

PITTSBURGH PENGUINS ELITE™

PENNSYLVANIA'S PREMIER AAA AMATEUR HOCKEY ORGANIZATION



PITTSBURGH PENGUINS ELITE

PRESENTED BY



MISSION STATEMENT

“ To promote the development of young hockey players by providing on-ice and off-ice training and opportunities that allow each player to maximize his or her potential in a competitive learning environment, while providing positive lessons that allow them to excel in life. ”

THE ORGANIZATION EMPHASIZES EDUCATION, LEADERSHIP, COMMUNITY INVOLVEMENT AND THE FOLLOWING CORE VALUES:

TEAMWORK
HARD WORK
WINNING
ATTITUDE
RESPECT
DISCIPLINE
INTEGRITY
PROFESSIONALISM
GOOD
SPORTSMANSHIP

PITTSBURGH PENGUINS ELITE™



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WHY CHOOSE THE PITTSBURGH PENGUINS ELITE?

- World Class Results
- Facilities
- Training Model
- Management Team
- Skill Development Professionals
- Premier Coaches
- Strength & Conditioning Professionals
- Competition
- Track Record for Player Advancement
- Testing, Player Assessment & Training Recommendations
- Special Events & Unique Experiences
- Value





FACILITIES

UPMC LEMIEUX SPORTS COMPLEX

Opened in August 2015, the UPMC Lemieux Sports Complex is the primary practice and training facility for the Pittsburgh Penguins (NHL) and Pittsburgh Penguins Elite, as well as a comprehensive outpatient facility for UPMC Sports Medicine. This first-of-its-kind facility in the Pittsburgh region is a true partnership between two world-class organizations, and features 185,000 square feet of total space dedicated to treating, training and inspiring athletes at every level.

This state-of-the-art facility was specifically designed to deliver excellence in all aspects of the development of athletes. Using cutting edge technology and a science-based approach, UPMC advises on all areas of athletic performance. The world-class staff provides clinical services including physician services, imaging and diagnostics, physical therapy, and concussion management, all while being a leading innovator of sports medicine research.

The UPMC Lemieux Sports Complex includes two NHL regulation size ice rinks, an NHL-quality weight room and sixteen locker rooms. In addition, the facility includes 1,500 square feet of hockey skills training space that features RapidShot training system which measures shot velocity, release time and accuracy and three RapidHands training systems which improves stickhandling. The facility also includes The Training Table with health-based, organic food options prepared by Pittsburgh Penguins' Executive Chef Geoff Straub.

SHADYSIDE ACADEMY

The single-sheet facility is the Pittsburgh Penguins Elite organization's secondary home rink. It's located on the campus of Shadyside Academy and is home to the SSA Boys and Girls prep school program, which competes in the Midwest Prep Hockey League (MPHL).





STAFF OF PROFESSIONALS

HOCKEY OPERATIONS

BRIAN MUELLER

**Executive Director,
Hockey Development
and Programming**



Prior to joining the UPMC Lemieux Sports Complex, Brian was the Vice President of Hockey Operations for 200x85, a program that trained and developed over 15,000 athletes. His extensive coaching resume includes two National Championship teams in 2012 and 2016 and two runners-up in 2013 and 2015.

Brian played college hockey at Clarkson University where he was a two time All American and Hobey Baker Finalist. He was drafted by the Hartford Whalers and played five and a half seasons of professional hockey.

DANNY MACKINNON

Elite Hockey Director



Prior to joining the Pittsburgh Penguins Elite as Director of Elite Hockey, Danny was the Hockey Director at Maritime Varsity Academy in Dartmouth, Nova Scotia. He also served as the Head Coach for the Cole Harbour Major Midgets out of the Nova Scotia Major Midget Hockey League. Danny has experience at all levels as he was a Graduate Assistant Coach at Bemidji State University and has helped develop numerous players into the Quebec Major Junior Hockey League during his time at Maritime Varsity Academy. Furthermore, Danny has spent time working within Hockey Nova Scotia's program of excellence and most recently with Hockey Canada's U17 Developmental program.

Danny finished his playing career at Acadia University and earned an Undergraduate Degree in Kinesiology. After Acadia, he moved to Bemidji, to complete a Master's of Science degree at Bemidji State University.

TY HENNES

Skill Development Professional



Ty, a standout player for Boston College, is a skills professional at the UPMC Lemieux Sports Complex. Ty completed his undergraduate work at Boston College. During his four years, as a star player and alternate captain, the Eagles won the 2001 NCAA National Championship; won three Hockey East regular-season and two league playoff championships; and also captured the Beanpot title on two occasions.

After graduating from Boston College in 2004, Ty signed a professional contract in the Detroit Red Wings organization and played his final professional game in 2007-08. He has served as a USA Hockey National Player Development Camp evaluator and presented at 2 International Ice Hockey Federation (IIHF) Player Development Symposiums in Sweden and Finland.

MAX IVANOV

Power Skating Professional



Max is a well-known power skating instructor and skill development coach in both North America and Eastern Europe. Max currently works with a number of professional and amateur hockey players including Penguins forward Evgeni Malkin and former Penguins defensemen Sergei Gonchar. Prior to becoming an instructor, Max played professional hockey in Europe for seven years.



MIKE CHIASSON

Goaltender Professional



Mike is a former goaltender from Cole Harbour, Nova Scotia.

He is the current Manager of Youth Hockey Programs for the Pittsburgh Penguins and the goalie development coach for the Pittsburgh Penguins Elite. Mike played in the Quebec Major Junior Hockey League and was a goaltender with the Rimouski Oceanic and finished his playing career with four years at Acadia University.

