

PMRFC Code of Conduct

Player's and Coach's Code of Ethics

I hereby pledge to provide a positive attitude and be responsible for my participation in High School Rugby by following this Code of Ethics:

- 1. I will encourage good sportsmanship from fellow players, coaches, officials and parents at every game and practice.
- 2. I will attend every practice and game that is reasonably possible and notify my coach if I cannot.
- 3. I will do my very best to listen and learn from my coaches.
- 4. I will refrain from using obscene language or gestures.
- 5. I will participate in Team functions such as fundraisers, charity and volunteer work
- 6. I will never be physically or verbally intimidating, abuse or assault the other players.
- 7. I deserve to play in an alcohol, tobacco, and drug free environment and expect adults, coaches and teammates to respect that wish.
- 8. I will encourage my parents to be involved with my team in some capacity because it's important to me.
- 9. I will keep school as my number one priority, striving to do my very best.
- 10. I will remember that sports are an opportunity to learn and have fun and will alert parents or coaches if it stops being FUN!

Coaches Philosophy: We, the coaching staff, hope to both encourage and develop the sport of Rugby by fostering a positive team environment, increasing skill development and promoting youth involvement and enjoyment within the sport.

Parent's Code of Conduct

I hereby pledge to provide positive support, care and encouragement for my child participating in High School Rugby by following this Code of Ethics:

- 1. I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice or other youth sports event.
- 2. I will place the emotional and physical wellbeing of my child ahead of any personal desire to win.
- 3. I will insist that my child plays in a safe and healthy environment.
- 4. I will provide support for all coaches and officials working with my child to provide a positive enjoyable experience for all.
- 5. I will demand a drug, alcohol and tobacco-free sports environment for my child and agree to assist by refraining from their use at all youth sports events.
- 6. I will remember that the game is for the players and not the adults.
- 7. I will do my very best to make youth sports fun for my child.
- 8. I will ask my child to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.
- 9. I will promise to help my child enjoy the youth sports experience within my personal constraints by supporting the coaching staff, being a respectful fan, providing transportation or whatever I am capable of doing.
- 10. I will require that my child's coaches accept the responsibilities of being a youth sports coach and agree to enforce the Player and Coaches' Code of Ethics.