



Rugby Colorado

2016 Achievements & Operational Highlights

Jan - July (1st half year)



Updated All State player nominations and procedures

Review HS Boys schedules

Started promoting coach education

Reviewed communications & implemented "direct communication" strategy (website, social media, bulk email etc).

923 Registered HS boys players (16% increase YoY)

Open TRY registration

TRY committee meetings and leadership transition

TRY weights and age grades reviewed and updated

TRY U12 pilot strategy (more competition)

All State coaching team, systems and admin and kit reviews



Jan - July (1st half year)



TRY fields booked
South TRY returns to Lorenz
North TRY at Aurora

1283 registered TRY players (3% decrease YoY)

Boys HS Finals @ North Stadium; 1000 through gate

Jamboree Directors appointed for 2016 TRY

Jamboree Director kits upgraded (cones, whiteboards, schedule formats, radios, tables, polo-shirts, measuring wheels)

Rocky Mountain Challenge includes 4 All State teams (2 boys and 2 girls)

Reviewed TRY waiver system so players could waiver up and down



Jan - July (1st half year)



TRY@Denver 7s (105 teams)

Denver 7s (relationship to be continued) to sustain TRY and become HS State 7s championship as ongoing effort to create a rugby spectacle

High School Summer 7 (5 weeks / 6 teams / new venue Anthem Park)

HS Summer 7s

Girls Season planning started

HS Girls Committee starts

HS Boys Committee season close

All State Boys and Girls play Rocky Mountain Challenge

All State Boys JV place 5th (3-1), Varsity place 4th (2-2)

All State Girls JV place 1st (2-1), Varsity place 3rd (2-2)



Jan - July (1st half year)



L200 coach ed (22 coaches)

L300 coach ed (3 coaches)

Girls season planning

Board meeting and review

Inaugural PRO League season ends; start Olympic Legacy Academy planning with Sean O'Leary

Start 303 League collaboration.

Exec Admin team review and systems review

"Feed the Bear" tournament (Greeley)



Aug - Dec (2nd half year)



CHSAA meeting and statement to the community

HS Girls season finalised (HS 7s, HS 15s, Middle School)

HS Girls Coach compliance checks started

HS Girls registrations start

HS Girls League schedule published.

Olympic Legacy Academy (OLA) format completed, registration built and advertising started

InjureFree software implemented - including injury reporting and follow up coordination, trainer reporting processes and statewide injury patterns.

Benchmark agreement confirmed for baseline concussion testing



Aug - Dec (2nd half year)



Fall Season 250 registered girls (+7% YoY)

Rugby Outreach at Southern Hills Middle School nr. Boulder

Launch OLA (Sean O'Leary, Chad London, Ata Malifa, Mose Timoteo, Ben Pinkelman)

58 registered OLA participants including apprentice coaches

OLA becomes Colorado Rugby Academy (CORA)

L200 coach ed completed (Glendale - 20 coaches)

L300 coach education (Glendale - 4 coaches)

Continuing Coach Education started (@ CORA)

Meet REGIS AD to secure TRY fields for 2017 South

Article in Aspen Ruggerfest brochure

2017 HS Boys season format questionnaire

Joined SRO info share network



Aug - Dec (2nd half year)



HS Boys questionnaire feedback collated and coordinated

HS Boys Finals@ Infinity Park discussion opened

2017 HS Boys registration created, ready to enable

2017 TRY registration created, ready to enable

Boys D1 schedule sent (1st draft)

HS Girls championship T-Shirt design complete and online pre-sales promoted

Infinity Park contract negotiations for HS Girls Finals Day

2017 HS Boys Committee first meeting

Brian Finn and Don Gerber approached to set up Concussion / TBI panel

Boys D2 North and South scheduling starts



Aug - Dec (2nd half year)



CORA completes phase I & graduation certificates distributed
Chris O'Brien Kicking Class draws 30 participants (CORA add on)