During the 2015-2016 season Mike was head coach of the 14U Pittsburgh Penguins Elite team that advanced to USA Hockey's Tier 1 National Championship in Alaska. He spent two seasons as an assistant coach with the Acadia Axemen and the technical director for the Acadia Minor Hockey Association.

J.S. AUBIN

Goaltender Professional



J.S. is a former professional goaltender who played in the NHL with the Pittsburgh Penguins, Toronto Maple Leafs and Los Angeles Kings. Aubin was originally drafted 76th overall by the Pittsburgh Penguins in the 1995 NHL Entry Draft. J.S. finished his career playing in Europe, where he was selected as the DEL Goalie of the Year in 2010.



SPORTS PERFORMANCE

GARY ROBERTS

**Director of Performance,
UPMC Sports
Performance Center
Powered by Gary
Roberts**



Former Penguin and 21-year NHL veteran Gary Roberts will oversee the performance training program for Pittsburgh Penguins Elite players. Roberts currently trains over 60 professional and junior players at the Gary Roberts High Performance Centre in Toronto and brings his successful training, nutrition and recovery strategies to our program here in Pittsburgh. Roberts played 1,224 NHL games over 21 seasons with Calgary, Carolina, Toronto, Florida, Pittsburgh and Tampa Bay.

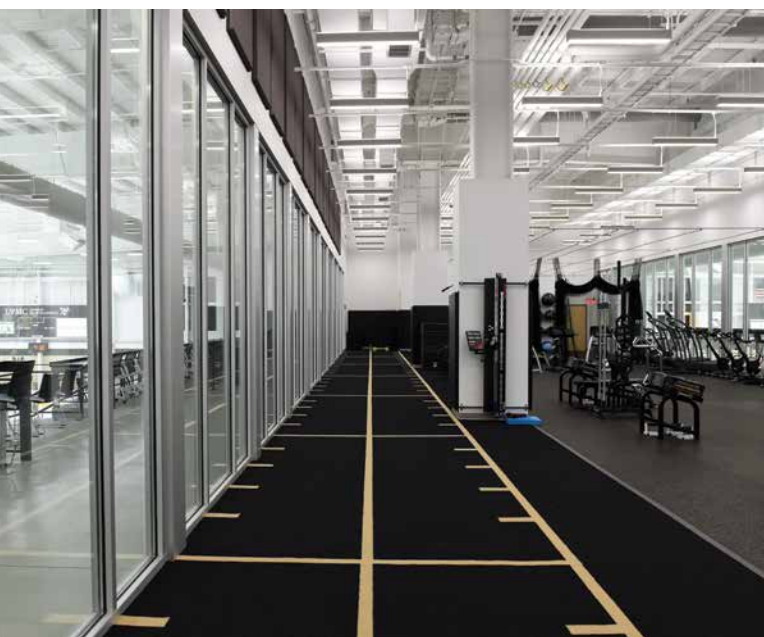
LORNE GOLDENBERG

**Director, UPMC Sports
Performance Center**



Lorne, a certified physiologist brings more than 30 years of experience to the facility in the area of high performance sports training with professional and elite amateur athletes. He has worked directly with thousands of professional hockey players and has been a strength and conditioning coach for numerous NHL teams, including the Montreal Canadiens, Florida Panthers, Ottawa Senators, St. Louis Blues, Chicago Blackhawks, and the Colorado Avalanche. Lorne began working with Gary Roberts in 1985 as Gary's strength coach, and eventually as a technical training coordinator with Gary Roberts High Performance Training.

In addition to hockey, Lorne has worked in the Canadian Football League and with Olympic athletes. He also has worked with a variety of volleyball, soccer, baseball, and basketball players. Lorne graduated from the University of Ottawa with an honors degree in physical education and is certified by the National Strength and Conditioning Association as a certified strength and conditioning specialist.



PROFESSIONAL MANAGEMENT

Pittsburgh Penguins Elite Amateur Hockey Board of Directors

President | Rich Hixon

Chief Financial Officer | Kevin Hart

Director of Player Advancement | Chris Stern

Director of Business Operations | Kathy Pippy

Secretary/Boys Representative | Jan Lehigh

Girls Representative | Stephen Walkom

Member at Large | Matt Herr

Member at Large | Dave Natale

PREMIER COACHES IN THE REGION

Pittsburgh Penguins Elite has assembled a coaching staff comprised of the region's premier coaching talent to lead the program, many of whom played the game at the highest levels. The coaching staff follows an age-specific progression plan designed to provide players with the ability to achieve their individual potential while emphasizing the team-first environment.

All Pittsburgh Penguins Elite coaches are USA Hockey certified and have successfully completed background screening and USA Hockey's SafeSport training.

2017-2018 HEAD COACHES

BOYS

18U | Kevin Quinn

16U | Mike Schall

15U | Paul Taibi

2003 Elite | Brian Mueller

2003 Black | Ryan Tessmer

2004 Elite | Graham Harkins

2004 Black | Mike Gaffney

2005 Elite | Matt Herr

2005 Black | Nate Nehnevajsa

2006 Elite | Ray Conway

2006 Black | John Cullen

2007 Elite | Brad Michalski

2007 Black | Chris Stern

2008 Elite | Brad Michalski

2008 Black | Tim Veach

GIRLS

19U | Chris Stern

16U | Cobina Delaney

14U | Kate Binnie

12U Elite | Abby Greenbaum

12U Black | Greg Kaminski

10U Elite | Darin Hawn

10U Black | Ashley Vesci



HOLISTIC APPROACH TO PLAYER DEVELOPMENT

ON-ICE TRAINING

TEAM PRACTICES

The Pittsburgh Penguins Elite realizes the importance of practice and skill development. We feel strongly about providing each player an opportunity to reach his or her maximum potential. In saying that, each of our coaches follow the LTAD plan and develop their practices so they are age-appropriate with structure and content. We at the Pens Elite follow a progression plan Squirt through Midget, where each player is taught certain fundamentals each year. Two of the practices are run by the teams coaching staff and one by skill development professionals Ty Hennes and Max Ivanov.

