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2006 High School

# Football MINNESOTA

**Minnesota High School Football Coaches Association**



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# Minnesota High School Football



## ORGANIZATION INFORMATION

|                                                    |    |
|----------------------------------------------------|----|
| Executive Director's Message                       | 4  |
| MHSFCA Committee Structure                         | 5  |
| MHSFCA Past Officers                               | 6  |
| MHSFCA Organization Officers                       | 7  |
| President's Message                                | 7  |
| MHSFCAMembers                                      | 9  |
| MHSFCA Retired Life Members                        | 13 |
| 2006-2007 Unified Dues Application Form            | 14 |
| Reasons Why MSHSCA Membership is Beneficial        | 15 |
| MSHSCA Membership Perks                            | 15 |
| Ron Stolski Receives 2005 Power of Influence Award | 16 |
| Coach to Coach Program                             | 17 |
| New Rules for Football                             | 19 |
| NFHS Football Rules Changes                        | 19 |
| Recruiting Fair Continues                          | 20 |
| MHSFCA Local Mini-Clinics                          | 20 |
| Changing Conferences                               | 21 |
| New Class System Devised                           | 22 |
| Coaching Changes in MN High School Football        | 23 |
| MHSFCA Conference Representatives                  | 24 |
| Coaches Checklist                                  | 25 |
| Mr. Football Application                           | 26 |
| Mr. Football Award Selection                       | 27 |
| Competitive Section Assignments                    | 28 |

## FEATURE ARTICLES

|                                                    |    |
|----------------------------------------------------|----|
| Bertha-hewitt Offensive Philosophy                 | 33 |
| Improving Your Defensive Line Pass Rush Techniques | 35 |
| Training Your Captains for Success                 | 36 |
| Coaching Efficiency through the use of Technology  | 38 |
| Caledonia Area High School                         | 39 |
| Mahtomedi's 9-12 Practice Philosophy               | 40 |
| Creating a Football Program "From Scratch"         | 42 |

## HALL OF FAME BANQUET

|                                      |    |
|--------------------------------------|----|
| 2005 Hall of Fame Inductees          | 51 |
| Hall of Fame Previous Winners        | 57 |
| Hall of Fame Nomination Form         | 58 |
| Head Football Coach of the Year      | 59 |
| Assistant Football coach of the Year | 59 |
| Coaches of the Year                  | 60 |
| Distinguished Service Award Winner   | 61 |

## BUTCH NASH

|                                |    |
|--------------------------------|----|
| Butch Nash Award Requirements  | 62 |
| Butch Nash Award Winners       | 63 |
| Butch Nash Award Questionnaire | 64 |

## ACADEMIC ALL STATE INFORMATION

|                                              |    |
|----------------------------------------------|----|
| Academic All-State Football Team Application | 66 |
|----------------------------------------------|----|

|                                             |    |
|---------------------------------------------|----|
| Academic All-State                          |    |
| Football Team Concept                       | 67 |
| Individual Application Academic             |    |
| All-State Player                            | 68 |
| Varsity Gold Academic All-State             |    |
| Teams                                       | 69 |
| Varsity Gold Academic All-State Individuals | 70 |

## STATE TOURNAMENT

|                             |    |
|-----------------------------|----|
| State Tour. Playoff Results | 71 |
| State Football Tournament   | 73 |
| 2004 State Champions        | 74 |

## ALL-STAR FOOTBALL

|                        |    |
|------------------------|----|
| All Star Football Game | 77 |
| Outstate Roster        | 78 |
| Metro Roster           | 79 |

## STATS & RECORDS & AWARDS

|                                               |    |
|-----------------------------------------------|----|
| Football Conference Coaches of the Year       | 80 |
| Section Coaches of the Year                   | 82 |
| Winningest All Time High School Coaches       | 83 |
| Active High School Coaches - 100 Victory Club | 84 |
| Football Conferences                          | 86 |
| Coaches With the Most State Championships     | 90 |

## CONFERENCE RECAPS

|                               |      |
|-------------------------------|------|
| Central Lakes Conference      | 91   |
| Central Minnesota Conference  | 92   |
| Gopher Valley: Class A        | 93   |
| Heart O'Lakes Conference      | 94   |
| Hiawatha Blue Conference      | 94   |
| Little Sioux Conference       | 95   |
| Minnesota River Conference    | 97   |
| Missota Conference            | 98   |
| Northwest Suburban Conference | 99   |
| Prairie Conference South      | 100  |
| Southern Minnesota Alliance   | 102  |
| South West Ridge Conference   | 103  |
| Three Rivers Conference       | 104  |
| Valley Plains                 | 105  |
| West Central North            | 106  |
| West Central South            | 106  |
| Wright County                 | 107t |
| Nike Coach of the Year Clinic | 103  |

**COVER PHOTO:** LeSueur-Henderson versus Montgomery-Lonsdale: 2006 All Star Game linebacker, Mike May tackles Redbird ball carrier. Photo taken by Marie Retka.

# Executive Director's Message

Fellow Coaches,

I was invited to speak at an athletic banquet this spring, and was proud and pleased to attend. Frankly, I enjoy sharing some thoughts on lessons learned over this long and enjoyable career. Two of the questions I posed to the audience of players, coaches, parents and friends were “what will you settle for”, and “what do you bring to the table?” questions we often ask of our football team. In this short message today, I pose the same questions to you as they relate to your membership in the MHSFCA. “What will you settle for”, and “what do you bring to the table”.



A year ago, in our initial communication as your executive director, I asked you to follow the lead of President Motchenbacher and the executive committee as we embarked on a new structure to strengthen our organization and its service to the schools and communities of our state. There is some evidence that the structure is working, and that, in many ways we may be better than we were. We very much appreciate your continued participation in the myriad programs and services of our organization. But, we can do better. And, we can be better.

Ron Stolski  
Executive Director

Our membership is high; it can, and will, under Flint's leadership go higher. The conference representation at our bi-annual meetings must be better. Coach attendance at events such as The Prep Bowl, All-Star game, Recruiting Fair, Spring Awards Banquet, Mr. Football Banquet can improve. The coaching axiom, 'when we stop getting better we stop being good', is one we can all heed. I realize we are busy people in busy times, but I invite you to renew your efforts to be a contributing member of the MHSFCA; offer your support, participation and ideas as we strive to make our association one of the very best in the nation. Let us continue to lead in providing educational opportunities for coaches, students and communities. Follow president Anderson and the executive team. Together, all of us can enhance and improve the football experience in Minnesota. What we bring to the table should be our very best; what we settle for shall, then, be the same.

Ron Stolski  
Executive Director  
Minnesota High School Football Coaches Association

# Minnesota High School Football Coaches Association

**Executive Director**



**Executive Committee**



**MHSFCA Officers**  
**Executive Director**  
**President**  
**1<sup>st</sup> Vice President**  
**2<sup>nd</sup> Vice President**  
**Secretary/Treasurer**  
 \*\*\*\*\*  
**Past President Rep**  
**Retired Coaches Rep**

**All Star Game Director**  
**Membership Director**  
**Hall of Fame Banquet Director**  
**Mr. Football Director**  
**Operations and Communications Rep**  
**Assistant Coach Rep**  
**By Laws/Constitution Rep**



**Advisory Committee**



**Committees**



**U of M Liaison**

**Publications**

**Recruiting Fair**

**Presidents**

**Professional  
Development**

**Website**

**Vikings Liaison**

**Academic Recognition**

**Corporate Sponsors**

**Retired Coaches**

**Ad Hock**

**AFCA**

**Conference Reps**



**5A (27 +)**  
 Big Nine (10)  
 Lake (10)  
 St. Paul (7)  
 Independents ( )

**5A (34)**  
 Central Lakes (10)  
 Northwest Suburban (9)  
 Classic Lake (7)  
 SEC (8)  
 Mississippi Eight (8)

**4A (34)**  
 Minneapolis (7)  
 Classic Suburban (9)  
 Missota (8)  
 North Suburban (10)

**4A (37)**  
 Southwest (7)  
 Rum River (9)  
 South Central (6)  
 Metro Alliance (7)

**3A (35)**  
 Hiawatha Valley Blue (6)  
 Minnesota River (8)  
 212 (6)  
 Wright County (8)  
 North Country (7)

**3A (35)**  
 Sea Range (8)  
 West Central North (6)  
 West Central South (6)  
 Central Minnesota (8)  
 Northern Lakes (7)

**2A (21)**  
 Tri Metro (8)  
 Hiawatha Valley Gold (6)  
 Great River (7)

**2A (21)**  
 Polar North (AA) (7)  
 Polar South (A) (7)  
 Heart O' Lakes (7)

**2A (25)**  
 Gopher Valley (10)  
 Three Rivers North (6)  
 Three Rivers South (6)  
 North Star (8)

**1A (28)**  
 Prairie North (7)  
 Prairie South (7)  
 Valley Plains (6)  
 Southern Confederacy (8)

**1A (22)**  
 Little Sioux (8)  
 Southeast (4)  
 Southern MN (10)

**9 Man (29)**  
 Pheasant (8)  
 Top of the State (7)  
 Southwest Ridge (7)  
 North Tri County (7)

**9 Man (18)**  
 Great Northern North (6)  
 Great Northern South (6)  
 Great Northern West (6)



## Minnesota High School Football

# 2006 MINNESOTA FOOTBALL

Minnesota High School Football Coaches Association  
901 E. Ferry St. Le Sueur, MN 56058  
507-665-3305

This publication is issued annually by the MHSFCA

## PAST PRESIDENTS

|         |                                 |         |                                           |
|---------|---------------------------------|---------|-------------------------------------------|
| 1956-57 | Harvey Shew - Brainerd          | 1981-82 | Jim Roforth - Lake City                   |
| 1957-58 | Lew Swearingen - Jackson        | 1982-83 | Ron Stolski - Brainerd                    |
| 1958-59 | Red Wilson - Bemidji            | 1983-84 | Tony Thiel - Battle Lake                  |
| 1959-60 | Loren Hagge - Rochester         | 1984-86 | Dick Walker - Richfield                   |
| 1960-61 | Frank Cleve - Minneapolis Henry | 1986-87 | Jim Simser - New Richland - Hartland      |
| 1961-62 | Lew Barle - Greenway            | 1987-88 | Dave Nigon - Totino Grace                 |
| 1962-63 | Tom Mahoney - Fairmont          | 1988-89 | Keith Swanson - Hoffman-Kensington        |
| 1963-64 | Steve Silianoff - So. St. Paul  | 1989-90 | Jerry Peterson - Owatonna                 |
| 1964-65 | Dale School - Redwood Falls     | 1990-91 | Dave Brokke - Granite Falls               |
| 1965-66 | Bill Hansen - Willmar           | 1991-92 | Con Natvig - Swanville                    |
| 1966-67 | Bob Roy - St. Louis Park        | 1992-93 | George Larson - Cambridge                 |
| 1967-68 | Marv Gunderson - Winona         | 1993-94 | Buz Rumrill - Silver Lake                 |
| 1968-69 | Milt Osterberg - Worthington    | 1994-95 | George Tuvey-Janesville-Waldorf-Pemberton |
| 1969-70 | Dick Lagergren - Brainerd       | 1995-96 | George Thole - Stillwater                 |
| 1970-71 | Les Dreschsel - Ada             | 1996-97 | Ken Baumann - Mahnommen                   |
| 1971-72 | Don Varpness - New Ulm          | 1997-98 | Dave Hylla - Proctor                      |
| 1972-73 | Ron Raveling - Columbia Heights | 1998-99 | Neal Hofland - Chokio Alberta             |
| 1973-74 | Rollie Bromberg - Cloquet       | 1999-00 | Ken Belanger - Zumbrota-Mazeppa           |
| 1974-75 | Don Swanson - Minneapolis Henry | 2000-01 | Bubba Sullivan - Northfield               |
| 1975-76 | Don Stueve - Fergus Falls       | 2001-02 | Dick Strand - Southland                   |
| 1976-77 | Dean Brown - Winona             | 2002-03 | Dave Nelson - Blaine                      |
| 1977-78 | Gary Gustafson - North St. Paul | 2003-04 | Mike Mahlen-Verndale                      |
| 1978-79 | Grady Rostberg - Hutchinson     | 2004-05 | Dwight Lundeen - Becker                   |
| 1979-80 | Dick Lawrence - Eveleth         | 2005-06 | Flint Motchenbacher - Detroit Lakes       |
| 1980-81 | Ron Scott - Coon Rapids         |         |                                           |

## SECRETARY - TREASURER

|         |                                   |         |                                 |
|---------|-----------------------------------|---------|---------------------------------|
| 1956-57 | Frank Cleve - Minneapolis Henry   | 1974-83 | Jerry Peterson - Owatonna       |
| 1957-61 | Dwayne Hoberg - St. Louis Park    | 1983-87 | Don Larson - Albert Lea         |
| 1961-64 | Bob Roy - St. Louis Park          | 1987-00 | Jim Simser - Fairmont           |
| 1964-74 | Chuck Elias - Minneapolis Central | 2000-   | Terry Turek - LeSueur-Henderson |



## Minnesota High School Football Coaches Association Organization Officers



**PRESIDENT**  
Clay Anderson  
Albert Lea



**1<sup>st</sup> VICE PRESIDENT**  
Wayne Petermeier  
Browerville



**2<sup>nd</sup> VICE PRESIDENT**  
Shannon Gerrety  
Blaine



**SECRETARY-TREASURER**  
Terry Turek  
LeSueur - Henderson

### President's Message

Greetings from South Central Minnesota!

I know everyone is eagerly preparing for the upcoming Football season. I would like to take this opportunity to let you know about a few events and opportunities for you.

First, Ron Stolski, along with the retired football coaches, has started a mentoring program. This is a great opportunity for young or experienced coaches to get advice from retired coaches all over the state. There is a list of coaches who have agreed (and really are excited) to help anyone in any way they can. You will get a copy of the list with phone numbers and e-mails addresses so you can contact them if you choose. The list includes coaches from all over the state so there is one in your area. You may want to meet with them, have them come to one of your practices or just talk with them on the phone. But don't hesitate to bounce ideas off them, as I said before, they really would like to help any coach in any way they can!

Second, the All-star football game is June 24<sup>th</sup> at Husky stadium in St. Cloud. Game time is 7:00 p.m. This is a great time to watch Minnesota's best players compete and talk football with coaches from all over the state. There is a hospitality room for us that day!

This past May, Dave Nelson (Minnetonka HS) and myself presented to the Rep. Assembly our proposal for the MSHSL to allow us to wear pads for the first three days of practice. Unfortunately, the Sports Medical Advisory Committee came out the day before against the proposal which really shot the idea down. It didn't pass. We will take a look at this again and maybe have to meet with the Medical Advisory Group if we ever want this to pass in some form. We will bring this up at the next Executive Committee meeting on June 24<sup>th</sup>.

The Football Advisory Committee met on May 8<sup>th</sup> with Kevin Merkle of the MSHSL to look at classification for football. As you may or may not know, the way in which the size of schools are determined



# President's Message

is going to change. Basically, they will be counting numbers 9-12 and subtracting 40% of your free and reduced lunch students from that number. This will move about 9-11 schools around in football. The Football Advisory Committee, after looking at many models and ideas, came up with a new way to classify football. We picked out three main points to consider. 1 – the 2 to 1 ratio of school enrollments, 2 – Eliminating byes, and 3 – Having as many teams make the playoffs as possible. As we got into this, we soon realized that Minnesota's make-up of schools just doesn't allow us to achieve all these points equally. So, this is the new format we came up with:

Class "AAAAA" - Top 48 schools. Divided equally into 8 section of 6 (top 2 teams get byes)

Schools opting up from "AAAA" will bump a school down.

Class "AAAA" - Next 64 teams. This number could be bigger if a "AAA" school gets bumped into "AAAA".

Class "AAA" - Next 64 teams. This number could be bigger if a "AA" gets bumped into "AAA"

Class "AA" - Next 72 teams. All sections will have 9 teams. If an "A" school bumps into "AA", then a "AA" school will bump into "AAA". "AA" will never have more than 72 teams.

Class "A" - Next 72 teams. Same rules as "AA".

9-Man – The remaining teams (Around 71). Some of these may choose to play 11-man but last year we had 71 9-man teams.

1. This format kind of "cleans up" what we have right now.
2. It keeps the 2 to 1 ratio for all classes.
3. It puts all byes in class "AAAAA" and divides them equally.
4. No class from "A" to "AAAA" will have less than 64 teams or more than 72 teams and all sections will either have 8 or 9 in them.
5. 9 – man will start with around 71 but may be less.
6. Around the same number of teams won't make the playoffs as it is now (around 20-22)

If you would like to see the proposal in its entirety, get a hold of Terry Turek or Kevin Merkle.

I am looking forward to serving you as President of Minnesota High School Football Coaches Association. If I can help you in any way please feel free to get in contact with me.

Hoping all of you have a successful season,

Clay Anderson  
Head Football Coach  
Albert Lea High School  
W - (507)0379-5350  
C - (507)402-3108  
canderson@albertlea.k12.mn.us



# Minnesota High School Football Coaches: MHSFCA Members for 2005-06

Listed below are the dues-paying head coaches of the MHSFCA for the year 2005-06

These coaches are representative of the high school football teams in Minnesota. The association would like to remind all coaches to renew their membership for the upcoming year and to encourage their assistants to do the same.

The MHSFCA believes that it is realistic to have over 90% of all head coaches as members. Membership strengthens the association and allows for better representation for all teams

and their concerns.

Remember, the MHSFCA is not just a "head coaches only" group, several teams have taken advantage of having assistants take a more active role in association meetings and it has improved participation and representation a great deal.

Please note that some coaches names may have been inadvertently omitted.

| Coach              | School                    |
|--------------------|---------------------------|
| Smalley, Mike      | Academy of Holy Angels    |
| Gullingsrud, Mike  | Ada-Borup HS              |
| Strand, Randy      | Adrain HS                 |
| Miller, Scott      | Aitkin HS                 |
| Kleinschmidt, Mike | Albany HS                 |
| Anderson, Clay     | Albert Lea HS             |
| Kalpin, Dennis     | Alexandria Jefferson HS   |
| Wilke, Rich        | Andover HS                |
| Walter, Matt       | Annadale HS               |
| Buerkle, Jeff      | Anoka HS                  |
| Jansen, Roger      | Ashby HS                  |
| Herman, Tim        | Austin HS                 |
| Marinero, Ronald   | Babbitt HS                |
| Lamppa, Brian      | Babbitt-Embarass HS       |
| Anderson, Chuck    | Bagley HS                 |
| Strand, Bryan      | Barnesville HS            |
| Haley, Kevin       | Barnum HS                 |
| Lundeen, Dwight    | Becker HS                 |
| Richards, Michael  | Belgrade-Broton Elrosa HS |
| Carlson, Jim       | Bemidji HS                |
| Hanks, Jon         | Benilde-St. Margaret HS   |
| Krieger, Patrick   | Benilde-St. Margaret HS   |
| Gonnerman, Scott   | Benson HS                 |
| Harig, Rick        | Bertha-Hewitt HS          |
| Hanson, Scott      | Bethlehem Academy         |
| Bechtold, Stephen  | Blackduck HS              |
| Gerrety, Shannon   | Blaine HS                 |
| Swenson, Erik      | Blake School              |
| Gimbel, Chad       | Blooming Prairie HS       |

| Coach               | School                      |
|---------------------|-----------------------------|
| Leverenz, Jon       | Bloomington Jefferson       |
| Frisell, Dave       | Bloomington Kennedy HS      |
| Kuchemeister, Randy | Blue Earth Area HS          |
| Solem, Steve        | BOLD HS                     |
| Bodeen, Terry       | Braham HS                   |
| Stolkski, Ron       | Brainerd HS                 |
| Thiel, John         | Breck School                |
| Baartman, Darren    | Breckenridge HS             |
| Petermeier, Wayne   | Browerville HS              |
| Hartman, Chuck      | Buffalo Lake Hector HS      |
| Autsinson, John     | Byron HS                    |
| Fruechte, Carl      | Caledonia HS                |
| Larkin, Todd        | Cambridge-Isanti HS         |
| Snobl, Scott        | Canby HS                    |
| Schultz, Matthew    | Cannon Falls HS             |
| Klawitter, Keith    | Cedar Mountain HS           |
| Watson, Michael     | Centennial HS               |
| Korton, Mike        | Champlin Park HS            |
| Young, Mark         | Chaska HS                   |
| Hurley, Dan         | Chatfield HS                |
| Weiss, Bill         | Chisago Lakes HS            |
| Larkin, James       | Chisholm HS                 |
| Hofland, David      | Chokio-Alberta HS           |
| Eck, Keith          | Clearbrook-Gonvick Trail HS |
| Krenik, Dave        | Cleveland HS                |
| Lenarz, Thomas      | Cloquet HS                  |
| Townsend, Matt      | Columbia Heights HS         |
| Aurich, Michael     | Concordia Academy           |
| Dorr, Mitch         | Cook County HS              |



## Minnesota High School Football

# Minnesota High School Football Coaches: MHSFCA Members for 2005-06

| Coach                 | School                           | Coach              | School                            |
|-----------------------|----------------------------------|--------------------|-----------------------------------|
| Fabish, Mark          | Cook HS                          | Hentges, Patrick   | GFW HS                            |
| Copple, Clayton       | Coon Rapids HS                   | Dose, David        | Glencoe-Silver Lake HS            |
| Scanlan, Mike         | Cretin-Derham Hall               | Nelson, Derek      | Glenville-Emmons HS               |
| Gronner, Jeffrey      | Cromwell HS                      | Austin, Clair      | Goodhue HS                        |
| Schmidt, Eric         | Crookston HS                     | Sloan, Gary        | Grand Meadow HS                   |
| Gindorff, Michael     | Crosby Ironton HS                | Janicke, Kent      | Greenbush-Middle River HS         |
| Weinandt, Ryan        | Dassel-Cokato HS                 | Steege, Adam       | Hancock HS                        |
| Larson, Cory          | Dawson-Boyd HS                   | Majeski, Robert    | Hastings HS                       |
| Lienemann, Phil       | Dawson-Boyd HS                   | Naatz, Peder       | Hawley HS                         |
| Ott, Steve            | Deer River HS                    | Seipkes, Don       | Henning HS                        |
| Pavolich, Merrill     | Delano HS                        | Orth, Thomas       | Henry Sibley                      |
| Weinberger, Richard   | DeLaSalle HS                     | Illikainen, Daryl  | Hermantown HS                     |
| Motschenbacher, Flint | Detroit Lakes HS                 | Brue, Charles      | Hillcrest Lutheran Academy        |
| Reno, Tony            | Dilworth-Glyndon-Felton HS       | Conway, Vince      | Hill-Murray HS                    |
| Yost, Doug            | Dover-Eyota HS                   | Ellingson, Daniel  | Hills-Beaver Creek                |
| Vold, Chris           | Duluth Central HS                | Eyre, Dave         | Hinkley Finlayson HS              |
| Huie, Frank           | Duluth Denfeld HS                | Fidely, Bryan      | Hill City HS                      |
| Hietala, Joseph       | Duluth East HS                   | Hopkins, David     | Holy Family Catholic HS           |
| Fritze, Dave          | Eagan HS                         | McDonald, Ken      | Hopkins HS                        |
| Sieling, John         | Eagle Valley HS                  | Freed, Jason       | Houston HS                        |
| Battaglia, Daniel     | East Central HS                  | Montgomery, George | Howard Lake Waverly               |
| Schumacher, Todd      | East Grand Forks HS              | Rostberg, Andrew   | Hutchinson HS                     |
| Aker, Dave            | East Grand Forks Sacred Heart HS | Nordquist, Stuart  | International Falls HS            |
| Sherwin, Kelly        | Eastview HS                      | Geisler, Benjamin  | Irondale HS                       |
| Grant, Mike           | Eden Prairie HS                  | Miller, Stanley    | Isle HS                           |
| Tri, Ray              | Eden-Valley-Watkins HS           | Schuller, Thomas   | Jackson County Central HS         |
| Fleischman, Andrew    | Edgerton HS                      | Lepper, Jay        | Jordan HS                         |
| Nelson, Kim           | Edina HS                         | Kroulik, Ivan      | Kasson-Mantorville HS             |
| Cross, Michael        | Elk River HS                     | Hockinson, Randy   | Kenyon-Wanamingo                  |
| Visser, Darren        | Ely HS                           | Cortez, James      | Kerhoven-Murdock-Sunburg HS       |
| Hudspeth, William     | Esko HS                          | Meyer, Shawn       | Kimball Area HS                   |
| Roberts, Wayne        | Eveleth-Gilbert HS               | Beevers, Walter    | Kingsland HS                      |
| Cody, Troy            | Fairmont Area                    | Ogorek, Terrance   | Kittson Central HS                |
| Louis, Ned            | Faribault HS                     | Madland, Mithchell | La Crescent HS                    |
| Froehling, Mark       | Farmington HS                    | Olson, Phil        | Lake City HS                      |
| Rishburdt, Richard    | Fergus Falls HS                  | Escher, Dwayne     | Lake Crystal-Welcome Memeorial HS |
| Nelson, Brian         | Fertile-Beltrami HS              | Nohner, Mark       | Lake of the Woods HS              |
| Elston, Del           | Fillmore Central HS              | Thompson, Larry    | Lakeville South HS                |
| Hirst, Ivan           | Fisher HS                        | Homstad, Brad      | Lancaster HS                      |
| Heggendahl, Larry     | Floodwood HS                     | Semmer, James      | Lanesboro HS                      |
| Herm, Larry           | Foley HS                         | Neal, Kevin        | Laporte HS                        |
| Carlson, Steve        | Frazee HS                        | Helland, Kenny     | Le Center HS                      |
| George, Steve         | Fridley HS                       | Knight, Craig      | LeRoy-Ostrander HS                |
| Holinka, Brad         | Fulda HS                         | Scoblic, Joseph    | Lester Prairie HS                 |



# Minnesota High School Football Coaches: MHSFCA Members for 2005-06

| Coach             | School                     | Coach              | School                     |
|-------------------|----------------------------|--------------------|----------------------------|
| Turek, Terry      | LeSueur-Henderson HS       | Kostich, Wally     | Mt. Iron/Buhl HS           |
| Schmaltz, Scott   | Lewiston-Altura HS         | Kirk, Tim          | Mt. Lake HS                |
| Johnson, Jonathan | Litchfield HS              | Davis, Chris       | Murray County Central HS   |
| Marmon, Jack      | Little Falls HS            | Camp[bell, Charles | Nashwauk-Keewatin HS       |
| Libbon, Nathan    | Long Prairie-Grey Eagle HS | Hurlburt, Nate     | Nevis HS                   |
| Oye, Todd         | Luverne HS                 | Essler, Dan        | New London-Spicer HS       |
| Buntje, Mark      | Lyle HS                    | Buthe, Tony        | New Prague HS              |
| Urbaniak, Karl    | Mabel-Canton HS            | Lux, Denny         | New Ulm Cathedral HS       |
| Dammann, Mike     | MACCRAY HS                 | Van Roekel, Rick   | New Ulm HS                 |
| Clark, John Jr.   | Mahnomen HS                | Radniecki, Matthew | New York Mills HS          |
| Malmstrom, Walter | Mahtomedi HS               | Swanson, Joel      | North Branch HS            |
| Davis, Eric       | Mankato East HS            | Honsa, James       | North HS                   |
| Rotchadl, Dan     | Mankato Loyola HS          | Sullivan, Bubba    | Northfield HS              |
| Sutton, Rick      | Mankato West HS            | Gross Derrick      | Northome/Kelliher HS       |
| Hansen, Craig     | Maple Grove HS             | Henn, Paul         | Norwood Young America HS   |
| Knudsen, Tim      | Maple Lake HS              | Stork, Dan         | NRHEG HS                   |
| Olson, Randy      | Maple River HS             | Stritesky, Gene    | Ogilve HS                  |
| Parker, Scott     | Marshall County Central HS | Weiland, Jeffrey   | Orono HS                   |
| Bahlmann, Tery    | Marshall HS                | Jirik, John        | Orr HS                     |
| Arntson, Scott    | Marshall School            | Keller, Trevor     | Ortonville HS              |
| Skogerboe, Larry  | Martin County West HS      | Tax, Steve         | Osakis HS                  |
| Sgtaska, Bob      | McGregor HS                | Lamker, Derrin     | Osseo HS                   |
| Neubarth, William | McLeod West HS             | Williams Jeff      | Owatonna HS                |
| McCabe Maurice    | Medford HS                 | Peterson, Scott    | Parkers Prairie HS         |
| Oja, Daryl        | Melrose HS                 | Haugen, David      | Pelican Rapids HS          |
| Johnson, Randy    | Milaca HS                  | Pohlkamp, Leo      | Pierz HS                   |
| Wilson, Richard   | Minneapolis North HS       | Schlieve, Derek    | Pillager HS                |
| Lossow, Rodney    | Minneapolis Roosevelt      | Christianson, Bill | Pine City HS               |
| Sedlock, Lenny    | Minneapolis South          | Strong, Shane      | Pine Island HS             |
| McMenomy, Sean    | Minneapolis Southwest HS   | Schwegel, Randy    | Pine River/Backus          |
| Whalen, Timothy   | Minnehaha Academy          | Schroyer, Chuck    | Pipestone HS               |
| Johnson, Chad     | Minneota HS                | Ihrke, Bill        | Plainview HS               |
| Buboltz, James    | Minnesota Valley Lutheran  | Walquist, Scott    | Princeton HS               |
| Nelson, David     | Minnetonka HS              | Bennett, John      | Prior Lake HS              |
| Hill, Steven      | Minnewaska Area HS         | Hylla, David       | Proctor HS                 |
| Humbert, Shannon  | Mojnd Westonka HS          | Lipelt, Roger      | Providence Academy HS      |
| Schimming, David  | Montevideo HS              | Maquis, Ethan      | Red Lake County Central HS |
| Barnack, Tony     | Montgomery-Lonsdale HS     | Remick, Brian      | Red Lake Falls HS          |
| Odland, Brian     | Monticello HS              | Walker, Brian      | Red Rock Central HS        |
| Eidsness, Rick    | Moorhead HS                | Lundeen, Matt      | Redwood Valley HS          |
| Louzek, Dave      | Moose Lake Willow River HS | Gross,, Christian  | Renville County West HS    |
| Qual, Randy       | Mora HS                    | Inforzato, Kyle    | Richfield HS               |
| Witt, Jerome      | Morris Area HS             | Norby, Erick       | Robbinsdale Cooper HS      |
| Galvin, Jim       | Mounds View HS             | Vik, Jon           | Rochester Century HS       |



## Minnesota High School Football

# Minnesota High School Football Coaches: MHSFCA Members for 2005-06

| Coach             | School                     | Coach                | School                           |
|-------------------|----------------------------|----------------------|----------------------------------|
| Drews, John       | Rochester John Marshall HS | Hoffman, Scott       | Stillwater HS                    |
| Kesler, Michael   | Rochester Lourdes HS       | Loven, Jay           | Swanville HS                     |
| Miller, James     | Rochester Mayo HS          | Hickey, Tim          | Tartan HS                        |
| Merila, Steven    | Rockford HS                | Mumm, Jeff           | Thief River Falls HS             |
| Theisen, Rick     | ROCORI HS                  | Ferguson, Jeffrey    | Totino Grace HS                  |
| Franz, Marc       | Rogers HS                  | McIntire, Randy      | Tracy HS                         |
| Borowicz, Douglas | Roseau HS                  | Henderson, Don       | Triton HS                        |
| Simdorn, Chris    | Roseville HS               | Schmidt, Barry       | Truman/Madelia HS                |
| Swenson, Joel     | Royalton HS                | Nelson, Thomas       | Two Harbors HS                   |
| Mikkelsen, Kent   | Russell-Tyler-Ruthton HS   | Christensen, Travis  | Ulen-Hiterdahl HS                |
| WEndorf, Gary     | Rush City HS               | Ross Chuck           | Underwood HS                     |
| Reinhardt, Jim    | Rushford-Peterson HS       | Schimek, Brent       | United South Central HS          |
| Ross, John        | Sartell HS                 | Tretter, Randy       | Upsala HS                        |
| Olson, Bryan      | Sauk Centre HS             | Mahlen, Michael      | Verndale HS                      |
| Magnuson, Bill    | Sauk Rapids/Rice HS        | Erickson, Richard    | Virginia HS                      |
| Heino, Mike       | Sebeka HS                  | Kemp, Joe            | Wabasso HS                       |
| Tiedens, Scott    | Shakopee HS                | Foley, Patrick       | Waconia HS                       |
| Walsh, Randal     | Sibley East HS             | Schulz, Dirk         | Wadena-Deer Creek HS             |
| Otterblad, Larry  | Silver Bay HS              | Naugle, Peter        | Walker-Hackensack-Akley          |
| Haala, Cory       | Sleepy Eye HS              | Gullickson, Tony     | Warren-Alvarado-Oslo HS          |
| Sexauer, Chad     | South St. Paul HS          | Bengtson, Steven     | Warroad HS                       |
| Guttmiller, Jim   | Southland HS               | Hayford, Joel        | Waseca HS                        |
| Schlieff, Jeff    | Spring Lake Park HS        | Rosholt, John        | Watertown Mayer HS               |
| Dunn, Paul        | Springfield HS             | Bakken, Jon          | Waterville-Elysian-Morristown HS |
| Scull, Kirby      | St Paul Como Park HS       | Clark, John          | Waubun HS                        |
| Leeach, Nicholas  | St. Agnes HS               | Anderson, Brad       | Wayzata HS                       |
| Walz, Craig       | St. Charles HS             | Frisch, Michael      | West Central HS                  |
| Tietje, Jefferson | St. Clair HS               | Veach, Nathan        | West Lutheran HS                 |
| Benson, Jon       | St. Cloud Apollo HS        | Ross, Carter         | Westbrook-Walnut Grove HS        |
| Kinzer, Jamie     | St. Cloud Cathedral HS     | Theisen, Leo         | Westbrook-Walnut Grove HS        |
| Kaczor, Ronald    | St. Cloud Tech HS          | Thiel, Tony          | Wheaton HS                       |
| Lemke, Carl       | St. Croix Lutheran HS      | Jackson, Robert      | White Bear Lake HS               |
| Wendland, Brad    | St. James HS               | Heitzman, Ken        | Willmar HS                       |
| Backes, Bryan     | St. John's Prep            | Elder, Erin          | Windom HS                        |
| Berdan, Ronald    | St. Mary's Sleepy Eye      | Hendrickson, Richard | Win-E-Mac HS                     |
| Bauman, Earl      | St. Michael-Albertville HS | Bowlin, Pat          | Winona Cotter HS                 |
| Brown, Michael    | St. Paul Academy           | Cassellius, John     | Winona HS                        |
| Rubbelke, Jim     | St. Paul Harding HS        | Hale, Dennis         | Worthington HS                   |
| Zeitchick, David  | St. Paul Highland Park HS  | Brokke, Dave         | Yellow Medicine East HS          |
| Plaschko, Jeff    | St. Paul Johnson HS        | Rauen, Willie        | Zumbrota-Mazeppa                 |
| Bachman, Marc     | St. Peter HS               |                      |                                  |
| Ziebarth, David   | St. Thomas Academy HS      |                      |                                  |
| Kroulik, Mark     | Stephan/Argyle HS          |                      |                                  |
| Schmitz, Mark     | Stewartville HS            |                      |                                  |



## MHSFCA Retired Life Membership

Do you want to stay active in the MHSFCA? Life membership in the MHSFCA for retired coaches is the answer. We now offer an opportunity for retired coaches to remain involved in association matters. Membership is open to all retired coaches (both assistant and head) who are life members of the State Coaches Association or who have been long-time football coaches. A one-time fee of \$25.00 brings all the benefits of association membership. PASS THE WORD! Contact Terry Turek, P.O. Box 81, Henderson MN 56044.

| Coach               | Coach              | Coach             |
|---------------------|--------------------|-------------------|
| Anderson, Lyle      | Idstrom, Thomas    | Roy, Bob          |
| Anderson, Robert P. | Jacobson, Kenneth  | Rumrill, Buz      |
| Barnett, Raymond    | Jaeger, Rick       | Scanlan, Mal      |
| Baumann, Kenneth    | Jerdee, Jerry      | Schmitz, John     |
| Belanger, Kenneth   | Johnson, DeWayne   | Scott, Ron L      |
| Belseth, Mike       | Kallok, Richard    | Siegle, Al        |
| Bergloff, Clark     | Knutson, James     | Simser, Jim       |
| Bjornaraa, Bud      | Konrath, Fred      | Smith, George     |
| Bromberg, Roland    | Larson, George     | Stolski, Ron      |
| Canakes, Stav       | Lawrence, Dick     | Strand, Dick      |
| Claffy, Herb        | Lien, Ken          | Stussy, Lloyd     |
| Conzemius, John C.  | Mader, James L     | Sullivan, Bob     |
| Dahl, Mac           | Mahoney, Tom       | Swanson, Don L.   |
| Dotseth, Jim        | Martin, Bill       | Thiel, Anthony J. |
| Draheim, Ed D       | Marton, William    | Thole, George     |
| Elias, Charles F    | Nelson, Andy       | Thompson, John    |
| Foley, Jerome T     | Nigon, David       | Taurig, Leo       |
| Fredlund, Frank     | Nordquist, Stuart  | Tuvey, George E   |
| Graham, Gary        | Nunnink, Stephen   | Uhlir, David      |
| Gross, John         | Olson, Warren H.   | Vagle, Virg       |
| Gustafson, J. Gary  | O'Neill, Robert D. | Walker, Richard   |
| Halsted, Charles    | Peterick, John C   | Willhite, Jack M. |
| Hansen, John        | Peterson, Bob D.   | Wilson, Bill      |
| Harding, Bruce      | Peterson, Jerry    | Youso, Robert     |
| Helleckson, Russ    | Peterson, Ralph J. |                   |
| Henderson, Roy      | Rauen, Willie      |                   |
| Herges, Peter       | Roforth, Jim       |                   |
| Hiebert, Del        | Rohman, Dan        |                   |
| Hill, Ken O.        | Rossini, Reno      |                   |
| Holzer, Michael     | Rostberg, Grady    |                   |

## 2006-2007 UNIFIED DUES APPLICATION FORM

**Minnesota State High School Coaches Association, Inc**

PO Box 519, Detroit Lakes, MN 56502

**JOHN ERICKSON, EXECUTIVE DIRECTOR**

(218) 847-6796 (H) - (218) 847-5493 (FAX)

www.mshsca.org

NAME (Print) \_\_\_\_\_

(Last)

(First)

(M.I.)

