocky Mountain Region qualifying event for the 2017 USA Volleyball Girls' Junior National Championship. NORCO 17 Black started the tournament seeded fifth in its division, rose to the Gold bracket over the three-day tournament and took home the bronze medal



for third place in the Gold bracket with a tournament score of 7-2. NORCO 17 Black was the only Colorado team to receive a bid in the Open division. The tournament hosted 48 teams in the 17 Open Division and 1,460 teams overall. According to the Colorado Crossroads' website, "Crossroads is one of the largest girls' volleyball tournaments in the country."

"Playing and qualifying in a major national tournament such as Crossroads and winning a bid to compete in the Open Division this summer is a huge statement for our players, club and for all the collegiate coaches looking for 'talent,'" said Cathy Mahaffey, Ed.D., NORCO Volleyball Club Director. Securing a bid to the USA Volleyball National Championship is difficult with only 36 bids available for the Open division at this age level. The Open Division is the top division of the USA Volleyball Girls' Junior National Championships (GJNC) where teams must obtain a bid to participate. Open bids are earned through finishing in a "bid" position in the Open Division of a National Qualifier. "It doesn't matter if you are a starter or a player that impacts the game off the bench, the volleyball world knows you are a strong and disciplined athlete training hard and being successful," she added.

Lead by head coach, Jim Stone and assistant coaches Steve Colpus and Bob Poulter, the team played their final match on the Olympic indoor court from the 2012 Olympic Games in London, England. Players on the team include: Rylee Anderson, Amelia Berg, Lauren Chase, AnnaMarie Dodson, Maia Edwards, Mackenzie Fidelak, Annika Larson, Chelsea Lockey, Lorrin Poulter, Catie Semadeni and Riley Zuhn. The team competes in Minneapolis, MN from June 30, 2017 to July 3, 2017 at the national championship.

NORCO is a non-profit volleyball club committed to providing student-athletes the opportunity to develop and enhance their individual and team skills by competing at -more- regional and national tournaments. Established in 1985, NORCO evolved into one of the largest and most successful volleyball clubs in the Rocky Mountain Region with girls and boy's teams ages 10-18. NORCO experienced regional success by consistently finishing in the top five in each age division. NORCO teams also participated in 13 of the last 14 National Championships winning three Olympic Medals. During the 2001 Junior Championships in Salt Lake City, UT, the NORCO 18-Black team placed second in the 18 Open Division. The NORCO 18 Black team also placed third at the 2002 Junior Championships.

Since 1991, over 350 of our club players have received Division I - Division III volleyball scholarships to colleges from the East to the West Coast. One of our club's goals is to assist our student-athletes in selecting colleges with volleyball programs that best match their abilities, interests and academic goals - we have over 32 years of experience assisting with the college recruitment process.

Congrats, 17 Black!!



Youth Camps & Clinics

The All-Star Skills Camp is designed to help advance the skills of intermediate volleyball player ages 10-14 years. This program is open to both boys & girls and focuses on advancing the fundamental skills and techniques to prepare them for the next level of volleyball. The practices are skill-based with occasional game-play. [Register HERE for All-Stars Skills Camp](#)

NORCO's Spring Middle School League is suited for players who are/will be in 6th - 8th grade, is designed for the beginner to intermediate player, and is open to both club and non-club members. This is a great opportunity to freshen up on your skills, get lots of touches and play with old friends or meet new ones! During the registration process you will have the option to sign up as an individual, request a team, or request a friend. The 2017 league began Monday, April 24th and will run through Friday, May 26th. [Register HERE for the Middle School League](#)

New Under Armour Knee Pads!

Are you looking for a thicker knee pad? Under Armour has released their newest knee pad - the Strive. The strive offers 3 panels of padding and are available in 3

different sizes: small, medium, and large. Stop by the office to purchase a pair - \$30, cash or check only, please.



2017 Summer Camps & Clinics Schedule Announced!

Registrations are available at
www.NORCOvolleyball.com

Click [HERE](#) for a 'clickable' version of the summer
schedule!

NORCO 2017 NORCO Camps & Clinics

NORTHERN COLORADO VOLLEYBALL CLUB



ALL CAMP PARTICIPANTS WILL RECEIVE A CAMP T-SHIRT!



FOR MORE INFO OR TO REGISTER FOR A CLINIC AT NORCO, PLEASE VISIT www.norcovolleyball.com



ALL AGES	Date	Time	Cost
LIBERO CAMP	May 13	9:00-11:30 am, 12:30-3:00 pm	\$135
ALL SKILLS ACADEMY	May 20	9:00-11:30 am, 12:30-3:00 pm	\$135
HITTING CLINIC	June 1	5:30 pm-7:30 pm	\$65
SERVE & PASS CAMP	June 8	5:30 pm-7:30 pm	\$65
ALL SKILLS ACADEMY	June 14	9:00-11:30 am, 12:30-3:00 pm	\$135
HITTING CLINIC	June 19	5:30 pm-7:30 pm	\$65
ALL SKILLS ACADEMY	July 5	9:00-11:30 am, 12:30-3:00 pm	\$135
SETTING CLINIC	July 24	5:30 pm-7:30 pm	\$65
HITTING CLINIC	July 26	5:30 pm-7:30 pm	\$65
SETTING CLINIC	Aug 3	5:30 pm-7:30 pm	\$65
LIBERO CAMP	Aug 7	9:00-11:30 am, 12:30-3:00 pm	\$135
SERVING CLINIC	Aug 9	5:30 pm-7:30 pm	\$65
ALL SKILLS ACADEMY	Aug 10	9:00-11:30 am, 12:30-3:00 pm	\$135
YOUTH	Date	Time	Cost
SERVE & PASS CAMP*	June 5	5:30 pm-7:30 pm	\$65
HITTER & SETTER CAMP*	June 6	5:30 pm-7:30 pm	\$65
LIBERO CAMP*	June 7	5:30 pm-7:30 pm	\$65
YOUTH ACADEMY SERIES—All of the above*	June 5-7		\$175
SETTING CLINIC	June 21	5:30 pm-7:30 pm	\$65
SERVING CLINIC	June 28	5:30 pm-7:30 pm	\$65
SERVING CLINIC	July 12	5:30 pm-7:30 pm	\$65
ALL SKILLS ACADEMY	July 13	9:00-11:30 am, 12:30-3:00 pm	\$135
SETTING CLINIC	July 17	9:00-11:00am	\$65
HITTING CLINIC	July 19	5:30 pm-7:30 pm	\$65
JUNIOR HIGH / MS PREP CAMP	Aug 8	9:00-11:30 am, 12:30-3:00 pm	\$135

Youth camps are designed for ages 5-13.
All Ages camps will be divided up by age and skill level.

CLINIC and CAMP INFORMATION

- Each clinic will focus on teaching fundamental volleyball skills along with effective game management.
- Coaching bio's and additional information about our Summer Coaches can be found on our website.
- All NORCO Camps & Clinics are open to ALL interested players, regardless of club affiliation. Camps & Clinics are NON-REFUNDABLE unless the Camp or Clinic is canceled.



NORCO Volleyball Club
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Windsor, CO
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www.norcovolleyball.com

Congratulations to 13 Black & 13 Blue!!

They both won their divisions and pins at Power #4!