Boys D2 schedules first draft issued

HS Girls championship Finals with medals presentation by Team USA Jillion Potter and Amy Naber

≥500 ticket sales & merchandise sales = cost neutral event

Visit Grand Junction for youth program development

HS Boys 2017 Finals at Infinity Park; permission given, venue unavailable

Middle school steering group established (N.Denver)

Meet Albus Brooks (vice-president of Denver City Council) & Meet Denver Public Schools (partnership)

Veterans Day outreach with Power4Girls organisation

Dan Payne meeting (USAR)

Disciplinary Review with Jim Bruce



2016-2017



Exec Highlights

Streamlined admin and created standard operating procedures
Created more playing opportunities (actual minutes to be determined)
Created more memberships (20% increase YoY)
50+ new coach accreditations & ≥ 70 hrs of continuing coach education

2017 - Some Development projects

Evolve more Middle School Rugby (increase participation)
Evolve DPS partnership (increase participation)
Evolve Power4Girls partnership (increase participation)
CORA phase II (increase opportunity)
Sports Ngin review (ongoing)
Continuing Education Coaching curriculum (increase opportunity)



Appendix 1: Safety



Jake Snakenberg Law

Each school, club, and league shall require each coach (including volunteer coaches) to complete a concussion recognition course each year. C.R.S. § 25-43-103(1). (www.rugbycolorado.com for more, or the internet)

USOC Center for Safe Sport

The U.S. Center for Safe Sport is an independent nonprofit organization spearheading a pioneering effort to address abuse in sport. The center anticipates a mid-2016 launch and will be the first national institution dedicated to preserving the safety and well-being of athletes. Its cornerstone services will be rooted in education and will deliver actionable tools to both prevent and respond to abuse in sport.

“Sports should be safe for all athletes at all levels,” ... “Each of us has a responsibility to do our part and I’m absolutely committed to help make this organization an effective tool against abuse in sport.”
Athletes will perform better, soar higher, and get more from sport if they feel safe. Misconduct threatens that safety, and it can happen in every sport and at every competitive level. SafeSport online training program teaches you about the nature of misconduct in sport.... (www.teamusa.org).

From the NSPCC (UK)

Sport was generally found to be a positive experience for most young people. However, the study found high levels of emotional harm (75%) – this included humiliation, being sworn at, negative self and body image, and self harm Sexual harassment (29%) was the second most common form of harm Although most of the harm reported was non-physical (such as verbal bullying), 24% of participants had experienced physical harm, including being forced to train while injured or exhausted.
Aggression and violent treatment such as punishment from coaches or physical bullying from peers was also reported.

Peers were the most common perpetrators of all forms of harm reported, and coaches did not always challenge this effectively. Coaches were the second most common perpetrators of harm, with spectators and passers by also mentioned. (<https://www.nspcc.org.uk/services-and-resources/research-and-resources/pre-2013/experiences-children-organised-sport>)

“The biggest challenge of youth sports in this country is so many of the adults who propagate the culture have no background in child development or physical education,” ... “Their background is they played high school sports somewhere and they watch ESPN. Those are the two worst qualifications, ever.”

Appendix 2: Education Spending



- www.greateducation.org

\$2,721 Amount below the national average that Colorado spends per pupil (regional cost adjusted)

49% of Colorado districts (88 out of 178 school districts) are on or have some schools on 4-day school weeks.