SCHOOL \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP CODE \_\_\_\_\_

ADMINISTRATIVE REGION NO. \_\_\_\_\_ COMPETITIVE SECTION NO. \_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_ HOME PHONE #( ) \_\_\_\_\_

DUES PAYABLE: Check One

☐ ANNUAL PAYING MEMBER - \$30.00Eligible: MN Secondary, Jr. High,  
Elementary Coaches & ADs☐ ASSOCIATE MEMBERS - \$15.00Eligible: Out of State Coaches  
All College Coaches☐ RETIRED LIFE MEMBER

(without insurance)-\$5.00

☐ LIFE MEMBER(with insurance)-\$10.00

NUMBER OF YEARS COACHING, INCLUDING 2006-07 SCHOOL YEAR \_\_\_\_\_

(This includes Minnesota and all states)

**SPORTS ASSOCIATION DUES**(optional - Must join parent organization before  
you can join individual Sports Association)**DIRECTORY INFORMATION**(Please circle or list your coaching assignments,  
Head, Asst, Jr. High or Elementary)

ADAPTED ATHLETICS ..... \$10

ATHLETIC DIRECTORS ..... \$40

BASEBALL(Mar. 7 deadline).....\$10(H); \$5(A)

BOYS BASKETBALL(Dec. 1 deadline) .... \$10(H); \$5(A)

GIRLS BASKETBALL(Dec. 1 deadline) .... \$10(H); \$5(A)

CROSS COUNTRY(Oct. 1 deadline)\$10(B or G);\$10(B/G)

FOOTBALL(Oct. 1 deadline) ..... \$20(H); \$10(A)

Retired Life ..... \$25

GOLF(Apr. 15 deadline) ..... \$10(B); \$10(G); \$10(B/G)

HOCKEY(Jan. 7 deadline) ..... \$25(H); \$15(A)

Retired Life ..... \$15

NORDIC SKIING(Dec. 15 deadline) ..... \$10

ALPINE SKIING(Jan. 15 deadline) ..... \$10(H); \$6(A)

BOYS SOCCER(Oct. 1 deadline) ..... \$10(H); \$5(A)

GIRLS SOCCER(Oct. 1 deadline) ..... \$10(H); \$5(A)

BOYS SWIMMING(Jan. 30 deadline) ..... \$10(H); \$5(A)

GIRLS SWIMMING(Oct. 1 deadline) ..... \$10(H); \$5(A)

BOYS TENNIS(Mar. 15 deadline) ..... \$10(H); \$5(A)

GIRLS TENNIS(Oct. 1 deadline) ..... \$10(H); \$5(A)

TRACK &amp; FIELD(Mar. 15 deadline) ..... \$15(H); \$5(A)

**MSHSCA ..... \$30.00**

(INCLUDES \$1,000,000 LIABILITY INSURANCE)

**SPORT ASS'N DUE.....\$****TOTAL.....\$**



## Reasons Why MSHSCA Membership Is Beneficial

1. Executive Director available to work for you on a daily basis.
2. Dues include a \$1,000,000 Liability Insurance for classroom and coaching.
3. Membership card is for admission at many high schools and colleges in Minnesota.
4. Teams are eligible to earn Academic Team and Individual honors.
5. Provide scholarships for Minnesota High School students.
6. NOCAD membership creates revenue marketing that is helpful for the promotion of programs that benefit coaches and their athletes.
7. Four issues of The Minnesota Prep Coach, the MSHSCA newsletter which contains information about and for coaches and their association's activities.
8. Provides potential for clinics for any sport association that wishes assistance.
9. Offers a national clinician exchange for our qualified high school clinicians.
10. Opportunity to be recognized as Minnesota Coach of the Year.
11. Opportunity to be recognized as Minnesota Assistant Coach of the Year.
12. Delegate representation that allows coaches to remain fully updated on issues.
13. Close working relationship with all affiliated sport associations.
14. Provides active representation and support on the MSHSL Board of Directors.
15. Recognition for state team championships.
16. Opportunity for 25 Year Club and Life Membership of the MSHSCA.
17. Opportunity to be nominated and selected to the MSHSCA Hall of Fame.
18. United support for each other's programs.

## MSHSCA MEMBERSHIP PERKS

AS OF MARCH 1, 2006

- FOUR POINTS SHERATON HOTEL, MPLS - \$65 per night
- HOLIDAY INN - ALEXANDRIA -  
Sunday - Thursday \$42/single; \$47/two or more  
Friday & Saturday, \$55/single; \$60/two or more  
For information call Jim Sterlkund at 612- 763-6577
- NORMANDY INN - MINNEAPOLIS - 1-800-373-3131  
Corporate Rate -Parking included
- BEST BUY - Commercial Division  
Commercial rate (store rate minus 15-25% - usually)  
Call 1-800-373-3050. Identify yourself as a member of MSHSCA. They will give you a quote on any merchandise they carry. Quotes include freight. They will ship upon receipt of personal check or school purchase order. They will fax specs on different kinds of equipment.
- MINNESOTA ZOO - APPLE VALLEY  
Corporate Rates - 20% OFF on all admissions.  
Call Shirley Allslot for discount card at 612-431-9298
- MINNESOTA TIMBERWOLVES - \$3 discount on tickets - Team discount on tickets. Call John From at 612-673-1388
- SUPER 8 - SHAKOPEE Corporate Rate - 612-445-4221
- SUPER 8 - BLOOMINGTON - 10% discount 612-888-8800
- ALAMO RENT-A-CAR Discount on Car Rentals - 1-800-354-2322



## NEWS RELEASE: Ron Stolski Receives 2005 Power of Influence Award

WACO, TEXAS— Brainerd (Minn.) High School Head Coach Ron Stolski has been named the winner of the 2005 Power of Influence Award. Stolski was nominated for the award by the Minnesota High School Football Coaches Association.

The award, which is presented jointly by the American Football Coaches Association and the American Football Coaches Foundation®, will be presented to Stolski at the AFCA Coach of the Year Dinner on January 10 at the 2006 AFCA Convention in Dallas, Texas. Stolski will also receive a \$1,000 stipend from the AFCF.

The Power of Influence Award was created as a way for the AFCA and AFCF to honor a deserving high school football coach for his effect on his players, school and community. This award is not based on wins and losses, however, it is noted that coaches of powerful influence have longevity and success. It is the first AFCA award specifically designed to honor a high school coach.

Stolski has been a head football coach in Minnesota high schools for 44 years, and is currently in his 31st year as the head coach at Brainerd High School in Brainerd, Minn. He has a career record of 280-132-5 in his first 43 years, with 14 conference championships and five trips to the state playoffs. With his 280 wins, Stolski is currently Minnesota's winningest active coach in Class 5A. He is currently a member of five Halls of Fame, including the Minnesota State Athletic Directors, Macalester College, Park Center High School, Patrick Henry High School and Brainerd High School Halls of Fame.

Stolski's passion for football can be found all over the state of Minnesota. He co-authored the Minnesota high school football playoff structure, which began in 1982. Stolski also began the Brainerd Coaching Clinic in 1975, which has been de-

scribed as, "the original high school coaches clinic for high school coaches by high school coaches." He founded the Minnesota State Athletic Directors Hall of Fame and the Minnesota Salute to Co-curricular Activities. Stolski speaks at many seminars and conferences in the state of Minnesota and across the nation, and is a frequent contributor to various publications, including the National Federation News.

Stolski is a past president and was recently selected as the first-ever Executive Director of the Minnesota High School Football Coaches Association. He has served on numerous committees for the MHSFCA, along with working with organizations at the national level. Stolski was a member of the National Federation Athletic Directors Advisory Committee from 1988-1991 and the National Federation Sportsmanship, Ethics and Integrity Committee from 1989-1992. He has won numerous awards over the years, including being named the Nike Minnesota Athletic Director of the Year in 1997 and a recipient of the National Federation Citation in 1988.

The other finalists for this year's award were: Jim Bradley, Mayfield High School (Las Cruces, N.M.); Maurice Fitzgerald, Pearl-Cohn High School (Nashville, Tenn.); Don Lessner, Mason High School (Erie, Michigan); Frank McClellan, Barton High School (Barton, Ark.); John Nyhaug, Viborg High School (Viborg, S.D.); Hugh Sandifer, Wylie High School (Abilene, Tex.); Rollins Stallworth, Proctor R. Hug High School (Reno, Nev.); Brent Steuerwald, Shenendehowa High School (Clifton Park, N.Y.); Perry Thomas, Tilghman High School (Paducah, Ky.); Rob Younger, Sweet Home High School (Sweet Home, Ore.).

The first Power of Influence Award was presented in 2002 when Amarillo (Texas) High School's



# 2005 Power of Influence Award

...continued from pg 16

Larry Dippel was named the inaugural winner. Other past winners include John McKissick, Summerville (S.C.) High School (2003), and Marcus Borden, East Brunswick (N.J.) High School (2004).

The AFCA was founded in 1922 and currently has more than 10,000 members around the world ranging from the high school level to the profes-

sional ranks. According to its constitution, the AFCA was formed, in part, to “maintain the highest possible standards in football and in the coaching profession” and to “provide a forum for the discussion and study of all matters pertaining to football.”

The AFCE, created in 2000, provides financial support for the educational goals of the AFCA.

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## Coach to Coach Program

The Coach to Coach program begins with the 2006 football season. The program was developed by the MHSFCA Executive Committee and is designed to allow Minnesota high school football coaches to contact successful, retired coaches and get their insight on how to implement ideas on a variety of topics such as offense, defense, special teams, program building, and many more.

The Coach to Coach program lists some of the most successful and legendary coaches in Min-

nesota high school football history. Represented among these coaches are numerous state championship coaches, 200+ game winners, and many coaches who have thirty or more years of coaching football. The retired coaches listed are willing to give some of their best advice and information acquired over their long and successful careers. Member coaches are encouraged to utilize this program to improve their programs in any area.

### Coach To Coach Contact List

| Coach            | Address                   | City/State      | Zip   | Phone Number |
|------------------|---------------------------|-----------------|-------|--------------|
| Belanger, Ken    | 21875 Marek Road          | Frederic, WI    | 54837 | 715-327-8726 |
| Mike Belseth     | 1438 Andrews Avenue       | Breckenridge    | 56520 | 218-643-2442 |
| Canakes, Stav    | 1680 Windsor Drive South  | Shakopee        | 55379 | 952-445-0978 |
| Celt, Bob        | 1963 Cherry Street        | Red Wing        | 55066 | 651-388-5980 |
| Collison, Bob    | 7500 Cahill Road #215 C   | Edina           | 55439 | 952-942-9055 |
| Darnell, Doug    | 6825 Dupont Avenue North  | Brooklyn Center | 55430 | 763-560-1702 |
| Davies, John     | 22439 Beach Road          | Deerwood        | 56444 | 218-546-6460 |
| DeRocher, Darien | 7101 Brown's Lane         | Brainerd        | 56401 | 218-825-8466 |
| Domschot, Ronald | 105 Knut Street           | Alexandria      | 56308 | 320-763-7140 |
| Dotseth, Jim     | 4180 Trenton Lane         | Plymouth        | 55441 | 763-544-2970 |
| Elias, Charles   | 10362 Columbus Circle     | Bloomington     | 55420 | 952-884-1013 |
| Fox, Don         | 1809 3rd Avenue Southwest | Austin          | 55912 | 507-433-3016 |
| Gasner, Paul     | 51 142nd Avenue Northwest | Andover         | 55304 | 763-757-2340 |
| Graham, Gary     | 11825 Bluegill Drive      | Sauk Centre     | 56378 | 320-352-2881 |
| Gross, John      | 6745 3rd Avenue Southeast | Medford         | 55049 | 507-451-9533 |



## Coach to Coach Program

...continued from pg 17

|                    |                          |                 |       |              |
|--------------------|--------------------------|-----------------|-------|--------------|
| Gustafson, Gary    | 2246 Thomas Lane         | White Bear Lake | 55110 | 651-777-0286 |
| Heikkinen, Marv    | 2806 Solway Road         | Menahga         | 55733 | 218-628-1663 |
| Herges, Pete       | PO Box 66                | Albany          | 56307 | 320-845-2981 |
| Hill, Ken          | 1031 3 1/2 Avenue North  | Sauk Rapids     | 56379 | 320-252-4035 |
| Hofland, Niel      | 201 2nd Street West      | Chokio          | 56221 | 320-324-7363 |
| Jacobson, Kenneth  | 517 Park Street          | Chatfield       | 55923 | 507-867-4759 |
| Konrath, Fred      | 2227 Foxtail Court       | Lino Lakes      | 55110 | 651-426-0752 |
| Kostich, Dan       | 109 37th Avenue South    | Moorhead        | 56560 | 218-233-1079 |
| Larson, George     | 444 Maple Dell Road      | Cambridge       | 55008 | 763-689-2371 |
| Lipelt, Roger      | 740 Quantico Lane North  | Plymouth        | 55447 | 763-478-5549 |
| Lubarski, Conrad   | 909 Bradford PO Box 1    | Argyle          | 56713 | 218-437-6354 |
| Mader, Jim         | PO Box 330               | Albany          | 56307 | 320-845-2814 |
| Mahoney, Tom       | 802 South Orient         | Fairmont        | 56031 | 507-235-9114 |
| Manke, Rick,       | 18135 Willow Springs     | Detroit Lakes   | 56501 | 218-847-7106 |
| Martin, Bill       | 2785 Matilda Street      | Roseville       | 55113 | 651-484-6416 |
| Menage, Elmer      | 816 North Estey          | Luverne         | 56156 | 507-283-2479 |
| Mork, Paul         | 2166 Regent Drive        | White Bear Lake | 55110 | 651-429-6429 |
| Nigon, David       | 2606 Rivers Bluff Lane   | Anoka           | 55303 | 763-571-9116 |
| Olson, Warren      | 569 Rice Creek Terrace   | Fridley         | 55432 | 763-571-2297 |
| Peterson, Bob      | Box 262                  | Esko            | 55733 | 218-879-4908 |
| Peterson, Lloyd    | 112 Ranch Avenue         | Marshall        | 56258 | 507-532-5916 |
| Quenette, William  | 3616 5th Street South    | Moorhead        | 56560 | 218-233-7752 |
| Robinson, Ron      | 415 South Range Road     | Springfield     | 56087 | 507-723-4718 |
| Roff, Dan          | 5470 Vinewood Lane       | Plymouth        | 55441 | 763-550-1109 |
| Roham, Dan         | 405 3rd Street           | Belview         | 56214 | 507-938-4274 |
| Scanlan, Mal       | 1938 Fairmont Avenue     | St Paul         | 55105 | 651-699-7877 |
| Schneider, Gregg   | 1391 Valley View Road    | Chaska          | 55318 | 952-448-5667 |
| Scott, Ron         | 12816 Jonquil Street NW  | Coon Rapids     | 55448 | 612-546-3262 |
| Siegle, Al         | PO Box 273               | Pelican Rapids  | 56572 | 218-863-5861 |
| Simser, Jim        | 940 Liberty Lane         | Fairmont        | 56031 | 507-235-8689 |
| Strand, Richard    | Box 316                  | Mayville, ND    | 58257 | 701-430-1562 |
| Stoterau, Dennis   | 114 W Chestnut Street    | Redwood Falls   | 56283 | 507-644-8063 |
| Swanson, Don       | 4222 Chowen Avenue North | Robbinsdale     | 55422 | 763-533-9083 |
| Swanson, Keith     | 114 Dakota Avenue        | Hoffman         | 56339 | 320-986-2697 |
| Taylor, Dean       | 32899 Apache Lane        | St. Joseph      | 56374 | 320-253-2525 |
| Thole, George      | 2114 Fair Meadows Road   | Stillwater      | 55082 | 651-439-5991 |
| Traurig, Leo       | 812 South Payne Street   | New Ulm         | 56073 | 507-354-8376 |
| Waldner, Pat Bruno | 6408 Brook Lane          | Savage          | 55378 | 952-447-3504 |
| Walker, Richard    | 7420 Edinborough #6315   | Edina           | 55435 | 952-806-9922 |
| Wallskog, Jerry    | 331 N Montgomery Avenue  | LeCenter        | 56057 | 507-357-6459 |
| Wemeier, George    | 1624 Waterbury           | Waconia         | 55387 | 952-442-5432 |



# New Rules for Football

The National Football Rules Committee, met in Indianapolis, IN, and made several changes/revisions in the rules used for high school football.

The spearing penalty wording was changed as the word “intentional” was removed in order to relieve officials from having to make a “judgement” call in regard to the penalty.

Another noticeable change, although it won’t actually be noticeable until 2010, is the change in

jerseys. Visiting teams must use a white jersey and the amount of white in a home jersey will be limited. Teams are being notified now in order to make plans for their future orders for new uniforms.

One more noticeable change will be in the implementation of the use of the four snap chinstrap, which takes effect this fall.

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## NFHS Football Rules Changes - 2006

1-2-3g Advertising and/or commercial markings may be permitted in the end zones.

1-3-5b The official line-to-gain and down indicators shall be operated approximately 6 feet outside the sideline, where facilities permit.

1-5-1 Beginning in 2010, the visiting team shall wear white jerseys. Also, the home team has additional limitations as to how much white may be on its jerseys.

1-5-1a At least a four-snap chin strap shall be required to secure the helmet.

1-5-1i Mouth guards shall be of any readily visible color, other than white or clear.

1-5-1f2 Beginning in 2008, when measuring the length of a non-removable cleat, the measurement shall be from the tip of the cleat to the sole of the shoe.

1-6-2 Phones and headsets are permitted for use by anyone during a authorized sideline time-out.

2-6-2a An authorized sideline time-out shall be held directly in front of the team box and within the 9-yard mark.

2-29, 3-7-6

9-6-4a The language and definition of participation and substitution have been revised.

2-31-8 A definition has been added to define when a runner becomes a kicker.

2-40 The word “intentional” has been removed from the spearing rule.

4-2-2 A holder may now recover a snap and retain the same options of going back to aknee for the kick, advance, pass or running the ball.

7-2-8 The option to use a “planned loose ball” has been

removed.

7-5-10, 13 The act of illegally touching the ball by an ineligible player carries the same penalty whether the act occurs behind, in or beyond the line of scrimmage.

Six, Eight, and Nine Player The 9-yard mark required in 11 player has been modified to 7-yard mark.

### Points of Emphasis

1. Concussions
2. Spearing and Illegal Helmet Contact
3. Making the Difficult Call – Assisting the Runner; Officials Professionalism
4. Goal Line and End Zone Calls

Courtesy of the National Federation of State High School Associations (nfhs.org)



## Recruiting Fair 2006

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The 4th annual MSHSFCA Recruiting Fair was held on May 11th at the Mermaid Entertainment & Event Center in Mounds View.

33 colleges attended and met with coaches from 19 Minnesota high schools. In addition to the 33 colleges in attendance, 6 other colleges purchased the Recruiting Fair booklet and data disc. Over 700 Minnesota Juniors were represented in the booklet, the most ever. This event raised \$1973 for our Association.

Our goal is to continue to increase the size and scope of this event, with more high

school and college coaches attending every year. It is a great service that we can offer to our players to enhance their exposure, and the college coaches love it.

A special thank you to Rob Nielson and Flint Motschenbacher for inputting the data sent in by coaches and printing the booklets.

Respectfully submitted,

Jeff Ferguson

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## MHSFCA Local Mini-Clinics

The purpose of these mini-clinics is to establish local gatherings where two or three speakers present to an audience of coaches in a social setting. There will be no fee for attending these gatherings.

Mini-clinics will be set-up locally by coordinators who come forward and express interest in set-

ting up a gathering at a location of their choice. The MHSFCA will publish a list of locations and dates in future publications as well as its website [www.mnfootballcoaches.com](http://www.mnfootballcoaches.com)

If interested in setting-up and coordinating a mini-clinic, Contact Claud Allaire at (651)552-1722 or [claud.allaire@comcast.net](mailto:claud.allaire@comcast.net)



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## Changing Conferences

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Several conferences are undergoing changes.

This will be the last year of the Rum River Conference, which has had a long, successful tradition in football, although it has seen its fair share of changes over the years, as teams have moved in and out of the Rum River on several occasions.

Having been a ten team conference only a couple of years ago, the Rum is now now down to five members; Zimmerman, Pine City, Mora, Milaca, and Foley. The other five members had left for “bigger” school conferences such as the North Suburban and the new Mississippi Eight. And when Foley departs for the West Central Conference, that will leave the Rum with only four schools, which means, under MSHSL policy, it will disband.

That means that those four teams will be looking for a new conference to join. Zimmerman has applied to the Mississippi 8 and Wright County, while Milaca and Mora are also looking at either the West Central or Wright County. Pine City has applied to the Great River, though it is meeting resistance there, since Pine City’s enrollment would make it the largest school in that conference.

That puts these schools in a “holding pattern” as they await their possible acceptance into the

new conferences, or if that doesn’t happen, they will wait to be placed into a conference by the MSHSL.

And the Wright County has recently undergone more changes. Orono will be joining it this season, while Mound-Westonka, who just recently joined, will be dropping out of the Wright’s football schedule.

The Tri-Metro Conference is adding two new members, with the addition of St. Anthony and Brooklyn Center. This puts their total membership at eleven teams. This larger number of teams has necessitated the creation of two divisions in the Tri-Metro.

The new East division will consist of Brooklyn Center, St. Agnes, St. Bernard’s, St. Croix Lutheran, St. Paul Academy/Mounds Park Academy.

The West division will be comprised of Breck, Concordia Academy, DeLaSalle, Minnehaha Academy and St. Anthony.

The Tri-Metro teams will play all teams in their respective divisions and have at least two “cross-over” games.

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## The Camp Outreach Program

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Another new initiative of the MHSFCA Executive Committee is the Camp Outreach program, which began in the summer of 2005. The program is being coordinated by Wayne Petermeier, head football coach at Browerville high school. In this program, high school football coaches in Minnesota can contact another football coaching staff in order to coordinate a football coaching clinic for their own coaching staff. It is a great way for coaches to learn from other coaching staffs about

offensive, defensive, special teams and get some excellent, firsthand knowledge from coaches who are currently using specific offensive, defensive, or other strategies successfully in Minnesota, at the high school level. It gives coaching staffs an opportunity to “pick the brain” of other coaches concerning techniques, program building, conditioning, or just about any topic they can think of regarding high school football.

The clinics presented through this program are



## Minnesota High School Football

presents the program is paid \$500 by the MHSFCA, with funding provided by the Minnesota Vikings. Two high school staffs have already taken advantage of the new initiative and there is currently funding for more.

Coaches who wish to utilize this worthwhile pro-

gram, or would like further information, should contact Wayne Petermeier. Contact information for coach Petermeier is listed below.

The high school staff that

gram, or would like further information, should contact Wayne Petermeier. Contact information for coach Petermeier is listed below.

Wayne Petermeier

PO Box 45

Browerville, MN 56438

Email: [ribsy@browerville.k12.mn.us](mailto:ribsy@browerville.k12.mn.us)

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## New Class System Devised

The MSHSL has changed the class designation system that it uses to place schools into competitive classes for athletic competition. The previous system used enrollments of schools in grades 9-11 to place schools in their respective classifications. Football teams were then placed in classes using a system that has been in place since 1997, when the current 6 class system was used. As most coaches know, that system used set enrollment numbers to place teams in Class 5A and 4A, 1100 and 550, respectively. Class 9 Man had a "cutoff" of 140. All remaining schools were divided equally to comprise Class 1A, 2A, and 3A.

The 390 football schools will now be assigned classes based on the enrollment of students in grades 9-12. The "formula" for determining enrollment will also be altered as the MSHSL will then calculate the number of students who are on a free/reduced lunch plan and use 40% of that number. For instance, if a high school had an enrollment of 500 students in grades 9-12, and 100 of those students were on a free/reduced plan, only 40 of those students will be counted. The enrollment number used for classification placement would then be 460, not 500.

The Football Activity Advisory committee was then asked to "rework" the current six class system, since the enrollment cutoffs would not longer work under the new guidelines. Adhering to a "2 to 1" enrollment ratio within classes; allowing as many teams as possible to make the playoffs; and limit-

ing the number of byes were the top three guidelines that the committee tried to keep in mind as they brainstormed through numerous possible class systems. It soon became evident that no one system could satisfy all the criteria perfectly.

The system that was finally determined was one that the committee felt was as close to the current system as possible. The new system, which takes effect in the fall of 2007, will have the 48 largest schools in Class 5A. This number necessitates the use of six team sections and byes, but the byes will be evenly distributed so that the top two seeds in each section will have one. The next 64 largest schools will be placed in Class 4A and with eight team sections, there should be no byes. Class 3A will have the next 64/65 largest schools with sections being 8 or 9 teams each. Classes 1A and 2A will have between 64 and 72 teams, with sections of 8 or 9 teams. All other teams will be placed in 9 Man. There will be a "cut off" for the upper limit of 9 Man, but hasn't been determined, yet. This number should be approximately 70 teams. No class is to be assigned more than 72 teams.

The option to "opt up" to a larger class will still exist. Teams will need to do this in the fall. Several teams that will be assigned originally to 9 Man will probably take advantage of this, based on their own local tradition, geographic situation, or other reason.



## Coaching Changes in Minnesota High School Football

Note: Below are just some of the coaching changes in the state, that were known at press time.

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### Big Lake

Brett Wedland, former assistant at Robbinsdale Cooper, takes over at Big Lake after former head coach Brad Schmidt accepted a position at Le Sueur-Henderson as head basketball coach and assistant football.

### St. Francis

Mark Klatt steps in as the new head coach for St. Francis. He replaces Eric Graham.

### Eagan

Dave Fritze retired from his head coaching duties after the 2005 season. Fritze had been the only head football coach for Eagan since the school had opened. Fritze will be replaced by Rick Sutton, who had formerly coached at Mankato West, where he had led the Scarlets to two Class 4A state championships.

### St. Cloud Tech

Gregg Martig will take over the Tech football program after the death of Ron Kazcor, who succumbed to cancer this past spring. Tech had seen one of its more successful seasons last fall and Kazcor had been named as the Coach of the Year in the Central Lakes Conference. Martig had been an assistant for St. Cloud Tech for the past eleven seasons.

### Prior Lake

John Bennett resigned as head coach after this past fall, having had a long and distinguished career. He will be replaced by Matt Gegenheimer.

### Mankato West

Rick Sutton leaves West to take the Eagan head coaching position. He is being replaced as the head coach of the Scarlets by Mark Esch, a former assistant at Austin.

### Fridley

Kelly Kalina will take over the Fridley program after the retirement of Steve George.

### North Branch

Joel Swanson stepped down as the North Branch head coach.

### Shakopee

Scott Teiden resigned as head football coach.



## MHSFCA Conference Representatives

Listed below are the names of the MHSFCA conference delegates who represent their respective conferences to the Association. Please note any misprints, mistakes, or errors and address them to the MSHFCA Secretary, Terry Turek.

These are the coaches who are responsible for carrying information to and from conferences on behalf of the Association and MSHSL matters. They are a vital link in the entire process and the

Association will only improve as these members are utilized to the fullest.

Conference representatives should have a "checklist", created by Wayne Petermeier of Browerville, that will help organize MHSFCA duties. Please contact Coach Petermeier or visit the website to obtain a checklist <[www.mshsca.org/football/index.htm](http://www.mshsca.org/football/index.htm)>

| Conference            | Representative                            |
|-----------------------|-------------------------------------------|
| Big Nine              |                                           |
| Central Lakes         | John Ross, Sartell                        |
| Central Minnesota     | Ray Tri Eden Valley-Watkins               |
| Classic Lake          | Dave Nelson, Minnetonka                   |
| Classic Suburban      | Wally Malmstrom, Mahtomedi                |
| Gopher/Valley 1A      | Ken Helland, LeCenter                     |
| Gopher/Valley 2A      | Jon Bakken, Waterville-Elysian-Morristown |
| Great Northern North  | Brian Lamppa, Babbitt-Embarass            |
| Great Northern South  | Dennis Holsman, Hill City                 |
| Great Northern West   | Wally Kostich, Mountain Iron-Buhl         |
| Great River           | Bruce Harding, East Central               |
| Heart,O,Lakes         | Dave Haugen, Pelican Rapids               |
| Hiawatha Valley Blue  | John Austinson, Byron                     |
| Hiawatha Valley Gold  | John Austinson, Byron                     |
| INDEPENDENT           | Jeff Mumm, Fergus Falls                   |
| Lake                  | Mike Fritze, Apple Valley                 |
| Little Sioux/Red Rock | Kent Mikkelsen, Russell-Tyler-Ruthton     |
| Minneapolis           | Peter Haugen, Minneapolis Washburn        |
| Minnesota River       | Tony Barnack, Montgomery-Lonsdale         |
| Mississippi 8         | Dwight Lundeen, Becker                    |
| Missota               | Tony Buthe, New Prague                    |
| North Country         | Flint Motschenbacher, Detroit Lakes       |
| North Star            | Randy Schwegel, Pine-River,Backus         |
| North Suburban        | Will Wackman, Spring Lake Park            |
| North Tri,County      | Darrin Byklum, Fisher/Climax              |

| Conference                | Representative                          |
|---------------------------|-----------------------------------------|
| Northern Lakes            |                                         |
| Northwest Suburban        | Mike Watson, Centennial                 |
| Pheasant North            | Mike Mahlen, Verndale                   |
| Pheasant South            |                                         |
| Polar 1A                  | Charlie Campbell, Nashwauk-Keewatin     |
| Polar 2A                  | Dave Louzek, Moose Lake-Willow River    |
| Prairie North             | Don Seipkes, Ottertail Central(Henning) |
| Prairie South             | Wayne Petermeier, Browerville           |
| Rum River                 | Larry Herm, Foley                       |
| Sea Range                 | Dave Hylla, Proctor                     |
| Southeast                 |                                         |
| Southern Confederacy East | Gary Sloan, Grand Meadow                |
| Southern Confederacy West |                                         |
| Southern Minnesota        |                                         |
| Southern MN Alliance      | Marc Bachman, St. Peter                 |
| Southwest Ridge           | Dan Ellingson, Hills- Beaver Creek      |
| St. Paul                  | Jeff Plaschko, St. Paul Johnson         |
| Suburban East             | Jim Galvin, Mounds View                 |
| Three Rivers N/S          | Bill Ihrke, Plainview-EM                |
| Top,of,the,State          | Scott Parker, Marshall County Central   |
| Tri,Metro                 | John Thiel, Breck                       |
| Valley Plains             | Peder Naatz, Hawley                     |
| West Central North        | Daryl Oja, Melrose                      |
| West Central South        | Scott Gonnerman, Benson                 |
| Wright County             | Paul Lemke, Glencoe-Silver Lake         |



# Coaches Checklist

## Things That Should be Discussed at Your Conference and Section Meetings

- Everyone should be part of the MHSFCA. That means that you must sign up for the MHSFCA as well as the MSHSCA. You must check off FOOTBALL and pay the extra money. You need this as a head coach for any player or coaching award!

- Who is our candidate for Coach of the Year?
- Do you have a candidate for Assistant Coach of the Year? This person would need to be a current or former Butch Nash Award winner.
- Do we feel we have anyone that is qualified to play in the All Star game?
- Do we feel we have anyone that is qualified for the Mr. Football Award?
- Make sure you send in your Academic All State team and find out who to send it to.
- Make sure you send in your Academic All State

individual and find out who to send it to.

- Remember to update your email and your assistants email with Flint Motschenbacher of Detroit Lakes.
- List any retired coaches in your area that may be interested in becoming a coaching mentor in the "Coach to Coach" program.
- Are there any teams interested in the MHSFCA football camp scholarship? Make sure to complete the proper form and send it to Wayne Petermeier of Browerville.
- It is the responsibility of the conference representative to attend the fall and spring meetings each year. If you are unable to attend please be sure to have someone from the conference attend the meeting.

## IMPORTANT CONTACT NAMES FOR FORMS AND AWARDS

### Individual Academic Selection Committee

| Class    | Name              | School         | Fax number   |
|----------|-------------------|----------------|--------------|
| 9 Man    | Mike Mahlen       | Verndale       | 218-455-5185 |
| Class 1A | Wayne Petermeier  | Browerville    | 320-594-8105 |
| Class 2A | Steve Solom       | BOLD           | 320-523-5410 |
| Class 3A | Scott Tschimperle | Glencoe-Svr Lk | 320-864-6475 |
| Class 4A | Rick Sutton       | Eagan          | 651-683-6910 |
| Class 5A | Todd Olson        | Richfield      | 612-798-6129 |
| Chairman | Mike Watson       | Centennial     | 763-792-5039 |

### Team Academic Selection Committee

| Class    | Name             | School      | Fax number     |
|----------|------------------|-------------|----------------|
| 9 Man    | Dave Krenik      | Cleveland   | 507-931-9088   |
| Class 1A | Wayne Petermeier | Browerville | 320-594-8105   |
| Class 2A | Tony Barnack     | Montgomery  | 507-364-8103   |
| Class 3A | Dave Hyla        | Proctor     | 218/628-4937   |
| Class 4A | Bubba Sullivan   | Northfield  | 507-645-3455   |
| Class 5A | Dave Nelson      | Minnetonka  | 952-401-5905   |
| Chairman | Con Natvig       | Browerville | (320) 547-2902 |

### Butch Nash

Jim Dotseth  
4180 Trenton Ln. N.  
Plymouth, MN 55441

### Hall of Fame

Scott Tschimperle  
stschimperle@gsl.k12.mn.us  
Paul Lemke  
plemke@gsl.k12.mn.us

### Mr. Football

Clay Anderson  
Albert Lea High School  
canderson@albertlea.k12.mn.us

### Summer Camp Information

Wayne Petermeier, Browerville      ribsy@browerville.k12.mn.us 320-594-8111

ALL THE FORMS NEEDED ARE AVAILABLE ON THE MHSFCA WEBSITE:

[www.mshsca.org/football/index.htm](http://www.mshsca.org/football/index.htm)

[www.mnfootballcoaches.com](http://www.mnfootballcoaches.com)



## Minnesota High School Football

### Mr. Football Award

An annual award recognizing Minnesota's  
best high school football player.

