

Chris Rombough

New London High School 2001 – 2005

High School Coach: Jim Fischer

Team Captain: 2005

Team MVP: 2003, 2004, 2005

High School Event Bests (all School Records)

800m (1:55.53), 1600m (4:11.61), 3200m (8:50.84 converted Two Mile time)

Two-Mile (8:53.94; set at Nike Outdoor Nationals), 4x800m Relay (8:00.84)

Bay Conference Meet Highlights

6 Individual & 2 Relay Championships

2002 – Runner-up 1600m

2003 – Champion 4x800m Relay, 1600m, 3200m

2004 – Champion 1600m, 3200m

2005 – Champion 4x800m Relay, 1600m, 3200m

WIAA State Meet Record Set (Division I)

2005 – 3200m (8:57.73; still stands)

WIAA State Meet Championships (Division I)

[* - State Meet Record]

2003 – 4th 3200m (9:26.30); 7th 1600m (4:21.22)

2004 – 2nd 1600m (4:15.09), 3200m (9:12.80)

2005 – 1st 1600m (4:11.61), 3200m (*8:57.73)

College: University of Minnesota

3-Time All-American (Indoor Track)

2009 – 7th in the 3k

2010 – 3rd in the Distance Medley Relay (ran anchor leg); 7th in the 3k

Collegiate Bests:

Mile (4:04.95), 3k (7:54.57), 5k (13:48.80), 10k (29:10.67)

Big Ten Championships

2008 – Champion in the 10k

2009 – Runner-up in the Indoor 3k; Indoor & Outdoor Team Champions

2010 – Runner-up in the 5k & 10K; Indoor & Outdoor Team Champions

Drake Relays: 2009 Champion 4x1600m Relay

Post-Collegiate Bests: Mile (4:02.11), 5k (13:42.05), 10k (28:46.73)

Other Accolades

5-Time WISTCA All-State

2003 (3200m), 2004 (1600m, 3200m), 2005 (1600m, 3200m)

2005 – 3rd at Nike Outdoor Nationals, Two Mile (8:53.94)

Named All-American by Track & Field News

Inducted 2017

