

NORCO

NORTHERN COLORADO
VOLLEYBALL CLUB

January 11th, 2017



Welcome to the RMR 2017 Season

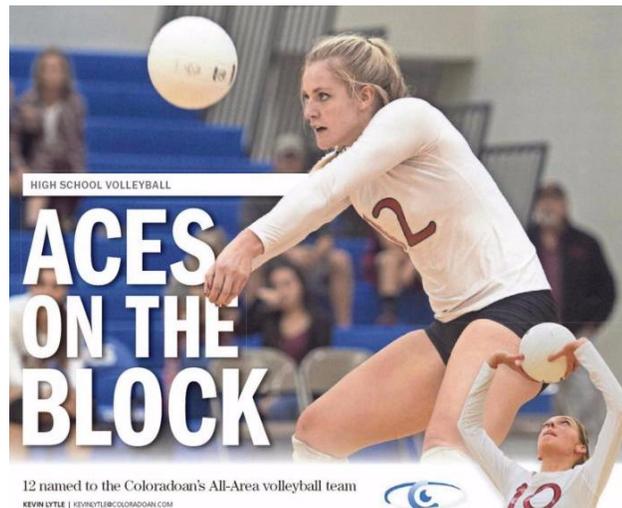
The Rocky Mountain Region/USA Volleyball season began this past weekend for many teams. A few things to keep in mind.... NORCO has no control over where our teams play. Sites are

usually posted on the RMR website the **Wednesday** before the tournament. DO NOT CALL the RMR office to ask! You are representing NORCO at each tournament you participate in. We often receive compliments from other site Tournament Directors about our families. Let's keep that up! Remember there is a zero tolerance policy in the RMR for any interactions with officials, line judges or scorekeepers. At NORCO, we expect to be the **BEST** in the Rocky Mountain Region when it comes to respecting our opponents, officiating staffs, players, coaches and parents.

Coloradoan Names All-Area Volleyball Team!

Follow the link to the Coloradoan's list of players named to the All-Area Volleyball team. 8 of the 12 nominated are NORCO players! Players have been invited to the Northern Colorado Sports Awards Show on May 15 at the Budweiser Events Center with guest speaker Von Miller of the Denver Broncos!

[Click here to read more!](#)



Mackenzie Fidelak named to 'Class of 2018 Top 50 Juniors'!

Congratulations, Mackenzie Fidelak!! Mackenzie is on 17 Black and has been a NORCO player since she was 13!

[Click here to read more!](#)



Power 1 is in the books!



Congratulations to 13 Black, 15 White, and 17 Blue on winning Power 1!

Youth Programs are Back!



Volleykidz is designed for the beginner to intermediate volleyball player ages 6-12 years. This program is open to both boys & girls and focuses on basic fundamental skills and techniques for building a strong volleyball foundation. The practices instructional skill-based training with some game play built in. This program is ran by multiple NORCO coaches and upper-level NORCO players to ensure quality instruction and growth for each player that walks onto the court! Cost for this 5 week

session is \$100, use the link below to register!

[**Volleykidz - Register HERE!!**](#)

The All-Star Skills Camp is designed to help advance the skills of intermediate volleyball player ages 10-14 years. This program is open to both boys & girls and focuses on advancing the fundamental skills and techniques to prepare them for the next level of volleyball. The practices are skill-based with occasional game-play. This program is ran by NORCO coaches and upper-level player volunteers. The coaches will be running drills and teaching the players the intermediate to advanced skills. Meanwhile, the players will help to maintain the flow of the drill, collect balls, and assist the coaches as needed. This structure is in place to ensure quality instruction and growth for each player while maintaining an affordable price. Cost for this 5 week session is \$100, use the link below to register!

[**All-Stars - Register HERE!!**](#)



Spring Clinics!!

Are you ready to get back in the gym!
Here's a great opportunity to fine tune
some skills after the Holiday rush:

Hitting Clinic Saturday, February 4th 2-4 pm

Led By: Steve Colpus and Evan
Sanders **Assisted By:** Erin Furness,

Maggie Kelly, Jayce Tappy, Nicole Pranger, and Laura Billington

Passing/Defense Clinic Saturday, February 11th 12-2 pm Led By: Michelle
Buckner and Gavin Markovits **Assisted By:** Kendra Cunningham, Ryna Gray, Brittni Marr,
Lexie Paul, and Sabrina Homby

Serve/Serve Receive Clinic Saturday, February 25th 11 am-1 pm Led By:
Kelly Allen and Glenn Sapp **Assisted By:** Lindsay Miller, Courtney Zimmerman, Jaime
Colaizzi, Raleigh Lienemann, and Tami Bustamante

Hitting Clinic Saturday, March 18th 11 am - 1 pm Led By: Sam Miller and Bob
Poulter **Assisted By:** Ashley Acuff, Tami Mikelson, Kylee Hoagland, Jenna Gibson, Aime
Kiefer, and Juliana Tyo

Serve/Jump Serve Clinic Saturday, April 8th 1-3 pm Led By: Kate Hampson
and Jared Rudiger **Assisted By:** Kelly Mundhenk, Clara Koeltzow, Arielle Boone, Melanie
Weiss, and Hilda Taهران



We Had a Blast at the 3v3 Winterfest!





3 vs 3 Winterfest - Thank You Sponsors!!

MISS. MILLER'S
PHOTOGRAPHY

Chroma
Apparel



Teams are Beginning to Travel!!

Travel - Check the [travel section](#) on the web for your team's flight information, hotel, and how to book parent/family rooms!



Did You Forget to Order Team Pictures?!

If you forgot to order, or want to order more, you can! Here is a link to the Westwind Photography [sports price list](#). There you can see what Westwind Photography provides, print a copy, and mail in your order. You can also place orders online, however, there is no online viewing of the actual team pictures. Here is the link to the Westwind Store: store.westwindphotos.com



PHOTOGRAPHY