Squirt, Pee Wee, and Bantam team's practices will receive 40 minutes of full ice and 30 minutes of half or shared ice. Each teams practice times are consistent throughout the entire year. Midget teams (15U, 16U, & 18U) practices are all full ice.

Throughout the entire season teams will receive on average 80 practices per year along with 26+ off-ice sessions making the practice to game ratio 3:1.

SKILL DEVELOPMENT & POWER SKATING

In addition to great coaching, players receive weekly power skating and skill development sessions as part of their participation fee. These sessions are led by Ty Hennes and Max Ivanov.

These skills sessions are designed to follow a four week progression, or **"Skills Quad"**.



Week 1: Blocked Training (individual, single skill, repetitive muscle memory pattern with NO decision making process.

Week 2: Blocked Training with or versus another player (build on individual skill and ADD one decision making event with a teammate or against an opponent.

Week 3: Variable Training (individual skills + teammate or opponent + multiple decision making events = odd man situation pattern recognition)

Week 4: Random Training (Small area games = individual skills + teammate AND opponents + 4 situational concepts of hockey)

This progression highlights the four situational concepts of:

- 1) Offense with the puck
- 2) Offense away from the puck
- 3) Defense with the puck carrier
- 4) Defense away from the puck carrier



GOALTENDING

On top of the players receiving weekly skill development sessions, each goalie is offered weekly specific goaltending instruction from Mike Chiasson and J.S. Aubin.

OFF-ICE TRAINING

UPMC SPORTS MEDICINE

Beyond the on-ice product, the Pittsburgh Penguins Elite has a close relationship with UPMC, where our players have access to 3D mapping, concussion baseline testing, sports nutritionist and an athletic trainer at all home games. On top of having an athletic trainer at every home game we offer an injury hotline, where families can call (724) 720-3030 and are then seen within 24 hours for treatment.

STRENGTH & CONDITIONING

Pittsburgh Penguins Elite players receive weekly team off-ice training sessions at the UPMC Lemieux Sports Complex which are included in their participation fee. Along, with the weekly team training sessions, each individual player has the opportunity to drop in on Fridays for additional training sessions at no extra cost.

UPMC's world-class trainers utilize a science-based approach to evaluate each athlete and provide him/her with proper program for preparing, training and recovering from this physically demanding sport. In addition, UPMC's experts will provide on-going education for players and parents relative to nutrition, mental training and injury prevention.

TESTING, PLAYER ASSESSMENT & TRAINING RECOMMENDATIONS

This season the Pens Elite was able to conduct both on and off-ice testing of our players. On the ice we utilized the state of the art "Sport Testing" system to test our players speed, reaction time, puck skills and quickness. Medical Director, Dr. Vonda Wright at UPMC Lemieux Sports Complex and Matt Bottegal were used in conjunction with Gary Roberts staff in testing our player's off-ice fitness levels, where similar testing was conducted as players would experience at the USHL, Major Junior and NHL levels. Furthermore, 3D mapping was performed to try to predict injuries. Upon completion of testing each player received an individual player assessment form outlining where they stand compared to their specific age group. Within each form, on-ice and off-ice testing data was provided along with rankings. Furthermore, recommendations were provided from a team of professionals to provide players an action plan to prepare for next season.

EDUCATION

PARENT & PLAYER EDUCATION

The Pittsburgh Penguins Elite want to provide every opportunity possible for both parents and players to gain a better understanding of hockey related topics including; off/on-ice training, nutrition, and hockey pathways. This past year we conducted a number of presentations where both parents and players had the opportunity to participate in presentations by USA Hockey, USHL, College Hockey Inc, and Gary Roberts and gain information as they prepare to make decisions for their son/daughter.

PLAYER ADVANCEMENT OPPORTUNITIES

Pittsburgh Penguins Elite, has a history of attracting the most talented hockey players in the region and providing them with the training necessary to reach his or her full potential. Over the years, the program has promoted a number of players to the NAHL, USHL, NCAA and various levels of professional hockey because of the foundation established here in Pittsburgh. Notable alumni include Brandon Saad (Columbus Blue Jackets), JT Miller (New York Rangers), Vincent Trocheck (Florida Panthers) and John Gibson (Anaheim Ducks). Currently, we have a number of Division 1 commitments throughout the organization.

Since 2012, over 60 players (boys and girls) have advanced their careers to either NAHL, USHL & NCAA programs. A full list of Penguins Elite/Pittsburgh Hornets alumni that have gone on to play in the NAHL, USHL, NCAA, ECHL, AHL, NHL can be found on the Penguins Elite website www.pittsburghpenguinselite.com in Alumni section.