Sponsored by:

Minnesota High School Football Coaches Association, Coach of the Year Clinic, Minnesota Vikings  
National Football Foundation Hall of Fame

#### Nomination Form

##### Award Criteria

- Recipient must be a graduating senior.
- The head coach of all nominees must be a current member of the MHSFCA.
- Nominees cannot have any MSHSL eligibility violations.
- Each player must be nominated by their conference/MHSFCA representative.
- Conference Nominations
  - Class 5A and 4A conferences will be allowed to nominate two players, if need be.
  - Class 3A, 2A, 1A, and 9 Man conferences will nominate one player.
  - Independent schools will be classified as "one conference".

##### Selection Process

- Conference Representatives submit nominees by November 5th.
- Selection Committee evaluates nominees and chooses 10 finalists by December 15th.
- The ten finalists will be required to submit one complete game tape to the committee.
- Banquet is held in conjunction with Coach of the Year clinic.

Player's Name \_\_\_\_\_

School \_\_\_\_\_ Conference \_\_\_\_\_

Head Coach \_\_\_\_\_ Current MHSFCA member ? Yes No

Position(s) Played \_\_\_\_\_

Copy this page and use the back of the form to include statistics, recommendations, and any other information regarding the nominee(s).

Coaches are to mail, fax, or email the form(s) to the Committee chairman.

Clay Anderson  
Albert Lea High School  
Email: canderson@albertleal.k12.mn.us

#### Mr. Football Committee

Chairman Clay Anderson, Albert Lea, Mike Fritze, Apple Valley  
Dwight Lundeen, Becker, Don Swanson Retired Coaches Representative, Ron Stolski Brainerd,  
Terry Turek, Le Sueur-Henderson, Kevin Ryherd, National Football Foundation Hall Of Fame,  
Scott Gonnerman, Benson, Jeff Weiland, Orono, Rick Sutton, Eagan



# Matt Carufel

of Cretin-Derham Hall is  
Mr. Football

Cretin-Derham Hall offensive lineman Matt Carufel was named Mr. Football at the annual banquet held on Sunday, February 14th, 2006, at the Marriott Southwest in Minnetonka.

Carufel, a 6-5, 280-pound offensive tackle for the Raiders, will play at Notre Dame this fall, and is the second player to win the award.

Carufel was selected from ten finalists, who all were present at the banquet. The selection committee, chaired by Clay Anderson of Albert Lea, had several excellent players to choose from, making for a difficult final choice.

Carufel was recognized for his athletic ability, dominance of opposing defenders and great effort.

His head coach at Cretin-Derham Hall was Mike Scanlon.



Matt Carufel of Cretin-Derham Hall

## Mr. Football Award Committee

| Coach            | School                                    |
|------------------|-------------------------------------------|
| Anderson, Clay   | Norwood Young America                     |
| Lundeen, Dwight  | Becker                                    |
| Swanson, Don     | Retired                                   |
| Stolski, Ron     | Brainerd                                  |
| Turek, Terry     | Le Sueur-Henderson                        |
| Rynerd, Kevin    | National Football Foundation Hall Of Fame |
| Ostlund, Chad    | Minnesota Vikings                         |
| Gonnerman, Scott | Benson                                    |
| Weiland, Jeff    | Orono                                     |
| Sutton, Rick     | Mankato West                              |
| Fritze, Mike     | Apple Valley                              |



## Minnesota High School Football

# Competitive Section Assignments for 2005-06

The following is a list of new competitive sections for the 2006-2007 school year. Section Assignments are determined by School Enrollments and Activity Classifications. Source: MSHSL

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Class: 9MAN - Section: 1<br/>8 teams in this section<br/>Glenville-Emmons High School<br/>Grand Meadow High School<br/>Houston High School<br/>Lanesboro High School<br/>LeRoy-Ostrander High School<br/>Mabel-Canton High School<br/>Spring Grove High School<br/>Coop: 834<br/>Austin Pacelli High School<br/>Lyle High School</p> <p>Class: 9MAN - Section: 2<br/>8 teams in this section<br/>Cleveland High School<br/>Edgerton High School<br/>Minnesota State Academy for the Deaf<br/>Nicollet High School<br/>Sioux Valley Lutheran High School<br/>Westbrook-Walnut Grove High School<br/>Coop: 283<br/>Ellsworth High School<br/>Hills-Beaver Creek High School<br/>Coop: 820<br/>Alden-Conger High School<br/>Knutson Home School</p> <p>Class: 9MAN - Section: 3<br/>8 teams in this section<br/>Hancock High School<br/>Lakeview High School<br/>Wheaton High School<br/>Coop: 125<br/>Brandon High School<br/>Evansville High School<br/>Coop: 149<br/>Campbell-Tintah High</p> | <p>School<br/>Coop: 658<br/>Ashby High School<br/>Country Bible Christian<br/>Coop: 715<br/>Chokio-Alberta High School<br/>Herman-Norcross High School<br/>Coop: 935<br/>Lake Benton High School<br/>Lincoln H I High School</p> <p>Class: 9MAN - Section: 4<br/>8 teams in this section<br/>Bertha-Hewitt High School<br/>Eagle Valley High School<br/>Holy Trinity High School<br/>Isle High School<br/>Laporte High School<br/>Nevis High School<br/>Underwood High School<br/>Verndale High School</p> <p>Class: 9MAN - Section: 5<br/>9 teams in this section<br/>AlBrook High School<br/>Cotton High School<br/>Cromwell High School<br/>Floodwood High School<br/>Fond du Lac Ojibwe High School<br/>Hill City High School<br/>McGregor High School<br/>Silver Bay (Wm. Kelley) High School<br/>Wrenshall High School</p> <p>Class: 9MAN - Section: 6<br/>9 teams in this section<br/>Ada-Borup High School<br/>Hillcrest Lutheran Academy<br/>Norman County East High School<br/>Norman County West High School</p> | <p>Ulen-Hitterdal High School<br/>Waubun High School<br/>Win-E-Mac High School<br/>Coop: 210<br/>Climax High School<br/>Fisher High School<br/>Coop: 991<br/>Park Christian High School</p> <p>Class: 9MAN - Section: 7<br/>9 teams in this section<br/>Babbitt-Embarrass High School<br/>Bigfork High School<br/>Cherry High School<br/>Cook High School<br/>Littlefork-Big Falls High School<br/>Mesabi Academy School<br/>Mountain Iron-Buhl High School<br/>Orr High School<br/>Tower-Soudan High School</p> <p>Class: 9MAN - Section: 8<br/>9 teams in this section<br/>Clearbrook-Gonvick High School<br/>Kittson Central High School<br/>Marshall County Central H. S.<br/>Red Lake County Central<br/>Sacred Heart High School<br/>Stephen-Argyle Central High School<br/>Coop: 315<br/>Goodridge High School<br/>Gryla-Gatzke High School<br/>Coop: 375<br/>Kelliher High School<br/>Northome High School<br/>Coop: 787<br/>Lancaster High School<br/>Tri-County High School</p> | <p>Class: A - Section: 1<br/>8 teams in this section<br/>Blooming Prairie High School<br/>Chatfield High School<br/>Fillmore Central High School<br/>Lewiston-Altura High School<br/>Rushford-Peterson High School<br/>Southland High School<br/>Coop: 852<br/>El Shaddai School<br/>Medford High School<br/>Coop: 890<br/>Bethlehem Academy<br/>Covenant Academy High School</p> <p>Class: A - Section: 2<br/>9 teams in this section<br/>Janesville-Waldorf-Pemberton H.S.<br/>Le Center High School<br/>Mankato Loyola High School<br/>New Ulm Cathedral High School<br/>Saint Clair High School<br/>Sleepy Eye High School<br/>Sleepy Eye Saint Mary's High School<br/>Coop: 163<br/>Cedar Mountain High School<br/>Comfrey High School<br/>Coop: 319<br/>Granada-Huntley-East Chain H.S.<br/>Martin Luther High School</p> <p>Class: A - Section: 3<br/>9 teams in this section<br/>Adrian High School</p> |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

# Minnesota High School Football



Canby High School  
 Fulda High School  
 Minneota High School  
 Murray County Central High School  
 Red Rock Central High School  
 Russell-Tyler-Ruthton High School  
 Springfield High School  
 Coop: 137  
 Butterfield-Odin High School  
 Mountain Lake High School

Class: A - Section: 4  
 8 teams in this section  
 Buffalo Lake-Hector High School  
 Goodhue High School  
 Lester Prairie High School  
 McLeod West High School  
 Randolph High School  
 Saint Agnes High School  
 Saint Bernard's School  
 West Lutheran High School

Class: A - Section: 5  
 9 teams in this section  
 Belgrade-Brooten-Elrosa H.S.  
 Dawson-Boyd High School  
 Kerkhoven-Murdock-Sunburg H.S.  
 Ortonville High School  
 Renville County West High School  
 Royalton High School  
 Saint John's Prep  
 Wabasso High School  
 Coop: 506  
 Swanville High School  
 Upsala High School

Class: A - Section: 6  
 9 teams in this section  
 Browerville High School  
 Clinton-Graceville-Beardsley H.S.  
 Menahga High School  
 New York Mills High School  
 Osakis High School  
 Parkers Prairie High School  
 Pillager High School  
 Sebeka High School  
 Coop: 952  
 Faith Christian Academy (Remer)

Northland High School  
 Class: A - Section: 7  
 8 teams in this section  
 Barnum High School  
 Carlton High School  
 Chisholm High School  
 Cook County High School  
 Ely High School  
 Nashwauk-Keewatin High School  
 Ogilvie High School  
 Onamia High School

Class: A - Section: 8  
 8 teams in this section  
 Cass Lake-Bena High School  
 Fertile-Beltrami High School  
 Fosston High School  
 Lake of the Woods H.S.  
 Lake Park-Audubon  
 Red Lake Falls High School  
 Warren-Alvarado-Oslo High School  
 Coop: 56  
 Badger High School  
 Greenbush-Middle River High School

Class: AA - Section: 1  
 8 teams in this section  
 Caledonia High School  
 Dover-Eyota High School  
 Hayfield High School  
 Kingsland High School  
 Pine Island High School  
 Saint Charles High School  
 Wabasha-Kellogg High School  
 Winona Cotter High School

Class: AA - Section: 2  
 8 teams in this section  
 Kenyon-Wanamingo High School  
 Lake Crystal-Wellcome Memorial  
 Montgomery-Lonsdale High School  
 New Richland-H-E-G H.S.  
 Triton High School  
 United South Central High School  
 Coop: 411  
 Madelia High School  
 Truman High School

Coop: 816  
 Cannon Valley Lutheran  
 Waterville-Elysian-Morristown H.S.

Class: AA - Section: 3  
 10 teams in this section  
 B O L D High School  
 G-F-W High School  
 Luverne High School  
 Minnesota Valley Lutheran  
 Pipestone Area High School  
 Saint James High School  
 Windom Area High School  
 Coop: 845  
 Tracy-Milroy-Balaton High School  
 Yankton Country School  
 Coop: 919  
 Sioux Valley-Round Lake-Brewster  
 Southwest Star Concept H. S.  
 Coop: 1010  
 Fast Home School  
 Martin County West High School

Class: AA - Section: 4  
 8 teams in this section  
 Breck School  
 East Central High School  
 Hinckley-Finlayson High School  
 Pierz High School  
 Rush City High School  
 Saint Croix Lutheran High School  
 Coop: 642  
 Braham High School  
 Grace Christian School  
 Coop: 926  
 Lutheran H. S. of Minneapolis  
 New Life Academy of Woodbury

Class: AA - Section: 5  
 9 teams in this section  
 Atwater-Cosmos-Grove City H.S.  
 Eden Valley-Watkins High School  
 Holdingford High School  
 Howard Lake-Waverly-Winsted H.S.  
 Kimball Area High School  
 Maple Lake High School

Mayer Lutheran High School  
 Norwood-Young America High School  
 Paynesville Area High School

Class: AA - Section: 6  
 8 teams in this section  
 Breckenridge High School  
 Lac qui Parle Valley High School  
 MACCRAV High School  
 Morris Area School  
 West Central Area School  
 Coop: 74  
 Battle Lake High School  
 Henning High School  
 Coop: 886  
 E.C.H.O. Charter School  
 Yellow Medicine East H.S.  
 Coop: 950  
 Benson Christian School  
 Benson High School  
 Class: AA - Section: 7  
 9 teams in this section  
 Aitkin High School  
 Blackduck High School  
 Deer River High School  
 Esko High School  
 Greenway High School  
 Marshall School, Duluth  
 Pine River-Backus High School  
 Walker-Hackensack-Akeley H.S.  
 Coop: 61  
 Moose Lake High School  
 Willow River High School

Class: AA - Section: 8  
 8 teams in this section  
 Dilworth-Glyndon-Felton H.S.  
 Frazee High School  
 Hawley High School  
 Mahanomen High School  
 Pelican Rapids High School  
 Red Lake High School  
 Coop: 62  
 Barnesville High School  
 Rothsay High School  
 Coop: 1019  
 Bagley High School



## Minnesota High School Football

Hope Christian Academy

Class: AAA - Section: 1  
8 teams in this section  
Byron High School  
Kasson-Mantorville High School  
La Crescent High School  
Lake City High School  
Rochester Lourdes High School  
Stewartville High School  
Zumbrota-Mazeppa High School  
Coop: 280  
Elgin-Millville High School  
Plainview High School

Class: AAA - Section: 2  
8 teams in this section  
Cannon Falls High School  
Glencoe-Silver Lake High School  
Holy Family Catholic High School  
Jordan High School  
Saint Peter High School  
Sibley East High School  
Coop: 351  
LeSueur-Henderson High School  
Minnesota New Country School  
Coop: 693  
Belle Plaine High School  
Holy Family Academy

Class: AAA - Section: 3  
8 teams in this section  
Blue Earth Area High School  
Fairmont High School  
Jackson County Central High School  
Maple River High School  
Minnewaska Area H.S.  
Montevideo High School  
Redwood Valley High School  
Worthington High School

Class: AAA - Section: 4

10 teams in this section  
Blake School (The)  
Brooklyn Center High School  
Concordia Academy  
Delano High School  
DeLaSalle High School  
Minnehaha Academy  
Rockford High School  
Saint Anthony Village High School  
Watertown-Mayer High School  
Coop: 804  
Mounds Park Academy  
Saint Paul Academy and Summit School

Class: AAA - Section: 5  
9 teams in this section  
Annandale High School  
Becker High School  
Dassel-Cokato High School  
Foley High School  
Mora High School  
Pine City High School  
Saint Cloud Cathedral High School  
Zimmerman High School  
Coop: 1029  
Faith Christian School  
Milaca High School

Class: AAA - Section: 6  
8 teams in this section  
Albany High School  
Litchfield High School  
LongPrairie-Grey Eagle H.S.  
Melrose Area High School  
New London-Spicer High School  
Sauk Centre High School  
Staples-Motley High School  
Wadena-Deer Creek High School

Class: AAA - Section: 7  
8 teams in this section  
Cloquet High School  
Crosby-Ironton High School  
Hermantown High School  
International Falls H.S.  
Proctor High School  
Two Harbors High School  
Virginia High School  
Coop: 1002

Eveleth-Gilbert High School  
Mesabi East High School  
Class: AAA - Section: 8  
8 teams in this section  
Crookston High School  
East Grand Forks High School  
Park Rapids Area High School  
Pequot Lakes High School  
Perham High School  
Roseau High School  
Thief River Falls High School  
Warroad High School

Class: AAAA - Section: 1  
7 teams in this section  
Albert Lea High School  
Austin High School  
Faribault High School  
Northfield High School  
Red Wing High School  
Waseca High School  
Winona High School

Class: AAAA - Section: 2  
6 teams in this section  
Mankato East High School  
Mankato West High School  
Marshall High School  
New Ulm High School  
Willmar High School  
Coop: 896  
Hutchinson High School  
New Century Charter School

Class: AAAA - Section: 3  
7 teams in this section  
Hill-Murray School  
Mahtomedi High School  
Saint Paul Como Park H.S.  
Saint Paul Humboldt High School  
Saint Thomas Academy  
Simley High School  
South Saint Paul High School

Class: AAAA - Section: 4  
8 teams in this section  
Chisago Lakes Area High School  
Fridley High School  
Monticello High School

North Branch High School  
Rogers High School  
Saint Michael-Albertville H.S.  
Spring Lake Park High School  
Totino-Grace High School

Class: AAAA - Section: 5  
7 teams in this section  
Academy of Holy Angels  
Benilde-St. Margaret's School  
Columbia Heights High School  
Minneapolis Edison High School  
Minneapolis North Community H.S.  
Minneapolis Patrick Henry H. S.  
Minneapolis Roosevelt High School  
Class: AAAA - Section: 6  
6 teams in this section  
Mound-Westonka High School  
New Prague High School  
Orono High School  
Saint Louis Park High School  
Shakopee High School  
Waconia High School

Class: AAAA - Section: 7  
7 teams in this section  
Big Lake High School  
Duluth Central High School  
Duluth Denfeld High School  
Duluth East High School  
Grand Rapids High School  
Hibbing High School  
Princeton High School

Class: AAAA - Section: 8  
8 teams in this section  
Alexandria High School  
Detroit Lakes High School  
Fergus Falls High School  
Little Falls High School  
Rocori High School  
Sartell-Saint Stephen High School  
Sauk Rapids-Rice High School  
Coop: 841  
Saint Cloud Apollo High

# Minnesota High School Football



|                                   |                                      |                              |
|-----------------------------------|--------------------------------------|------------------------------|
| School                            | Skills for Tomorrow                  | Brainerd High School         |
| Saint Cloud Christian School      | Schools                              | Buffalo High School          |
|                                   | Coop: 1013                           | Cambridge-Isanti High School |
| Class: AAAAA - Section: 1         | Minneapolis South High School        | Moorhead High School         |
| 8 teams in this section           | Minnesota Transitions Charter School | Saint Cloud Tech High School |
| Eastview High School              | MN Trans. Comm. Arts H.S.            | Coop: 1008                   |
| Farmington High School            |                                      | Elk River High School        |
| Lakeville High School             | Class: AAAAA - Section: 5            | Rivers Christian Academy     |
| Owatonna High School              | 8 teams in this section              |                              |
| Rochester Century High School     | Bloomington Kennedy High School      |                              |
| Rochester John Marshall           | Cretin-Derham Hall High School       |                              |
| Rochester Mayo High School        | Eagan High School                    |                              |
| Rosemount High School             | Henry Sibley High School             |                              |
|                                   | Minneapolis Southwest High School    |                              |
| Class: AAAAA - Section: 2         | Richfield High School                |                              |
| 8 teams in this section           | Saint Paul Highland Park School      |                              |
| Apple Valley High School          | Coop: 1016                           |                              |
| Bloomington Jefferson High School | El Colegio Charter School            |                              |
| Burnsville High School            | Great River School                   |                              |
| Chaska High School                | Minneapolis Washburn High School     |                              |
| Eden Prairie High School          |                                      |                              |
| Edina High School                 | Class: AAAAA - Section: 6            |                              |
| Minnetonka High School            | 7 teams in this section              |                              |
| Prior Lake High School            | Hopkins High School                  |                              |
|                                   | Maple Grove High School              |                              |
| Class: AAAAA - Section: 3         | Park Center High School              |                              |
| 8 teams in this section           | Robbinsdale Armstrong High School    |                              |
| Hastings High School              | Robbinsdale Cooper High School       |                              |
| North High School                 | Wayzata High School                  |                              |
| Park High School                  | Coop: 944                            |                              |
| Saint Paul Harding High School    | Maranatha Christian Academy          |                              |
| Stillwater Area High School       | Osseo High School                    |                              |
| Tartan High School                |                                      |                              |
| Woodbury High School              | Class: AAAAA - Section: 7            |                              |
| Coop: 681                         | 7 teams in this section              |                              |
| City Academy                      | Andover High School                  |                              |
| Saint Paul Johnson High School    | Blaine High School                   |                              |
|                                   | Champlin Park High School            |                              |
| Class: AAAAA - Section: 4         | Coon Rapids High School              |                              |
| 8 teams in this section           | Forest Lake High School              |                              |
| Centennial High School            | Saint Francis High School            |                              |
| Irondale High School              | Coop: 956                            |                              |
| Mounds View High School           | Anoka High School                    |                              |
| Roseville Area High School        | Meadow Creek Christian School        |                              |
| Saint Paul Arlington High School  |                                      |                              |
| White Bear Lake Area High School  | Class: AAAAA - Section: 8            |                              |
| Coop: 753                         | 7 teams in this section              |                              |
| Saint Paul Central High School    | Bemidji High School                  |                              |
| Saint Paul Open School            |                                      |                              |



# Benefits of Membership

[www.mshsca.org](http://www.mshsca.org)

The Minnesota High School Football Coaches Association is constantly updating their web pages and more and more information related to Minnesota high school is finding its way onto the site.

The football association's parent group, the MSHSCA, sponsors the site. To gain access to the football pages, just get on the Internet and go to the MSHSCA site at [www.mshsca.org](http://www.mshsca.org). Then click on "Sports Associations". And when you click on "Football", you're there. You can choose from numerous topics that are specifically designed for high school football coaches, with topics such as MHSFCA meetings, football clinics, Minnesota high school football records and much more. There are also other links related to Minnesota high school football. Some of the pages are "under construction" and will be updated as time allows.

Along with the site are many e-mail addresses of high school football coaches, which is something that the association's executive officers would like to emphasize. As more and more coaches become better acquainted with the use of the Internet and e-mail communication among members becomes better and faster.

Rob Neilson and Flint Motschenbacher of Detroit Lakes deserve most of the credit for maintaining and updating the site. Both have done a great job of making the material accessible to coaches.

Remember, it's "your site" and it has a wide range of uses. All coaches should feel free to contact MHSFCA executives with ideas or suggestions for the site and its uses.

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**Whatever the Sport - The Athlete's Choice is**

# Riddell



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# Bertha-Hewitt Offensive Philosophy

Head Coach Rick Harig

The Bertha-Hewitt Bears under the direction of coaches Rick Harig, Mike Bauck and Steve Pauly have won two consecutive section championships and made two consecutive trips to the Metrodome. In the two years I have been the Head Coach, our team has compiled a 24-3 record. Our team practices focus equally on offense, defense, and special teams and all four of our coaches have a job on each of these teams. Before coaching at Berth-Hewitt, I was a defensive coordinator at Underwood, Crosby-Ironton, and Aitkin High Schools. Coach Bauck was previously the defensive coordinator here at Bertha-Hewitt High School and Coach Pauly has been an assistant here in Bertha for close to twenty years.

As the offensive coordinator, I have broken our offense down into four phases: power running, finesse/trap running, option running and pass. The theory behind our offense is this:

A. If a defense likes to sit and read, then we want to run our power plays.

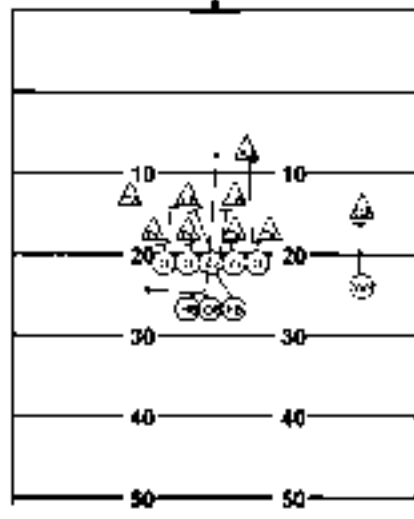
B. If a defense likes to rush hard up field, then we want to run our finesse plays.

C. If a defense likes to stunt/slant and blitz; we want to run out option plays.

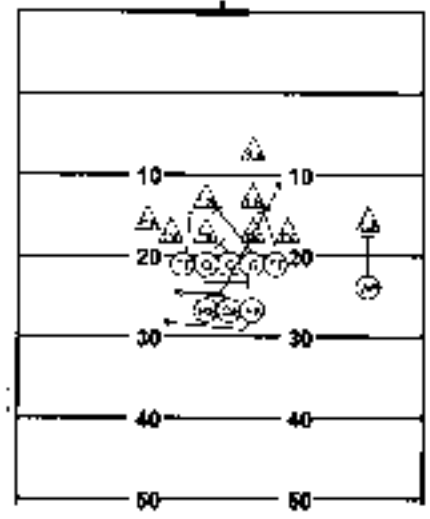
D. If a defense likes to stack

## Playbook

Playname : Fig. 1 27 iso



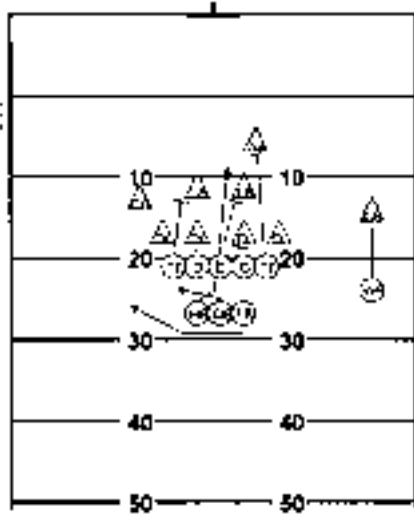
Playname : Fig. 2 32 scoop



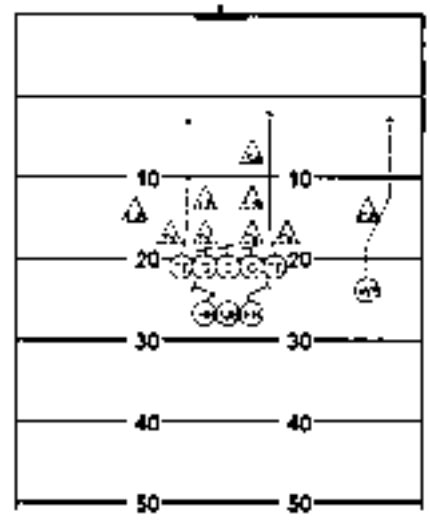
X-gun rt

## Playbook

Playname : Fig. 3 20 option



Playname : Fig. 4 50 fade



X-gun rt



## Minnesota High School Football

the box and fill gaps; we will throw over the top of them.

In order to follow our philosophy, we coach four to five plays in each of the areas: power, finesse/trap, option, and pass. Each of these plays is run to different gaps or different zones/areas of the field. We run six different formations and can run 90% of our plays out of any of them.

A. Power plays include; Dive, Iso, Lead, Power, Sweep.

B. Finesse/trap plays include; Scoop, Counter, Cutback, Sprint Draw, and Boot.

C. Option plays include; Midline Option, Outside Veer, Lead Option, Speed Option, Shovel Option.

D. Our passing game includes both 3 step drop and rollout pass, putting pressure on either the CB or Safety and the LB's on every play.

I feel that we put a lot of pressure on defenses with this philosophy. Defenses are forced to prepare for what seems to be a lot of plays. Really, it is not very hard for players. We teach our offensive linemen four blocks. They are; drive, hook, trap, and down blocks. These blocks will allow us to run every play in the playbook. The simplicity also allows us to not tip off plays by formation and alignment.

Here are some examples of plays that we will use to complement each other depending on the defense we see.

First is a power play: X-Gun Right 22 ISO.

We like to open with this basic play to set the tone that we are going to come out and attack you. We then see whom you react and then run the following complements.

Second is one of our finesse/trap plays: X Gun Right 22 SCOOP.

We run this once those defensive linemen are really charging hard up field. We anticipate this because we have been running right at them and moving them backwards when they are reading.

Third is one of our option plays: X Gun Right 20 Option

We run this to get our QB and FB on the edge when teams start stunting lineman or blitzing LB's.

Fourth is one of our pass plays: X Gun Right 90 Fade

We run this when the FS, or one of the CB's is starting to make tackles and they are stacking up into the box to stop the run. We give a quick run fake with the ball and then lit it loose to the open man.

Hopefully, you can take some of our ideas and put them to work for you.



# Improving Your Defensive Line Pass Rush Techniques

Spence Nowinsky  
Assistant Head / Defensive Line Coach  
MINNESOTA STATE UNIVERSITY MANKATO

I would like to take a minute to thank the Minnesota State Football Coaches Association for this humbling opportunity to write an article for the summer football manual. Being an alum of Minnesota State University, Mankato and a former Minnesota High School football coach, I have great passion for our beloved profession, and have the utmost pride to be recognized as a Minnesota State football coach. I would also like to thank our head football coach, Jeff Jamrog and our Athletic Director, Kevin Buisman for the opportunity to direct and teach young men daily in the greatest game in the world. I feel truly blessed to be called a coach!

Being a Defensive Line coach, I am always concerned with stopping the run first as an essential staple of defensive football. However, the growing trend at every level of football is to spread out the defense and let the ball fly. More and more we are seeing outside perimeter runs replaced with wide receiver screens and flare passes to the running backs.

I feel defensive line is the hardest position to play on the field. A defensive lineman is lined up so close to the ball, that they do not have the advantage of knowing the snap count, or if it's run or pass. As a defensive lineman you have a fraction of a second to get off the ball, see and identify their keys, respond to the block stimulus and make a play. All the while, having to use outstanding techniques and great footwork, while having low pad level.

The first thing worked on to being a great pass rusher is the stance. On pass rush situations, depending on your opponents' tendencies, and down and distance, a defensive lineman should be in a sprinters' stance. The lineman's inside hand is down, way in front of his face, and the majority

of his weight is put on the fingertips. If that down hand were to be kicked out from the defensive lineman, he should fall on his face in a correct stance.

The defensive lineman's off hand is cocked in front of his face ready to strike the offensive lineman. His butt should be high in the air. The defensive lineman's feet are positioned slightly less than shoulder width apart. The feet are staggered, approximately by one foot (meaning that the back foot or inside leg is lined up behind the heel of the up foot or outside leg). The eyes of the defender should be focused on the football.

The get-off is pivotal for the defensive lineman. Once the ball wiggles, the defensive lineman should be exploding out of his legs. The first step should be violently up the field. On the fly, the defensive lineman has to determine the block recognition of the offensive lineman (drop back, three step, or run).

A beginning progression for a defensive lineman should be to shade their opponent with outside alignment, executing a half-man pass rush. The first two half-man pass rushes used should be the swim and the rip. The swim is an arm over technique executed when you see an aggressive low shoulder pass set by the offensive lineman. The rip is an arm under technique executed when a high shoulder pass set by the offensive lineman is seen. Both of these pass rush moves are performed with identical off-hand placement, footwork, and hip rotation.

Step 1: The Off-Hand (hand that is not on the ground) strikes and grabs a hold of the offensive lineman's outside cuff of his jersey / shoulder pads. The defensive lineman jerks this cuff down and away from his body towards the inside. This technique is used when you are working half a man rush on the outside.



## Minnesota High School Football

Step 2: Popping the Hips is what separates an average pass rusher from a great pass rusher. Popping the hips means rotating the defensive lineman's body 90 degrees to the line of scrimmage. This technique is executed by pushing off of the defensive lineman's first step. Rotating his hips inward, and finishing with his belt buckle perpendicular to the offensive lineman's outside hip. A great pull and snap of the offensive lineman's cuff aids in the opening of the defensive lineman's hips.

Step 3: The Lateral Shuffle is a quick burst in the perpendicular position by the defensive lineman. It is used next to ensure that the defensive lineman clears the offensive lineman's hips and passes behind him into the path of the quarterback. The footwork of this technique is a simple, quick, sideways slide up the field. The coaching point should be to make sure the defender does not click his heels as he rapidly shuffles one to two times.

Step 4: The Swim and Rip are the finishing moves off of this half a man pass rush progression.

The swim is an inside arm over technique, over the snapped down cuff of the offensive lineman. The rip is an inside arm under technique, under the snapped down cuff of the offensive lineman. The coaching point should be to make sure the defensive lineman finishes with his inside hand high towards the sky. All four of these steps should be taught and drilled individually, and once perfected combined to make one fluid motion.

In closing, never get discouraged with your pass rush. Hopefully, the above will help you to improve and progress your rush pass technique. Seldom will the first pass rush move always work. Ultimately, the best pass rushers never stop their feet and have a knack for getting to the quarterback. Make sure to keep your men battling and believing in their technique. I wish you all the best this upcoming season. If I can ever be of any further assistance to you, please feel free to contact me at any time at Minnesota State University, Mankato.

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## Training Your Captains for Success

Rick Thiesen, Head Coach  
ROCORI High School, Cold Spring, Minnesota

The off-season can be an excellent time for developing your captains' skills needed to fulfill their leadership roles. As coaches seek better ways to improve team character and team building, your captains must make a significant impact on the goals and direction of the team. When I became a head coach six years ago, I felt that one of my first objectives was to establish an ongoing relationship with our captains. I was convinced that we could not attain the level of success we were looking for until those guys were completely "on board" and understood exactly what was expected of them. Thinking back to my own playing days and being named a captain in both high school and college,

I think it would have helped us a great deal to have had regular sessions with the head coach regarding what he expected from us, as captains. We did meet initially, at both levels, and at various times we "chit-chatted" about the subject, or how things "were going" – a monthly meeting would have been beneficial.

In terms of leadership, most young men will not,





naturally, have the confidence and insight to take “charge” of their teammates. They will need to be given guidance and direction in order to make a successful impact. I believe that you must meet with your captains from the time they are elected (end of season awards program) until your next season begins.

I meet with them once a month beginning in January and continue that schedule to the start of fall camp. Each meeting provides an opportunity to give your captains usable tools to help them deal with a variety of team issues such as: weight room training, seasonal goals, school citizenship, and communications with teammates.

In order to prepare them, and our leadership core, I use the following monthly agendas:

January: Welcome them as team captains; define their role and my expectations of them. Explain to them my “Ladder of Leadership” flow chart and how leadership differs from “boss-man-ship”.

February: “Check-up”(how are we doing?). How is the winter strength training progressing for non-winter sport athletes, specifically define their obligations and duties as captains, administer self-assessment tools (leadership profiles) and brainstorm future team goals.

March: Expand leadership core-Each captain invites four players to attend the March meeting. Explain the “empowerment impact” and clearly define what is a “winning” attitude. Discuss the “What do you want and what do you need” exercise—(Dartmouth College football)

April: Finalize our Goals for Next Season—Poster to be displayed in the weight room. Reinforce leadership accountabilities and expectations. Emphasize the impact and influence their actions have on the rest of the team.

May: Plan for spring meeting and summer activities – emphasis on continuation of leadership duties throughout the summer and building team trust. Review leadership techniques and results – what has been effective for them, personally.

June: Organize summer activities: Camps, passing competitions, acceleration training, and Wednesday night football activity.

July: Maintain leadership dialogue – strength-

training attendance, eligibility rules.

August: Finalize start up plans, explain to them my, “First to do” rule. They must lead every activity throughout the season – first to arrive for morning lifting, first to arrive for practice, first to do all drills, etc. Vote for leadership committee. The committee is comprised of the captains, and three juniors, three sophomores and two freshmen. This group will make decisions and team related issues/concerns.

In conclusion, there are many views regarding how to best develop leadership within a football team. One thing for certain, the time you take to invest in developing your captains will have a significant impact on the goals and direction of you team for the next season. Your captains will clearly understand the commitment of the coaching staff and, more importantly, the role they play as leaders of the team.



## Coaching Efficiency through the use of Technology

Scott Hoffman - Stillwater Area High School



Head Football Coach 2000-Present  
1978-85, 87-99 Assistant Coach  
1986 Assistant Brainerd High School  
Undergraduate: Mankato State University-1977  
Graduate: St. Thomas University  
Married (Wife-Sandy, daughter-Kristy)

Like most coaching staffs, the demand on our time has increased from year to year. Those demands come from many sources, some in, and some out of season. One area where much time is spent is with analysis of film. This can be analysis of players, scheme, or opponents. In the search to be more efficient, here at Stillwater, we have moved into the age of digital editing. What use to be a cost prohibitive solution for the High School level team, is now within reach, and under a \$1000.