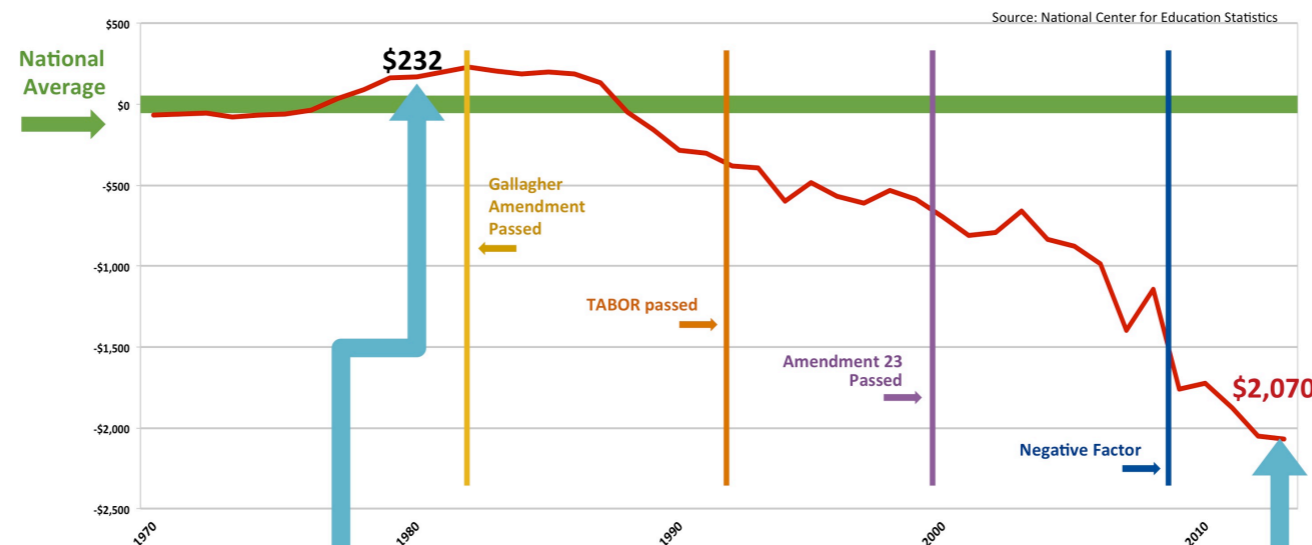
50th in teacher wage competitiveness—compares teachers to non-teachers with similar education, experience and hours worked

“(School districts) are swimming underwater, and now they’re going to swim further underwater with this debt,” (The Denver Post: <http://www.denverpost.com/2016/08/08/>)