COMMUNITY SERVICE

The Pittsburgh Penguins are known as an organization that gives back to its community. In 2015-16, the Pittsburgh Penguins Foundation donated over \$6.7 million to programs through- out Southwestern Pennsylvania that are designed to keep children active. As an extension of the NHL Penguins, the Pittsburgh Penguins Elite organization believes in giving back to our community. As such, each team is required to complete a minimum of one community service project each season. In the past, teams have donated time to assist the Mighty Penguins, raised money for school supplies, collected winter clothing for those less fortunate, provided stockings to families during the holidays, assisted with Light of Life Mission, and helped raise funds for a number of local charities. This season the Pens Elite organization also partnered with "Skating for Little Hearts" and continued its association with Mighty Penguins, participating in numerous practices between our teams.

LEADERSHIP BENEFITS

Some things in life are more important than sports. One of those things is becoming a good person. The Pittsburgh Penguins Elite feel that character development is an important part for every player. To prepare student athletes for the challenges of life beyond the arena. Leadership programs within the hockey season provide opportunities to enhance each player's experience. These programs support the development of a well-balanced lifestyle for players, encouraging valuable skills such as; determination, confidence, winning attitude, commitment, time management, manners, and teamwork.



COMPETITION

Pittsburgh Penguins Elite 18U, 16U and 15U, 14U (boys) teams compete in the Tier 1 Elite Hockey League. The Tier 1 Elite is known as the nation's premier amateur hockey league, featuring 24 organizations from across the country. Many programs are affiliated with NHL teams, including the Ohio Junior Blue Jackets, Dallas Junior Stars, the Phoenix Junior Coyotes and Los Angeles Junior Kings, among others. With significant visibility, top-level talent, and elite coaching, the Tier 1 Elite League provides young, talented players with the opportunity to advance their careers.

Pittsburgh Penguins Elite youth teams, along with all of our girls teams, play an independent schedule which provides each team with the flexibility to create a competitive schedule, while managing team game count and travel costs.

TOURNAMENTS PRESENTED BY



MID-WINTER CLASSIC

Over 50 teams from as far away as Florida and Canada descended upon Pittsburgh from December 16-18th to play in the Mid-Winter Classic. Games were played in the state of the art 180,000 sq ft UPMC Lemieux Sports Complex. 2003-2007 birth years were represented as teams battled for the trophies. This past year both our 2005 Elite and 2003 Elite were champions.



NHL YOUTH CUP

In 2017, the Pittsburgh Penguins Elite will participate in the fifth annual NHL Youth Cup. This weekend-long tournament provides NHL-affiliated youth hockey programs with the opportunity to compete against one another at each age group from 10U through 13U. The tournament has historically included visits from current and former NHL players and coaches and a special guest appearance by the most recognized championship trophy in professional sports: The Stanley Cup.

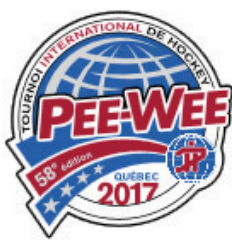


GIRLS THANKSGIVING TOURNAMENT

Girl's hockey continues to flourish in Western Pennsylvania. During the 2015-16 season, the region had over 1,200 registered female participants. In an effort to continue providing added exposure for girl's hockey, the organization created the Girls Thanksgiving Classic Tournament, presented by DICK'S Sporting Goods. The tournament features both Tier 1 and Tier 2 girl's programs from across North America at each age level, from 10U to 19U. Last season, a total of 55 teams participated and attracted nearly 1,000 participants to Western PA. The tournament is a testament to the growth of women's hockey and the popularity of the sport both locally and nationally.



INTERNATIONAL TOURNAMENTS



PEE WEE QUEBEC INTERNATIONAL

The Quebec International Pee Wee Hockey Tournament, one of the most prestigious minor hockey tournaments in the world for Pee Wee – aged players (11 and 12 years old), takes place over a 12-day period each February in Quebec City, Quebec. The tournament, founded in 1960, features 2,200 young hockey players from 15 countries and attracts over 200,000 fans annually. It takes place during Quebec's Winter Festival, the largest in the world, and provides players and their families with the opportunity to experience Canadian culture.

In each of the past four seasons, the Pittsburgh Penguins Elite Pee Wee Major team has been invited to participate in the tournament, following in the footsteps of some of the greatest hockey players of all time, including; Penguins owner and Hall of Famer Mario Lemieux, Wayne Gretzky, ROOT Sports broadcaster Bob Errey, and current Penguins player Marc-Andre Fleury. This past year our 2004 Penguins Elite team advanced to the quarter-finals in the AAA division.



TEAM PENNSYLVANIA

Since 2013, the Pittsburgh Penguins and Philadelphia Flyers have helped send Team Pennsylvania to the Brick Invitational Tournament in Edmonton, Alberta. This prestigious tournament features some of the most talented 10-year-old hockey players from across North America. The Brick Tournament offers these promising young athletes and their parents their first opportunity to compete in an elite international tournament and participate in a number of unique off-ice activities – including the famous Brick Tournament Beach Party at the Water Park. There is also a skills competition and a number of other events which provide a fun-filled hockey vacation for the entire family. Team Pennsylvania is composed of the best 10 year-old players from Pennsylvania, Ohio and West Virginia, including many who participate in our Penguins Elite program.

SPECIAL EVENTS & UNIQUE EXPERIENCES

Throughout the year many of our Pens Elite players are able to participate in unique experiences. Many of which are provided the chance to practice at PPG Paints Arena and participate in Penguins home game activities. Also, in the past players have been asked to assist with the NHL Entry Draft, Winter Classic, and this year our 2006 Elite and 2003 Elite had an opportunity to play an outdoor game at Heinz Field following the Stadium Series.

Furthermore, each Pittsburgh Penguins Elite player receives age specific training programs from some of the top off-ice professionals and the ability to participate and host games, tournaments and showcase events in state-of-the-art facilities.