What is digital editing and how does it save time? In a digital editing system, video is saved into a computer and markers are used to identify points in time in the video. Information about each segment of video can then be used to quickly find a single play or groups of plays or situations. If this were contrasted to the same type of operations using video tape, a coach would have to fast forward or rewind, or even change tapes to look at how our opponents line up against a certain formation, or how they react to certain actions in specific plays.

Further benefit can be found when implementing multiple cameras. The ability to look at the same play from multiple angles would have required significant effort and equipment when using video tape. Current digital systems now allow

for multiple cameras to be captured during the game, eliminating the need to cut up or import video after the game, and providing instant access to all angles of the same play.

In addition to analyzing schemes, situations, and assignments, there is also the added benefit of analysis player technique. Body position and footwork, can be seen in perfect clarity frame by frame. Film from games can be analyzed or even of drills in practice. This allows a coach to clearly contrast proper and in-proper technique.

With all of the above capabilities, time is saved by no longer needing to hunt through stacks of tapes, entire seasons of video is available just by directing a mouse, special teams can be viewed all together rather than scanning through entire games, video can be easily stepped through instead of re-cued with a clumsy VHS machine, video is free from static at what ever point in time it is stopped, team review of film can be shortened with the ability to easily identify the coaching points and find them in an instant during team review.

In addition to having the video indexed for use in finding particular clips of video, the same data can be used for tendency analysis. Like many teams, in the past we had used spreadsheets, pencil and paper, or statistical scouting software in order to find offensive and defensive tendencies of our ourselves and our opponents. With digital editing, the same information used to find specific video clips can be used to perform analysis of tendencies.



This saves practice time by allowing the coach to use his knowledge of Xs and Os to better scheme for his opponent and to plan practice accordingly. The scheme can be effectively taught to players by combining information from the tendencies with the video in a review with the defense.

Lastly, like all teams, here at Stillwater we produce a highlight video. Here again the ability to locate plays from any game with just the touch of a buttons saves significant time. Instead of fumbling with tapes, we can place clips in a highlight film with a click of a mouse. Afterwards, this series of plays can be sent to a DVD with just a few simple steps.

Last season was the first season Stillwater Football used this type of technology. Now with a firm grasp of the capabilities of this technology we look forward to fully incorporating it into our weekly

schedule. Stillwater uses a product from Lunch Pail Sports ([www.lunchpail-sports.com](http://www.lunchpail-sports.com)) called Game Film Index. Contact information is available on their website and the product is currently priced at \$895.

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## Caledonia Area High School

Coach Carl Fruechte

825 North Warrior Ave  
Caledonia, MN 55921  
W: (507) 725-3316 H: (507) 725-5189  
Fax: 507/725-3319

At Caledonia High School, we believe that speed is something you can improve if you are willing to work smart, work hard, and be patient.

Before every practice, our senior players lead our entire team (grades 7-12), in a variety of speed and quickness drills. We set up two to three rows of small hurdles in groups of four or five to sprint through and to hop over on one and two feet. We also have the traditional bags and large track hurdles for others to bound over and do up and unders. A large, rubber garbage can, that has been filled with medicine balls, is used by another group of boys to do front and backwards throws, 10 each. (Make sure the boys know to get the

right size medicine ball so that it is not too heavy). Speed ladders are set out so the boys can do a variety of sprints through. Another station of boys do snatch squat with joint PVC pipe to work on flexibility and sleds are in the next station to work on take-off and in the last station, we have boys jumping rope a couple hundred times for speed and quickness.



## Mahtomedi's 9-12 Practice Philosophy

Wally Malmstrom

Head Coach, Mahtomedi High School

Graduate of Mankato State College, 1970.

35 Years social studies teacher, Mahtomedi Public Schools

One year as the B squad coach; 22 years assistant varsity; 12 years head-all at MHS. (Only the second head coach at Mahtomedi in 54 years. George Smith was there for 42.) Head boys Track and Field (spring football!!) 1978-present.

Married, wife Nancy-art teacher at MHS; daughters Betsy, teacher in Chicago; Rebecca, retail, costumer for various children's theaters in St. Paul/MPLS. Son Chip, teacher, St. Croix Catholic, Stillwater, assistant football and track and field MHS 2001-2006. He and his wife Julie and our new grandson Mathew James, will be moving to Jefferson City, MO in July to take a similar position at Helias HS.

### Practice Philosophy

About ten years ago, we sat down and looked at our program and we decided we would try something a little different in our practice sessions. At the time we had three varsity coaches, two B-squad coaches and two 9th grade coaches on staff. We also had one volunteer at the varsity level. Practice sessions consisted of all the players warming up together, but then all three groups went their separate for the rest of practice. Each player coached in all positions by the respective coaches at their level.

We thought if we broke the players into position groups and had each coach "specialize" in a position for drills, we could maximize the coaching staff's and player's practice time. We broke the players, 9-12, into groups, offensive line, defensive line, defensive backs, quarterbacks/running backs, linebackers and wide receivers. Each "specialized coach" would then run drills for that group for a 20 to 40 minute segment of practice. A ninth grade



player would go through the same drills, with the same coaching/instruction as a senior player.

We looked at what we thought were our coaching strengths and assigned positions. Ken Stevens, our defensive coordinator takes linebackers: Joe Koscianski, our offensive coordinator, the QB/RBs. I take the wide receivers; Jim Anderson, volunteer varsity coach, the offensive line along with our 9th grade coach Bryan Allen. Our defensive line is coached by Paul McGibbon, B Squad coach, along with Thad Tumbleson, 9th grade coach. Thad sometimes goes with us during "skeleton drills" to work with the protection by our RBs. Dave Muetzel, B team, takes the defensive backs. Volunteer Chip Malmstrom and Mike Dolezal help with the DBs/WRs and linebackers, respectively. Chip also takes any of the specialists with him to work on snaps/holds/kicks during our whole team sessions.

Initially, there was concern that there would be less whole team practice times for the various levels. It actually worked out that the whole team



## Mahtomedi's 9-12 Practice Philosophy

segment of practices went smoother since the layers had learned the positions better in the drills. No need to spend time on adjusting stance, splints, explaining reads, etc. Those had been covered in the individual drill sessions. Another concern was fewer repetitions at the varsity level. There will be fewer reps, but we stress higher quality reps and the players have responded; we get high quality reps from everyone.

A huge advantage to this system is having the younger players watch the older players run through the drills. They learn by watching and modeling their actions after the players in front of them. We never have a varsity player go against a younger player that could not handle it. We make sure that when the hitting starts, we pair up players of equal talent.

A typical practice session looks like this.

- 2:30-2:40 Dynamic warm-up/stretch
- 2:40-2:50 Agility Drills (based on positions)
- 2:50-2:55 Water
- 2:55-3:05 Position #1 This is where we have the players go to their position that they feel is their starting position. They choose (sometimes with our input! offense/defense). This is where we run through the individual drills for grades 9-12.
- 3:05-3:15 Skeleton pass; continue position #1. We often combine O/D line for drills here.
- 3:15-3:20 Water
- 3:20-3:30 Position #2(Their second best position) same as above.
- 3:30-3:40 Skeleton pass; continue position #2 for the line.
- 3:40-3:45 Water
- 3:45-4:15 Whole team offense. Varsity, B-squad, 9th grade go their separate ways.
- 4:15-4:20 Water
- 4:20-4:45 Whole team defense. Again, each

team goes their own way.

4:45-5:00 Special teams and conditioning. By the way, we often incorporate special teams into the whole team offense (field goals, punt) or defense (punt return).

As the season progresses, we have Position #1 only on Tuesdays, Position #2 on Wednesdays, devoting more time to whole team. We are also able to cut down on the overall practice time.

When we started out, we had about 110 players, grades 9-12 with 8 coaches. We now have 155 players, with 11 coaches (4 volunteer), each specializing, and some doubling up on positions. On Friday nights the entire staff is involved in the varsity game, either on the sideline dealing with their position players, on the headsets in the press box, or keeping the statistics. They all have responsibilities for their specialty position. At halftime, the players break down into groups and hear from their respective coaches. When we go through the films, each coach is in charge of grading their players.

This means a significant increase in time commitments by our lower level coaches. They have their own games on Thursday and Friday afternoons. We believe the extra time put into the practice sessions and game responsibilities have been a huge benefit to us as coaches. More importantly, we feel it benefits our players and has been a big reason for the success of our program, 9-12. We feel we have utilized our staff's coaching talents to their fullest potential.

If you'd like to ask about our system, e-mail me at [wmalmstr@mahtomedi.k12.mn.us](mailto:wmalmstr@mahtomedi.k12.mn.us).



## Creating A Football Program “From Scratch”

Coaching a high school football program can be challenging. Beginning a program “from scratch” can be formidable, if not intimidating. Finding recent examples where a program is beginning where none had existed before is somewhat rare. Unfortunately, in Minnesota there are many cases where coaches, players, and even an entire community have had to deal with losing a program due to school district, or program, consolidation. Minnesota once had over 500 football programs. That number has been whittled down to approximately 390. The number has remained relatively stable for the last fifteen years and has actually grown slightly due to the “urban sprawl”, which has created communities in the metro area that previously did not exist, and to the growth in private schools in the metro area.

What this has provided is a chance to look at what it is like to create a football program. Several coaches who have been in this rare position agreed to share their experiences. The coaches were asked to provide their insight from their own unique perspective. They were asked to respond to four questions regarding the process and challenges of beginning a high school football program. Some of the coaches had been through the process many years ago and some had go through the experience just recently. Here is a look at the situations they encountered.

The coaches:

Dave Hamlin, Zimmerman

Dave Hopkins, Holy Family Catholic

Dwight Lundeen, Becker

Larry Thompson, Lakeville South

Note: Some the responses have been edited for spatial constraints.

### Larry Thompson -Lakeville South

1. What were some of the main concerns/problems you faced in the areas listed below?

#### A. Facilities

We have been blessed with 5 practice fields with underground watering systems. Our main concern was if the fields would be good enough to practice on. We were able to use 3 fields this

year with all 5 ready for next year. Our weight room is second to none.

#### B. Coaching Staff

Most of my coaching staff from Lakeville HS came with me to South. This helped our team to get off very smoothly.

#### C. Players

Our junior class in Lakeville is very good, and 80% of them are at the new school. Our QB started as a sophomore and is outstanding. We were able to two platoon, but our depth was very poor. The main problem is our 9th and 10th graders. They were not great classes and they are split in half. Neither of those teams won a game. We will have a lot of work to do in the future.



## D. Student Body

The school was really behind our football team. The victory over North was the game that really gave our team pride and identity. No one thought we would win without seniors. Getting to the state put Lakeville South on the map.

## E. Community/Fan base

Lakeville is a sports community and very involved. We still run our youth football program as one. The community is very supportive of North and South.

## F. Scheduling

The conference took care of all schedules. We played a regular conference schedule.

## G. Administration

Football is very important to our administration. They do everything they can to help us compete.

## H. Other Issues

Ordering equipment is the biggest problem. Everything was ordered so late that we had no dummies or weight room for 5 weeks this fall. This year will be much better.

2. Explain some of the "surprises", or unforeseen occurrences, you encountered in beginning the program

Beginning our first practice without seniors was a unique experience. Who was our leaders, who took control, how scared would we be that first game. At halftime against Burnsville, our first game, we were behind 28-0. I was wondering why I took this job? We made a couple of adjustments and lost 28-14. I knew we could be a very good team.

3. A sportswriter once wrote; "Starting a high school football program is like trying to knock down a brick wall with

your head.

You better have thick skin, a lot of time and plenty of help." How much do you agree/disagree with this statement?

I have so much support in this community that people will do anything to help. I could not have put this together without a great staff and great support from everybody else.

4. What advice might you give to a coach who would be starting a "brand new" football program?

It is alot easier when you have been in the system and have support from everyone. Ask for help because you can not do everything by yourself.

## Dave Hamlin - Zimmerman Thunder Football Coach

Our program was started as an off-shoot of the Elk River program...Rogers also split the same year. Rogers started a ninth grade program the year before, we played ninth grade with Elk River, then broke off completely the following year (2003).

Three year record:

2003 we were 1-8. Lost to St. Bernard's in 1A playoff 23-14.

2004 we were 1-8. Lost to

Mayer Lutheran in 1A playoff 55-54, 5 overtimes.

2005 we were 2-6. Moved up to 3A and did not qualify for playoffs.

## A. Facilities

Main problems or concerns:

1. Did not have a home football field. We completed it on the same day as our first home game...scoreboard was

hooked up during warm ups!

We used a haywagon with scaffolding for our press box, many fans sat

on lawnchairs around the field. We now have a first class facility.

2. Did not have any equipment....was told we'd be lucky to have 30 kids, we

had 70 come out the first day! We did a lot of borrowing from



## Minnesota High School Football

Elk River.

3. We didn't have a weight room...we converted a metal shop into one and solicited home weight sets from our community...we lucked out and found an old universal set in a community member's basement!

4. We didn't have an adequate locker room...no space and tiny lockers forced us to convert a science room to our locker room. With a lot of work and creativity, it turned out to be really cool....complete with a television and plenty of wipe off board space!

### B. Coaching Staff:

1. Because two new schools broke off from Elk River, coaches were in limited supply. My defensive coordinator was told a couple of weeks before our season started that his wife wouldn't let him coach. Suddenly, I had a real shortage of staff...we hired everyone we could get our hands on, some worked out well, some did not. There were days when my staff was a bigger problem than trying to field a competitive team.

2. Many of my assistant coaches had limited experience...I spent time trying to educate them and, admittedly took their knowledge or lack thereof for granted...we've become much more organized as a staff now! I had a lot to learn.

### C. Players:

1. I was lucky to have coached some of my kids as tenth graders, but over  $\frac{3}{4}$

of our team had never played organized football before. It was a shock to them and my staff. We literally started from the ground up...there were days where I thought we'd never win, much less even be competitive. I learned to look for the little improvements in practice every day. There were days where I left practice wondering what I'd gotten myself into.

I wouldn't have given up the opportunity for the world though.

2. We had kids who were not in shape to play football, they didn't

understand the off season preparation, they just showed up suddenly to

play on the first day of practice. I had a scare my first day. We sent the kids on a warm up run and, after completing one lap, a player suddenly collapsed in the endzone. I rushed over fearing a heart attack and looked at a panic stricken kid. I asked "What's wrong???" He replied "I'm tired!" He decided that football wasn't quite for him and quit the next day. It opened my eyes up to the challenge that lay ahead! We will finally see the first group of athletes who have played organized youth football coming into our varsity program and we have high expectations.

3. In retrospect, I have learned to appreciate all of the

work and struggles that my first team had to endure, and I will always remember them with a special fondness.

### D. Student Body

1. Our student body was very supportive of us, winning our first game against Rogers certainly helped this. The whole town was a buzz with excitement...this is quite a rivalry, North vs. South type of thing.

2. We had and continue to have a very high participation rate in football as

well as all of our programs...we strive to keep the kids involved.

### E. Community / Fan Base

1. Our community was and continues to be very supportive of our efforts.

We draw very well in attendance despite our win loss records, this shows

that our community realizes the struggles with a new program, as a team

we are always grateful for their support.

2. Our community stepped up to build us a first class football/soccer stadium at a time when our school district chose to build at Rogers instead. Without their efforts and spirit, we would probably still be waiting for a facility today. The people of Zimmerman always find a way to get things done.

### F. Scheduling



1. This was an adventure! Elk River's athletic department started the process, but by March of 2003 we were still looking for 5 of our 8 games. I continued to call around and ended up filling our schedule by April, we were appreciative of the schools who would schedule us, it made our program a reality. St. Clair High School traveled a long distance to arrive at a school where we were still hooking up the scoreboard during warmups. It was great to have them make the trip and inaugurate our new field.

## G. Administration

1. Our administration at Zimmerman has been very supportive, coming up with money and solutions for all of the problems we have faced...I couldn't ask to work with a better group of administrators. We have found a way to overcome every obstacle we've faced, particularly in our first year.

## H. Other Issues

1. Fundraising has been a challenge, as established programs have taken many of the opportunities like pull tabs and such. We work hard as a school to make sure that we're allowing all the athletics to have opportunities to raise funds. This remains one of our biggest challenges....how to buy what we need in a rapidly growing program.

## I. Surprises / Unforeseen Circumstances

2. While it was not a surprise to me, we beat Rogers in our first game ever by a score of 13 -10...many considered this a big upset. We then lost our next game in overtime to Bloomington Lutheran....this was a bigger surprise because they had an established program. Our kids improved dramatically over the season, ending with a competitive game against a very good St. Bernard's team. The kids surprised me the most with their work ethic, positive attitudes, and willingness to learn....they were the real builders of our program.

3. A sportswriter once wrote; "Starting a high school football program is like trying to knock down a brick wall with your head. You better have thick skin, a lot of time and plenty of help."

How much do you agree/disagree with this statement?

I totally agree with this statement...running the Zimmerman football program is a full time job, as most high school coaches realize. I find myself wrapped up in football during the offseason almost as much as during the regular season. There is always a new challenge, a new idea....I think as football coaches we all thrive on this...we cherish the past but we always look ahead to the next season, group of kids,

game, etc.

In terms of help, this is not an endeavor for a single person to accomplish.... it will drive you mad. I've been fortunate enough to have administrators and staff that have gone the extra mile to assist me. I can't imagine starting a program without total community and school support.

Thick skin....I think as football coaches we all need this, after all...how many Saturday morning quarterbacks are out there? Most fans do not realize the effort and strategy that goes into the game, much less all of the intangibles we face. They only see Friday night. In Zimmerman, I would say 95 % of our fans are very supportive, they realize that programs are not usually winners overnight. We have stepped up to 3A from 1A, are playing very good teams, and are getting better game by game. The fans notice this and are very complimentary. I appreciate their patience....I'm typically very impatient and always feel we should be further ahead in the process...my assistant coaches help me with my perspective and keep my grounded.

4. "What advice might I give to a coach who would be starting a brand new program?"

a. No two programs are the same, or have the same prob-



## Minnesota High School Football

talk with some coaches in the same situation as myself and it is always interesting to hear about their experiences.

b. Don't be afraid to ask other coaches for advice. I have been blessed to have

coaches from established programs give me great guidance, even on seemingly small tasks or details. Doug Patnode at Princeton and Earl Baumann at St. Michael have been a tremendous help to me and have been very

lems to encouraging.

c. There will be days where you will wonder why you're doing this, especially after some tough losses...look for improvement in the little things and, at the same time, remember the bigger picture. We're in this for the kids and a new program offers great opportunities for the players that otherwise would never exist. While a win at Rogers was gratifying on our opening night, there was something special about 120 + kids getting an opportunity to play high school football...had they still gone to school at Elk River, many probably would not have gone out for

football, much less had a chance to play.

d. Be Patient. Rome wasn't built in a day and your football program probably will not be either. I struggle with this even today.

Feel free to contact me if you have any other questions or need more information...I'll probably write a book on this experience some day.

The stories are seemingly endless, it's been quite a journey so far.

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### Dave Hopkins - Holy Family

1. What were some of the main concerns/problems you faced in the areas listed below?

#### A. Facilities

The Grass Grew-When I was hired in March of 2002, there wasn't a blade of grass on our game football field. It was dirt and dirt only. The only part of the game field that looked like a game field were the light poles and uprights. Fortunately, there was grass seed in place. I was assured by my Activities Director, Matt Thuli, that the field would be ready for play for our first game vs. Jordan at the end of August. He was right. We had grass. We just couldn't score. We lost to Jordan 38-0.

Stadium (Bleacher) Talks- Lotta talkin' 'bout a stadium when I was hired but still no stadium 5 years later. We do, however, have a nice hill to view the game from. I'm just glad I have a sideline pass.

Press Box- None. The hardest part about not having a press box to film from is disappointing our opposing coaches in that we do not have proper facilities. The only good thing that our opponents get out of our non-existing press box is that they may appreciate their press box a little more when arriving home.

Loud Speaker- In our first year in the fall of 2002 we didn't have a loud speaker nor anything close to that. With that came no starting line-up...no "FIRST DOWN HOLY FAMILY!"...no

"Tackle by Delaney"...no "Please rise for the National Anthem". Which leads me to...

National Anthem- Since we didn't have a loud speaker to bel- low out the National Anthem, we needed a band to play it. However, we didn't have a band that was ready for this so we needed many a member choir. Our choir wasn't ready either, so we sang it ourselves. "Ourselves" meaning the football team. I told the team that I didn't care about the pitch or the key of the song but I did care about the volume. I had to threaten them to sing LOUD! I knew that if they didn't sound good that it may effect the start of our game and possibly carry over into a loss (which we had many of by the way). Our team song motto was "We suck, so



let's suck LOUD!" It sounded kind of funny but I knew where they were coming from. After our first game my Principal, Mrs. Kathleen Brown, said she liked that we sang the National Anthem and would like us to continue doing so. The next year, even when we inherited a sound system the team kept singing the National Anthem. Oh well.

Lining the Field- The most hated job for football coaches next to budgeting is lining the field. My staff, along with our AD, got it done. The 12-pack of tan colored pop helped subdue the mosquito bites literally eating us alive in the middle of the night before our first game. That was a run-on sentence in honor of our run-on night. In case you forgot, we lost that game 38-0 against Jordan.

Flag pole- Yes

Score Board- Nice

Head Sets- Check

First down chains- Check

Helmets and Shoulder Pads- Plenty

Brand new game uniforms- Ready

Our Activities Director always worked hard to ensure the proper equipment for and safety of our players.

## B. Coaching Staff

I asked my two best assistants from my former head coaching position in Wisconsin to come with me and start a program from scratch. They both wanted to come over but one of them could not. Ian Parzyck was the

coach that made the trip with me. He also got a Biology Teaching position, a track coaching position and basketball coaching position. I owe him a great deal of praise and gratitude for all that he has helped me with. The other coaches were hired from the surrounding area of the Victoria community. Although the other coaches have helped greatly in building this program, Ian is the only one that has been with me for the full 4 years.

## C. Players

When I was hired I had 63 students sign up to play football in grades 10-12 and I still have the sign-up sheet to prove it. Everyone was very excited and the atmosphere was filled with anticipation. 18 finished the season. 18 healthy and eligible bodies left...that's it. We worked the boys hard and they dropped like flies. The following year we had 22 players start the season in the fall of 2003 and we ended with 24. We had set a high standard the previous year and the hardest-working boys were attracted to that standard.

## D. Student Body

The Student body has been very supportive. They have learned many new cheers over the past few years. We also have a school song.

## E. Community/Fan base

Our fan base has been great and very, very supportive. One of the best fans was Father

Dan Hagen. He would wear a Fireman's

Helmet to the game and lead cheers. He would execute kartwheels on the sideline with perfect form. Our team name was the Holy Family FIRE. FIRE is our mascot. I never understood the fireman's helmet...was he trying to put out the FIRE? Priest's can get away with that kind of stuff, I guess? I hired him as an assistant coach the following year. The kid's loved him and his enthusiasm. The next school year he was reassigned to the Woodbury area. I miss watching films and drinking tan colored pops with Father Dan. He would forgive me every time I swore. When you are starting a program from scratch, you swear a whole lot.

## F. Scheduling

My Activities Director, Matt Thuli, did all the scheduling the first year. He did a pretty good job considering the circumstances. In our second season, he worked hard to get us in the Minnesota River Conference. That was a miracle. It has helped us in too many ways to mention. I am thankful to the members of the Minnesota River Conference for letting us in.

## G. Administration

No pressure from the administration on winning. They have been very patient, understanding and supportive.



## Minnesota High School Football

### H. Other Issues

Most of our players had never played football before but felt like they had an opportunity to play because we were brand spanking new. Some of the other players we inherited from other programs because they couldn't make the teams where they used to play. Some had the attitude that I was lucky that they came out for the team as if they were doing me a big favor. It was a "hair turning grey" kind of year. We did, however have a nice core group to build around.

### 2. Explain some of the "surprises", or unforeseen occurrences, you encountered in beginning the program

The biggest surprise for me was winning so many games in our second year of varsity existence in the fall of 2003. We lost our first two games to Delano and Norwood Young America but won our next 6. We won by the skin of our teeth. We got lucky. Real lucky...but our boys worked real hard.

The second biggest surprise was Rich Gannon. In the fall of 2002, Rich was named the NFL's Season MVP. In late January, he made it to the Super Bowl but lost a disappointing game to Tampa Bay and to his former Coach Jon Gruden. The following week he was soaking up the

sunshine in Hawaii at the Pro Bowl. The very next week, as I was teaching an algebra class, I looked over and he was standing in my classroom. Weird. He lives in the Victoria, MN area so he was visiting us to see if our school was a good fit for his two daughters to attend in the future. Rich must have liked what he saw because he decided to help us at Holy Family Catholic High School keep building what we had started.

Rich has helped much with football, too. He has helped coach our players as a team and individually. He has headlined and coached our Youth Camp. He observes our team practices and gives me feedback on how to improve as a coach, a manager and a leader. He acts almost as my personal consultant, never afraid to offer suggestions but always in a very respectful and understanding way. We have spent time simply drawing up X's and O's for hours. I am a very thankful coach for all of this.

In just this last year of 2005, between helping Holy Family Catholic High School's football program, capital campaign, administrative team and enrollment committee, Coach Gannon has probably put in 200 hours (more or less) of his time. All voluntarily without asking for anything in return. 100 years from now, kids at this school will not recognize him as an NFL quarterback like the rest of the general population, but rather as one of the pioneers and forefa-

thers that help build and expand our school.

3. A sportswriter once wrote; "Starting a high school football program is like trying to knock down a brick wall with your head. You better have thick skin, a lot of time and plenty of help." How much do you agree/disagree with this statement?

This is very true. However, if you succeed, the rewards are worth it. Not too many people can say that they started a program from scratch.

4. What advice might you give to a coach who would be starting a "brand new" football program?

1) Always do what is right. Short cuts and easy paths at the expense of your morals and beliefs will destroy the future of the program.

2) Stay true to your mission and do not stray.

3) Move with caution and thought. Remember that precedents and traditions will be set with every move you make.

4) Keep records and set bars for they are motivational tools for the players of the future.

All the above is easier said than done...do it anyways.

5. Please feel free to add any further comments/suggestions.

Even though I had 10 years of head coaching experience in Wisconsin, I felt like I was the



most fortunate coach in the state of Minnesota when I obtained this job.

In our first year, it seemed like our players were so inexperienced that they didn't know how to act like football players. It is hard to explain. One time in our very first game, our running back had a huge hole to run through and when he broke into the secondary he almost froze solid because he was so surprised that there was a hole. When we

scored a Touchdown, nobody knew what to do or how to react. They all stopped and were looking around for someone else to start celebrating. On another note, when we finally had a sound system to have introductions before the game, I had to teach them step-by-step on how a football team gets introduced. What to do before introductions and what to do immediately after introductions. That is just a couple of examples on how I

had to teach the players the littlest of little

things that I used to just take for granted. Don't get me wrong, it was an honor to do so. I will remember those things most of all. Helping boys become men, it is what all football coaches do.

## Dwight Lundeen, Becker High School

1. What were some of the main concerns/problems you faced in the areas listed below?

### Facilities

This was a big problem at Becker when we started. We had the Math department help lay out the field. The only area that was big enough had rather deep, dead furrow going right down the middle. The field was covered by sand bars.

Visiting teams just hated playing on this field. My wife and I had to line the field for each game. We had an old painter that never worked. We had to use paint brushes to paint the lines. No goal posts for the first two years! The practice field did not have lines on it. There were no bleacher, no lights. We played on this field for six years. Today, we have one of the best fields in the state.

### Coaching Staff

When started the program with only two coaches. I had to coach everything; every position. It was good for me to learn the whole game. It forced me to study both sides of the ball.

### Players

Getting players out for football was a tough task for about the first four to five years. Players and parents were worried about injuries! Their perception of football was one of professional football. I figured out very soon that football is a numbers game. I worked very hard to get our numbers up. Today we have about 220 players out for football; up from only 17 in 1970!

### Student Body

We have always had great support from our student body. They love football. Powderpuff football is always a highlight of

the year for the girls.

I always had our captains go talk to the primary/elementary and middle school to explain football and invite them to join the team in 7<sup>th</sup> grade.

### Community/Fan base

Friday night is a very special night in the fall. Many great traditions have been built around home football games: Pork chop feeds; handing out footballs; spirit wear; every night has a new theme. Young kids want to grow up and play for the Bulldogs.

### Scheduling

Scheduling has never been a problem as Becker has always been in a large conference.

### Administration

I was very lucky to always have great support from the administration. They let me try anything to build the program.



## Minnesota High School Football

2. Explain some of the “surprises”, or unforeseen occurrences, you encountered in beginning the program.

The first year the players had no idea about the game. The very first time out for a game, they all ran off the field and sat on the bench like a basketball team.

3. A sportswriter once wrote: “Starting a high school football program is like trying to knock down a brick wall with your head. You better have thick skin, a lot of time and plenty of help.” How much do you agree/disagree with this statement?

I totally agree! The quality I feel that has made me most successful is to “persevere”. There are always “tough times”, but they don’t last. Work through them and good times are right around the corner.

4. What advice might you give to a coach who would be starting a “brand new” football program?

Football is the greatest team game in the world. If you get a

chance to start a program you are very blessed. Don’t pass up the chance.

I feel so very fortunate to have had the chance to be the only Head Coach Becker for 37 years.



## 2006 Hall of Fame Inductees

### Football Hall of Fame Annual Banquet

#### Charles Kavanagh Kerkhoven-Murdock- Sunburg

Charles Kavanagh graduated from Murdock Public Schools in 1967. During his high school years he earned sixteen letters: four each in football, basketball, baseball, and track. After high school, Charles attended Willmar Community College where he played football, basketball, and competed in track. He was named All-Conference in football and honorable mention All-American. He competed in nationals for the track team. After earning his AA at Willmar, he went to South Dakota State where he graduated with a Master of Science degree in 1972. While attending South Dakota State University he was a two-time, All-Conference football player.

After college, Charles first went to Osage, Iowa, where he taught Social Studies and coached three sports: football, basketball, and track. Charles moved back to his hometown area in 1975 where he became an assistant football coach and head track coach at Willmar Community College. In 1979, he took a job at Kerkhoven-Murdock-Sunburg where he taught Physical Education and Health and coached football and boys and girls basketball. He was head football coach from 1981-2003, compiling a 129-102 record while winning nine conference championships, one section title (1999), and took two teams to the state tournament (1983 and 1999). He was named Conference Coach of the Year nine times during his career at KMS.

Charles and his wife, Colette, have three children: Corrine, 27; Lala, 24; and Naomi, 21. Charles's hobbies include hunting, fishing, and woodwork-



ing. He has traveled to Hawaii and Sweden. One way to sum up Charles's philosophy in life is in his statement, "The highs of a person's career are satisfying, but the big picture to mold kids as citizens is what gives me the most pride."



## 2006 Hall of Fame Inductees Football Hall of Fame Annual Banquet

### Ken Hill Sauk Rapids

Ken Hill graduated from Sauk Rapids High School in 1954. He was a three-time letter winner in football and basketball and a four-time letter-winner in track. He then joined the military where he started his post-high school education at the University of the Philippines. When he completed his service obligation, he transferred to St. Cloud State University and earned his BS in 1960. He then completed his MA from SCSU in 1968.

Ken's first job was in Grove City. As the head football coach, his record was 5-4. Ken went to Waldorf-Pemberton and Le Center and served as an assistant coach. During 1967-1969 he also taught Physical Education at SCSU and was an assistant coach while he worked on his Master's degree. In 1970, Ken arrived at Sauk Rapids where he was the head football coach from 1970-2000. He earned a 157-138-1 record, and his overall record is 162-142-1. His teams were conference champions four times. In 1980 he got his team to the state quarterfinals. He was the Rum River Conference Coach of the Year five times: 1980, 1988, 1991, 1994, and 2000. He has been a life member of Minnesota State High School Coaches Association and is a 30-year plaque member of Minnesota State High School Football Coaches Association. He coached in the All-Star game in 1995. He worked on a committee to develop a football playoff system. Ken has been a leader in his school by winning the



Principal's Award in 1996, 1997, 1999, and 2000. He was instrumental in updating facilities in both football and track at Sauk Rapids.

Ken has been married to his wife Bev for 48 years. They have four children: Dave, 47, lives in Norway; Dan, 45; Deborah, 42; and Dianah, 37. He enjoys time with his grandchildren, watching high school athletics, travel, and the outdoors. He has traveled to Japan, the Philippines, Florida, and the upper Midwest.



## 2006 Hall of Fame Inductees

### Football Hall of Fame Annual Banquet

#### Rich Kallok Cretin-Derham Hall

Rich Kallok graduated from Andean High School in Merrillville, Indiana. He then went to the University of St. Thomas where he earned his BS, MA, and Education Specialist degrees. Rich has spent thirty-eight years in education in Catholic high schools. Everywhere Rich has gone, he has built successful teams.

In 1967, he accepted his first coaching job at Andean High School. He coached the school's first undefeated freshman team and was 26-4 over his first three years. In 1970 he went to Saint Bernard's High School. He became head football coach in 1973 and won the school's only conference championship in their history. In 1980, he went to Cretin-Derham Hall High School as principal and assistant football coach. He became head football coach in 1989. In his sixteen years as head coach at Cretin, he had a record of 166-27 with an overall coaching record of 200-65. He has one state title (1999), and three 5A runner up finishes (1988, 1992, and 2000). He has led his team to fifteen consecutive state tournament appearances, from 1990-2004. He was named Section Coach of the Year for those fifteen years also. He won eleven conference championships, nine Twin Cities championships, and has had twelve Academic Section Champions. He is a two-time Conference Coach of the Year (1973 and 1999). He was selected the Class 5A Minnesota State Coach of the Year, NFL High School Coach of the Month in 1999, along with being an All-Star Game Coach in 1990. Since 1985, 48 of Rich's players have played college football at the Division I or IAA level with six going on to the NFL. He has had one Heisman Trophy winner, and two have won a national championship. More than 25 of his players coach and/or teach at



the high school and college level.

Rich is married to Sue, and they have three children: Sarah, 30; Matt, 27; and Elizabeth, 23. In his free time Rich enjoys running and golfing. His travels have taken him to Miami, New Orleans, Ann Arbor, South Bend, and Madison.



## 2006 Hall of Fame Inductees Football Hall of Fame Annual Banquet

### Stan Skjei Bloomington Jefferson

Stan Skjei is a 1961 graduate of Appleton High School where he earned fifteen letters in football, basketball, track, and baseball. He went on to the University of Minnesota and lettered twice, starting at defensive back and punter. He graduated from the U of M in 1965 earning a B.S. degree with a double major in Business Education and Physical Education. He earned his Masters in Education from the University of Minnesota in 1970.

After the U of M, Stan went to Bloomington and became part of the school system for 34 years. He started at Kennedy High School, and then went to Jefferson as an assistant coach. In 1976 he went to Lincoln High School and was head coach until 1981. He returned to Jefferson High School in 1982 and became the head coach in 1987. His career record is 93-78-1. He coached in the 1988 All-Star Game for the Metro. In 1994 he was named Lake Conference Coach of the Year, Section 6 Coach of the Year, and Metro Coach of the Year. Two of Stan's former players went on to play in the NFL. He was inducted into the Bloomington Sports Hall of Fame in 2004 for his contributions to amateur sports in Bloomington.

Stan is married to Judy Ann, and they have three children: Jody, 44; Scott, 42; and Julie, 35. Stan enjoys golf and has traveled throughout Europe and the U.S.





## 2006 Hall of Fame Inductees Football Hall of Fame Annual Banquet

### Richard “Dick” Tressel College Division Hamline University

Richard “Dick” Tressel graduated from Berea High School in Berea, Ohio, in 1966. He earned eight letters in three years while playing football, basketball, and baseball. Upon graduation, he attended Baldwin-Wallace College in Berea, Ohio, earning four letters in both football and baseball. He then went to Florida State University and earned a Masters in Physical Education in 1971. He completed his education, earning a Ph.D. in Kinesiology from the U of M in 1996.

During his coaching career, he was a graduate assistant at Florida State University. He was head coach at Gibonsberg High School in Ohio from 1971-1973. He then went to Wayne State University in Michigan, where he was defensive coordinator from 1974-1977. For the start of the 1978 season, Dick came to Hamline University in St. Paul and was head coach from 1978-2001. He compiled a 124-102-2 record with two MIAC Conference championships in 1984 and 1988. In 2001, Dick became the Ohio State University running back assistant coach. During his OSU coaching career, they won two Big Ten titles (2002 and 2005) and the National Championship in 2002. Dick now serves as OSU’s Associate Director of Operations, Academics, and Community Service.

