



STP

- Elevate your game and train for the 2017-2018 hockey season all summer long with the Centennial Girls HS coaching staff.
- Sessions have a maximum of 30 players.
- All players who participate in the STP program will receive a jersey and t-shirt!
- Any questions feel free to email Kristi at: KristinaKing18@aol.com

**Make checks payable to:
Kristina King**

**Send checks to:
5091 Marquess Trail Circle
North. Lake Elmo, MN
55042.**

**Payment and registration
is due May 1st, 2017!**

Sign Up Form

Name: _____

Last Year Team: _____

Session 1 (\$440)

Session 2 (\$400)

Session 3 (\$340)

Parent Name: _____

Phone #: _____

Email: _____

Jersey Size: (Circle)

YS YM AS AM AL AXL GC

Tshirt Size: (Circle)

YS YM YL AS AM AL AXL

Waiver/Liability:

I _____ the parent

guardian of _____

waive and release Kristina King and the Centennial Summer Training Program the liability of any injuries or illnesses my daughter may incur during the hockey clinic.

Parent Signature:



Centennial Girls 2017 Hockey Summer Training Program



Instructors

Kristina King: Varsity Head Hockey Coach

- Years played hockey: 17
- Two State Championship Titles and a State Consolation.
- Selected to attend USA Player Development Camps in St. Cloud, MN and Rochester, NY.
- A top prospect for the USA U-18 team. Played Division I college hockey on a full scholarship.
- **Coaching Record:**
 - 2013-2014: 13-12-2
 - 2014-2015: 20-7-1
 - * Conference Champs, Section Runner-Up
 - 2015-2016: 19-7-1.
 - *Conference Champions, Section Runner-up
- **Gary Nelson:** Helped start Centennial Girls Hockey. Gary has been the Varsity Assistant coach since 2013.
- **Anthony Miller:** Played HS hockey for Duluth Marshall. Anthony has been the Varsity Assistant coach since the start of the 2016 season.

Cougar Hockey



**Train like
you're in
second, play
like you're in
first.**



Summer 2017 Dates
*All Sessions held at Schwan
Super Rink, Rink 1 *

June:

8th, 13th, 15th, 20th, 22nd, 27th, 29th, 30th

July:

11th, 13th, 18th, 20th, 25th, 27th

Session 1: Last Years Varsity and Junior Varsity, incoming HS players (No U15 eligible players unless approved through Coach King)

On Ice: 7:30 am - 8:45 am

Off Ice: 9:00am - 10:00 am

Session 2: Last Year U15/U12, incoming U15/U12

On Ice: 9:00am - 10:00 am

Off Ice: 10:15am - 11:15 am

Session 3: U10 and U8

On Ice: 10:15 am – 11:15 am

Off Ice: 11:30 am – 12:00 pm