VALUE

The Pittsburgh Penguins Elite is proud to have DICK'S Sporting Goods as our corporate partner. This provides many advantages for each family. The funding provided by DICK'S Sporting Goods and the Pittsburgh Penguins Foundation has reduced player participation fees by nearly 18% annually. In addition, DICK'S Sporting Goods provides FREE game jerseys and socks, practice jerseys and socks, pant shells, warmups and equipment bags to players each season. Participation fees are reduced significantly thru this partnership. In addition players and parents also receive discounts on equipment and team-branded apparel purchased through DICK'S Sporting Goods.





ORGANIZATIONAL & INDIVIDUAL ACCOMPLISHMENTS

- Only organization in the region to offer teams at all age groups for both boys and girls
- Ten teams (10) have finished in the Top 15 nationally at the Tier 1 Level during 2016-2017 season*
- 18U National Champions - 2016
- 14U Girls National Championship Finalists - 2015
- 18U Tier 1 Elite League Champions - 2013
- 14U Girls Tier 1 Elite League Champions - 2013
- Successfully hosted USA Hockey's Tier 1 National Championships in 2012
- Selected to host USA Hockey's Tier 1 National Championship for 16U & 18U in 2017
- Developed and hosted three signature tournament events (Mid-Winter Classic, NHL Youth Cup and the Girls Thanksgiving Tournaments)

*According to the myhockeyrankings.com website.



FUNDRAISING & SCHOLARSHIP OPPORTUNITIES

The organization understands that hockey requires a significant financial and time commitment from families, many of whom do not have the means to participate at the highest level of amateur hockey in Pittsburgh. For those families that require additional financial assistance, the Penguins Elite program offers a "need based" scholarship. Applications are submitted to and reviewed by an independent committee. Funds are awarded on a matching basis and applied against the player participation fees up to a maximum of 50% of the total participation fee. Criteria considered as part of the review process includes financial need, academic record, community service, and the player's

positive contributions to his/her team and the organization. Since 2012, the organization has awarded families upwards of \$70,000 in financial assistance through this program.

In addition to the player need based scholarships, the organization and teams conduct fundraisers throughout the season in an effort to help offset players fees and individual team funds. Each family will have the opportunity to fundraise to help reduce individual participation fees. The organization will provide each family with the option to sell \$250 worth of raffle tickets, funds generated directly offset individual participation fees.



PITTSBURGH PENGUINS ELITE ORGANIZATIONAL OVERVIEW - BOYS

Structure, Participation Fees & Travel

PITTSBURGH PENGUINS ELITE TEAMS	SQUIRT	PEE WEE	BANTAM	MIDGET (15U/16U/18U)
How many AAA teams will Pens Elite field at each age level?	Two Teams-2008, Two Teams-2007	Two Teams-2006, Two Teams-2005	Two Teams-2004, Two Teams-2003	One- 15U (02), One-16U, One- 18U
What will the 1st team be called?	Pittsburgh Penguins Elite	Pittsburgh Penguins Elite	Pittsburgh Penguins Elite	Pittsburgh Penguins Elite
What will the 2nd team be called?	Pittsburgh Penguins Elite Black	Pittsburgh Penguins Elite Black	Pittsburgh Penguins Elite Black	N/A

2017-2018 Participation Fee & Value Add Amenities

What is the tryout fee?	\$150	\$150	\$150	\$150
What is the commitment fee?	\$500	\$500	\$500	\$500
What is the participation fee? (commitment fee is subtracted from participation fee)	\$3,135	\$4,325	\$4,325	\$4,900
Is there a payment plan option?	6 equal installments beginning June	6 equal installments beginning June	6 equal installments beginning June	6 equal installments beginning June
What type of financial aid is available?	Need Based	Need Based	Need Based	Need Based
How is financial aid awarded?	Application - 3rd Party Review Committee	Application - 3rd Party Review Committee	Application - 3rd Party Review Committee	Application - 3rd Party Review Committee
Are there any organizational fundraisers? (optional)	One Organization Wide Raffle	One Organization Wide Raffle	One Organization Wide Raffle	One Organization Wide Raffle
What is the price of uniforms (Home, Away, & Practice Jerseys & Socks; Shell; Warmups; Equipment Bag)?	FREE	FREE	FREE	FREE
Do we pay extra for coaches salary?	No	No	No	No
Do we pay extra to cover coaches travel & lodging?	Yes via Team Fund	Yes via Team Fund	Yes via Team Fund	Yes via Team Fund

Roster Size

How many skaters per team?	14-16	15-17	16-18	16-18
How many goalies per team?	2	2	2	2
How many total players per team?	16-18	17-19	18-20	20

League Participation & Fees

Does the team participate in a league or independent schedule?	Independent	Independent	Tier I Elite League/Independent	Tier I Elite League
How is league fee covered?	N/A	N/A	Included in Fees	Included in Fees

Game Count & Competition

How many home games are included in the participation fee?	15	15	15	15
Who sets the game schedule for each team?	Team	Team	Team/League	Team/League
What is game count for the 2017-2018 Season	40-45	45-50	45-50	50-55

Tournaments

How much does organization allocate to each team for tournaments?	\$8,000/team	\$8,000/team	\$4,000/ Major, \$8,000/Minor	\$4,000/team
Do we have to pay extra for tournaments?	Only if above team allotment	Only if above team allotment	Only if above team allotment	Only if above team allotment
Who selects the tournaments and/or showcases for each team?	Team/Organization	Team/Organization	Team/League/Organization	Team/League/Organization

Practice Schedule/Format

Number of Practice Slots/Week?	2	2	2	2
Are practices full ice or shared ice?	Shared Ice	Full Ice & Shared (40-30-40)	Full Ice & Shared (40-30-40)	Full Ice
Is the practice schedule fixed each week?	Yes	Yes	Yes	Yes
Is there team Power Skating (in addition to practices)?	1 session per week	1 session per week	1 session per week	1 session per week
Are there skill development sessions (in addition to practices)?	1 session per week	1 session per week	1 session per week	1 session per week
Is goaltending instruction provided?	1 session per week	1 session per week	1 session per week	1 session per week
Is dryland/strength & conditioning provided in-season?	1 session per week	1 session per week	1 session per week	1 session per week

Please note that the commitment fee is non-refundable and it will be deducted from total balance divided into 6 equal instalments (June-December).