Dick’s many awards include: high school Conference Coach of the Year in 1973, MIAC Coach of the Year 1989 and 1988, Football News Division III National Coach of the Year in 1984, Berea High School Hall of Fame, and Hamline University Hall of Fame. He was elected to American Football Coaches Association Board of Trustees from 1994-2001. Dick, his brother, Jim, and father, Lee,



comprise the only family of coaches that each have over 100 victories in NCAA football.

Dick was active in the Minnesota High School Coaches Association, and the Minnesota High School Football Coaches Association running clinics and hosting meetings.

Dick’s family includes his wife Connie and sons Mike, 32; Ben, 30; and daughter Lila, 26. Dick enjoys spending time with his grandkids, fitness activities, and playing golf and cards. He has traveled throughout the United States, Canada, Great Britain, Greece, and has taken a football team to Barcelona, Spain.



## 2006 Hall of Fame Inductees Football Hall of Fame Annual Banquet

### Gordon Hinck Citation Award KDHL Radio

Gordon Hinck was a 1960 graduate of Lake City High School where he lettered five times in basketball and track. After graduation he went to Brown Institute in Minneapolis where he earned two degrees, one in Announcing and another in an electronics course with a First Class FCC License.

After completing his course work, Gordy's first job in broadcasting was in Perry, Iowa. After one year, he worked in Grinnell, Iowa; Mason City, Iowa; and then to Red Wing, Minnesota for one year each. After the frequent moves, in 1968 Gordy found the spot for him, and for the next 33 years he broadcasted for radio station KDHL out of Faribault. Gordy broadcasted football and basketball while at KDHL, and in his career he has broadcasted approximately 2,300 high school athletic events. In 2001, Gordy started working for his hometown radio station KCLH in Lake City. Gordy has spent a total of 44 years in broadcasting.

Gordy has been married to his wife Geri for 43 years and they have two children: Dave and Jodi. Gordy enjoys golfing and gardening during his free time. His travels have taken him to the Panama Canal, Aruba, Mexico, and Puerto Rico. Gordy is a member the Lake City Chamber of Commerce, Lake City Lions Club, and the Lake City Country Club.



# “Hall of Fame”

Sponsored by the Minnesota High School Football Coaches Association



|                                                                                                                                                 |                                                                                                                                                                         |                                                                                                           |                                                                                                     |                                                                                                           |
|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|
| 1965<br>Bernie Bierman<br>Frank Cleve<br>Bernie Cole<br>Jake Christiansen<br>Vein Morrison<br>Bronko Nagurski<br>Ted Peterson<br>Lew Swearingen | 1973<br>Earl Teas<br>Chuck Elias<br>Ralph Anderson<br>Jerry Dahlberg<br>Bruce Smith<br>Mary Helling                                                                     | 1980<br>Bruce Bennett<br>Neal Davis<br>James Gustafson<br>James Molnar<br>Norm Wagner<br>Jim Wallace      | Jim Griffin<br>Bill Severin<br>Harvey Shew<br>Tony Thiel                                            | 1998<br>John Conzemius<br>Frank Fredlund<br>Bob Sullivan<br>Jerry Wallskog<br>Wes Wistrom                 |
| 1966<br>Bert Batson<br>Lester S. Barnard<br>Red Hastings<br>John Gagliardi<br>Lefty Ranweiler                                                   | 1974<br>Oats LeGrand<br>Jerry Ekstein<br>Kenneth “Red” Wilson<br>Edor Nelson<br>Doc Watson                                                                              | 1981<br>Lou Barle<br>Irv Nerdahl<br>Glenn Redmann<br>Clayton Tonnemaker                                   | 1990<br>Roland Bromberg<br>Gary Gustafson<br>Tom Mahoney<br>Bob O’Neil<br>Dick Rezanka<br>Al Siegle | 1999<br>Bill Martin<br>Gerhard Meidt<br>Grady Rostberg<br>Buz Rumrill<br>Mal Scanlan<br>Omer Sieben       |
| 1967<br>Francis “Pug” Lund<br>Louis Todnem<br>Paul Giel<br>Cliff Morlan<br>Joe Markley                                                          | 1975<br>Art Haas<br>Les Neil<br>Bob Collison<br>Russ Helleckson<br>Dick Mahar<br>Bernie Lusk                                                                            | 1982<br>Bob Gove<br>Wally Hitt<br>Gary Olson<br>Don Nyland<br>Dale Scholl                                 | 1991<br>Morgan Brandrup<br>John Davies<br>Earl Gramling<br>Roy Hokkanan<br>Ron Scott<br>Bob Youso   | 2000<br>Jerry Hegna<br>Andy McCarty<br>Elmer Menage<br>Ed Mettner<br>Jim Simser<br>George Thole           |
| 1968<br>Lee Brockmeyer<br>Sid Hartman<br>Charles “Bud” Wilkinson<br>Elmer Wigen                                                                 | 1976<br>Kermit Anderson<br>Will Gullickson<br>Dwayne Hoberg<br>Jack Malevich<br>Jim Pederson<br>George Roscoe<br>Murray Warmath                                         | 1983<br>Stan Nelson<br>Joe Mrkonich<br>Jim Gotta                                                          | 1992<br>Stay Canakes<br>Dan Devine<br>John Hansen<br>Joe Mayer<br>Warren Olson<br>George Wemeier    | 2001<br>Ken Belanger<br>John Gross<br>Don Bertek<br>Roger Lipelt<br>Keith Swanson<br>Stuart Nordquist     |
| 1969<br>C.P. Blakeslee<br>Dick Bradley<br>Ray Christenson<br>Jim Byrne<br>Lloyd Hollingsworth<br>Pete Guzy                                      | 1977<br>Frank “Butch” Larson<br>Herschel H. Lysaker<br>Art Avis<br>Jim Carrington<br>Lee Krough<br>Jim McLaughlin<br>Leo Sebastian                                      | 1984<br>Dick Lawrence<br>Tom Briere<br>Jim Henkes                                                         | 1993<br>Les Dreschel<br>Ken Mauer<br>Tom Porter<br>Dana Powers<br>Dick Walker                       | 2002<br>Pepper Lysaker<br>Ken Baumann<br>Rick Manke<br>Paul Mork<br>Willie Rauen<br>Jim Roforth           |
| 1970<br>Ed Widseth<br>Adrian Christenson<br>Jake Christiansen<br>Walter Hertz<br>Frank O’Rourke<br>Les Knuti<br>Bud Grant<br>Wendell Vlasin     | 1978<br>Chuck Dixon<br>Chauncey Martin<br>Ted Meinhover<br>Roy “Chip” Rasmussen<br>George Reedy<br>Marti Rossini<br>John Vucinovich                                     | 1985<br>Don Swanson<br>Bob Roy<br>Bruce Frank<br>Don Riley<br>Giffy O’Dell                                | 1994<br>Dick Bakke<br>George Larson<br>Jim Malosky<br>Andy Nelson<br>Marsh Nelson<br>George Smith   | 2003<br>Lyle Anderson<br>Clark Bergloff<br>Jim Mader<br>David Main<br>Dave Nigon<br>Dick Strand           |
| 1971<br>Manny Marget<br>Butzie Maetzold<br>George “Butch” Nash<br>Harold M.<br>“Snooks” Sullivan                                                | 1979<br>Bruce Bakke<br>Herman Frickey<br>Bill Hanson<br>LeRoy McMahon<br>Dick Mulkern<br>Harry Newby<br>Milt Osterberg<br>Bob Schrank<br>Steve Silianoff<br>Lloyd Stein | 1986<br>Chuck Halsted<br>Ralph Hagberg<br>Pete Herges<br>Ike Pesonen<br>Cliff Senne                       | 1995<br>Gerry Brown<br>Bruce Frank<br>Norman Johnson<br>Bob Peterson<br>Pat “Bruno” Waldner         | 2004<br>Dean Taylor<br>Stan Olson<br>Gary Graham<br>Deryl Ramey<br>Randy Shaver                           |
| 1972<br>Dick Wildung<br>Jim Lee<br>Jerry Krueger<br>William F. Broekmeier<br>Fred Vant Hull                                                     |                                                                                                                                                                         | 1987<br>Terry Egerdahl<br>Lauren “Huns” Hagge<br>Donald “Bill” McMoore<br>Jerry Sullivan<br>Angelo Taddie | 1996<br>Jim Christopherson<br>Mary Gunderson<br>Mike Morrissey<br>Lloyd Peterson                    | 2005<br>Ken Jacobson<br>Jerry Sonnek<br>Terry McLean<br>Neal Hofland<br>Dick Jonckowski<br>Donovan Larson |
|                                                                                                                                                 |                                                                                                                                                                         | 1988<br>Herbert Claffy<br>Mac Dahl<br>Art Fredrickson<br>Ralph Peterson<br>Ron Raveling<br>Cal Stoll      | 1997<br>Bill Beck<br>John Drews<br>Ross Fortier<br>Andy Lia<br>Jerry Peterson                       |                                                                                                           |
|                                                                                                                                                 |                                                                                                                                                                         | 1989<br>John Drugg<br>Don Fox                                                                             |                                                                                                     |                                                                                                           |

# NOMINATION FORM

## FOOTBALL COACHES "HALL OF FAME"

Contact:

Scott Tschimperle: tschis@gsl.k12.mn.us

Paul Lemke: lemkep@gsl.k12.mn.us

### DIRECTIONS:

1. Please have nominee (if possible) complete this nomination form completely.
2. Please type or print neatly.
3. Please answer questions in all categories of the nomination form that are applicable.
4. Please include a picture (black and white preferred) of the nominee to be used for press purposes.
5. Nominations must be received by Jan. 1st, 2003

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

PRESENT ADDRESS: \_\_\_\_\_

TELEPHONE (HOME): \_\_\_\_\_ (city) \_\_\_\_\_ (state) \_\_\_\_\_ (zip) (WORK): \_\_\_\_\_

BIRTHDATE: \_\_\_\_\_ MARRIED: \_\_\_\_\_ SINGLE: \_\_\_\_\_

SPOUSES NAME: \_\_\_\_\_ CHILDREN AND AGES: \_\_\_\_\_

---

PRESENT EMPLOYMENT POSITION: \_\_\_\_\_

NOMINATED BY: \_\_\_\_\_

ADDRESS OF NOMINATOR: \_\_\_\_\_ (city) \_\_\_\_\_ (state) \_\_\_\_\_ (zip)

NOMINATOR'S TELEPHONE (HOME): \_\_\_\_\_ (WORK) \_\_\_\_\_

Induction into the Football Coaches "Hall of Fame" is gained through one of three divisions. These divisions are:

- A. The high school division (Coaches)
- B. The college division (Coaches)
- C. The citation division (Writers, Announcers, Athletic Directors, Fans, etc.)

IN WHICH DIVISION IS THE INDIVIDUAL NAMED ABOVE NOMINATED? \_\_\_\_\_

NOMINEES HOBBIES: \_\_\_\_\_

NOMINEES TRAVELS: \_\_\_\_\_

---

### EDUCATION

#### High School:

| School | City/State | Years | Degree Received |
|--------|------------|-------|-----------------|
|--------|------------|-------|-----------------|



## 2005 Football Coach Of The Year Mark Kroulik Stephen-Argyle

Mark Kroulik of Stephen-Argyle has compiled one of the most impressive high school coaching records ever, in the history of Minnesota high school football. In only ten years his teams at Stephen-Argyle have won 121 games, while only losing ten. That's an "average" yearly record of 12-1! He's coached teams to four state titles, including the last three consecutive years. He has been both the head coach and assistant coach for the Storm and he has been crucial to continuing the long history of success that the program has had over the years going back even to the years when the two programs were separate. And besides his success on the football field, Kroulik also handles the duty of principal for Stephen-Argyle high school.



## 2005 Assistant Football Coach of the Year Glen Bernard Bernard, Rushford-Peterson

Glen Bernard of Rushford-Peterson has been a top assistant for head coach Jim Reinhardt and he has been one of the reasons for the Trojans success over the years. The Trojans have won state championships in 2002 and 2004, while also making numerous state tournament appearances.



## 2005 Coaches of the Year . . .



Mark Kroulik  
Stephen-Argyle  
9-Man Coach of the Year



Paul Dunn  
Springfield  
Class 1A Coach of the Year



Ray Tri  
Eden Valley - Watkins  
Class 2A Coach of the Year



Dwight Lundeen  
Becker  
Class 3A Coach of the Year



Wally Malmstrom  
Mahtomedi  
Class 4A Coach of the Year

Photo Not Available

Bruce Anderson  
Wayzata  
Class 5A Coach of the Year

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## 2005 Butch Nash Award

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The Minnesota High School Football Coaches Association feels that Butch Nash is the epitome of the ideal assistant coach.

Total loyalty, coaching competency, outstanding rapport with players and fellow coaches, integrity beyond reproach, and many years of dedicated service to a worthy profession are the qualities that describe Butch.

These are the qualities exemplified by the assistant coaches who have been chosen to receive this year's Butch Nash Award.

### Butch Nash Award Requirements

---

- An active assistant football coach at the high school level.
- Although not strictly limited to varsity level coaches, the Executive Committee sets a requirement of being an assistant who is a “front liner” – in the limelight, under the gun, recipient of praise and/or criticism approaching the level of the head coach.
- Certainly, a few younger coaches can meet these requirements, BUT, in all candor, years of service to a program will influence the selection committee's choices. 15 or more years in the same program is the general “rule of thumb”.
- Both the head coach and the nominee must be members of the MHSFCA.
- No more than one assistant from a high school program will be honored in a given year.
- The award will be limited to eight recipients in a given year.



# Butch Nash Award Winners



Glen Bernard, Rushford-Peterson



Charlie Cornell, Thief River Falls



Dan Dymoke, Minneapolis Roosevelt



Mike Gaffaney, Yellow Medicine East



Rob Nielsen, Detroit Lakes



Jake Moore, Hastings



Mark Herbes, Upsalsa



Joel Thompson, Mora



## Minnesota High School Football

# Questionnaire For Butch Nash Award

Candidates name in full \_\_\_\_\_  
First middle last

Address \_\_\_\_\_ City/Zip Code \_\_\_\_\_

E-mail \_\_\_\_\_ Home phone ( ) \_\_\_\_\_ Work phone ( ) \_\_\_\_\_

Birthdate \_\_\_\_\_ College attended \_\_\_\_\_ Year graduated \_\_\_\_\_

Candidate: Member MSHSCA? \_\_\_\_\_ Yes; \_\_\_\_\_ No. Member MHSFCA? \_\_\_\_\_ Yes; \_\_\_\_\_ No.

Head Coach: Member MSHSCA? \_\_\_\_\_ Yes; \_\_\_\_\_ No. Member MHSFCA? \_\_\_\_\_ Yes; \_\_\_\_\_ No.

Class: 9M; A; 2A; 3A; 4A; 5A; Conference \_\_\_\_\_ School \_\_\_\_\_

School Address \_\_\_\_\_ City/Zip Code \_\_\_\_\_

Current football coaching assignment \_\_\_\_\_

Coaching background (Previous schools, years at the school, and any other significant information).

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Total number of years as an assistant coach \_\_\_\_\_

List other background information that would help the committee in their selection (previous championships, awards, etc.

---

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Submitted by:

\_\_\_\_\_  
Head Football Coach

Return to: Jim Dotseth, 4180 Trenton Lane No, Plymouth, MN 55441

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# Academic All-State Football Team Application

School \_\_\_\_\_ Class \_\_\_\_\_

Address \_\_\_\_\_ Section \_\_\_\_\_

Head Coach \_\_\_\_\_ Phone ( \_\_\_\_\_ ) \_\_\_\_\_

The following number of candidates may be listed for each class: 5A-40, 4A-40, 3A-34, 2A-29, 1A-27, 9-man-20; three extra players should be listed also for the purpose of tie-breakers. The 4.00 grading system to 2 decimals will be used, so their systems must be converted. 4.00 is the highest grade used. The grades must be from the past full year.

Applications must be in to each class representative by Nov. 1. A team champion will be chosen in each class.

| Players Name   G.P.A. | Players Name   G.P.A. |
|-----------------------|-----------------------|
| 1) _____              | 18) _____             |
| 2) _____              | 19) _____             |
| 3) _____              | 20) _____             |
| 4) _____              | 21) _____             |
| 5) _____              | 22) _____             |
| 6) _____              | 23) _____             |
| 7) _____              | 24) _____             |
| 8) _____              | 25) _____             |
| 9) _____              | 26) _____             |
| 10) _____             | 27) _____             |
| 11) _____             | 28) _____             |
| 12) _____             | 29) _____             |
| 13) _____             | 30) _____             |
| 14) _____             | 31) _____             |
| 15) _____             | 32) _____             |
| 16) _____             | 33) _____             |
| 17) _____             | 34) _____             |

## Composite

### Send Team Application to (Fax Numbers):

|       |                  |             |              |
|-------|------------------|-------------|--------------|
| 9 Man | Dave Krenik      | Cleveland   | 507-931-9088 |
| 1A    | Wayne Petermeier | Browerville | 320-594-8105 |
| 2A    | Tony Barnack     | Montgomery  | 507-364-8103 |
| 3A    | Dave Hylla       | Proctor     | 218-628-4937 |
| 4A    | Dave Nelson      | Minnetonka  | 952-401-5905 |

Chairman, Con Natvig, Browerville, 320-594-8105

\_\_\_\_\_  
(Signature of verifying school official)

\_\_\_\_\_  
Position

Class 5A, 4A and 3A make copy of page for additional names.



# Academic All-State Football Team Concept

Purpose of Awards – To promote and recognize academic achievement by Minnesota high school football teams in each classification.

Proposal – Team academic recognitions in each class will be awarded based on the following standards and procedures.

## STANDARDS

Gold Awards – Top teams from each class regardless of section will win Gold award plaques. The standard will likely be established using the top eight team GPA's from each class until a standard is set.

Silver Awards – The Silver awards are the second level recognitions for the next 10 to 12 teams after the Gold teams. Once again, future GPA standards will be determined based on the top 18 to 20 teams in both gold and silver categories. Silver plaques will be awarded.

Bronze Awards – The next 12 to 16 teams in each class will receive certificates.

## GUIDELINES AND PROCEDURES

\* The teams and awards from each class will be chosen by the Academic All-State Team Committee.

\* A team must use all members on their official home roster in determining the team GPA.

\* Each player's name and GPA must be recorded and sent to the class representative.

\* A 4.00 system will be used and 4.00 will be the highest grade possible. No weighted grades.

\* Grades will be rounded to two decimal points.

\* Grades will be from the past full school year. No summer school or current fall grades should be included.

\* Individual GPA's will be added together and divided by the number of team members to determine the team GPA. The team GPA must be included on the entry form.

\* A school official (principal, councilor, etc.) must sign the form.

\* To be eligible for the team academic awards, the head coach must be a current member of the MHSFCA.

\* Forms must be submitted to the class representatives by November 1st and award winners must be submitted to the committee by November 8th.

## Team Academic All State Representatives

| Class                                           | Name             | School      | Fax Number   |
|-------------------------------------------------|------------------|-------------|--------------|
| 9 Man                                           | Dave Krenik      | Cleveland   | 507-931-9088 |
| 1A                                              | Wayne Petermeier | Browerville | 320-594-8105 |
| 2A                                              | Tony Barnack     | Montgomery  | 507-364-8103 |
| 3A                                              | Dave Hylla       | Proctor     | 218-628-4937 |
| 4A                                              | Dave Nelson      | Minnetonka  | 952-401-5905 |
| Chairman, Con Natvig, Browerville, 320-594-8105 |                  |             |              |

# INDIVIDUAL Academic All-State Football Player Guidelines and Procedures

A review of the Minnesota State Football Coaches Association's basic requirement for the team are:

1) Must be a senior varsity letterman for the current season who is a starter on either offense, defense or kicker.

2) The player must have outstanding football and leadership ability plus academic excellence.

3) Player must carry a 3.0 (4.0 scale) grade-point average in an academic core curriculum in his sophomore, junior and first quarter of the senior year.

4) Player shall not have any Minnesota State League eligibility penalties or infractions during his high school career.

5) Each class will select a team consisting of the number stated below:

|          |       |
|----------|-------|
| 9-Man=11 | 3A=14 |
| 1A=12    | 4A=15 |
| 2A=13    | 5A=16 |

6) The teams will not be selected by position, but the committee will select the top football players of each class who meet the criteria stated above.

7) The Coach submitting the player application must be a member of the Minnesota State Football Coaches Association.

Guidelines & Procedures:

1) All applications should be typed or printed with correct

names and data.

2) The selection committee must have a good summary of not only the player's academic record, but the player's football accomplishments.

3) If the first quarter grades are not out for the applicant's senior year, his first quarter senior subjects must be listed.

4) All applications must be sent to your class academic team representative. If you have any problems, contact your class representative first. Please check the time deadlines on the application form.

Remember: This is your state's FOOTBALL COACHES ASSOCIATION'S endeavor.

## Individual All-State Player Committee

| Class                                           | Name              | School      | Fax Number   |
|-------------------------------------------------|-------------------|-------------|--------------|
| 9 Man                                           | Mike Mahlen       | Verndale    | 218-445-5185 |
| 1A                                              | Wayne Petermeier  | Browerville | 320-594-8105 |
| 2A                                              | Steve Solem       | BOLD        | 320-523-1031 |
| 3A                                              | Scott Tschimperle | GSL         | 320-864-6475 |
| 4A                                              | Rick Sutton       | Eagan       | 651-683-6910 |
| 5A                                              | Todd Olson        | Richfield   | 612-798-6129 |
| Chairman: Mike Watson, Centennial, 763-792-5039 |                   |             |              |

# INDIVIDUAL APPLICATION

## Academic All-State Player

Name of Applicant \_\_\_\_\_ Grade \_\_\_\_\_

Birthday: Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

School \_\_\_\_\_ Coach \_\_\_\_\_

Football position played as a Starter Offense: \_\_\_\_\_ Defense: \_\_\_\_\_

Circle Class: 9-Man 1A 2A 3A 4A 5A Kicking Game: \_\_\_\_\_

Accumulative High School G.P.A. \_\_\_\_\_ Attach a Transcript or list subjects completed or enrolled in.

### Grade 10 Subjects

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_

### Grade 11 Subjects

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_

### 1st Quarter Senior Subjects

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_

Use a 4.00 Scale for G.P.A.

Pursuant to the provision of PL 93-380 (Family Educational Rights and Privacy Act of 1974), I hereby grant permission to release a copy of my academic record and G.P.A. average for use by the Minnesota Football Coaches Association in selecting the Academic All-State Team.

\_\_\_\_\_  
Signature of Parent or Student Applicant if 18 years or older

### PLAYER INFORMATION

Coaches: Please use the following format to submit data for your applicant.

School Background Information:

- 1) List academic honors.
- 2) List other school activities and leadership role in school.
- 3) List other sports with varsity participation.

Football Information:

- 1) Football position: List in order of which player has best demonstrated ability (offense, defense, kicking game).
- 2) List all football honors - previous and this season.
- 3) Statistics (list stats from this season and career totals). Mention any school or conference records. Mention if a lineman has any team stats that may be pertinent to the team's success.
- 4) Coaches comment: Please submit a short letter to the academic team selection committee describing your player in terms of ability, performance, potential character and what makes this football player special.

Time Deadlines:

- 1) All applications must be in the hands of the class representatives by Nov. 1.
- 2) Class selection committees must have teams picked by Nov. 1 and sent to the academic chairman.
- 3) Class representatives must notify all team selections by Nov. 1.

Send Individual Application to (Fax Numbers):

|       |                   |             |              |
|-------|-------------------|-------------|--------------|
| 9 Man | Mike Mahlen       | Verndale    | 218-445-5185 |
| 1A    | Wayne Petermeier  | Browerville | 320-594-8105 |
| 2A    | Steve Solem       | BOLD        | 320-523-1031 |
| 3A    | Scott Tschimperle | GSL         | 320-864-6475 |
| 4A    | Rick Sutton       | Eagan       | 651-683-6910 |
| 5A    | Todd Olson        | Richfield   | 612-798-6129 |

Chairman: Mike Watson, Centennial, 763-792-5039



# Varsity Gold 2005

## Academic All State Teams

(Champion in bold)

### 9-MAN

| Section | Team/Coach                          | GPA        |
|---------|-------------------------------------|------------|
| 1       | Grand Meadow Gary Sloon             | 3.56       |
| 2       | Westbrook-Walnut Grove              |            |
|         | Leo Thiesen/Carter Ross             | 3.67       |
| 3       | Wheaton Tony Thiel                  | 3.56       |
| 4       | Verndale                            | Mke Mahlen |
| 3.29    |                                     |            |
| 5       | NA                                  |            |
| 6       | Hillcrest Lutheran Academy          |            |
|         | Charlie Brue                        | 3.35       |
| 7       | NA                                  |            |
| 8       | Stephen-Argyle Central Mark Krovlik | 3.67       |
|         | Hillcrest Lutheran Academy          | 3.68       |

### CLASS 1A

| Section | Team/Coach                           | GPA  |
|---------|--------------------------------------|------|
| 1       | Lewiston-Altura Sott Schmaltz        | 3.54 |
| 2       | LeCenter Ken Helland                 | 3.65 |
| 3       | Canby Scott Snobl                    | 3.53 |
| 4       | Goodhue Clair Austin                 | 3.35 |
| 5       | Upsala Swanville Area                |      |
|         | Randy Tretter & Jay Loven            | 2.99 |
| 6       | New York Mills Matt Radniecki        | 3.45 |
| 7       | Ogilvie Gene Stritesky               | 3.56 |
| 8       | Warren-Alvarado-Oslo Tony Gullickson | 3.76 |
|         | Canby Scott Snobl                    |      |
|         | Warren-Alvarado-Oslo Tony Gullickson | 3.76 |

### CLASS 2A

| Section | Team/Coach                            | GPA  |
|---------|---------------------------------------|------|
| 1       | Caledonia Carl Fruechte               | 3.47 |
| 2       | Montgomery-Lonsdale Tony Barnack      | 3.42 |
| 3       | Minnesota Valley Lutheran Jim Buboltz | 3.72 |
| 4       | Pierz Leo Pohlkamp                    | 3.58 |
| 5       | Eden Valley-Watkins Ray Tri           | 3.57 |
| 6       | Yellow Medicine East David Brokke     | 3.65 |
| 7       | Greenway Bob Schwartz                 | 3.4  |
| 8       | Pelican Rapids David Haugen           | 3.5  |
|         | Minnesota Valley Lutheran             | 3.72 |

### CLASS 3A

| Section | Team/Coach                          | GPA  |
|---------|-------------------------------------|------|
| 1       | Plainview-Elgin-Melville Bill Ihrke | 3.49 |
| 2       | Glencoe/Silver Lake Dave Dose       | 3.53 |
| 3       | Minnewaska Steve Hill               | 3.4  |
| 4       | NA                                  |      |
| 5       | Foley Larry Herm                    | 3.58 |
| 6       | Albany Mike Kleinschmidt            | 3.71 |
| 7       | Virginia Rick Erickson              | 3.24 |
| 8       | Crookston Eric Schmidt              | 3.57 |
|         | Albany Mike Kleinschmidt            | 3.71 |

### Class 4A

| Section | Team/Coach                          | GPA  |
|---------|-------------------------------------|------|
| 1       | Lakeville South Larry Thompson      | 3.57 |
| 2       | Willmar Ken Heitzman                | 3.41 |
| 3       | South St. Paul Chad Sexauer         | 3.13 |
| 4       | St. Michael-Albertville Earl Bauman | 3.61 |
| 5       | Columbia Heights Matt Townsend      | 3.03 |
| 6       | New Prague Tony Buthe               | 3.53 |
| 7       | Princeton Scott Walquist            | 3.04 |
| 8       | Fergus Falls Richard Risbrudt       | 3.53 |
|         | St. Michael-Albertville Earl Bauman | 3.61 |

### Class 5A

| Section | Team/Coach               | GPA  |
|---------|--------------------------|------|
| 1       | Eastview Kelly Sherwin   | 3.61 |
| 2       | Eden Prairie Mike Grant  | 3.81 |
| 3       | North St. Paul Jim Honsa | 3.71 |
| 4       | Eagan Dave Fritze        | 3.5  |
| 5       | NA                       |      |
| 6       | NA                       |      |
| 7       | Anoka Jeff Beurkle       | 3.36 |
| 8       | Brainerd Ron Stolski     | 3.58 |
|         | Eden Prairie Mike Grant  | 3.81 |



## Varsity Gold 2005 Academic All State Individuals

### CLASS 9 MAN

Brent Aakre – Stephen/Argyle Central  
Michael Riewer – Bertha-Hewitt  
Nevin Lubarski – Stephen/Argyle Central  
Nathan Haase – Bertha-Hewitt  
Spencer Hart – Kittson Central  
Zachary Fabian – Hillcrest Lutheran Academy  
Nate Holleman – Hancock  
Andrew Risbrudt – Ashby  
Shane Fickes – Chokio-Alberta/Herman-Norcross  
Aaron Jorgensen – Kelliher/Northome  
Zac Benson – Grand Meadow

### CLASS 1A

Aaron Voronyak – Upsala Swanville Area  
Adam Norton – Rushford/Peterson  
Evan Hacker – Canby  
Matthew Michaletz – Mankato Loyola  
Calvin Ryan – Goodhue  
Michael Peterson – Sleepy Eye  
Alex Suedkamp – Adrian  
Brent Haseleu – Springfield  
Matthew Moldan – Red Rock Central  
Cameron Maurer – C-E-D-A-R Mountain  
Jake Grundman – Osakis  
Taylor Bonow – Lewiston/Altura

### CLASS 2A

Nicholas Strike – Kingsland  
Luke Beilke – Minnesota Valley Lutheran  
Mark Del Greco – East Central  
Grant Aakre – Hawley  
Drew Hayes – Bagley  
Tom Hunt – Pine Island  
Jordan Gaffaney- Yellow Medicine East  
Timothy Rysavy – NRHEG  
Greiner Brandon – Madelia-Truman  
Tyler Scott – Pelican Rapids  
Zach Marcus – BOLD  
Willie Wiebolt – Mahanomen  
Ben Aaseth - BOLD

### CLASS 3A

Steven Lutes – Concordia Academy  
David Granados – Watertown/Mayer  
Joe Young – Plainview/Elgin-Millville

Max Krueger – Roseau  
Dain Haukos – Glencoe-Silver Lake  
Carl Bratsch – Sibley East  
Ryan Stahman – Zumbrota-Mazeppa  
Ty Boyle – International Falls  
Jared Freudenberg – Foley  
Joseph Miller – Proctor  
Anthony Kraft – Pine City  
Michael Rittenour – Becker  
Nick Carlson – New London-Spicer  
Jordan Becker – Blue Earth Area

### CLASS 4A

Mike Astrup – Austin  
Jeff Clark – Spring Lake Park  
Mike Dahl – Shakopee  
Matt Daley – Mankato West  
Brent Eidenschink – Detroit Lakes  
Scott Glaeser – Hutchinson  
Steve Hegland – St. Michael-Albertville  
Carl Hoffman – Chisago Lakes  
Grant Krumme – Spring Lake Park  
Andrew Larson – Fergus Falls  
Tony Pastoors – Totino Grace  
Charles Quigley – Totino Grace  
Jacob Saari – Northfield  
Chris Ward – Mankato East  
Henry Weiner – St. Paul Como Park

### CLASS 5A

A. J. Anderson – White Bear Lake  
Carl Ermish – Richfield  
Garrett Augustine – Bloomington Jefferson  
Matt Solberg – Cambridge-Isanti  
Mitch Day – Anoka  
Jeffrey Fredrickson – Eastview  
Brady Ervin – Eden Prairie  
Carson Jones - Farmington  
Aaron Senne – Rochester Mayo  
Eric Zimmerman – Eastview  
Craig Henry – Centennial  
Peter Meuwissen – Tartan  
John Haberman – Brainerd  
Kyle Reeping – Rochester John Marshall  
Blake Hedstrom – Blaine  
Belal Shouman – Lakeville North

# 2005 Playoff Results

## SECTION CHAMPIONS

Mounds View (7-4)

Score 13-10

Eden Prairie (10-1)

H

Eden Prairie

21

Anoka (7-4)

Score 42-21

Cretin-Derham Hall (8-2)

H

Cretin-Derham Hall

42

Cretin-Derham Hall

24

Stillwater Area H.S.

Score 35-14

Eastview (10-1)

H

Eastview

17

Wayzata

28

Cambridge-Isanti

Score 38-0

Wayzata (10-1)

H

Wayzata

49

Wayzata

AAAAA State Champion

## 2005 CLASS 5A PLAYOFFS

## SECTION CHAMPIONS

Totino-Grace (10-1)

Score 14-13 OT

Hutchinson (9-1)

H

Hutchinson

27

Princeton (5-6)

Score 42-22

Academy of Holy Angels (7-4)

H

Academy of Holy Angels

30

Academy of Holy Angels

26

Mahtomedi (10-0)

Score 20-13

Lakeville South (7-4)

H

Mahtomedi

20

Mahtomedi

27

Rocori (6-5)

Score 34-20

New Prague (7-3)

H

New Prague

13

Mahtomedi

AAAA State Champion

## 2005 CLASS 4A PLAYOFFS

## SECTION CHAMPIONS

Delano (10-1)

Score 34-7

Glencoe-Silver Lake (8-3)

H

Glencoe-Silver Lake

3

International Falls (11-0)

Score 41-6

Becker (11-0)

H

Becker

21

Becker

28

Worthington

Score 30-27

Plainview/Elgin-Millville (10-1)

H

Plainview/Elgin-Millville

13

Albany

0

Thief River Falls (7-4)

Score 14-8

Albany (11-0)

H

Albany

56

Becker

Class AAA State Champion

## 2005 CLASS 3A PLAYOFFS

# 2005 Playoff Results

## 2005 CLASS 2A PLAYOFFS

### SECTION CHAMPIONS

Pierz (11-0)

Score 56-6

Waterville-E-M (7-4)

H

Pierz 7

Esko (11-0)

Score 16-8

Eden Valley-Watkins (9-2)

H

Eden Valley-Watkins 26

Eden Valley-Watkins 21

Eden Valley-Watkins

AA State Champion

Minnesota Valley Lutheran (9-2)

Score 20-19

Caledonia (11-0)

H

Caledonia 30

Caledonia 7

Hawley (11-0)

Score 38-0

Yellow Medicine East(9-2)

H

Hawley 14

### SECTION CHAMPIONS

Goodhue (6-5)

Score 29-26

Sleepy Eye (7-4)

H

Goodhue 24

Nashwauk-Keewatin (10-1)

Score 42-13

Wabasso (8-3)

H

Wabasso 14

Goodhue 16

Springfield

A State Champion

Springfield (11-0)

Score 14-0

Rushford-Peterson (9-2)

H

Springfield 34

Springfield 21

Fertile-Beltrami (9-2)

Score 31-14

Osakis (10-1)

H

Osakis 17

## 2005 CLASS 9-MAN PLAYOFFS

### SECTION CHAMPIONS

Bertha-Hewitt (11-0)

Score 22-16

Edgerton (10-1)

H

Bertha-Hewitt 20

Tower-Soudan (9-2)

Score 35-14

Cromwell (11-0)

H

Cromwell 23

Cromwell 15

Stephen-Argyle

9-Man State Champion

Chokio-Alberta/Herman-Norcross (9-1)

Score 40-7

Lanesboro (10-1)

H

Lanesboro 19

Stephen-Argyle Central 45

Stephen-Argyle Central (10-0)

Score 45-8

Ulen-Hitterdal (10-1)

H

Stephen-Argyle Central 38



# 2005 State Football Tournament

## Class 9-Man

The number 1 ranked Storm of Stephen-Argyle Central, coached by Mark Kroulik, won their third consecutive Class 9-Man football title with a 45-15 victory. This time, the Storm's 2005 victim was Cromwell, who has been a very solid 9 Man program. Cromwell is coached by Jeff Gonnerman. The Storm opened the game with a long kickoff return and never really looked back. At halftime Stephen-Argyle Central led 38-7. Coach Kroulik has established an enviable record in a short time as the Storm's head coach as he has probably won over 100 games faster than any other high school coach in the state's history.