Great Education
COLORADO
Grassroots Powering Education
www.greateducation.org

K-12 Per Pupil Funding: Colorado versus National Average



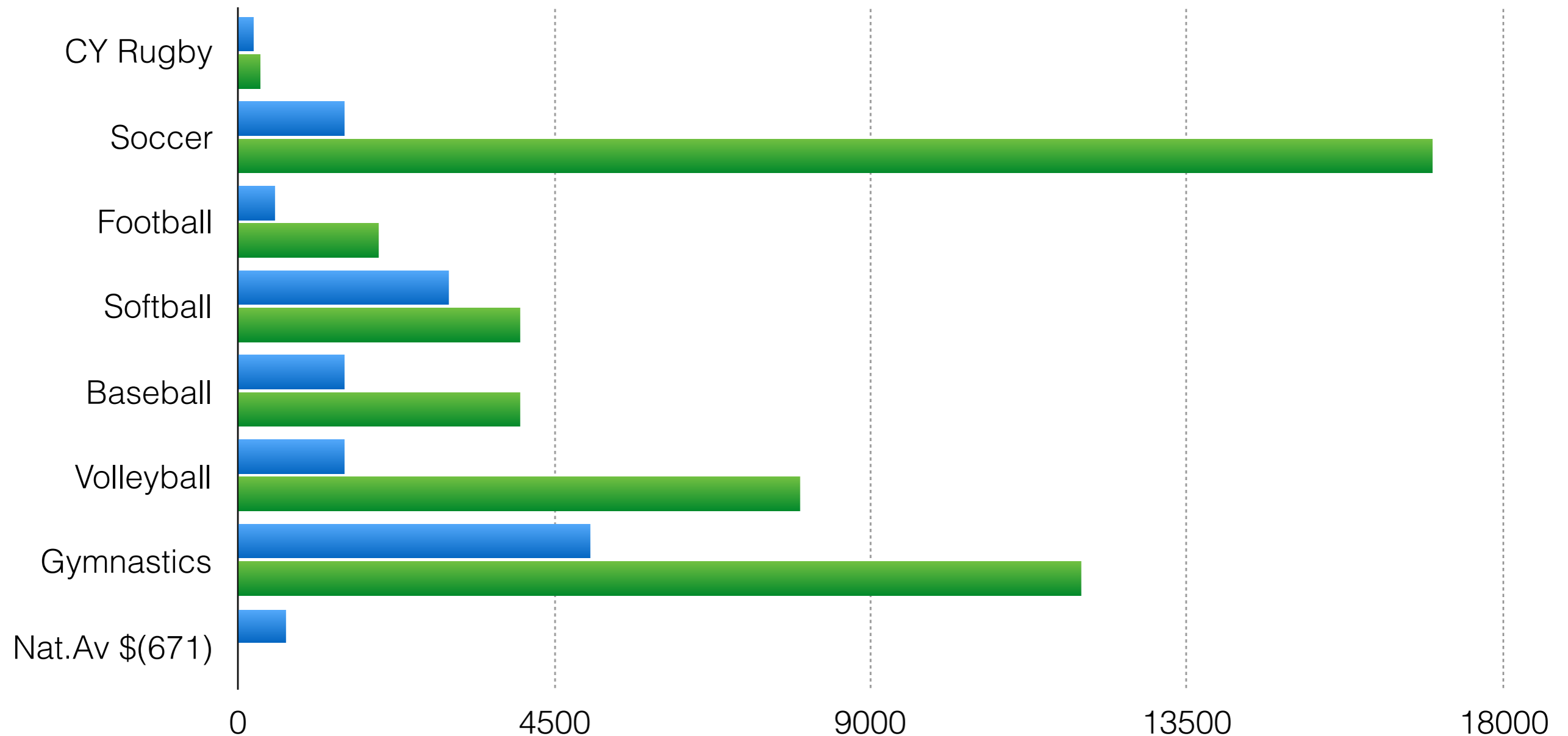
In 1980,
Colorado spent
\$232 MORE per student
than the national average.

In 2013,
Colorado spent \$2,070
LESS per student than the
national average.

Appendix 3: Comparative Sports estimated spending per child per year

(Blue = Participation costs; Green = Extreme costs)

These are a few quantifiable examples and may or may not include extras or options that some programs demand.

