

General Defensive Coverages to Practice

Outfield Coverages
Infield Coverages
Bunt Coverages
Steal Coverages
Pick-off Coverages
Wild Pitch/Passed ball Coverages
Fly ball/Pop-up priorities and calling for the ball

Defensive situations will need to know coverages for...

No runners on
Runner at 1st
Runners at 1st & 2nd
Bases loaded
Runner at 2nd only
Runner at 3rd only
Runners at 2nd and 3rd
Bunt coverage for all the situations above
1st & 3rd situations
Rundowns/Pickles
Relays/Cut-off s

Coaching Tip: Start with your most basic and most COMMON situations and go from there. Some situations DO need to be covered, but you'll find that they rarely happen. While your team will know what to do in those situations, it's probably not a good idea to use the majority of your practice time over the course of a month or a season on something that happens less than a handful of times all year. Help your team master the plays they will need to make of ten first!