## Class A

Another top-ranked team, Springfield, coached by Paul Dunn defeated unranked, but very tough, Goodhue 21-16 for the school's first state football title. Springfield ground out over 280 yards to control the game early and then hold off the Wildcats, coached by Clair Austin.

## Class AA

Unranked Eden Valley-Watkins, coached by Ray Tri, had one of the more memorable runs through the playoffs. Before defeating No. 1-ranked Caledonia 21-7 for the Class AA title, The Eagles had a big "turnaround" victory over defending champion, Pierz. Pierz had defeated EV-W soundly during the conference season, less than three weeks earlier. But the Eagles made the most of the rematch, winning the semifinal contest. Then came the state final game with Carl Fruechte's Caledonia team and EVW was up to the challenge again as they were able to contain the talented Caledonia offense and make the necessary big plays on offense to pull out the title.

## Class AAA

Dwight Lundeen, was in this 37th year as the Becker head coach, and had made four appearances in state title games and finally won his first

state title. Normally known for their high scoring offenses over the years, Becker also flexed its muscle defensively, shutting out the very potent Albany offense for a 28-0 win. Albany, coached by Mike Kleinschmidt, was able to move the ball against Becker for decent yardage, but was unable to penetrate the goalline.

## Class AAAA

Wally Malmstrom's Mahtomedi Zephyrs had the only undefeated record in the Class AAAA tournament and were No. 1 in the final poll. The Zephyrs kept their record untarnished and also picked up the school's first state football championship. But it wasn't easy as Holy Angels, coached by Mike Smalley, took them to overtime. The 27-26 overtime game was one of the tournament's more exciting contests. Mahtomedi held a 14-7 lead at the half, but the CoStars came back to tie the game and force the extra period. AHA scored first but the Zephyrs came up with what would prove to be a crucial play as they blocked the extra point attempt. Mahtomedi then scored its own TD and won the title on the successful point after.

## Class AAAAA

Wayzata won its first state football title 28-24 over Cretin-Derham Hall in a game maybe even more exciting than the 4A game. The Trojans, coached by Brad Anderson, dominated the first half behind the record breaking running of Joey Miller, who rushed for over 250 yards. Cretin-Derham Hall came back to tie the game with two touchdowns early in the third quarter and then took the lead on a field goal. Wayzata came right back to score again and then finish the game. The Trojans had been in the state title game the year before and Cretin-Derham Hall has a long tradition of football success, which has continued with head coach Mike Scanlon.

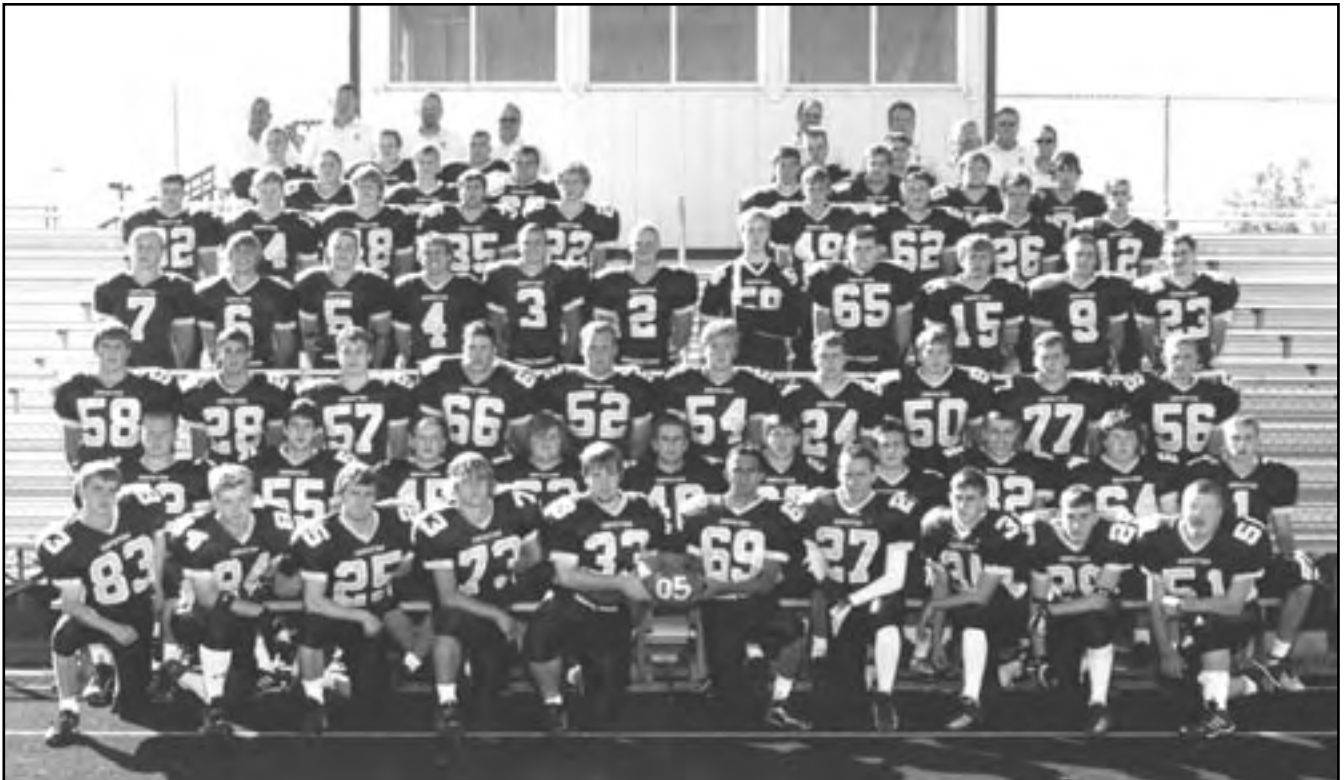


## 2005 State Champions

WAYZATA - Section 6 Champion - Class 5A



MAHTOMEDI - Section 3 Champion - Class 4A





## 2005 State Champions

BECKER - Section 5 Champion - Class 3A



EDEN VALLEY - WATKINS - Section 5 Champion - Class 2A





## 2005 State Champions

SPRINGFIELD - Section 3 Champion - Class 1A



STEPHEN-ARGYLE - Section 8 Champion - 9-MAN



33rd Annual Minnesota High School

# ALL STAR FOOTBALL GAME

7:00 P.M. SATURDAY, JUNE 24, 2006 • ST. CLOUD STATE UNIVERSITY

## OUTSTATE

### HEAD COACHS:

John Johnson

### HONORAY COACHS:

Chuck Halstead

## METRO

Jeff Buerkle

George Smith

## OUTSTATE

### ASSISTANTS:

Paul Dunn

Dan Ellingson

David Haugen

Peder Naatz

Jeff Ramey

## METRO

Dan Dymoke

Mick Goudy

Rory Sanders

Chris Simdorn

Mike Smalley

## Game Recap

# METRO: 34    OUTSTATE: 9

The Metro team came out on the winning side in the 2006 All Star game, 34-9. Led by Mounds Views quarterback, Adam Weber, the Metro team took advantage of a strong passing game to win the 33rd version of the Metro vs. Outstate format.

The game was played at St. Cloud State University for the second year in a row, after a week of practice at Gustavus Adolphus College in St. Peter. The attendance for the game was estimated at approximately 3,000. Heavy rains earlier in the day subsided by the 7:00 pm game time, and the game time temperature was actually somewhat "fall like" with overcast skies.

The Outstate team had the lead briefly in the first half, 6-3, but the Metro team took advantage of superior field position and were able to keep the Outstate team's offense bottled up, while combining a solid running game with a splendid passing game.

Weber was named as the Metro's Outstanding Offensive Player of the game and Hastings linebacker Kevin Lauer was named at the top performer for the Metro defense. For the Outstate team, Detroit Lakes linebacker, Brent Eidenschenk was the Defensive Player of the game, while West Central Area tight end Blake Olson was named as their best offensive player.

Co-sponsored by the  
Minnesota High School Football  
Coaches Association,  
Varsity Gold, and American Express

Your support helps benefit  
the MHSFCA  
Award Activities.  
Thanks for helping!

Dave Fritze  
Game Manager



## 2006 OUTSTATE ALL-STAR FOOTBALL

| Jer.# | First     | Last        | Pos. | Ht.   | Wt. | School                  | Coach                |
|-------|-----------|-------------|------|-------|-----|-------------------------|----------------------|
| 1     | Blake     | Olson       | TE   | 6'1"  | 190 | West Central Area       | Mike Frisch          |
| 2     | Joe       | Clark       | RB   | 5'6"  | 185 | Rochester Century       | Jon Vick             |
| 3     | Tyler     | Bass        | DB   | 5'9"  | 185 | Blooming Prairie        | Chad Gimbel          |
| 4     | Jake      | Benzkofer   | LB   | 6'1"  | 215 | Mankato East            | Eric Davis           |
| 5     | Mike      | May         | C    | 5'10" | 218 | Le Sueur-Herderson      | Terry Turek          |
| 6     | Zac       | Benson      | DB   | 6'2"  | 185 | Grand Meadow            | Gary Sloan           |
| 7     | Luke      | Berg        | DB   | 6'0"  | 170 | Yellow Medicine East    | Dave Brokke          |
| 8     | Ben       | Anderson    | DB   | 5'10" | 170 | Annandale               | Matt Walter          |
| 9     | Reid      | Velo        | QB   | 5'9"  | 165 | Nashwauk-Keewatin       | Charlie Campbell     |
| 10    | Andrew    | Larson      | QB   | 6'2"  | 180 | Fergus Falls            | Richard Risbrudt     |
| 11    | Eric      | Bergman     | DE   | 6'3"  | 228 | Becker                  | Dwight Lundeen       |
| 12    | Kendall   | Proell      | WR   | 6'0"  | 185 | Osakis                  | Steve Tax            |
| 19    | Ryan      | Hayes       | DE   | 6'4"  | 230 | Red Wing                | Paul Schmit          |
| 20    | Nic       | Anderson    | RB   | 6'1"  | 190 | Cannon Falls            | Matt Schultz         |
| 20    | Nathan    | Haase       | DB   | 6'0"  | 195 | Bertha-Hewitt           | Rick Harig           |
| 21    | Mike      | Wubbena     | DB   | 5'8"  | 170 | Fairmont                | Troy Cody            |
| 22    | Brian     | Hanson      | DB   | 6'    | 185 | Proctor                 | Dave Hylla           |
| 28    | Mike      | Berg        | LB   | 6'0"  | 178 | Eden Valley-Watkins     | Ray Tri              |
| 32    | Karl      | Klug        | DE   | 6'4"  | 220 | Caledonia               | Carl Fruechte        |
| 35    | Nick      | Henning     | FB   | 5'11" | 215 | Fulda                   | Brad Holinka         |
| 40    | Brent     | Eidenschink | LB   | 6'0"  | 220 | Detroit Lakes           | Flint Motschenbacher |
| 42    | Zach      | Bothun      | RB   | 6'1"  | 190 | Montevideo              | Dave Schimming       |
| 43    | Ben       | Berhow      | DT   | 6'1"  | 240 | Albert Lea              | Clay Anderson        |
| 44    | Jim       | Siegle      | LB   | 6'2"  | 210 | Long Prairie-Grey Eagle | Nathan Libbon        |
| 45    | Josh      | Rose        | FB   | 6'2"  | 225 | Litchfield              | Jon Johnson          |
| 46    | Joe       | Lindgaard   | LB   | 5'11" | 200 | Cambridge-Isanti        | Todd Larkin          |
| 47    | Grant     | Aakre       | DE   | 6'1"  | 218 | Hawley                  | Peder Naatz          |
| 54    | Scott     | Saehr       | DT   | 5'11" | 245 | Pierz                   | Leo Pohlkamp         |
| 56    | Tim       | Rahkola     | DT   | 6'2"  | 310 | Esko                    | Bill Hudspeth        |
| 61    | Luke      | Young       | OT   | 6'4"  | 260 | Foley                   | Carry Heron          |
| 63    | Greg      | Dingmann    | OT   | 6'4"  | 275 | Albany                  | Mike Kleinschmidt    |
| 64    | Dustin    | Roggenbuck  | DT   | 6'1"  | 220 | Ortonville              | Trevor Keller        |
| 66    | Jake      | Sperry      | OG   | 6'3"  | 220 | Rochester Mayo          | James Miller         |
| 70    | Creighton | Schroyer    | C    | 6'4"  | 255 | Pipestone               | Richard Schroyer     |
| 73    | Ben       | Aaseth      | OT   | 6'3"  | 260 | Bold                    | Steve Solem          |
| 75    | Sam       | Sterner     | OT   | 6'4"  | 265 | Waconia                 | Pat Foley            |
| 77    | Josh      | Griebel     | OG   | 6'2"  | 230 | Delano                  | Merrill Pavlovich    |
| 82    | Tim       | Langer      | WR   | 6'2"  | 205 | Becker                  | Dwight Lundeen       |
| 83    | Rob       | Dehn        | TE   | 6'5"  | 200 | Owatonna                | Jeff Williams        |
| 84    | Josh      | Flavin      | WR   | 6'2"  | 185 | Little Falls            | Jack Marmon          |
| 99    | Ty        | Boyle       | DT   | 6'4"  | 260 | International Falls     | Stuart Nordquist     |

### OUTSTATE STAFF

Johathan Johnson - Litchfield H. S. (Head)

David Haugen - Pelican Rapids H. S.

Paul Dunn - Springfield H. S.

Jeff Ramey - Brainerd H. S.

Peder Naatz - Hawley H. S.

Dan Ellingson - Hills-Beaver Creek-Elsworth H. S.

HONORARY - Chuck Halsted, Two Harbors

## 2006 METRO ALL-STAR FOOTBALL

| Jer.# | First   | Last        | Pos. | Ht.   | Wt. | School                | Coach           |
|-------|---------|-------------|------|-------|-----|-----------------------|-----------------|
| 1     | Joey    | Lehman      | DB   | 6'0"  | 190 | Coon Rapids           | Clayton Cottle  |
| 2     | Bobby   | Klint       | DB   | 6'1"  | 185 | Totino-Grace          | Jeff Ferguson   |
| 3     | Jake    | Machacek    | RB   | 5'11" | 195 | Eastview              | Kelly Sherwin   |
| 4     | Corey   | Knuppel     | LB   | 5'11" | 195 | Eagan                 | Dave Fritze     |
| 5     | Patrick | Whinnery    | RB   | 6'2"  | 210 | Maple Grove           | Craig Hanson    |
| 6     | Freddy  | Coleman     | WR   | 6'4"  | 210 | St. Paul Johnson      | Jeff Plaschko   |
| 7     | Tony    | Pastors     | DB   | 6'3"  | 190 | Totino-Grace          | Jeff Ferguson   |
| 8     | Nico    | Holmes      | WR   | 6'1"  | 185 | Woodbury              | Beau LaBore     |
| 9     | Brady   | Ervin       | DB   | 6'2"  | 195 | Eden Prairie          | Mike Grant      |
| 10    | Eric    | Ellestad    | K    | 6'3"  | 179 | Robbinsdale Armstrong | Derek Fisher    |
| 11    | Adam    | Weber       | QB   | 6'2"  | 205 | Mounds View           | Jim Galvin      |
| 12    | Blake   | Hedstrom    | DB   | 6'0"  | 185 | Blaine                | Shannon Garrety |
| 20    | Patrick | Shannon     | TE   | 6'4"  | 210 | Benilde St. Margaret  | Pat Krieger     |
| 23    | Jalon   | Hopkins     | RB   | 5'10" | 175 | Minnetonka            | Dave Nelson     |
| 24    | Matt    | Jeans       | QB   | 6'1"  | 180 | Mahtomedi             | Wally Malmstrom |
| 25    | Hamada  | Omar        | DB   | 5'11" | 175 | Washburn              | Peter Haugen    |
| 32    | Kevin   | Lauer       | LB   | 6'1"  | 230 | Hastings              | Bob Majeski     |
| 33    | Tommy   | Becker      | LB   | 6'1"  | 230 | Wayzata               | Brad Anderson   |
| 43    | Charles | Quigley     | RB   | 6'1"  | 215 | Totino-Grace          | Jeff Ferguson   |
| 44    | Scott   | Madson      | LB   | 6'2"  | 225 | Apple Valley          | Mike Fritze     |
| 46    | Adam    | Johannsen   | LB   | 6'2"  | 215 | Mahtomedi             | Wally Malmstrom |
| 48    | Brad    | Albano      | DE   | 6'2"  | 235 | Farmington            | Mark Froehling  |
| 55    | Sean    | McWhirter   | DE   | 6'4"  | 240 | Orono                 | Jeff Weiland    |
| 57    | Evan    | Sanford     | C    | 6'4"  | 285 | Eastview              | Kelly Sherwin   |
| 58    | Josh    | Ostrue      | C/G  | 6'4"  | 280 | South St. Paul        | Chad Sexaur     |
| 59    | Brandon | Hoey        | DT   | 6'5"  | 290 | Mounds View           | Jim Galvin      |
| 62    | Jake    | Schoenecker | DT   | 6'2"  | 235 | New Prague            | Troy Buthe      |
| 67    | Daniel  | Schoen      | G    | 6'0"  | 235 | Maple Grove           | Craig Hansen    |
| 70    | Adam    | Hegedus     | C    | 6'3"  | 250 | Wayzata               | Brad Anderson   |
| 71    | Brady   | MacIver     | DT   | 6'4"  | 245 | Anoka                 | Jeff Buerkle    |
| 73    | James   | Snyder      | OT   | 6'3"  | 270 | Minnetonka            | Dave Nelson     |
| 75    | Grant   | Krumme      | DT   | 6'2"  | 215 | Spring Lake Park      | Jeff Schlieff   |
| 77    | John    | Schantzen   | OT/G | 6'2"  | 260 | Stillwater            | Scott Hoffman   |
| 79    | Kyle    | Richardson  | OT   | 6'4"  | 275 | Centennial            | Mike Watson     |
| 80    | Maurice | Turner      | WR   | 6'2"  | 200 | Mounds View           | Jim Galvin      |
| 83    | Tom     | Whalen      | WR   | 5'10" | 165 | Fridley               | Steve George    |
| 85    | Brandon | Mickelson   | WR   | 6'1"  | 160 | Champlin Park         | Mike Kortan     |
| 91    | Andrew  | Johnson     | DE   | 6'5"  | 235 | Maple Grove           | Craig Hansen    |
| 92    | Kyle    | Anderson    | DT   | 6'3"  | 275 | Bloomington Jefferson | Jon Leverenz    |
| 93    | Jake    | Fabian      | DT   | 6'1"  | 240 | Blaine                | Shanon Garriy   |

## METRO STAFF

Jeff Buerkle - Anoka H. S. (Head)  
 Rory Sanders - Tartan H. S.  
 Dan Dymoke - Mpls. Roosevelt H. S.

Chris Simdorn - Roseville H. S.  
 Mick Goudy - Rogers H. S.  
 Mike Smalley - Academy of Holy Angels

HONORARY - George Smith, Mahtomedi



# 2005 Minnesota High School Football Conference Coaches of the Year

| Conference                | Coach           | School                  |
|---------------------------|-----------------|-------------------------|
| Big Nine                  | James Miller    | Rochester Mayo          |
| Central Lakes             | Ron Kaczor      | St. Cloud Tech          |
| Central MN                | Ray Tri         | Eden Valley-Watkins     |
| Classic Lake              | Brad Anderson   | Wayzata                 |
| Classic Suburban          | Wally Malmstrom | Mahtomedi               |
| Gopher Valley 1A          | Kenny Helland   | Le Center               |
| Gopher Valley 2A          | Pat Hentges     | Gibbon-Fairfax-Winthrop |
| Gopher Valley 2A          | Larry Skogerboe | Martin County West      |
| Great Northern Central    | Nate Hurlburt   | Nevis                   |
| Great Northern North      | Derek Bilben    | Little Fork-Big Falls   |
| Great Northern South      | Jeff Gronner    | Cromwell                |
| Great River               | Terry Bodeen    | Braham                  |
| Heart O'Lakes             | Dave Haugen     | Pelican Rapids          |
| Hiawatha Valley Gold      | Pat Bowlin      | Winona Cotter           |
| Hiawatha Valley Blue Lake | Ivan Kroulik    | Kasson-Mantorville      |
| Little Sioux              | Kelly Sherwin   | Eastview                |
| Minneapolis               | Kent Mikkelsen  | Russell-Tyler-Ruthton   |
| Minneapolis               | Rod Lossow      | Minneapolis Roosevelt   |
| Minnesota River           | Terry Turek     | Le Sueur-Henderson      |
| Missota                   | Mark Froehling  | Farmington              |
| North Country             | Joe Hietala     | Duluth East             |
| North Country             | Chris Volz      | Duluth Central          |
| North Star                | Randy Schweigel | Pine River-Backus       |
| North Suburban            | Jeff Ferguson   | Totino-Grace            |
| North Suburban            | Jeff Schlieff   | Spring Lake Park        |
| North Tri-County          | Charlie Brue    | Hillcrest Lutheran      |
| Northern Lakes            | Tom Ahrendt     | Park Rapids             |
| Northern Lakes            | Bruce Nelson    | East Grand Forks        |
| Mississippi Eight         | Dwight Lundeen  | Becker                  |
| Northwest Suburban        | Craig Hansen    | Maple Grove             |
| Pheasant North            | Rick Harig      | Bertha-Hewitt           |
| Pheasant South            | Dave Hofland    | Chokio-Alberta          |



# 2005 Minnesota High School Football Conference Coaches of the Year

| Conference                | Coach             | School                    |
|---------------------------|-------------------|---------------------------|
| Polar 1A                  | Kevin Haley       | Barnum                    |
| Polar 2A                  | Bill Hudspith     | Esko                      |
| Prairie North             | Don Seipkes       | Ottertail Central         |
| Prairie South             | Wayne Petermeier  | Browerville               |
| Prairie South             | Steve Tax         | Osakis                    |
| Rum River                 | Randy Qual        | Mora                      |
| Sea Range                 | Stuart Nordquist  | International Falls       |
| Sea Range                 | Wayne Roberts     | Eveleth-Gilbert           |
| South Central             | Troy Cody         | Fairmont                  |
| Southern Confederacy East | Gary Sloan        | Grand Meadow              |
| Southern Confederacy West | Mark Buntje       | Lyle-Austin Pacelli       |
| Southern Minnesota        | Paul Dunn         | Springfield               |
| Southwest Ridge           | Andrew Fleischman | Edgerton                  |
| St. Paul City             | Jeff Plaschko     | St. Paul Johnson          |
| Suburban East             | Scott Hoffman     | Stillwater                |
| Three Rivers North        | Bill Ihrke        | Plainview/Elgin-Millville |
| Three Rivers South        | Carl Fruechte     | Caledonia                 |
| Top of State              | Dave Aker         | Sacred Heart-EGF          |
| Tri-Metro                 | Carl Lemke        | St. Croix Lutheran        |
| Valley Plains             | Peder Naatz       | Hawley                    |
| West Central North        | Mike Kleinschmidt | Albany                    |
| West Central North        | Nathan Libbon     | Long Prairie-Grey Eagle   |
| West Central South        | Terry Karlsgodt   | Atwater-Cosmos-Grove City |
| West Central South        | Steve Solem       | BOLD                      |
| West Central South        | Dave Brokke       | Yellow Medicine East      |
| Wright County             | Jon Johnson       | Litchfield                |



## 2005 Minnesota Section Coaches of the Year

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### CLASS: 9 MAN – SECTION COACH

- 1James Semmer, Lanesboro
- 2Andrew Fleischman, Edgerton
- 3Dave Hofland, Chokio-Alberta
- 4Rick Harig, Bertha-Hewitt
- 5Jeff Gronner, Cromwell
- 6Travis Christensen, Ulen-Hitterdal
- 7Scott Chiabotti, Tower-Soudan
- 8Mark Kroulik, Stephen-Argyle

### CLASS: 1A – SECTION COACH

- 1Jim Reinhardt, Rushford-Peterson
- 2Cory Haala, Sleepy Eye
- 3Paul Dunn, Springfield
- 4Clair Austin, Goodhue
- 5Joe Kemp, Wabasso
- 6Steve Tax, Osakis
- 7Charles Campbell, Nashwauk-Keewatin
- 8Brian Nelson, Fertile-Beltrami

### CLASS: 2A – SECTION COACH

- 1Carl Fruechte, Caledonia
- 2Jon Bakken, Waterville-Elysian-Morristown
- 3Jim Buboltz, Minnesota Valley Lutheran
- 4Leo Pohlkamp, Pierz
- 5Ray Tri, Eden Valley-Watkins
- 6Dave Brokke, Yellow Medicine East
- 7Bill Hudspith, Esko
- 8Peder Naatz, Hawley

### CLASS: 3A – SECTION COACH

- 1Bill Ihrke, Plainview/Elgin-Millville
- 2Dave Dose, Glencoe-Silver Lake
- 3Dennis Hale, Worthington
- 4Merrill Pavlovich, Delano
- 5Dwight Lundeen, Becker
- 6Mike Kleinschmidt, Albany
- 7Stuart Nordquist, International Falls

8Jeff Mumm, Thief River Falls

### CLASS: 4A – SECTION COACH

- 1Larry Thompson, Lakeville South
- 2Andy Rostberg, Hutchinson
- 3Wally Malmstrom, Mahtomedi
- 4Jeff Ferguson, Totino-Grace
- 5Mike Smalley, Holy Angels
- 6Tony Buthe, New Prague
- 7Scott Walquist, Princeton
- 8Rick Theisen, Rocori

### CLASS: 5A – SECTION COACH

- 1Kelly Sherwin, Eastview
- 2Mike Grant, Eden Prairie
- 3Scott Hoffman, Stillwater
- 4Jim Galvin, Mounds View
- 5Mike Scanlon, Cretin-Derham Hall
- 6Brad Anderson, Wayzata
- 7 Jeff Buerkle, Anoka
- 8 Todd Larkin, Cambridge-Isanti



# Winningest All Time High School Coaches

## 200 or more wins: After 2005 Season

| Wins | Losses | Ties | Coach                  | School                    | Years |
|------|--------|------|------------------------|---------------------------|-------|
| 307  | 66     | 6    | George Larson-r        | Cambridge                 | 40    |
| 287  | 135    | 5    | Ron Stolski            | Brainerd                  | 44    |
| 287  | 65     | 2    | Ken Baumann-r          | Mahnomen                  | 32    |
| 286  | 89     | 3    | Mike Mahlen            | Verndale                  | 37    |
| 285  | 69     | 2    | George Thole-r         | Stillwater                | 31    |
| 277  | 89     | 2    | Grady Rostberg-r       | Hutchinson                | 34    |
| 267  | 111    | 3    | Jim Roforth-r          | Osakis                    | 41    |
| 265  | 122    | 11   | George Smith-r         | Mahtomedi                 | 43    |
| 264  | 80     | 2    | Neal Hofland-r         | Chokio-Alberta            | 35    |
| 262  | 115    | 2    | Stuart Nordquist       | International Falls       | 38    |
| 259  | 105    | 13   | John Hansen-r          | Osseo                     | 40    |
| 259  | 102    | 9    | Les Dreschel-r         | Red Lake Falls/Crookston  | 40    |
| 256  | 94     | 8    | Tom Mahoney-r          | Fairmont                  | 38    |
| 252  | 121    | 3    | Dwight Lundeen         | Becker                    | 35    |
| 247  | 119    | 3    | Buz Rumrill-r          | Glencoe/Silver Lake       | 33    |
| 241  | 91     | 0    | Dave Nigon-r           | Totino Grace              | 31    |
| 236  | 79     | 0    | Gerhard Meidt-r        | Rothsay/Minneota/Big Lake | 32    |
| 230  | 65     | 0    | Jim Mader-r            | Albany                    | 26    |
| 224  | 91     | 0    | Merrill Pavlovich      | Delano                    | 30    |
| 223  | 91     | 1    | Jim Simser-r           | Fairmont/New Richland-H   | 31    |
| 222  | 91     | 0    | Stan Olson-r           | LeRoy-Ostrander           | 30    |
| 221  | 98     | 0    | Dave Brokke            | Granite Falls/YME         | 29    |
| 221  | 113    | 1    | Jerry Wallskog-r       | LeCenter/BDRSH            | 35    |
| 220  | 74     | 0    | Clark Bergloff-r       | Mora                      | 29    |
| 217  | 121    | 1    | Don Stueve-r           | Fergus Falls              | 37    |
| 216  | 130    | 6    | Billy Beck-r           | Lac Qui Parle Valley      | 39    |
| 212  | 121    | 2    | DeWayne Johnson-r      | Anoka                     | 33    |
| 212  | 83     | 8    | Kenneth "Red" Wilson-r | Bemidji                   | 34    |
| 212  | 64     | 0    | Gary Graham-r          | Browerville               | 25    |
| 210  | 114    | 1    | Roger Lipelt           | Wayzata                   | 35    |
| 207  | 109    | 2    | Andy Nelson-r          | Lake Benton/Verdi         | 34    |
| 206  | 89     | 0    | Ron Johnson-r          | Clearbrook/Gonvick Tr.    | 31    |
| 203  | 66     | 1    | Stav Canakes-r         | Edina                     | 27    |
| 202  | 106    | 13   | Bruce Frank-r          | Le Sueur                  | 37    |
| 200  | 89     | 0    | Ken Mauer-r            | St. Paul Harding          | 32    |
| 200  | 120    | 2    | Con Natvig-r           | Swanville                 | 33    |
| 200  | 77     | 3    | Bob Youso-r            | Moose Lake/Willow River   | 30    |

\*Active- Please inform the Secretary-Treasurer of any corrections needed.



## Active High School Coaches with 100 wins or more After 2005 Season

| Wins | Losses | Ties | Coach             | School                        | Years |
|------|--------|------|-------------------|-------------------------------|-------|
| 287  | 135    | 5    | Ron Stolski       | Brainerd                      | 44    |
| 286  | 89     | 3    | Mike Mahlen       | Verndale                      | 37    |
| 262  | 115    | 2    | Stuart Nordquist  | International Falls           | 38    |
| 252  | 121    | 3    | Dwight Lundeen    | Becker                        | 35    |
| 224  | 91     | 0    | Merrill Pavlovich | Delano                        | 30    |
| 221  | 98     | 0    | Dave Brokke       | Granite Falls/YME             | 29    |
| 210  | 114    | 1    | Roger Lipelt      | Providence Acad.              | 35    |
| 191  | 59     | 0    | Mike Grant        | Eden Prairie                  | 27    |
| 186  | 107    | 0    | Terry Karlsgodt   | Atwater-Grove City- Cosmos    | 29    |
| 186  | 54     | 0    | John Bakken       | Waterville-Elysian-Morristown | 20    |
| 186  | 136    | 0    | Don Seipkes       | Henning/Ottertail Central     | 33    |
| 185  | 91     | 1    | Larry Thompson    | Lakeville                     | 25    |
| 185  | 61     | 0    | Dave Nelson       | Blaine/Minnetonka             | 22    |
| 192  | 105    | 0    | Carl Lemke        | St. Croix Lutheran            | 29    |
| 179  | 52     | 0    | Steve Ott         | Deer River                    | 20    |
| 178  | 104    | 0    | Richard Risbrudt  | Fergus Falls                  | 28    |
| 177  | 53     | 0    | Steve Solem       | BOLD                          | 20    |
| 174  | 79     | 0    | Dave Hylla        | Proctor                       | 25    |
| 174  | 119    | 0    | Jim Brown         | Winsted Holy Trinity          | 30    |
| 173  | 84     | 0    | Terry Ogorek      | Kittson Central               | 26    |
| 173  | 132    | 0    | Dennis Hale       | Worthington                   | 31    |
| 172  | 114    | 0    | Gene Stritesky    | Ogilvie                       | 28    |
| 171  | 64     | 0    | Bob Majeski       | Hastings                      | 20    |
| 159  | 107    | 0    | Earl Bauman       | St. Michael-Albertville       | 26    |
| 167  | 60     | 0    | Jim Reinhardt     | Rushford-Peterson             | 21    |
| 155  | 101    | 0    | Brad Homstad      | Northstar(Kittson County)     | 28    |
| 152  | 107    | 2    | Dennis Kalpin     | Alexandria                    | 27    |



# Active High School Coaches with 100 wins or more After 2005 Season

| Wins | Losses | Ties | Coach            | School               | Years |
|------|--------|------|------------------|----------------------|-------|
| 150  | 54     | 0    | Don Henderson    | Triton               | 18    |
| 145  | 63     | 0    | Leo Pohlkamp     | Pierz                | 20    |
| 143  | 147    | 1    | Mike Watson      | Centennial           | 30    |
| 143  | 111    | 0    | Steve Radniecki  | Norman County East   | 25    |
| 143  | 70     | 0    | Randy Strand     | Adrian               | 21    |
| 139  | 76     | 0    | Dave Dose        | Glencoe-Silver Lake  | 21    |
| 138  | 70     | 0    | Terry Turek      | Le Sueur-Henderson   | 21    |
| 134  | 49     | 0    | Ivan Kroulik     | Kasson-Mantorville   | 17    |
| 126  | 46     | 0    | Bill Hudspith    | Esko                 | 16    |
| 124  | 64     | 0    | Bubba Sullivan   | Northfield           | 16    |
| 122  | 130    | 0    | John Sieling     | Eagle Valley         | 29    |
| 121  | 10     | 0    | Mark Kroulik     | Stephen-Argyle       | 10    |
| 117  | 96     | 0    | Ray Tri          | Eden Valley-Watkins  | 22    |
| 116  | 63     | 0    | John Thiel       | Breck                | 17    |
| 108  | 25     | 0    | Wally Mahlmstrom | Mahtomedi            | 12    |
| 108  | 61     | 0    | Dan Ellingson    | Hills Beaver Creek   | 17    |
| 107  | 69     | 0    | Joel Swanson     | North Branch/Luverne | 17    |

Please contact the MHSFCA with any corrections



## Minnesota High School Football

# Minnesota High School Football Conferences: 2005-2006

Please note that there may have been changes to certain conferences.  
There may be mistakes due to "typos"/lack of information.  
Teams are listed in order of conference finish with regular season, and final season records.