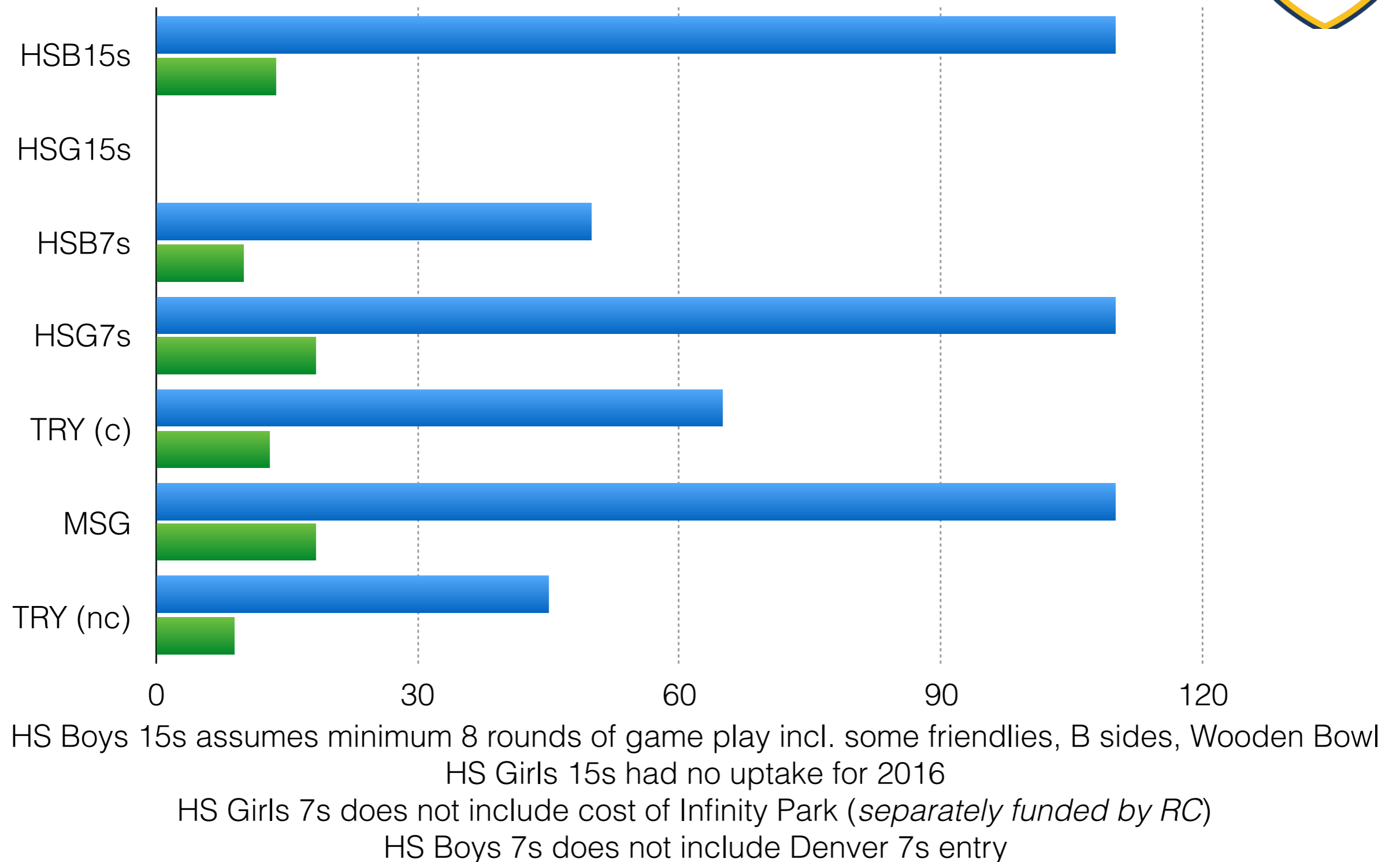


"spending on sports has grown so high — up to 10.5 percent of gross income in his research — that it is hurting family harmony"

[http://www.nytimes.com/2015/01/17/your-money/rising-costs-of-youth-sports.html?](http://www.nytimes.com/2015/01/17/your-money/rising-costs-of-youth-sports.html?_r=0)