You have an opportunity to sell raffle tickets to help offset a portion of the participation fee.

PITTSBURGH PENGUINS ELITE ORGANIZATIONAL OVERVIEW - GIRLS

Structure, Participation Fees & Travel

PITTSBURGH PENGUINS ELITE TEAMS	10U	12U	14U	16U/19U
How many AAA teams will Pens Elite field at each age level?	Two - U10	Two - U12	One - U14	One - U16, One - U19
What will the 1st team be called?	Pittsburgh Penguins Elite	Pittsburgh Penguins Elite	Pittsburgh Penguins Elite	Pittsburgh Penguins Elite
What will the 2nd team be called?	Pittsburgh Penguins Elite Black	Pittsburgh Penguins Elite Black	N/A	N/A

2017-18 Participation Fee & Value Add Amenities

What is the tryout fee?	\$150	\$150	\$150	\$150
What is the commitment fee?	\$500	\$500	\$500	\$500
What is the participation fee? (commitment fee is subtracted from participation fee)	\$1,000	\$1,390	\$2,125	\$2,575/\$2,725
Is there a payment plan option?	6 equal installments beginning June	6 equal installments beginning June	6 equal installments beginning June	6 equal installments beginning June
What type of financial aid is available?	Need Based	Need Based	Need Based	Need Based
How is financial aid awarded?	Application - 3rd Party Review Committee	Application - 3rd Party Review Committee	Application - 3rd Party Review Committee	Application - 3rd Party Review Committee
Are there any organizational fundraisers? (optional)	One Organization Wide Raffle	One Organization Wide Raffle	One Organization Wide Raffle	One Organization Wide Raffle
What is the price of uniforms (Home, Away, & Practice Jerseys & Socks; Shell; Warmups; Equipment Bag)?	FREE	FREE	FREE	FREE
Do we pay extra for coaches salary?	No	No	No	No
Do we pay extra to cover coaches travel & lodging?	No	No	No	No

Roster Size

How many skaters per team?	14	15	16	18
How many goalies per team?	2	2	2	2
How many total players per team?	16	17	17	20

League Participation & Fees

Does the team participate in a league or independent schedule?	Independent	Independent	Independent	Independent
How is league fee covered?	N/A	N/A	N/A	N/A

Game Count & Competition

Who sets the game schedule for each team?	Team	Team	Team	Team
What is projected game count for the 2017-2018 Season?	20-25	30-35	35-40	50-55

Tournaments

Do we have to pay extra for tournaments?	No	No	No	No
Who selects the tournaments and/or showcases for each team?	Team/Organization	Team/Organization	Team/Organization	Team/Organization

Practice Schedule/Format

Is the practice schedule fixed each week?	Yes	Yes	Yes	Yes
Is there team Power Skating (in addition to practices)?	1 session per week	1 session per week	1 session per week	1 session per week
Are there skill development sessions (In addition to practices)?	1 session per week	1 session per week	1 session per week	1 session per week
Is goaltending instruction provided?	1 session per week	1 session per week	1 session per week	1 session per week
Is dryland/strength & conditioning provided in-season?	1 session per week	1 session per week	1 session per week	1 session per week

Please note that the commitment fee is non-refundable and it will be deducted from total balance divided into 6 equal instalments (June-December).

You have an opportunity to sell raffle tickets to help offset a portion of the participation fee.

2017-18 TRYOUTS

Interested players should register online via the Pittsburgh Penguins Elite website www.pittsburghpenguinselite.com

Once you have successfully registered, you will receive a confirmation email that includes all of the required documents that must be completed and returned to the organization the evening of your first tryout session.

All registered participants will be evaluated by members of the Pittsburgh Penguins Elite coaching staff.

2008-2003 BIRTH YEARS

The first two tryouts for each age will be split in half alphabetically based on number of players at each position. We will email you one night in advance of the first tryout to indicate if your son/daughter will be in Alpha 1 or Alpha 2. After the second tryout, the evaluators will reclassify and your child will then be placed into Group 1 or Group 2. Following the third tryout, there will be a fourth tryout only for those invited to the final callback.

MIDGET TEAMS

The first tryout for each age (18U, 16U, 15U) will be split in half alphabetically based on number of players at each position. We will email you one night in advance of the first tryout to indicate if your son will be in Alpha 1 or Alpha 2. After the first tryout, the evaluators will reclassify and your child will then be placed into Group 1 or Group 2. Following the second tryout, there will be a third tryout only for those invited to the final callback.

GIRLS TEAMS

All girls will attend all tryout sessions listed, expect 16U and 19U may cut to a final callback the last session if needed.

Once the rosters have been finalized, those who are being offered a spot along with alternates will be posted on the website. Coaches will follow up with a call to welcome everyone to the team and everyone has 48 hours to commit to or decline their spot on the teams.