|                              |          |                             |          |                           |           |
|------------------------------|----------|-----------------------------|----------|---------------------------|-----------|
| Big 9 Conference Standings   |          | Minnetonka                  | 2 2 7 3  | Minnesota Valley Lutheran | 5 2 9 3   |
|                              |          | Robbinsdale Armstrong       | 1 3 2 7  | Waterville-Elysian-       |           |
| Rochester Mayo               | 8 0 8 1  | Hopkins                     | 0 6 0 9  | Morristown                | 4 4 7 5   |
| Mankato East                 | 8 1 8 2  |                             |          | Maple River               | 4 3 5 5   |
| Rochester Century            | 7 1 8 2  | Classic Suburban Conference |          | United South Central      | 2 5 2 7   |
| Faribault                    | 5 3 7 4  | Mahtomedi                   | 9 0 13 0 | New Richland-H-E-G        | 2 7 3 7   |
| Rochester John Marshall      | 5 3 5 4  | St. Thomas Academy          | 6 3 7 4  | Madelia/Truman            | 0 7 0     |
| Owatonna                     | 3 5 3 6  | Tartan                      | 5 3 5 4  |                           |           |
| Austin                       | 2 6 2 7  | South St. Paul              | 4 5 5 5  | Great Northern West       |           |
| Mankato West                 | 2 7 3 7  | Henry Sibley                | 3 4 4 5  | Conference                |           |
| Albert Lea                   | 1 7 1 8  | Richfield                   | 3 4 4 5  | Northland                 | 7 1 8 2   |
| Winona                       | 0 8 0 9  | Hill-Murray                 | 3 5 4 5  | Nevis                     | 7 1 7 2   |
|                              |          | North St. Paul              | 2 5 3 6  | Kelliher/Northome         | 6 2 6 3   |
| Central Lakes Conference     |          | Simley                      | 1 7 3 7  | Hill City                 | 5 5 5 5   |
| St. Cloud Tech               | 7 0 9 1  |                             |          | Bigfork                   | 3 6 3 6   |
| Brainerd                     | 5 2 7 3  | Gopher Valley A Conference  |          | Laporte                   | 1 7 1 8   |
| Sartell-St. Stephen          | 6 3 7 3  | Blooming Prairie            | 8 1 8 2  | Fond du Lac Ojibwe        | 0 9 0 9   |
| Alexandria                   | 5 3 7 4  | Mankato Loyola              | 8 1 8 2  |                           |           |
| Rocori                       | 4 4 6 5  | Le Center                   | 7 1 9 2  | Great Northern South      |           |
| Willmar                      | 3 4 3 6  | Lester Prairie              | 7 1 8 2  | Conference                |           |
| Sauk Rapids-Rice             | 2 5 2 7  | Holy Trinity                | 5 3 6 4  | Cromwell                  | 11 0 12 1 |
| St. Cloud Apollo             | 1 5 2 7  | Medford/El Shaddai          | 5 3 5 4  | AlBrook                   | 7 3 8 3   |
| Little Falls                 | 0 7 1 8  | West Lutheran               | 4 4 5 5  | McGregor                  | 5 4 5 4   |
|                              |          | Lake Crystal-Wellcome       |          | Isle                      | 4 4 4 5   |
| Central Minnesota Conference |          | Memorial                    | 4 5 4 5  | Wrenshall                 | 3 5 3 6   |
| Pierz                        | 7 0 12 1 | Janesville-Waldorf-         |          | Floodwood                 | 3 6 3 6   |
| Holdingford                  | 7 2 9 2  | Pemberton                   | 3 5 3 6  | Cotton                    | 0 8 0 8   |
| Eden Valley-Watkins          | 6 2 12 2 | New Life Acad/C.A.-         |          |                           |           |
| Rockford                     | 4 3 6 4  | Bloomington                 | 2 6 2 7  | Great Northern North      |           |
| Howard Lake-Waverly-         |          | Bethlehem Academy           | 2 7 2 7  | Conference                |           |
| Winsted                      | 3 5 4 6  | Providence Acad./           |          | Tower-Soudan              | 9 2 9 3   |
| Belgrade-Brooten-Elrosa      | 2 5 2 7  | Heritage Christian          | 1 7 1 7  | Littlefork-Big Falls      | 8 3 8 3   |
| Maple Lake                   | 1 6 1 8  | Randolph                    | 1 7 1 8  | Mountain Iron-Buhl        | 5 4 5 4   |
| Kimball Area                 | 0 7 0 8  | St. Clair                   | 1 8 1 8  | Orr                       | 4 6 4 6   |
|                              |          |                             |          | Cherry                    | 4 6 4 6   |
| Classic Lake Conference      |          | Gopher Valley AA Conference |          | Cook                      | 3 6 3 6   |
| Wayzata                      | 5 0 13 1 | Martin County West          | 6 1 8 2  | Babbitt-Embarrass         | 1 8 1 8   |
| Edina                        | 4 1 6 4  | Gibbon-Fairfax-Winthrop     | 6 1 7 2  |                           |           |

# Minnesota High School Football



|                               |          |                                       |          |                           |          |
|-------------------------------|----------|---------------------------------------|----------|---------------------------|----------|
| Great River Conference        |          | Eastview                              | 6 1 11 2 |                           |          |
| Braham                        | 6 0 9 1  | Lakeville North                       | 5 2 5 4  |                           |          |
| Hinckley-Finlayson            | 5 2 7 3  | Bloomington Jefferson                 | 5 3 8 3  |                           |          |
| East Central                  | 5 2 6 3  | Chaska                                | 5 3 5 4  | Montgomery-Lonsdale       | 1 6 1 8  |
| Rush City                     | 3 3 4 5  | Burnsville                            | 4 3 5 4  |                           |          |
| Onamia                        | 3 4 6 5  | Rosemount                             | 4 3 5 5  | Mississippi 8 Conference  |          |
| Ogilvie                       | 1 6 2 6  | Lakeville South                       | 3 4 7 4  | Becker                    | 7 0 14 0 |
| Aitkin                        | 0 6 1 8  | Eagan                                 | 1 7 2 9  | Cambridge-Isanti          | 6 1 10 2 |
|                               |          | Apple Valley                          | 1 7 1 8  | St. Michael-Albertville   | 6 2 6 4  |
| Heart of the Lakes Conference |          | Bloomington Kennedy                   | 0 8 1 9  | Buffalo                   | 4 3 4 5  |
| Standings                     |          |                                       |          | Rogers                    | 3 5 4 5  |
| Pelican Rapids                | 7 1 8 2  | Little Sioux Conference               |          | Princeton                 | 2 5 5 6  |
| West Central Area             | 6 2 7 4  | Russell-Tyler-Ruthton                 | 7 1 7 2  | Monticello                | 1 6 1 8  |
| Perham                        | 5 2 8 3  | Fulda                                 | 6 3 6 3  | Big Lake                  | 0 7 0 9  |
| Breckenridge                  | 5 3 6 4  | Adrian                                | 6 3 7 4  |                           |          |
| Dilworth-Glyndon-Felton       | 4 4 5 5  | Murray County Central                 | 6 3 6 4  | Missota Conference        |          |
| Roseau                        | 2 5 3 6  | Ortonville                            | 5 3 7 4  | Farmington                | 7 0 10 1 |
| Frazee                        | 1 6 2 7  | Minneota                              | 5 4 5 4  | Hutchinson                | 6 1 10 2 |
| Agassiz Valley                | 0 7 1 8  | MACCRAY                               | 3 5 3 6  | New Prague                | 4 3 8 4  |
|                               |          | Canby                                 | 2 6 2 6  | Prior Lake                | 4 3 5 4  |
| Hiawatha Valley League        |          | Tracy-Milroy-Balaton                  | 1 7 1 7  | Holy Angels Academy       | 3 4 8 5  |
| Kasson-Mantorville            | 9 0 10 1 | Dawson-Boyd                           | 1 7 1 8  | Northfield                | 3 4 5 5  |
| Winona Cotter                 | 7 1 9 2  |                                       |          | Red Wing                  | 1 6 2 8  |
| Cannon Falls                  | 7 1 8 2  | Metro Alliance Conference             |          | Shakopee                  | 0 7 1 8  |
| Triton                        | 7 2 8 3  | St. Anthony Village                   | 2 0 4 5  |                           |          |
| Byron                         | 6 3 6 4  | Columbia Heights                      | 1 1 5 4  | North Country Conference  |          |
| Pine Island                   | 5 3 6 4  | Brooklyn Center                       | 0 2 1 8  | Duluth East               | 5 1 6 3  |
| Zumbrota-Mazeppa              | 3 5 3 6  |                                       |          | Duluth Central            | 5 2 6 5  |
| Lake City                     | 3 6 3 6  | Minneapolis City Conference           |          | Thief River Falls         | 4 2 7 4  |
| Rochester Lourdes             | 2 6 2 7  | Minneapolis Washburn                  | 7 0 7 3  | Duluth Denfeld            | 5 3 5 5  |
| Kenyon-Wanamingo              | 2 7 3 7  | Minneapolis Roosevelt                 | 5 1 5 4  | Grand Rapids              | 3 3 3 6  |
| Hayfield                      | 0 8 0 9  | Minneapolis North                     | 3 3 4 5  | Cloquet                   | 1 5 1 8  |
| Stewartville                  | 0 9 0 9  | Minneapolis Edison                    | 3 4 3 6  | Hibbing                   | 0 7 1 8  |
|                               |          | Minneapolis Henry                     | 2 4 3 7  |                           |          |
| Independents                  |          | Minneapolis Southwest                 | 1 5 3 6  | North Suburban Conference |          |
| Fergus Falls                  | 3 0 7 3  | Minneapolis South                     | 1 5 2 7  | Totino-Grace              | 8 1 10 2 |
| Moorhead                      | 3 1 6 4  |                                       |          | Spring Lake Park          | 9 2 9 2  |
| Detroit Lakes                 | 1 2 5 4  | Minnesota River Conference            |          | Fridley                   | 7 3 7 3  |
| Orono                         | 0 0 8 2  | LeSueur-Henderson                     | 8 0 10 1 | St. Francis               | 5 3 5 4  |
| La Crescent                   | 0 0 5 5  | Mayer Lutheran                        | 5 2 6 3  | Benilde-St. Margaret's    | 3 5 5 6  |
| Bemidji                       | 0 4 3 6  | Norwood-Young America                 | 4 3 5 4  | St. Louis Park            | 3 5 4 6  |
| Crosby-Ironton                | 0 0 1 8  | Jordan                                | 3 4 4 5  | Robbinsdale Cooper        | 3 5 4 6  |
| MN Academy for the Deaf       | 0 0 0 0  | Belle Plaine                          | 3 4 4 5  | Chisago Lakes Area        | 3 6 3 6  |
|                               |          | Holy Family Catholic/<br>SW Christian | 3 4 3 6  | North Branch              | 2 7 2 7  |
| Lake Conference               |          | Sibley East                           | 2 6 2 7  |                           |          |
| Eden Prairie                  | 8 1 11 2 |                                       |          |                           |          |



## Minnesota High School Football

|                            |           |                              |           |                             |           |
|----------------------------|-----------|------------------------------|-----------|-----------------------------|-----------|
|                            |           | Coon Rapids                  | 2 7 2 7   | Prairie South Conference    |           |
|                            |           | Elk River Area               | 1 7 1 8   | Osakis                      | 5 1 11 2  |
|                            |           | Park Center                  | 0 8 0 9   | Browerville                 | 4 2 9 2   |
|                            |           |                              |           | Upsala/Swanville Area       | 3 2 6 4   |
|                            |           | Pheasant Conference North    |           | Kerkhoven-Murdock-          |           |
|                            |           | Bertha-Hewitt                | 10 0 12 1 | Sunburg                     | 3 3 5 5   |
| Irondale                   | 1 7 1 8   | Underwood                    | 8 2 9 2   | Royalton                    | 2 4 5 4   |
|                            |           | Ashby                        | 4 5 5 5   | St. John's Prep             | 0 5 0 9   |
| North Tri-County           |           | Verndale                     | 1 8 2 8   |                             |           |
| Ulen-Hitterdal             | 10 1 10 2 | Eagle Valley                 | 0 9 0 9   | Rum River Conference        |           |
| Hillcrest Lutheran Academy | 8 2 8 2   |                              |           | Mora                        | 5 0 7 3   |
| Ada-Borup                  | 7 3 7 3   | Pheasant Conference South    |           | Foley                       | 3 1 6 3   |
| Norman County East         | 6 3 6 3   | Chokio-Alberta/              |           | Zimmerman                   | 1 3 2 6   |
| Climax/Fisher              | 6 5 6 5   | Herman-Norcross              | 9 1 9 2   | Milaca                      | 1 3 2 7   |
| Waubun                     | 3 6 3 6   | Hancock                      | 7 4 7 4   | Pine City                   | 1 4 3 6   |
| Norman County West         | 2 7 2 7   | Wheaton                      | 5 4 6 4   |                             |           |
| Win-E-Mac                  | 1 8 1 8   | Clinton-Graceville-Beardsley | 2 6 2     | Sea Range Conference        |           |
| Red Lake                   | 0 8 0 8   | 7                            |           | International Falls         | 7 0 11 1  |
|                            |           | Brandon-Evansville           | 1 8 1 8   | Proctor                     | 4 2 8 2   |
| Northern Lakes Conference  |           |                              |           | Hermantown                  | 4 3 7 4   |
| Staples-Motley             | 6 0 7 3   | Polar League AA              |           | Eveleth-Gilbert/Mesabi East | 2 3 2 6   |
| Crookston                  | 6 1 8 2   | Esko                         | 8 1 10 2  | Ashland                     | 1 4 2 4   |
| East Grand Forks           | 4 3 5 5   | Two Harbors                  | 6 1 7 3   | Virginia                    | 0 6 0 9   |
| Wadena-Deer Creek          | 3 3 3 6   | Moose Lake-Willow River      | 4 3 8 3   |                             |           |
| Warroad                    | 3 3 3 6   | Deer River                   | 4 5 5 5   | Southern Confederacy        |           |
| Pequot Lakes               | 1 6 2 7   | Greenway                     | 2 6 3 6   | Conference - West           |           |
| Park Rapids Area           | 0 7 1 8   | Duluth Marshall              | 1 6 1 7   | Lyle/Austin Pacelli         | 8 2 8 2   |
|                            |           |                              |           | Alden-Conger                | 5 3 6 4   |
| Northstar Conference       |           |                              |           | Cleveland                   | 2 6 2 7   |
| Pine River-Backus          | 6 1 6 4   | Polar League A               |           | Granada-Huntley-EC/M.L.     | 2 6 2 7   |
| Clearbrook-Gonvick         | 5 1 7 3   | Nashwauk-Keewatin            | 9 1 10 2  | Glenville-Emmons            | 2 7 2 7   |
| Lake of the Woods          | 4 2 5 5   | Barnum                       | 7 2 7 3   | Nicollet                    | 0 8 0 9   |
| Bagley                     | 4 2 4 5   | Silver Bay                   | 4 3 6 4   |                             |           |
| Blackduck                  | 2 5 3 6   | Cook County                  | 5 5 5 5   | Southern Confederacy        |           |
| Walker-Hackensack-Akeley   | 1 5 2 7   | Chisholm                     | 3 5 3 5   | Conference - East           |           |
| Cass Lake-Bena             | 0 6 0 9   | Carlton                      | 1 7 1 8   | Grand Meadow                | 10 1 10 1 |
|                            |           | Ely                          | 0 9 0 9   | Lanesboro                   | 10 1 11 2 |
| Northwest Suburban         |           |                              |           | Mabel-Canton                | 7 3 7 3   |
| Conference                 |           | Prairie North Conference     |           | LeRoy-Ostrander             | 4 5 4 5   |
| Maple Grove                | 9 0 9 1   | Ottertail Central            | 5 0 7 3   | Spring Grove                | 4 5 4 5   |
| Champlin Park              | 7 2 7 2   | New York Mills               | 4 2 5 5   | Houston                     | 1 8 1 8   |
| Blaine                     | 8 3 8 3   | Parkers Prairie              | 4 2 4 5   |                             |           |
| Centennial                 | 5 3 7 4   | Pillager                     | 2 3 4 5   | Southern Minnesota Alliance |           |
| Anoka                      | 6 4 7 5   | Sebekka                      | 1 4 2 7   | Conference                  |           |
| Andover                    | 4 5 5 5   | Menahga                      | 0 5 0 8   | Fairmont                    | 9 1 10 1  |
| Osseo                      | 3 6 4 6   |                              |           | Marshall                    | 7 1 8 2   |

# Minnesota High School Football



|                        |   |   |   |   |
|------------------------|---|---|---|---|
| Windom Area            | 6 | 1 | 7 | 2 |
| Luverne                | 5 | 2 | 6 | 3 |
| Blue Earth Area        | 6 | 3 | 7 | 3 |
| Worthington            | 6 | 4 | 7 | 5 |
| Pipestone Area         | 4 | 3 | 7 | 4 |
| St. Peter              | 3 | 4 | 5 | 5 |
| Jackson County Central | 3 | 5 | 3 | 6 |
| St. James              | 1 | 6 | 1 | 7 |
| Redwood Valley         | 1 | 7 | 1 | 8 |
| New Ulm                | 1 | 7 | 1 | 8 |
| Waseca                 | 0 | 8 | 0 | 9 |

|                               |   |   |    |   |
|-------------------------------|---|---|----|---|
| Southern Minnesota Conference |   |   |    |   |
| Springfield                   | 9 | 0 | 14 | 0 |
| Sleepy Eye Saint Mary's       | 6 | 2 | 7  | 3 |
| Wabasso                       | 5 | 3 | 9  | 4 |
| Mt. Lake/Butterfield-Odin     | 5 | 3 | 6  | 4 |
| Sleepy Eye                    | 5 | 4 | 7  | 4 |
| McLeod West                   | 4 | 4 | 4  | 5 |
| New Ulm Cathedral             | 4 | 5 | 4  | 5 |
| Red Rock Central              | 3 | 6 | 3  | 6 |
| Buffalo Lake-Hector           | 1 | 7 | 1  | 8 |
| Renville County West          | 0 | 8 | 0  | 8 |

|                              |    |   |    |   |
|------------------------------|----|---|----|---|
| Southwest Ridge Conference   |    |   |    |   |
| Edgerton                     | 10 | 0 | 10 | 0 |
| Southwestern United          | 7  | 1 | 7  | 2 |
| Lakeview                     | 5  | 3 | 5  | 4 |
| Westbrook-Walnut Grove       | 5  | 4 | 7  | 4 |
| Hills-Beaver Creek/Ellsworth | 2  | 7 | 3  | 7 |
| Lincoln H I/Lake Benton      | 1  | 7 | 1  | 8 |
| Cedar Mountain/Comfrey       | 0  | 8 | 0  | 8 |

|                          |   |   |    |   |
|--------------------------|---|---|----|---|
| St. Paul City Conference |   |   |    |   |
| St. Paul Johnson         | 6 | 0 | 10 | 1 |
| St. Paul Central         | 5 | 1 | 7  | 3 |
| St. Paul Highland Park   | 3 | 3 | 5  | 5 |
| St. Paul Como Park       | 3 | 3 | 4  | 5 |
| St. Paul Harding         | 3 | 3 | 3  | 6 |
| St. Paul Humboldt        | 1 | 5 | 1  | 8 |
| St. Paul Arlington       | 0 | 6 | 0  | 9 |

|                          |   |   |    |   |
|--------------------------|---|---|----|---|
| Suburban East Conference |   |   |    |   |
| Stillwater Area          | 8 | 0 | 11 | 1 |
| Cretin-Derham Hall       | 6 | 1 | 10 | 3 |

|                       |   |   |   |   |
|-----------------------|---|---|---|---|
| White Bear Lake       | 5 | 3 | 7 | 3 |
| Hastings              | 5 | 3 | 6 | 4 |
| Mounds View           | 5 | 4 | 7 | 4 |
| Forest Lake           | 2 | 5 | 2 | 7 |
| Park of Cottage Grove | 2 | 6 | 4 | 6 |
| Woodbury              | 1 | 6 | 1 | 8 |
| Roseville             | 1 | 7 | 2 | 7 |

|                           |   |   |    |   |
|---------------------------|---|---|----|---|
| Three Rivers Conference   |   |   |    |   |
| Caledonia                 | 8 | 0 | 13 | 1 |
| Plainview/Elgin-Millville | 7 | 1 | 11 | 2 |
| Rushford-Peterson         | 8 | 2 | 9  | 3 |
| Lewiston-Altura           | 8 | 2 | 8  | 2 |
| Kingsland                 | 5 | 4 | 5  | 4 |
| Dover-Eyota               | 5 | 4 | 5  | 5 |
| Fillmore Central          | 5 | 5 | 6  | 5 |
| Goodhue                   | 3 | 5 | 6  | 5 |
| Chatfield                 | 2 | 7 | 2  | 7 |
| Wabasha-Kellogg           | 1 | 7 | 1  | 8 |
| Southland                 | 1 | 8 | 1  | 8 |
| St. Charles               | 0 | 8 | 0  | 9 |

|                             |    |   |    |   |
|-----------------------------|----|---|----|---|
| Top of the State Conference |    |   |    |   |
| Stephen-Argyle              | 10 | 0 | 13 | 0 |
| Kittson Central             | 7  | 2 | 8  | 2 |
| Badger/Greenbush-           |    |   |    |   |
| Middle River                | 5  | 2 | 5  | 3 |
| North Star                  | 4  | 4 | 5  | 4 |
| Sacred Heart                | 3  | 4 | 3  | 5 |
| Marshall County Central     | 2  | 6 | 2  | 6 |
| Red Lake County Central     | 1  | 7 | 1  | 7 |
| Grygla-Gatzke/Goodridge     | 0  | 7 | 0  | 7 |

|                      |   |   |    |   |
|----------------------|---|---|----|---|
| Tri-Metro Conference |   |   |    |   |
| St. Croix Lutheran   | 7 | 0 | 10 | 1 |
| DeLaSalle            | 7 | 1 | 9  | 2 |
| Concordia Academy    | 5 | 2 | 6  | 3 |
| Blake                | 5 | 2 | 6  | 4 |
| Breck                | 4 | 4 | 4  | 5 |
| St. Agnes            | 2 | 5 | 5  | 6 |
| Minnehaha Academy    | 2 | 6 | 2  | 7 |
| St. Bernard's        | 1 | 6 | 1  | 8 |
| St. Paul Acad./      |   |   |    |   |
| Mounds Park Acad.    | 0 | 7 | 0  | 8 |

## Valley Plains Conference

|                      |   |   |    |   |
|----------------------|---|---|----|---|
| Hawley               | 7 | 0 | 12 | 1 |
| Fertile-Beltrami     | 5 | 2 | 9  | 2 |
| Mahnomen             | 5 | 2 | 8  | 2 |
| Warren-Alvarado-Oslo | 4 | 4 | 6  | 4 |
| Red Lake Falls       | 4 | 5 | 6  | 5 |
| Lake Park-Audubon    | 1 | 6 | 1  | 8 |
| Fosston              | 0 | 7 | 0  | 9 |

## West Central Conference - North

|                         |   |   |    |   |
|-------------------------|---|---|----|---|
| Albany                  | 7 | 0 | 13 | 1 |
| Long Prairie-Grey Eagle | 6 | 2 | 6  | 4 |
| Melrose                 | 5 | 3 | 5  | 4 |
| St. Cloud Cathedral     | 3 | 4 | 3  | 6 |
| New London-Spicer       | 3 | 5 | 3  | 6 |
| Minnewaska Area         | 3 | 5 | 3  | 6 |
| Montevideo              | 2 | 6 | 2  | 7 |
| Sauk Centre             | 1 | 7 | 1  | 8 |

## West Central Conference - South

|                      |   |   |   |   |
|----------------------|---|---|---|---|
| Yellow Medicine East | 7 | 1 | 9 | 3 |
| Atwater-Cosmos-      |   |   |   |   |
| Grove City           | 6 | 1 | 8 | 2 |
| BOLD                 | 5 | 1 | 6 | 4 |
| Morris Area          | 3 | 4 | 3 | 6 |
| Benson               | 2 | 5 | 3 | 6 |
| Paynesville Area     | 1 | 5 | 1 | 8 |
| Lac qui Parle Valley | 1 | 6 | 2 | 7 |

## Wright County Conference

|                     |   |   |    |   |
|---------------------|---|---|----|---|
| Litchfield          | 7 | 0 | 10 | 1 |
| Delano              | 6 | 1 | 10 | 2 |
| Glencoe-Silver Lake | 5 | 2 | 9  | 4 |
| Waconia             | 5 | 3 | 6  | 4 |
| Annandale           | 3 | 4 | 4  | 6 |
| Dassel-Cokato       | 2 | 5 | 5  | 6 |
| Mound Westonka      | 1 | 7 | 2  | 7 |
| Watertown-Mayer     | 0 | 7 | 1  | 7 |



## Coaches with the Most State Championships

While numerous coaches have coached state championship teams and several have coached teams to two state titles a select few have been able to guide their teams to three or more state championships.

The coaches listed below won at least three state titles at one or more schools.

If any coaches have been omitted, reader should contact the Secretary-Treasurer.

| State Titles | Coach           | School(s)      | Years                    |
|--------------|-----------------|----------------|--------------------------|
| 6            | Ken Baumann     | Mahnomen       | 1980, 90, 91, 92, 93, 98 |
| 5            | Dick Hanson     | Burnsville     | 1972, 80, 85, 89, 91     |
| 4            | Mike Grant      | Eden Prairie   | 1996, 97, 2000, 02       |
| 4            | Mark Kroulik    | Stephen-Argyle | 1992, 2003, 2004, 2005   |
| 4            | Rick Manke      | Glyndon-Felton | 1985                     |
|              |                 | Detroit Lakes  | 1992, 93, 95             |
| 4            | Gerhard Meidt   | Rothsay        | 1972                     |
|              |                 | Minneota       | 1986, 87, 88             |
| 4            | George Thole    | Stillwater     | 1975, 82, 84, 95         |
| 3            | Lyle Anderson   | Cook County    | 1997, 98, 99             |
| 3            | Keith Bergstadt | Cromwell       | 1995, 96, 98             |
| 3            | Ken Jacobsen    | Chatfield      | 1994, 95, 96             |
| 3            | George Larson   | Cambridge      | 1986, 87, 2000           |
| 3            | Dave Main       | Gaylord        | 1973, 75, 79             |
| 3            | Grady Rostberg  | Hutchinson     | 1983, 84, 98             |
| 3            | Larry Thompson  | Lakeville      | 1988, 92, 2003           |



## Central Lakes Conference

### Kaczor, Tigers Claim Central Lakes Conference Championship

Head Coach Ron Kaczor led the St. Cloud Tech Tigers to an undefeated conference record and the conference title. The Tigers were led on offense by Senior Quarterback Jordan Hansel and Junior Wide receiver Aaron Fruth. Tech advanced to the finals of the Section 8AAAAA playoff before losing to Cambridge 20-6 at Clark Field. Coach Kaczor was named conference coach of the year by a unanimous vote of his peers.

The Brainerd Warriors continued their conference gridiron success by finishing second in the conference with only one loss. Coach Ron Stolski and his staff again had their players competing at an extremely high level. Offensive Line Coach Chet Stevensen was selected by the coaches as the recipient of the Steve Nunnink Assistant Coach of the Year Award.

Sartell enjoyed another excellent season finishing with a 5-2 conference record and battling conference leaders Tech and Brainerd to hard fought losses in the rugged conference schedule. Sartell earned the top seed in the section, but were defeated in the Section 8AAAA Semifinals 19-15 by Rocori.

Alexandria under the direction of Dennis Kalpin finished the conference season with only 2 losses. The cardinals advanced to the Section 8AAAA finals before losing a tight ballgame 8-6 to Rocori in the Fargodome.

Ken Heitzman and the Willmar Cardinals battled through many injuries and finished with a 3-4 conference record. The Cardinals showed great determination despite the challenge and lost a high scoring 44-43 Section AAAA playoff game to Mankato West.

The Rocori Spartans enjoyed a great playoff run after battling through some close losses in the conference season. Head Coach Rick Theisen and the Spartans finished 2-4 in the conference, but 6-6 overall and advanced to the State AAAA playoffs before losing in the Quarterfinals to New Prague 34-20.

Bill Magnuson and the Sauk Rapids Storm continued to rebuild in 2005. The Storm finished 2-4 in the conference and 2-7 overall. Sauk Rapids was led by junior QB Zach Rudolph and will be much improved next season.

St. Cloud Apollo under the direction of Jon Benson finished with a 1-5 conference record and 2-7 overall. The Eagles suffered many key injuries but battled all opponents into the fourth quarter each week. Brothers Dan and Don Hall led the eagles.

Jack Marmon and the Little Falls Flyers got off to a good start with a win over East Grand Forks, but dropped the final 8 contests. The Flyers were led by outstanding wide receiver Josh Flavin.

The conference also has had to deal with the loss of two outstanding football coaches. Ron Kaczor was diagnosed with inoperable cancer during the season and continues to battle the disease as this article goes to press. Kurt Langer, Assistant Coach and Offensive Coordinator of the Rocori Spartans died unexpectedly on May 5, 2006. Both men have had a huge impact on their athletes and communities. They are extremely well respected around the conference and will be missed greatly by all of us who have enjoyed competing against them and watching them coach athletes with passion and caring.

#### CONFERENCE STANDINGS

|             | Conf | Overall |
|-------------|------|---------|
| Tech        | 6 0  | 10 1    |
| Brainerd    | 5 1  | 7 3     |
| Sartell     | 5 2  | 7 3     |
| Alexandria  | 4 2  | 7 4     |
| Willmar     | 3 4  | 3 6     |
| Rocori      | 2 4  | 6 6     |
| Sauk Rapids | 2 4  | 2 7     |
| Apollo      | 1 5  | 2 7     |
| Sauk Rapids | 0 6  | 1 8     |



## Central Minnesota

For the second straight year, two CMC teams played in the State Semifinals in the Metrodome. And for the second year in a row, a conference team took home the State Championship. This year, Eden Valley-Watkins defeated Caledonia in the finals, 21-7. Last year, Pierz topped Eden Valley-Watkins for the title.

Pierz went unbeaten in conference play and were again one of the top rated teams in the state. Quarterback Mike Pohlkamp and running back Bryan Virnig led an outstanding offense for the Pioneers. On defense, Scott Saeher, Kyle Girtz, Jerron Boser, and Jeremy Monson led the way for Coach Leo Pohlkamp's gridders.

Mark Messman's Holdingford Huskers defeated EV-W and finished 6-1 in the league. Max Posch, Mike Schmidt, and Andrew Bernstetter were keys to a balanced offense. Justin Barrett and Shawn Sobania led the way on defense as the Huskers reached the section finals.

Jon Thielen's defense and Rob Pederson's special teams were strong for Eden Valley-Watkins again. Mike Berg, Adam Hiltner, Raymen Rice and Nate Schoenecker led the way offensively and defensively for the Eagles.

Steve Merila's Rockford Rockets finished 4-3 in the conference and proved to be a contender again. Ray Hedelson, Nathan Maher, and Matt Raskob were All Conference players for the Huskers.

George Montgomery's Howard Lake-Waverly-Winsted team finished 3-4 with a young team, and figure to be one of the top contenders next fall. Multi-position player Tim Zander and linebacker/tight end Aaron Briesemeister led the Lakers.

Belgrade-Brooklyn-Elrosa, with first year coach Mike Richards, improved to 2-5 in conference games. Jordan Weller and Andy Hadley made the All Conference for the Jaguars.

Tim Knudsen's Maple Lake squad battled injuries all season and finished 1-6. Quarterback/cor-



Eden Valley Watkins defeated Caledonia in the Championship game.



Pierz and Eden Valley Watkins battle it out in the Metrodome again.

nerback Doug Mavenkamp was a standout for the Irish.

Coach Shawn Meyer led Kimball to a strong offensive showing this fall. All Conference quarterback Jeff Hunt will lead a host of returnees for the Cubs next fall, who figure to be much improved.



## Gopher/Valley Class 1A

In a year with so many teams of similar ability, the Gopher Conference A Division had an unprecedented four way tie for first place. The Wildcats of LeCenter, the Crusaders of Mankato Loyola, the Bulldogs of Lester Prairie and the Blossoms of Blooming Prairie all navigated their way through the 8 game regular season with only 1 loss, to finish 7 – 1.

Ken Helland of LeCenter was named Conference Coach of the year. Coach Helland had his Wildcats primed to finish 8 – 0 in the regular season, but Lester Prairie and Head Coach Joe Scoblic had other plans. Lester Prairie outlasted LeCenter in a 35 – 27, 4-OT game, in week 6 to push the Bulldogs into a share of the conference championship with two weeks to go. LeCenter had previously handed Loyola and Blooming Prairie their only regular season losses, 12 – 8, in week 2 and 14 – 6 in week 5 respectively. Lester Prairie suffered their lone loss in week 5 to Loyola.

### Gopher Valley A Division Conference Standings

|                                                   |       |
|---------------------------------------------------|-------|
| Blooming Prairie                                  | 7 – 1 |
| LeCenter                                          | 7 – 1 |
| Lester Prairie                                    | 7 – 1 |
| Mankato Loyola                                    | 7 – 1 |
| Holy Trinity of Winsted                           | 5 – 3 |
| Medford/El Shaddai                                | 5 – 3 |
| Lake Crystal-Wellcome Memorial                    | 4 – 4 |
| West Lutheran                                     | 4 – 4 |
| Janesville-Waldorf-Pemberton                      | 4 – 4 |
| Bethlehem Academy                                 | 2 – 6 |
| New Life Academy/Concordia Academy of Bloomington | 2 – 6 |
| Providence Academy/Heritage Christian             | 1 – 7 |
| Randolph                                          | 1 – 7 |
| St. Clair                                         | 1 – 7 |

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### Heart O' Lakes Conference

The Heart O' Lakes Conference teams got off to a good start to the season going 6-2 in non-conference games. Week two was the beginning of a very competitive, evenly matched conference schedule with 11 games decided by 7 points or less and many of them by 3 points or less. Coming out on top of the Conference standings was Pelican Rapids with a 6-1 conference record led by HOL Coach of the Year David Haugen. The Vikings were possibly the first team in conference history to have more passing yards (1117 yds) than rushing while leading the conference in that category and being number two in total offense (2207 yds). On the defensive side Pelican Rapids was number one in total yards allowed (1529 yds) and in scoring defense (67 pts).

With 3 teams tied for second in the conference the statistics were spread throughout those teams. Breckenridge, coached by Darren Baartman, lead the conference in rushing yards (1608 yds) and scoring offense (196 points) while the Perham Yellowjackets led by Howie Kangas were second in both categories. Tony Reno's DGF Rebels used a balanced attack to lead the conference with 2226 total yards.

| Heart O' Lakes Standings | Conf. | Overall |
|--------------------------|-------|---------|
| Pelican Rapids           | 6-1   | 7-1     |
| Perham                   | 5-2   | 6-2     |
| West Central Area        | 5-2   | 6-2     |
| Breckenridge             | 5-2   | 5-3     |
| Dilworth-Glyndon-Felton  | 4-3   | 4-4     |
| Roseau                   | 2-5   | 3-5     |
| Frazee                   | 1-6   | 2-6     |
| Agassiz Valley           | 0-7   | 1-7     |

Bryan Strand took over as head coach at Agassiz Valley. Even though the Thunder weren't able to pick up any conference wins they played some good football are headed in the right direction.

In post season play 3 teams played for section championships, but all came up a little short. West Central Area, coached by Mike Frisch, was runner-up in Section 6AA, Pelican Rapids in Section AA and Perham in Section 8AAA.

The 2006 season will be another competitive one. While many teams lose key players every year the quality coaches in the conference will have their teams well prepared and ready to go.

### Hiawatha Valley Blue Conference

The HVL Blue Conference had another exciting season with some tremendous plays made by outstanding players. Kasson Mantorville won the conference for the 3rd time in a row and lost another heartbreaker to Plainview in the Section Finals. Cannon Falls and Byron fought it out for second with Cannon Falls winning a close one 17-14. Byron and Lake City all had close contests fighting for the 3rd place spot.

Rochester Lourdes and Stewartville went through a rebuilding year centered around young players.

| Standings          |     |
|--------------------|-----|
| Kasson-Mantorville | 8-0 |
| Cannon Falls       | 7-1 |
| Byron              | 5-3 |
| Lake City          | 4-4 |
| Rochester Lourdes  | 2-6 |
| Stewartville       | 0-8 |



## Little Sioux Conference Summary

By Kevin Nowotny – Adrian Asst. Football Coach

Week one of the 2005 season saw two new teams becoming part of the Little Sioux Conference, Tracy-Milroy-Balaton Panthers and the MACCRAY Wolverines. Defending conference champion Adrian hosted preseason favorite Russell-Tyler-Ruthron and it was a shoot out as Adrian took a 28-25 lead with 1:00 remaining but the one man wrecking crew of Kyle Minet, rushed for 317 yards on 40 carries and had touchdowns of 65, 40, and 32. Minet caught the winning TD with: 12 seconds on the clock to down Adrian, 32-28. Other action had Fulda over MCC, 33-8, as John Isder rushed for 139 yards. Ortonville over Dawson-Boyd, 16-0, as Dan Schmiechel rushed for 102 yards for the Trojans. Canby over TMB, 15-0, as Colby Citrowske had a blocked punt, fumble recovery, and a QB sack to lead the Lancers. Minneota over MACCRAY 26-17 as Matt Buysse finished with 3 TD's to lead the Vikings.

Week two had MCC pull off one of the bigger upsets in recent years, as they downed RTR, 14-13, behind Mike Grimmus' tackle on a 2 point conversion. Fulda moved into 1st place with a 34-18 win over Minneota, as John Isder scored two TD's. Canby defeated Dawson-Boyd, 27-14, to also move into 1st place, as Logan Oellian rushed for 110 yards and a TD for the Lancers. Adrian defeated Ortonville, 31-14, behind Cody Reverts 3 TD's. TMB defeated MACCRAY, 21-19, behind Seth Swan's 3rd quarter TD run.

