

LTDP

- Age appropriate training
- Long Term Development Program (Fundamentals/Active Start/Learn to Train)
- District League Play
- Festival Travel
- Physical Literacy Program
- Regional Performance School



COMP

- Competitive Environment
- Post Secondary Student Athlete Preparation
- Tournament Travel (Regional/Provincial/Showcase/International)
- Ontario Cup/Nationals
- Mentorship Program (Referee/Junior Coaching)



U13 U14 U15 U16 U17

GRAD

- University Signing
- OKSC Employment Opportunities
- ProAm (Semi-Professional) Play
- Senior Inter-Provincial Play



U18

		LTDP U8-U12					U13-U17 Competitive					The Graduate
		U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Community	Team Building Club Events	●	●	●	●	●	●	●	●	●	●	●
	Community Outreach	●	●	●	●	●	●	●	●	●	●	●
Development	Individual Skill Fundamentals	●	●	●	●	●	●	●	●	●	●	●
	Team Fundamentals	●	●	●	●	●	●	●	●	●	●	●
	Tactical Awareness	●	●	●	●	●	●	●	●	●	●	●
	Train to Compete Principles	●	●	●	●	●	●	●	●	●	●	●
	Classroom + Field Physical Literacy	●	●	●	●	●	●	●	●	●	●	●
	Fall Winter + Summer Dev. Programs	●	●	●	●	●	●	●	●	●	●	●
Student Athlete Preparation	USA or Canadian scholarship	●	●	●	●	●	●	●	●	●	●	●
	Semi Pro Pro - League 1 Ontario	●	●	●	●	●	●	●	●	●	●	●
	High School Preparation	●	●	●	●	●	●	●	●	●	●	●
	Recruiting Process	●	●	●	●	●	●	●	●	●	●	●
	Marketing Yourself	●	●	●	●	●	●	●	●	●	●	●
	NCAA Guidelines Rules	●	●	●	●	●	●	●	●	●	●	●
	Day in the Life of a Student Athlete	●	●	●	●	●	●	●	●	●	●	●
Travel	Festivals	●	●	●	●	●	●	●	●	●	●	●
	District Memorable Event	●	●	●	●	●	●	●	●	●	●	●
	USA Memorable Event	●	●	●	●	●	●	●	●	●	●	●
	Interprovincial USA Tournaments	●	●	●	●	●	●	●	●	●	●	●
	Int'l Tournament (i.e. Gothia)	●	●	●	●	●	●	●	●	●	●	●
	Canadian Showcase (i.e. Umbro/Trent)	●	●	●	●	●	●	●	●	●	●	●
	Ontario Cup	●	●	●	●	●	●	●	●	●	●	●
	USA Showcase (i.e. Crossroads/Disney)	●	●	●	●	●	●	●	●	●	●	●
Personal Growth	Junior Coaching	●	●	●	●	●	●	●	●	●	●	●
	Master Coaching	●	●	●	●	●	●	●	●	●	●	●
	Referee Program	●	●	●	●	●	●	●	●	●	●	●
	Internship Opportunities	●	●	●	●	●	●	●	●	●	●	●
	Employment Opportunities	●	●	●	●	●	●	●	●	●	●	●
	Volunteer Hours	●	●	●	●	●	●	●	●	●	●	●