BE SURE TO BRING:

- **\$500 Commitment Fee, checks made payable to Pittsburgh Penguins Elite**

Each player will receive a numbered jersey for their tryout process.

TRYOUTS

We would like to wish everyone participating in this year's tryouts the very best of luck. Tryouts can be a stressful process for players and parents. We know that every player on the ice will strive to put forth their best effort. Whether or not you make one of the teams, you should be proud of your accomplishments to date, and continue to chase your dreams . . . whatever they may be.

Most importantly, we hope that you enjoy your experience and always remember to have fun!

PENS ELITE YOUTH TRYOUT SCHEDULE 2017-18

AGE GROUP	DATE	UPMC Lemieux Sports Complex	TIME
2008			
08 Alpha 1	3/26/2017	DICK'S Sporting Goods Rink - 1	5:20 PM-6:35 PM
08 Alpha 2	3/26/2017	DICK'S Sporting Goods Rink - 1	6:45 PM-8:00 PM
08 Alpha 1	3/27/2017	DICK'S Sporting Goods Rink - 1	6:00 PM-7:15 PM
08 Alpha 2	3/27/2017	DICK'S Sporting Goods Rink - 1	7:25 PM-8:40 PM
08 Group 1	3/28/2017	DICK'S Sporting Goods Rink - 1	5:40 PM-6:55 PM
08 Group 2	3/28/2017	DICK'S Sporting Goods Rink - 1	7:05 PM-8:20 PM
08 Final	4/1/2017	Main Rink 2 (Community)	11:10 AM-12:25 PM
2007			
07 Alpha 1	3/26/2017	Main Rink 2 (Community)	4:10 PM-5:25 PM
07 Alpha 2	3/26/2017	Main Rink 2 (Community)	5:35 PM-6:50 PM
07 Alpha 1	3/27/2017	Main Rink 2 (Community)	6:15 PM-7:30 PM
07 Alpha 2	3/27/2017	Main Rink 2 (Community)	7:40 PM-8:55 PM
07 Group 1	3/29/2017	DICK'S Sporting Goods Rink - 1	5:50 PM-7:05 PM
07 Group 2	3/29/2017	DICK'S Sporting Goods Rink - 1	7:15 PM-8:30 PM
07 Final	4/1/2017	Main Rink 2 (Community)	12:35 PM-1:50 PM
2006			
06 Alpha 1	3/30/2017	Main Rink 2 (Community)	5:50 PM-7:10 PM
06 Alpha 2	3/30/2017	Main Rink 2 (Community)	7:20 PM-8:40 PM
06 Alpha 2	4/2/2017	Main Rink 2 (Community)	11:10 AM-12:25 PM
06 Alpha 1	4/2/2017	Main Rink 2 (Community)	12:35 PM-1:50 PM
06 Group 1	4/3/2017	Main Rink 2 (Community)	6:15 PM-7:30 PM
06 Group 2	4/3/2017	Main Rink 2 (Community)	7:40 PM-8:55 PM
06 Final	4/5/2017	DICK'S Sporting Goods Rink - 1	5:50 PM-7:05 PM
2005			
05 Alpha 1	3/30/2017	DICK'S Sporting Goods Rink - 1	6:45 PM-8:05 PM
05 Alpha 2	3/30/2017	DICK'S Sporting Goods Rink - 1	8:15 PM-9:35 PM
05 Alpha 2	4/2/2017	DICK'S Sporting Goods Rink - 1	10:40 AM-11:55 AM
05 Alpha 1	4/2/2017	DICK'S Sporting Goods Rink - 1	12:05 PM-1:20 PM
05 Group 1	4/3/2017	DICK'S Sporting Goods Rink - 1	6:00 PM-7:15 PM
05 Group 2	4/3/2017	DICK'S Sporting Goods Rink - 1	7:25 PM-8:40 PM
05 Final	4/4/2017	Main Rink 2 (Community)	7:00 PM-8:15 PM

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PENS ELITE YOUTH TRYOUT SCHEDULE 2017-18