Week three had Fulda and Adrian square off in a defensive battle and the Raiders came out on top, moving to 3-0, winning, 12-7, as they picked off seven interceptions. RTR defeated TMB, 47-0, moving to 2-1, as Kyle Minet ran for two TD's, passed for one and caught one. MACCRAY defeated Canby, 14-13, as Justin Koenen threw for two TD passes for the Wolverines. MCC defeated Dawson-Boyd, 26-14, as Jeremy Strom rushed for 128 yards for the Rebels. Ortonville defeated Minneota, 29-13, behind Trent Hennen's 110 yards

rushing.

Week four had Fulda traveling to RTR for a big game and the Knights from RTR used Kyle Minet's 315 yards rushing and runs of 61, 65, 71 and 84 (as he is approaching 5000 yards for his career) and 4 TD's to throttle the Raiders 40-12. Adrian defeated Canby, 17-14, as the Dragons used a trick play late to win, with Cody Kontz, a WR, hitting Ryan Lonneman for the TD. MCC used a field goal to beat TMB, 15-12. Minneota defeated Dawson-Boyd, 32-14, as Kevin Hammer rushed for 146 yards. MACCRAY defeated Ortonville, 20-17.

Week five was upset week as the Ortonville Trojans upset the 1st place Fulda Raiders, 33-32, scoring two TD's in the last minute of the game. Adrian upset the 1st place MCC Rebels, 34-21, as Cody Reverts threw for two and ran for two TD's for the Dragons. Dawson-Boyd won their 1st game of the year, defeating TMB, 30-21, as Luke Bothum and Colin Lee each scored a pair of TD's for the Blackjacks. Minneota defeated Canby, 20-6. RTR, the conference leader, had no problems with MACCRAY, 46-21.

Week six had conference leader RTR travel to Ortonville and the Kyle Minet show kept rolling as the Knights won, 46-20. Fulda beat TMB, 13-0, behind Nick Henning's 13 tackles and Tim Habeerman's 10. Minneota use the passing of Matt Buysse to defeat Adrian, 17-13. MCC's Tony Falk ran for scores of 45 and 36 yards to lead MCC over Canby. MACCRAY defeated Dawson-Boyd, 28-6.

Week seven had some Thursday games and Adrian defeating TMB, 14-0, behind Cody Reverts two TD's. Ortonville defeated Canby, 30-6. MCC defeated MACCRAY, 31-26, as Paul Counter caught two TD's passes for MCC. RTR beat Minneota, 42-0, as Kyle Minet ran for over 200 yards. Fulda beat DB, 28-0, as Nick Henning had 15 tackles for the vaunted Raider defense.

Week eight had RTR clinch the Little Sioux



# Little Sioux Conference Summary

Championship with a 24-3 victory over the Canby Lancers as Kyle Minet ran for over 200 yards and 2 TD's. Fulda clinched 2nd place in the 10 team Little Sioux by defeating MACCRAY, 46-28. MCC was at Minneota and Trent Hennen led the way for the Vikings scored 3 TD's and the Vikings upset MCC, 40-27. Adrian hosted Dawson-Boyd and clicked on all cylinders winning, 54-12, as Billy Anderson scored 3 TD's. Ortonville defeated TMB to finish a fine year for the Trojans at 5-3.

Playoffs round one had Little Sioux Conference Champion RTR get upset by MLBO, 35-22, as Danny Snyder had 2 TD's for the Wolverines. Little Sioux Conference runner up, Fulda, was upset by Adrian, 14-13, in overtime as Cody Reverts ran and passed the Dragons to victory. MCC defeated Minneota, 17-14, kicking a field goal with 3:00 remaining. Dawson-Boyd was defeated by Upsala/Swanville, 39-8. Ortonville defeated St. John's Prep, 39-6.

Playoffs, round two had Adrian defeat MLBO, 17-8, behind Nate Engelkes' 90 yard interception return. Springfield defeated MCC, 55-0. Ortonville defeated KMS, 10-8.

Playoffs, round three had Adrian vs. Springfield in the Section 3A final and Wabasso vs. Ortonville in the Section 4A final. Adrian was defeated, 24-0, and Ortonville was defeated, 27-13.

Head coach Kent Mikkelsen from RTR was voted as the 2005 Head Coach of the Year in the Little Sioux Football Conference while Steve Borchert from RTR was voted as the 2005 Assistant Coach of the Year in the Little Sioux Football Conference. Other Little Sioux awards went to Kyle Minet from RTR as he was voted as the Offensive Back of the Year and Josh Lingen from RTR was voted as the Defensive Lineman of the Year. Nick Henning from Fulda was voted as the Defensive Back of the Year and Kyle Roggenbuck from Ortonville was the

Offensive Lineman of the Year for the 2005 season. Plaques were presented to all four players and two coaches.

End of story for the Little Sioux for 2005.

### Final 2005 Little Sioux Conference Standings

| Team        | Record | Standing  |
|-------------|--------|-----------|
| RTR         | 7-1    | 1st place |
| Fulda       | 6-2    | 2nd place |
| Adrian      | 5-3    | 3rd place |
| Ortonville  | 5-3    | 3rd place |
| Minneota    | 5-3    | 3rd place |
| MCC         | 5-3    | 3rd place |
| MACCRAY     | 4-4    | 7th place |
| Canby       | 2-6    | 8th place |
| Dawson-Boyd | 1-7    | 9th place |
| TMB         | 1-7    | 9th place |



## Minnesota River Conference

Once again the MRC was dominated by the LeSueur-Henderson Giants; they went through the conference schedule unbeaten for the second consecutive season. An athletic Mayer Lutheran team started with a five-game winning streak before losing two close games to finish second.

First-year head coach Paul Henn of Norwood Young America saw his Raiders finish alone in third. While new coach Justin Johnston lead a resurgent Belle Plaine to a tie with Jordan and Holy Family Catholic for fourth.

Those three teams along with Sibley East and Montgomery-Lonsdale played some very close and competitive games throughout the season and are looking to improve their records in 2006.

The post season was very tough for the MRC. Only LeSueur-Henderson made it past the first round of the play-offs. Coach Terry Turek once again lead his Giants to the section championship game to face Glencoe-Silver Lake Panthers. Unfortunately, for the second year in a row the Panthers ended the Giants winning streak at ten.



LSH quarterback Sam Garvin, an All MRC selection, rolls to his right, looking for a receiver against Holy Family.

### 2005 M.R.C. Season Awards:

|                                |                                       |
|--------------------------------|---------------------------------------|
| Co-Offensive Back of the Year: | Andrew Schwanke/ Mayer Lutheran       |
| Co-Offensive Back of the Year: | Zach Seibert/ Norwood Young America   |
| Offensive Lineman of the Year: | Mike May/ LeSueur-Henderson           |
| Defensive Back of the Year:    | Justin Perlich/ Norwood Young America |
| Defensive Lineman of the Year: | Jake Balch/ LeSueur-Henderson         |
| Head Coach of the Year:        | Terry Turek/ LeSueur-Henderson        |

### 2005 M.R.C. Team Records

| Team                  | MRC | Season | Coach           |
|-----------------------|-----|--------|-----------------|
| LeSueur-Henderson     | 7-0 | 10-1   | Terry Turek     |
| Mayer Lutheran        | 5-2 | 6-3    | Ron Ketcher     |
| Norwood Young America | 4-3 | 5-4    | Paul Henn       |
| Belle Plaine          | 3-4 | 4-5    | Justin Johnston |
| Jordan                | 3-4 | 4-5    | Jay Lepper      |
| Holy Family Catholic  | 3-4 | 3-6    | Dave Hopkins    |
| Sibley East           | 2-5 | 2-7    | Randy Walsh     |
| Montgomery-Lonsdale   | 1-6 | 1-8    | Tony Barnack    |



# Missota Conference 2005

The Missota Conference once again proved to be one of the top football conferences in the state. Farmington ran away with the league title and competed extremely well in the 5A playoff. Three other teams, Holy Angels, Hutchinson, and New Prague, qualified for the State Tournament and made up 3/4ths of the teams in the Dome in class AAAA.

During the regular season, Mark Froehling's Farmington Tigers were the class of the league. Their physical style of play allowed them to go undefeated in league play. Come playoff time, the Tigers continued to dominate their 5A opponents. They ran into a very talented Eastview team in the section final and gave the Lightning everything they could handle, falling just short in the final seconds of play. Mark Froehling was selected as conference coach of the year for his and his coaching staff's outstanding performance this year.

### 3 State Tournament Teams:

The Hutchinson Tigers, coached by Andy Rostberg, had another very successful campaign. After placing second in the league, Hutch won its 10th straight section title with an impressive victory over a very good Mankato East team. The Tigers then played giant killer by knocking off two-time defending State Champion Totino Grace in the State Quarterfinals. Hutch's run ended in the Dome at the hands of conference foe Holy Angels in the State Semi-Finals.

The Academy of Holy Angels, led by first year head coach Mike Smalley, made an incredible run come playoff time reaching the State Championship game. After finishing 3-4 in the Missota, the Stars ran off five straight wins, including an upset victory over Hutchinson highlighted by a last second game winning field goal. The Stars then gave Mahtomedi all that they could handle in the championship game forcing an overtime period before falling to the state champions.

New Prague found their way back to the state tournament for the first time in 20 years by knocking off a very good Orono team in the section championship game. The Trojans then beat Rocori 34-20 in the state quarterfinals. Tony Buthe's team then gave Mahtomedi a big scare in the Dome, taking the Zephyrs all the way to the wire before succumbing 20-13 to the eventual state champs.

John Bennett's Prior Lake Lakers featured a very young line-up that competed well in the Missota. The Lakers gave conference champion Farmington their closest game during the conference season. After leading the Lakers for nineteen seasons, Coach Bennett resigned from his football position in order to watch his daughter compete in volleyball at the collegiate level. John coached 30 football seasons, 11 at Holy Angels and 19 at Prior Lake. His has won more games than any other football coach in Prior Lake history. John's competitive, yet fun approach to the game allowed him to consistently develop teams that were well-prepared, aggressive defensively and explosive on offense. Coach Bennett says, "I enjoyed every minute with the young men I had the opportunity to coach over the years."

The Northfield Raiders also featured a young and inexperienced line-up as they replaced all 22

### Final League Standings:

|             | Conf. | Overall |
|-------------|-------|---------|
| Farmington  | 7-0   | 10-1    |
| Hutchinson  | 6-1   | 10-2    |
| New Prague  | 4-3   | 8-4     |
| Prior Lake  | 4-3   | 5-4     |
| Northfield  | 3-4   | 5-5     |
| Holy Angels | 3-4   | 9-5     |
| Red Wing    | 1-6   | 2-8     |
| Shakopee    | 0-7   | 1-8     |



starters from their 2004 state tournament team. Bubba Sullivan's squad highlight was a solid victory over Holy Angels in week two.

Coach Paul Schmit's Red Wing team struggled through a tough conference schedule before pulling off an exciting 22-21 playoff victory over Austin. The Wingers played some of their best football at the end of the season and are looking for bright

things in the future.

Coach Scott Tiedens' Shakopee Sabers found success in their non-conference schedule with a nice victory over St. Cloud Cathedral. Coach Tiedens resigned following the season after leading the Sabers for five years.

## Northwest Suburban Conference

2005 was a great year in the NWSC. Maple Grove had an undefeated season to take over the reigns of the Conference Championship. Congratulations to Craig Hansen and his staff for an awesome season. Congratulations should also go out to Mike Kortan and the Champlin Park program for a great season finishing in second place with a 7-1 conference record.

Again this year the conference was very balanced in its power. On any given night, any team could knock off any team. The NWSC has proven year in and year out to be one of Minnesota's toughest conferences. Each team respects their opponent and knows the outcome of the game will come down to the wire. This makes for an exciting game every week. We are all proud to be part of an exciting league and we can't wait for the challenges that 2006 will bring.

Maple Grove mopped up many of the conference awards this year. The Most Valuable Offensive player went to Centennial's Junior Running Back Matt Voitlander. Blaine's Jake Fabian won the Most Valuable Defensive Player of the Year award. The Most Valuable Offensive Lineman Award went to Maple Grove's Daniel Schoen his teammate Daniel Johnson won the Most Valuable Defensive Lineman award. The Most Valuable Special Teams Player of the Year Award went to Maple Groves standout Patrick Whinnery. Maple Grove's Head Football Coach Craig Hansen received the Coach of the Year Award. Congratulations to all the NWSC award winners.

### Conference Standings

|               |     |
|---------------|-----|
| Maple Grove   | 8-0 |
| Champlin Park | 7-1 |
| Blaine        | 6-2 |
| Centennial    | 5-3 |
| Andover       | 4-4 |
| Anoka         | 4-4 |
| Osseo         | 3-5 |
| Coon Rapids   | 2-6 |
| Elk River     | 1-7 |
| Park Center   | 0-8 |



# The Prairie Conference South had Co-Champions in 2005

The Osakis Silverstreaks had beaten St. John's Prep 54 – 6, KMS (Kerkhoven-Murdock-Sunburg) 38 – 0 and Browerville 28 – 22 in conference play and had beaten OTC (Ottertail Central) 31 – 0 and Parkers Prairie 31 – 0. Then came USA (Upsal/Swanville Area). USA played a great game and won 3 – 0. Osakis then went on to beat Royalton 49 – 6 in the final conference game of the season and sat on top of the conference at 4 – 1. The Silverstreaks then went on to beat Sebeka 41 – 12 to finish out the regular season. In the playoffs the Silverstreaks would beat Clinton-Graceville-Beardsley 59 – 6, New York Mills 44 – 6 and in the section finals beat Browerville 20 – 7. They would move on to the state tournament and win their first playoff game 31 – 14 over Fertile-Beltrami. They lost their next game in the Metrodome 17 – 34 to Springfield.

The Browerville Tigers opened the season with wins over Menahga 26 – 6, Sebeka 58 – 6, USA 25 – 11, St. John's Prep 55 – 22 and would suffer their first loss of the season to Osakis 22 – 28. The Tigers then beat Royalton 46 – 13 to force a tie for the conference championship between the Tigers and the Silverstreaks. The Tigers finished the regular season beating Parkers Prairie 38 – 6. In the playoffs the Tigers defeated Sebeka 40 – 14 and Northland/Remer 47 – 6. They then lost to Osakis 7 – 20 to end their season.

USA had an up and down season as the Patriots beat New York Mills 14 – 6 and then lost to Pillager 0 – 20. They then lost to Browerville 11 – 26 and defeated Royalton 35 – 20. A 0 – 14 set back to KMS may have seemed to be the end of USA's season but the Patriots came out the next week and played a great game of defense to defeat the undefeated Silverstreaks from Osakis 3 – 0. They closed out the regular season with wins over St. John's Prep 33 – 8 and OTC 21 – 20. In the playoffs they

beat Dawson-Boyd and lost to Wabasso 6 – 21 to end their season.

Royalton would start the season 3-0 with wins over Pillager 43 – 20, Menahga 40 – 0 and KMS 42 – 20. USA was next; the Patriots beat Royalton 35 – 20. A win a week later over St. John's Prep 30 – 12 put the Royals at 4 – 1 with Browerville coming to town. Browerville would win the match-up 46 – 13 and a week later the Royals would lose to Osakis 49 – 6. The Royals would end the regular beating New York Mills 30 – 22. The Royals would lose to KMS 0 – 22 in the first round of the playoffs.

KMS opened the season with a win at Parkers Prairie 24 – 7; and then suffer three losses in a row to OTC 16 – 36, Royalton 20 – 42, and Osakis 0 – 38. The Fighting Saints would bounce back with wins over USA 14 – 0 and St. John's Prep 29 – 0. Browerville came to town next and the Tigers left with a 27 – 12 win. KMS would then real off two more wins by defeating Menahga 32 – 14 in the regular season finally and defeat Royalton in the first round of Section play 22 – 0. They would lose to Ortonville 8 – 10 to end their season.

St. John's Prep found themselves at 0 – 9 on the season but were much more competitive throughout the season. St. John's is leaving the Prairie Conference to become an independent.

## PRAIRIE CONFERENCE STANDINGS

|                 | Conference | Overall |
|-----------------|------------|---------|
| Osakis          | 4 – 1      | 11 – 2  |
| Browerville     | 4 – 1      | 9 – 2   |
| USA             | 3 – 2      | 6 – 4   |
| KMS             | 2 – 3      | 5 – 5   |
| Royalton        | 2 – 3      | 5 – 4   |
| St. John's Prep | 0 – 5      | 0 – 9   |



## Meet The Coaches Of The Prairie South

### KMS Fighting Saints ( Kerkhoven-Murdock-Sunberg) : Enrollment 142

Head Coach- James Cortez (2 years as KMS head coach) 11 – 11 record

James is a 1996 KMS High School graduate. He is a 2000 graduate of Luther College with a degree in Elementary Education. James was an outfielder for the baseball team in college. James was also the head girl's basketball coach from 2000-2005. He also took over the baseball coaching duties in 2003. James' team made a trip to the state tournament in 2004. James is currently a special education teacher at KMS.

Assistant coaches: Ritchie Shieck, Jim Peterson, Jay Tornquist

USA Patriots (Upsala/Swanville Area): Enrollment 167

Co-Head Coaches – Jay Loven / Randy Tretter 12 – 9 in two seasons

Jay is a 1988 graduate from Swanville. He attended U of M at Morris for one year where he was a receiver. Jay then went to St. Cloud State with a degree in business marketing. Jay came back to Swanville to help run the family service/oil center. He was an assistant coach as the defensive coordinator for 11 years before he became a co-head coach for the Patriots the last two seasons.

Randy went to college at North Hennepin C.C. 1975 – 1977 he was a fullback for the football team. He also played baseball at NHCC. Randy then went to SCSU where he played baseball from 1978-79. He then went back to school for Health Education at St. Mary's/St. Catherine's 1989-1991. Randy also went back to SCSU in 1999-2001 for Physical Education. Randy's coaching experience's are: Assistant Football 1979 Upsala High School, Assistant football 1983-1986 Rockford, Assistant football 2002-2003 USA,

Co-Head coach USA 2004-2005. Other coaching experiences were assistant girls basketball Upsala 1999-2005, assistant baseball USA 2001-2004.

Randy is currently the Physical education/Health teacher in Upsala.

Assistant coach: Mark Herbes

### OSAKIS Silverstreaks: Enrollment 183

Head Coach: Steve Tax (4 years / 2002 – Present) 34 – 14 record

Steve is a Pierz/Healy high school graduate (1986). He went on to college at Bemidji State University where he graduated in 1991. He then went on to get his masters at Northern State University (1996). From there Steve went on to be the head football coach at Waubay High School in South Dakota. (1993-1994). He then became the defensive coordinator at Webster, South Dakota. (1994-1996). He was a defensive line coach at the University of Redlands in California. (2000-2002). Steve then decided to move back to Minnesota where he took the Osakis job in 2002. Steve is also the head Golf coach and was a Jr. High basketball coach. The Silverstreaks went to the state tournament this past year in football. Steve is currently a 6<sup>th</sup> grade teacher in Osakis.

Assistant coaches: Stan Moore, Bill Infanger, Patrick Kalpin

### Royalton Royals: Enrollment 189

Head Coach: Joel Swenson (5 years 2001-Present) 26-23 record

Joel is a 1995 graduate of Holdingford High School. He went to college at St. John's and earned a degree in Social Science/Secondary Education (1995-1999). Joel also had a very successful baseball career at St. John's as a pitcher. Joel was an assistant football coach at Royalton for two years before he took over the head coaching duties. He was also the head fast pitch coach for three seasons, a Jr. high basketball coach and is currently the A.D. at Royalton.

Assistants: Brandon Berna, Jamie Morford, Aaron Meier



## Minnesota High School Football

### St. John's Prep: Enrollment 176

Head Coach: Bryan Backes  
(9 years 1997-Present)

Bryan is a 1983 graduate of Apollo High School. From there Bryan went on to St. John's University. While attending St. John's Bryan began coaching the sophomore team back at Apollo in 1986. In 1988 he became a varsity assistant as the offensive coordinator for Apollo. Bryan then became the head coach at St. John's Prep in 1997 and remains there today. Through out his coaching career Bryan has coached many positions. They include quarterbacks, running backs, wide receivers, defensive backs and linebackers. Bryan is also the head boys' basketball coach at St. John's. Other things Bryan enjoys is calling games on the radio for St. John's University football and Basketball.

Assistants: Bob Ellenbecker, Robert Szorc, Peter Schneider

### Browerville Tigers: Enrollment 145

Head Coach: Wayne "Ribsy" Petermeier (4 years 2002-present) 33 – 10 record

Ribsy was a 1983 graduate of Melrose High School. He went to college at the U of M at Morris (1983-1988). Earning an Elementary Education degree. He also played football as a wide out/punter. His first coaching after college was back at Melrose for one year (1988). He then coached at Hayfield/Dodge Center for one year and became the head coach when Hayfield and Dodge Center split their programs (1990). From there he moved to Browerville and was an assistant for 11 years (1991 – 2001). The Tigers have been to the section finals the last three years. Ribsy has also been and continues to be the Fast pitch coach for the Tigers for the past 15 years. He also was the head girls basketball coach for 7 years (1995-2001). He is also the current Jr. high basketball coach. He is the 4<sup>th</sup> grade teacher at Browerville.

Assistants: Craig Johnson (Jr. High), Rollie Lais (Jr. High), Con Natvig, Joe Brisson, Chris Johnson.

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## Southern Minnesota Alliance

by Charlie Sorrells (Fairmont Sentinel)

The rich football traditions of the South Central and Southwest Conferences combined forces in 2005 to produce one of the most powerful gridiron leagues in the state of Minnesota – the Southern Minnesota Alliance.

Fairmont, the 2004 co-SCC champion, assembled a perfect 8-0 regular-season record to capture the first-ever alliance crown in 2005.

The Cardinals produced the alliance's offensive back of the year in tailback Mike Wubbena, defensive lineman of the year in tackle Kyle Sheehan and the coach of the year in Troy Cody.

Unfortunately for Fairmont, the No. 2-ranked team in Class 3A, it finished with a 10-1 record, falling to Worthington in the Section 3AAA championship game, 35-26.

The Marshall Tigers and Windom Eagles shared runner-up alliance honors by posting 7-1 records.

The Tigers closed the Section 2AAAA playoffs with an 8-2 record after losing to Hutchinson in semifinal action.

The Eagles finished at 7-2 overall after falling to BOLD in a Section 3AA overtime quarterfinal clash, 21-19.

The Blue Earth Area Bucs and Luverne Cardinals tied for fourth with 6-2 marks against league foes. The Bucs lost to Worthington, 40-18, during the Section 3AAA semifinals en route to a 7-3 overall record in 2005.

The Cardinals, who produced the alliance's defensive back of the year in Ben Nath, ended their campaign with a 6-3 mark after losing to Minnesota Valley Lutheran in the Section 3AA playoffs.

Pipestone, which produced co-offensive lineman of the year players Creighton Schroyer and John Lentz, claimed sole possession of sixth place



at 5-3.

The Arrows, however, had success in the play-offs, reaching the Section 3AA championship game before losing to MVL en route to a 7-4 overall record.

St. Peter, which produced the special teams player of the year and Division I punting prospect Matt Knutson, shared seventh place in the alliance with Worthington with 4-4 league marks.

St. Peter closed the season with a 5-5 record after losing to No. 4-ranked LeSueur-Henderson in the Section 2AAA semifinals.

Worthington, under Denny Hale's tutelage, qualified for the Class AAA state quarterfinals, losing to Plainview/Elgin-Millville, 30-27, en route to a stellar 7-5 overall mark.

Jackson County Central, which closed with a 3-6 mark, placed ninth in the alliance at 3-5, while New Ulm (1-8, 1-7), Redwood Valley (1-8, 1-7) and St. James (1-7, 1-7) shared the No. 10 spot.

Waseca rounded out the alliance via an 0-8 regular-season mark and 0-9 overall record.

## South West Ridge Conference

2005 saw competitive and outstanding games during the football season in the South West Ridge. Edgerton, led by Head Coach Andrew Fleischman, played a perfect regular season and finished 8 - 0 in the conference. The Flying Dutchmen were state ranked and eventually fell in the State Quarter-finals.

Jeff Drent of Southwest United was conference runner-up with a 7 -1 record. However their season ended with a loss in the 2A play-offs.

At 5 - 3 the Lakeview Lakers and Jim Gaudreau braved through their injuries to capture a tie for 3rd place. Look for the Lakers to be the team to beat in 2006. Also finishing at 5 - 3 were the Westbrook-Walnut Grove Chargers and co-Head coaches Leo Thiesen and Carter Ross. Offensively the Chargers were always dangerous with Conference Back of the Year Dominic Madsen at Tailback.

The Hills-Beaver Creek-Ellsworth Patriots were in 5th place at 2 - 6 in the conference. Dan Ellingson's team looks to be improved as a number of underclassmen are returning in 2006. Coach Ellingson was selected as a coach of the Out-State team in the annual Minnesota High School All-Star Football game played at St. Cloud State University in June of 2006.

Lincoln HI/Lake Benton is coached by Craig Midtaune and Jim Hall. The Rebels look to im-

prove on their 1-7 record. With many athletes returning for the 2006 campaign, they look to be greatly improved.

Cedar Mountain/Comfrey rounds out the 2005 SWR Conference. CMC started several underclassmen, even some 9th Graders in 2005. Look for Keith Klawitter's Cougars to be the most improved team in 2006.

Andrew Fleischman of Edgerton was voted SWR Conference Coach of the Year and Tony Fluit of Edgerton was voted Lineman of the Year by the coaches of the SWR.

2006 will see the SWR add a team making 8 total members. Holy Trinity is the new member, their great football tradition will positively add to the conference and make 2006 a fantastic season.



## Minnesota High School Football

### Three Rivers Conference:

Caledonia & Plainview / Elgin-Millville Win Division Championships

Five Teams Reach Section Championship Games

Four Teams Reach State Play-offs

Three Make It To The Metrodome

Goodhue and Caledonia Make It To The State Finals

2005 was very competitive for the Three Rivers Conference. Caledonia under Carl Fruechte won the TRC South Division championship, and Plainview / Elgin-Millville under Bill Ihrke won the TRC North Division championship. Both divisions came down to the last game to be decided (Caledonia vs. Rushford-Peterson in the South Division and PEM vs. Lewiston-Altura in the North Division).

Both Divisions did well in the Section and State play-offs as Rushford-Peterson under Jim Reinhardt won Section 1A, beating Del Elston's Fillmore Central Falcons in the finals. PEM won Section 1AAA and advanced to the state semi-finals, and Goodhue under Clair Austin won Section 4A finished as the Class A State Runner-up winning 5 straight play-off games. Caledonia won Section 1AA and finished 13-1 as the Class AA Runner-up.

Jon O'Donnell of Rushford-Peterson was the TRC South Lineman of the Year. Karl Klug of Caledonia was the TRC South Defensive Player of the Year, and Nick Strike of Kingsland was the TRC South Offensive Player of the Year.

Adam Franzen of Lewiston-Altura was the TRC North Lineman of the Year. Joe Young of PEM was the TRC North Defensive Player of the Year, and Travis Meiners of Dover-Eyota was the TRC North Offensive Player of the Year.

Congratulations to Coach Glen Bernard of Rushford-Peterson who won the Butch Nash Award and was also named the Minnesota Assistant Coach of the Year. Karl Klug of the Caledonia Warriors was one of the finalists for the Mr. Minnesota Football Award and will play collegiate football for the Iowa Hawkeyes.



Karl Klug of Caledonia chasing Anthony Theisen of Plainview / Elgin-Millville (Klug was a finalist for the Mr. Minnesota Football Award).

#### Final conference results:

##### North Division:

|                            |     |     |      |
|----------------------------|-----|-----|------|
| Plainview /Elgin-Millville | 5-0 | 7-1 | 11-2 |
| Lewiston-Altura            | 4-1 | 7-1 | 8-2  |
| Dover-Eyota                | 3-2 | 4-4 | 4-5  |
| Goodhue                    | 2-3 | 3-5 | 8-6  |
| Wabasha-Kellogg            | 1-4 | 1-7 | 1-8  |
| St. Charles                | 0-5 | 0-8 | 0-9  |

##### South Division:

|                   |     |     |      |
|-------------------|-----|-----|------|
| Caledonia         | 5-0 | 8-0 | 13-1 |
| Rushford-Peterson | 4-1 | 6-2 | 9-3  |
| Kingsland         | 3-2 | 5-3 | 5-4  |
| Fillmore Central  | 2-3 | 4-4 | 6-5  |
| Chatfield         | 1-4 | 2-6 | 2-7  |
| Southland         | 0-5 | 1-7 | 1-8  |



## 2006 Valley Plains Outlook

The two-time defending champion Hawley Nuggets will have their work cut out for them if they hope to win another Valley Plains Championship. The Nuggets, coming off a trip to the state semi-finals, graduated nine seniors, all of who were starters and most of them on both sides of the ball. Hawley will have to fill some holes on the offensive line and try to find a running back to take the place of sparkplug Cory Mattson. Defensively the Nuggets will need to find two linebackers and two corners. Experience and a winning tradition should help the Nuggets get through the loss of their seniors.

Mahnomen hopes to get back in the winner's circle after a two-year absence. They are putting their hopes on the shoulders of seniors Kyle Larson QB/SS and Tyson McArthur RB/FS. These two are a tandem that can take Mahnomen to the top but they will need some help up front from their big offensive line and an improved defensive attack.

Fertile-Beltrami will return 100 yard rusher Colby Gullickson, QB Paul Reese, and TB Joey Henderson, and most of the offensive line. Their big question will be replacing two solid linebackers and two good ends lost to graduation. Look for the Falcons to have a lot of kids on the team. They will need to improve week to week and have underclassmen step up by the end of the season to make a playoff run again.

The Warren-Alvarado-Oslo Ponies return all of their skill positions and graduate most of their line on offense and return six defensive starters. They expect to be in the Section 8A hunt but that will take many hours in the weight room to get there. Special teams are a question mark but they do have upset potential and should be in every game.

Fosston is looking for better numbers this year and hope to improve on the last couple disappointing seasons. The Greyhounds should have decent size again but need some leadership to step up and

keep the squad together. Skill positions should be pretty decent and their defense will be solid once again.

Red Lake Falls is hoping to challenge for the hardware in 2006. They will have good experience at QB and good size up front. The running game will once again be the staple down by the river and the defensive squad will be as stingy as ever. Look for the Eagles to be in the top three and be in the hunt for the Section 8A title.

Lake Park – Audubon will have good numbers along with some valuable experience returning for the 2006 season. LP-A has taken their lumps the past few years but will no doubt be hoping to pass a few out this year. The Raiders will be loaded with juniors who will enter their third year as starters and will demand attention from conference foes and will be more physical.

Badger-Greenbush-Middle River is rejoining the Valley Plains after a brief stint in the 9-man class. The Gators will be physical, have good size, be dangerous on offense, and always stingy on defense. Look for them to make some noise during their welcome back tour of the conference.



### West Central North Conference

Albany went a perfect 7-0 in conference play to win the conference crown. Long Prairie-Grey Eagle and Melrose finished tied for second at 5-2. Albany had a banner season going to the Prep Bowl final before losing to Becker. Conference MVP was FB/LB Jim Siegle from Long Prairie-Grey Eagle. Most valuable back was Eric Harlander from Albany and Most valuable lineman was Greg Dingmann from Albany. Zach Bothun from Montevideo won the rushing title gaining 1055 yds over Jim Siegle with 1029 yds. Josh Overmann of Albany was the Most valuable receiver in the league with 22 receptions for 570 yds and 9 tds. Dan Beste from Melrose threw for 868 yds and Eric Harlander had a completion % of 74% and threw for 13 tds to lead the passing categories. Jim Siegle scored 120 pts followed by Seth Gieske of Melrose with 80 pts to lead the scoring. Zach Bothun led kick returners with a 32.5 yd. return avg. and 2 tds, Kevin Spohn of Albany led punt returners with a 30.2 avg. and a Td. Jordan Holte of Minnewaska had 6 interceptions to lead the league.

Albany will be the favorite again next fall, with incoming Staples-Motley expected to field a very good team. Melrose and Minnewaska return a number of starters as well. St. Cloud Cathedral will have several standout performers as will New London-Spicer. Sauk Centre will be a much improved football team, while Long Prairie-Grey Eagle will rebuild after losing a terrific senior class. Montevideo will go to the West Central South next fall with Staples-Motley joining the league in football for 2006.

#### 2005 Standings

|                            |       |
|----------------------------|-------|
| 1. Albany                  | 7 - 0 |
| 2. Long Prairie-Grey Eagle | 5 - 2 |
| 2. Melrose                 | 5 - 2 |
| 4. Minnewaska              | 3 - 4 |
| 4. New London-Spicer       | 3 - 4 |
| 4. St. Cloud Cathedral     | 3 - 4 |
| 7. Montevideo              | 2 - 5 |
| 8. Sauk Centre             | 0 - 7 |

### West Central Conference – South Was new and improved in '05

The WCC South was new and improved in 2005 with two new, first year head coaches and improved with the addition of ACGC, BOLD, and YME. Those three schools joined the WCC South in 2005 as the 212 conference disbanded after the 2004 school year.

The WCC South was very balanced as the three newcomers each finished the conference 5-1 and tied for first place. That's right, ACGC, BOLD, and YME were tri-champions! ACGC's only loss came from YME, BOLD upended YME for their only loss, and ACGC defeated BOLD for their lone

conference loss.

Benson and Morris finished the conference at 2-4 and tied for 4th place. Each team suffered injuries to their QB's early in the season dashing any hope of a conference title.

LQPV (coached by first year coach Mark Bjornjeld) and Paynesville (coached by first year coach Ted Nett) finished the conference campaign at 1-5.

YME led the conference in offense with 198 points scored and 351 yards of offense per game. BOLD led the conference defensively giving up



only 25 points and 109 yards per game. Individually, Trent Squibb (BOLD) led the conference in rushing with a 7.6 yard average, Daniel Fragodt (Benson) was the top receiver with 25 receptions and 310 total yards, and Luke Berg (YME) led the conference in passing from his QB position completing 51 passes for 756 yards and 13 TD's.

The 2005 WCC South awards were given to the following players and coaches:

MVP: Luke Berg-YME

MV Defense: Micah Nordin-ACGC

MV Back: Tom Elfering-BOLD

MV Line: Zach Marcus-BOLD

MV WR: Daniel Fragodt-Benson

Coach(es) of the Year:  
Steve Solem (BOLD), Dave Brokke (YME), and Terry Karlsgodt (ACGC)

## Wright County Conference Year in Review 2005

Congratulations to the Litchfield Dragons who won the Wright County Conference with a perfect 7-0 conference record. Jon Johnson and his staff did an outstanding job this year and he was named the conference coach of the year. Jon was also named to the Out-State All-Star Game coaching staff as the head coach.

The WCC had two teams in the state tournament this past season. Glencoe-Silver Lake and Delano both qualified winning their sections. GSL and Delano faced off in the state quarterfinals. Delano had defeated GSL earlier in the season but GSL was able to avenge this loss with a 35-7 victory. GSL then went on to lose to eventual state champion, former WCC team, Becker in the semi finals 21-7. The Wright County Conference looks forward to another tough year of conference battles that do a great job of preparing our teams for the playoffs. We had four teams playing for section titles, Litchfield, Glencoe – Silver Lake, Dassel – Cokato, and Delano.

Mound-Westonka spent its first year in the WCC and picked up its first conference victory against Watertown-Mayer. Mound will take a two year leave of absence from the WCC in football. Orono

will be joining the WCC this fall. They will be taking Mound's place in the conference rotation.

### Final Conference Standings:

|                 | Conf. | Overall |
|-----------------|-------|---------|
| Litchfield      | 7-0   | 10-1    |
| Delano          | 6-1   | 10-2    |
| GSL             | 5-2   | 9-4     |
| Waconia         | 4-3   | 6-4     |
| Annandale       | 3-4   | 4-6     |
| D-C             | 2-5   | 5-6     |
| Mound           | 1-6   | 2-7     |
| Watertown-Mayer | 0-7   | 1-7     |

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