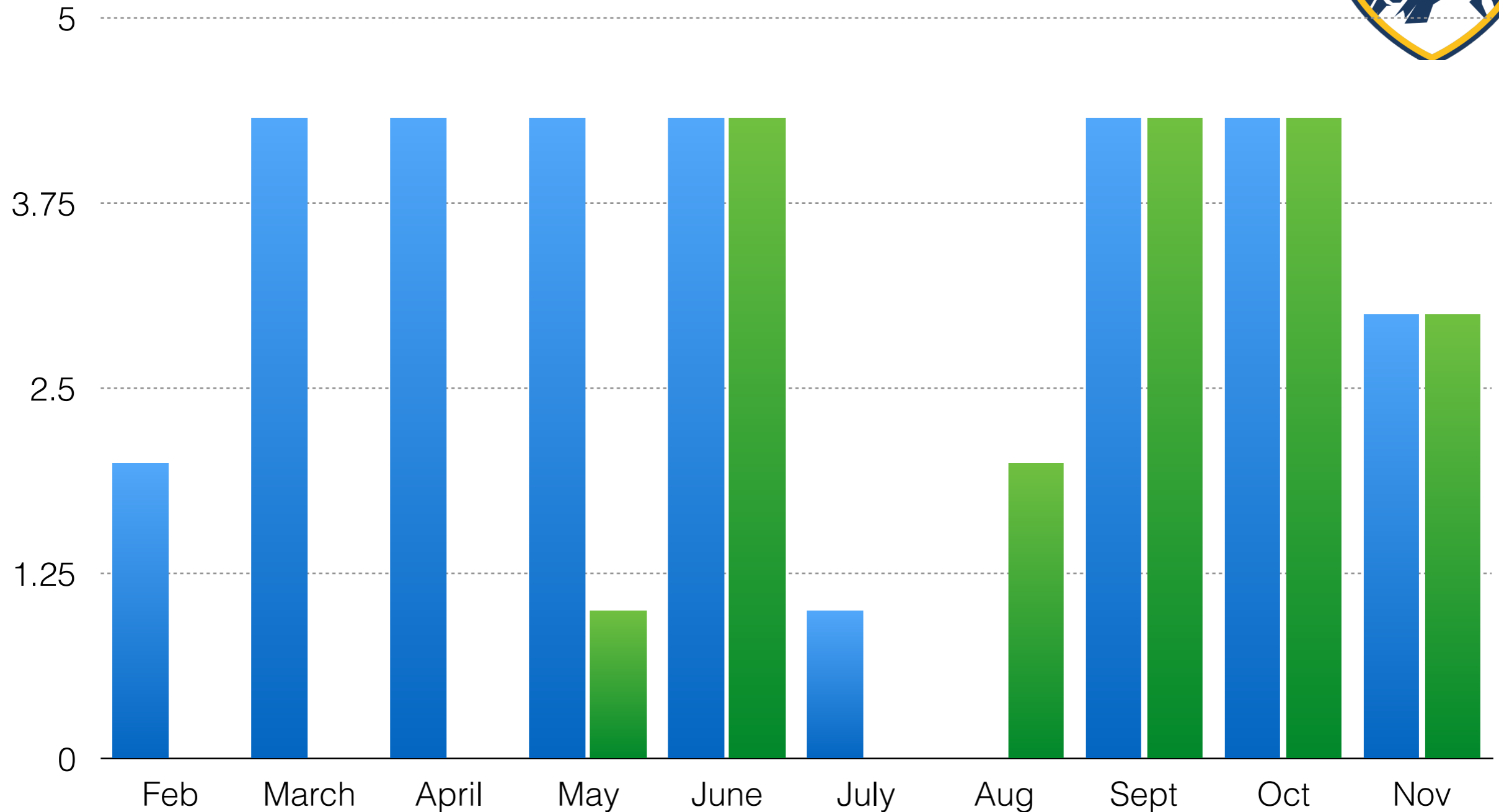
Appendix 4a: Colorado Youth Rugby Sports playing options

(Blue = Season costs; Green = per round costs)
See caveats below.