AGE GROUP	DATE	UPMC Lemieux Sports Complex	TIME
2004			
04 Alpha 1	4/12/2017	Main Rink 2 (Community)	6:00 PM-7:15 PM
04 Alpha 2	4/12/2017	Main Rink 2 (Community)	7:25 PM -8:40 PM
04 Alpha 2	4/13/2017	Main Rink 2 (Community)	5:55 PM -7:10 PM
04 Alpha 1	4/13/2017	Main Rink 2 (Community)	7:20 PM-8:35 PM
04 Group 1	4/15/2017	Main Rink 2 (Community)	11:10 AM-12:25 PM
04 Group 2	4/15/2017	Main Rink 2 (Community)	12:35 PM-1:50 PM
04 Final	4/17/2017	Main Rink 2 (Community)	7:10 PM-8:25 PM
2003			
03 Alpha 1	4/12/2017	DICK'S Sporting Goods Rink - 1	5:30 PM-6:45 PM
03 Alpha 2	4/12/2017	DICK'S Sporting Goods Rink - 1	6:55 PM-8:10 PM
03 Alpha 2	4/14/2017	DICK'S Sporting Goods Rink - 1	5:45 PM-7:00 PM
03 Alpha 1	4/14/2017	DICK'S Sporting Goods Rink - 1	7:10 PM-8:25 PM
03 Group 1	4/18/2017	Main Rink 2 (Community)	7:00 PM-8:15 PM
03 Group 2	4/18/2017	Main Rink 2 (Community)	8:25 PM-9:40 PM
03 Final	4/19/2017	Main Rink 2 (Community)	8:40 PM -9:55 PM
15U			
15U Alpha 1	4/24/2017	DICK'S Sporting Goods Rink - 1	6:00 PM-7:20 PM
15U Alpha 2	4/24/2017	DICK'S Sporting Goods Rink - 1	7:30 PM-8:50 PM
15U Group 1	4/25/2017	DICK'S Sporting Goods Rink - 1	6:00 PM-7:20 PM
15U Group 2	4/25/2017	DICK'S Sporting Goods Rink - 1	7:30 PM-8:50 PM
15U Final	4/26/2017	Main Rink 2 (Community)	6:00 PM-7:20 PM
16U			
16U Alpha 1	4/17/2017	DICK'S Sporting Goods Rink - 1	6:00 PM-7:20 PM
16U Alpha 2	4/17/2017	DICK'S Sporting Goods Rink - 1	7:30 PM-8:50 PM
16U Group 1	4/18/2017	DICK'S Sporting Goods Rink - 1	6:15 PM-7:35 PM
16U Group 2	4/18/2017	DICK'S Sporting Goods Rink - 1	7:45 PM-9:05 PM
16U Final	4/19/2017	DICK'S Sporting Goods Rink - 1	7:45 PM-9:05 PM
18U			
18U Alpha 1	4/24/2017	Main Rink 2 (Community)	6:15 PM-7:30PM
18U Alpha 2	4/24/2017	Main Rink 2 (Community)	7:45 PM-9:0 PM
18U Group 1	4/25/2017	Main Rink 2 (Community)	7:00 PM-8:20 PM
18U Group 2	4/25/2017	Main Rink 2 (Community)	8:30 PM-9:50 PM
18U Final	4/26/2017	Main Rink 2 (Community)	7:30 PM-8:50 PM

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PENS ELITE GIRLS TRYOUT SCHEDULE 2017-18

AGE GROUP	DATE	UPMC Lemieux Sports Complex	TIME
10U			
10U Alpha 1	4/22/2017	DICK'S Sporting Goods Rink - 1	12:50 PM-1:50 PM
10U Alpha 2	4/22/2017	DICK'S Sporting Goods Rink - 1	2:00 PM-3:00 PM
10U Alpha 1 & 2	4/22/2017	DICK'S Sporting Goods Rink - 1	4:20 PM-5:20 PM
10U Final	4/23/2017	Main Rink 2 (Community)	8:10 AM-9:30 AM
12U			
12U Alpha 1	4/22/2017	Main Rink 2 (Community)	1:40 PM-2:45 PM
12U Alpha 2	4/22/2017	Main Rink 2 (Community)	2:55 PM-4:00 PM
12U Alpha 1 & 2	4/22/2017	DICK'S Sporting Goods Rink - 1	5:30 PM-6:30 PM
12U Final	4/23/2017	Main Rink 2 (Community)	9:40 AM-11:00 AM
14U			
14U Girls	4/14/2017	DICK'S Sporting Goods Rink - 1	1:15 PM-2:35 PM
14U Girls	4/15/2017	DICK'S Sporting Goods Rink - 1	11:15 AM-12:35 PM
14U Girls	4/15/2017	DICK'S Sporting Goods Rink - 1	3:45 PM-5:05 PM
16U			
16U Girls	4/14/2017	DICK'S Sporting Goods Rink - 1	2:45 PM-4:05 PM
16U Girls	4/15/2017	DICK'S Sporting Goods Rink - 1	12:45 PM-2:05 PM
16U and 19U Girls	4/15/2017	DICK'S Sporting Goods Rink - 1	5:15 PM-6:35 PM
19U			
19U Girls	4/14/2017	DICK'S Sporting Goods Rink - 1	4:15 PM-5:35 PM
19U Girls	4/15/2017	DICK'S Sporting Goods Rink - 1	2:15 PM-3:35 PM
16U and 19U Girls	4/15/2017	DICK'S Sporting Goods Rink - 1	5:15 PM-6:35 PM

POLICIES

INJURY POLICY

If a player receives a season ending injury, the Board of Directors will review each situation on a case-by-case basis to determine if a partial credit is approved.

TRYOUTS

- All players unable to attend all tryout sessions must notify the Director of Elite Hockey and receive approval.
- **Youth Teams (08-03)**
Mandated to attend 3 out of 4 tryouts to be placed on the appropriate team
- **Midget Teams (18U, 16U, 15U)**
Mandated to attend 2 out of 3 tryouts to be placed on the appropriate team
- **Girls Teams**
Mandated to attend 2 out of 3 tryouts to be placed on the appropriate team

SUPPLEMENTAL TRYOUT POLICY

- When a player's inability to attend the tryouts as a result of a family-related conflict and/or illness or injury, provisions will be made for players on a case-by-case basis.
- Players who move into the association during the summer may be permitted to tryout. Each request will be reviewed on a case-by-case basis.

COMMITMENT POLICY

- Being a part of the Pittsburgh Penguins Elite organization, we pride ourselves in commitment. With that being said, Pittsburgh Penguins Elite takes priority over all other sports and reserves the right to suspend or release a player that misses practices/games for events outside of family or education.
- Pittsburgh Penguins Elite players/coaches are not permitted to play or participate in games or practices of another ice hockey team during the 2017-2018 season without prior approval from PPE. High school hockey is permitted only if it does not conflict with PPE practices, games, or organized activities.





AS BADGER BOB JOHNSON LIKED TO SAY . . .
It's always A GREAT DAY FOR HOCKEY!

2017-18 SEASON

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