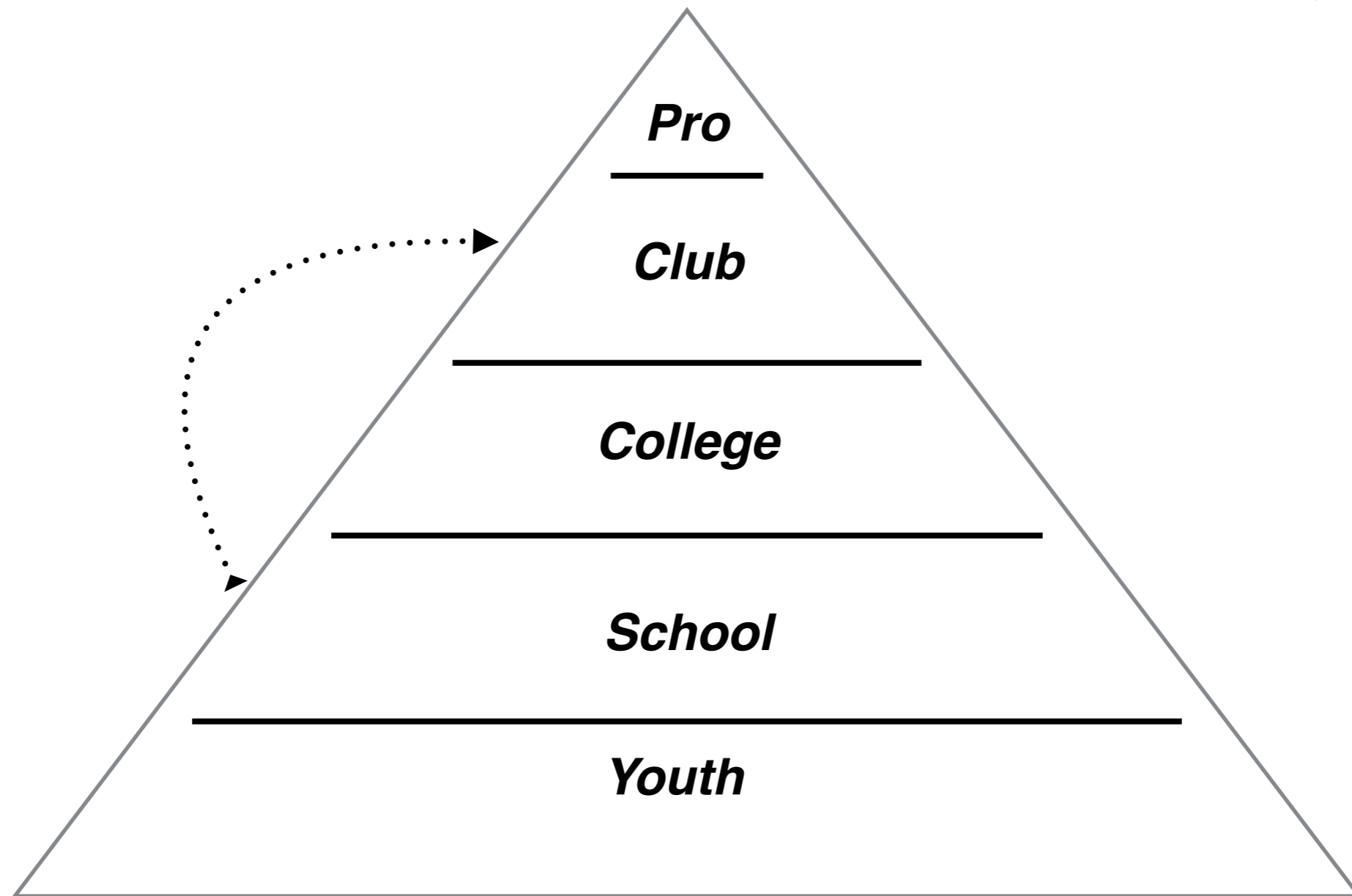
Appendix 4b: Colorado Youth Rugby Sports playing options

(Blue = Boys rugby; Green = Girls rugby)
See caveats below.



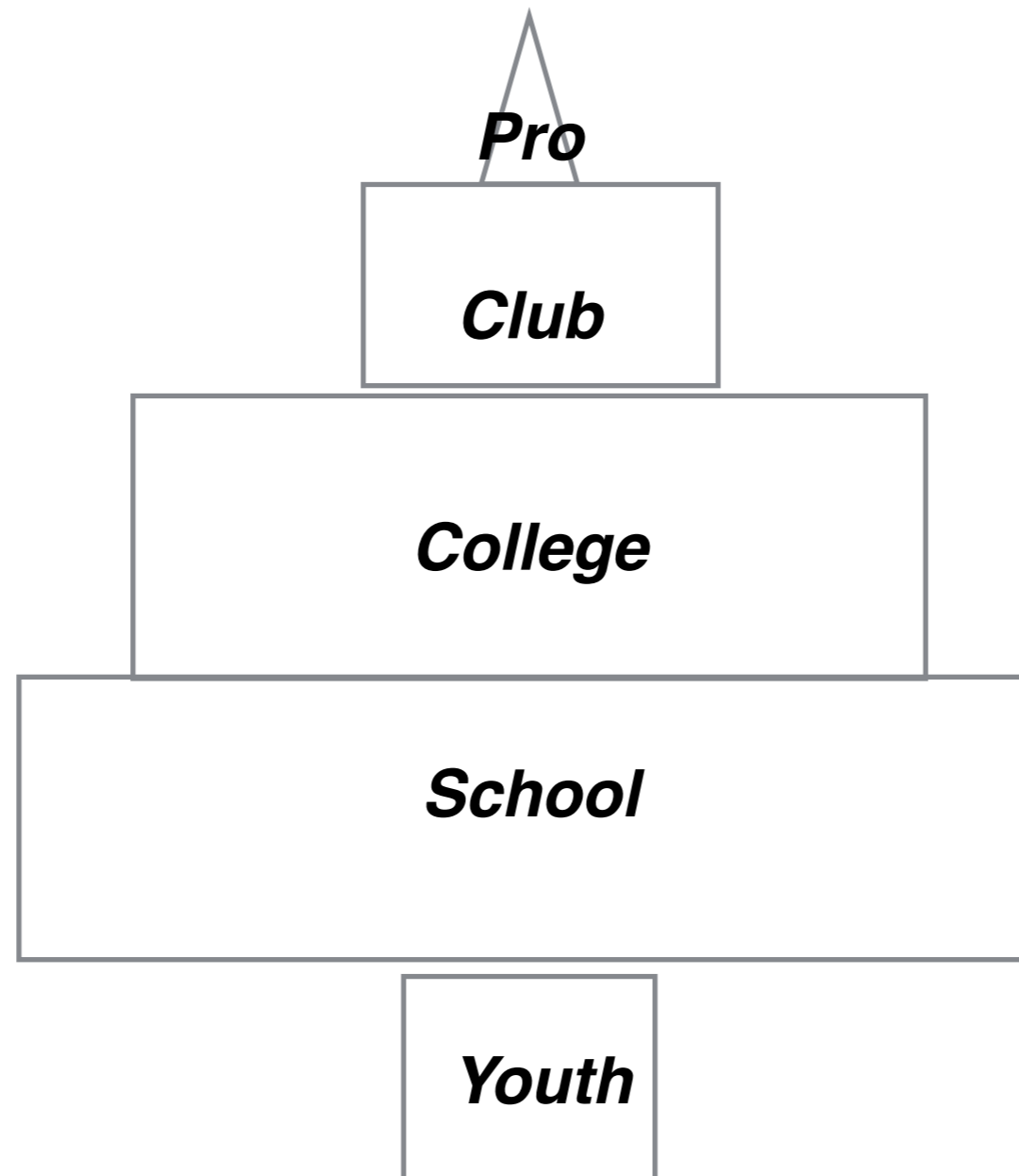
This Indicates Girls & Boys generic playing options and is not an indicator of take up rate for those options

Appendix 5a: Rugby Pyramid



This pyramid shows how rugby is structured in developed rugby nations. Whilst players can start at almost any level, there's a fairly balanced long term player development pathway from youth at the bottom to professional at the top

Appendix 5a: Rugby Pyramid



This diagram is an indicator of how the rugby pyramid looks in America today, where the focus has been on college and high school rugby with little development in the other key areas that enable a sustainable growth model