

CASH & CHECKS ONLY, WE CAN NO LONGER PROCESS DEBIT OR CREDIT CARDS

Prices and Dates are subject to change.

Please check which program skater is enrolling in:

Session Dates: _____

_____ Snowplow Sam	\$85	\$ _____
_____ Basic Skills/Adult BS	\$125	\$ _____
_____ Intro to Figure Skating	\$145	\$ _____
_____ Intro to Edge/ Adv. Edge	\$145	\$ _____
_____ Combo Intro/Basic	\$200	\$ _____

Family Discount (First skater full price, additional skaters -\$8) - \$8 - \$ _____
(No discount given for prorating or with coupons)

AMOUNT DUE \$ _____

Payment received _____ check # _____ cash _____

Assumption of Risk, Agreement and Release Waiver
(Please read carefully before skating)

I agree to assume all responsibility for any and all risk of damage or injury that may occur to me as a participant at the Skating Association of Maine Learn to Skate program at The Bank of Maine Ice Vault / Kennebec Ice Arena, Hallowell, Maine. In consideration of being accepted as a participant in this program, I hereby, for myself, my heirs, executors and administrators, release and discharge the Skating Association of Maine, Skating Director and all persons associated with this program from all claims: damages, causes of action, present or future, known or unknown, anticipated or unanticipated, which arise from, arise out of, or are incident to my participation in this program. I hereby grant full permission to any and all foregoing to use photographic video tapes, motion pictures, recordings or another record of this event for any purpose whatsoever.

Upcoming Sessions

Times:

Intro to Freestyle: 5:30 –6:15 pm

Intro to Edge 5:30- 6:15 pm

Snowplow Sam: 5:30-6:00 pm

Basic Skills & Adult Skills: 6:15- 7:00 pm

Season 2019-20 Class Dates

*6 week sessions

Mondays

September 16, 2019 -October 21, 2019

October 28, 2019 - December 2, 2019

December 9, 2019 - January 27, 2020
(No Class Dec 23 & Dec 30)

February 3, 2020 - March 16, 2020
(No Class Feb 17)

Save the Date

HALLOWEEN SKATE October 25, 2019

SKATE WITH SANTA December 13, 2019

SKATE YOUR HEART OUT February 17, 2020

SKATING EXHIBITION March 22, 2020

SKATING SUMMER CAMP July 21, 22 & 23, 2020



****ASK ABOUT OUR BOOSTER LESSONS****



LEARN TO SKATE

Season 2019-20

The Ice Vault

203 Whitten Road
Hallowell, ME 04347

**Snowplow Sam
Basic Skills/ Adult Skills
Intro to Freestyle
Edge**

Director:

Kitrina Patterson

Co-Director:

Stephanie Weber

Endorsed by USFS and USA Hockey



For more information call:

Kitrina Patterson 516-901-8088

email: learn@maineskaters.com

www.maineskaters.com

About Our Group Lessons:

DATES: MONDAYS

(Dates are subject to change)

6 Week Sessions

SESSION DATES ARE LISTED ON OTHER SIDE

Introduction to Freestyle Class: (Freestyle Badge 1-6)

This program consists of 6 levels that are designed to introduce the skater to the elements of Figure Skating including jumps, spins, footwork and edge drills. Skaters must have passed level 6 of the Basic Skills Program to enroll in this class or may take this class in combination with Basic Skills levels 5 & 6. 45 minutes instruction

Snowplow Sam: A 4 level introductory program that consists of preliminary skills for children ages 4-6 or for the skater not yet ready for the "Basic Skills" program. Skaters participate in a group setting and are encouraged to progress at their own unique developmental rate. **Helmets are strongly recommended.** 30 minutes of instruction.

Basic Skills: This program consists of 6 Basic levels which include elements that are the fundamentals for the sport of Hockey, Speed Skating, Figure Skating and Recreational Skating. Each level of the Basic Skills program contains different skill elements that must be mastered before advancing to the next level. Upon completion of this program, skaters will have gained the ability to skate forward and backward efficiently, stop and turn, as well as perform crossovers and other footwork with a fair amount of speed and agility. Basic Skills graduates are safe, confident skates, who are ready to further pursue their interest in Hockey or Figure Skating. "Introduction to Figure Skating" classes are offered to the skater who would like to continue to learn new skills. **Helmets are strongly recommended for young and new skaters.** 45 minutes of instruction.

Adult Basic Skills: Equivalent to the Basic Skills classes described above. Class sizes are generally smaller allowing for more individualized instruction. It is a more relaxed atmosphere in which the adult skater can learn the fundamentals of a great sport. 45 minutes of instruction.

Introduction to the EDGE/Advanced Edge: For the Hockey Player. Introduction of skating drills with emphasis on edging, balance, pressure on edges and body alignment. Player will work on beginning techniques in forward & backward skating, power turns, pivots, stops/starts and transition movements. Classes will be broken up into skill levels. It is recommended that skaters have passed Basic Skills level 3 or have the equivalent skills to be successful in this class. Hockey stick & hockey equipment required. 45 minutes of instruction.

Booster Lessons (Coach & Me): This program is offered for skaters who would like to work individually with a private coach in addition to taking the Basic Skills Instruction. Lessons usually run for 15 minutes and the cost is \$5 for ice plus cost of coach. If you are interested please contact the Director.

Intro to Freestyle (Figure skating) 5:30 -6:15 pm	\$145
Intro to Edge/Advanced Edge 5:30-6:15 pm	\$145
Snowplow Sam 5:30-6:00 pm	\$85
Basic Skills & Adult Basic Skills 6:15-7:00 pm	\$125
Combo Intro FS/Basic 5:30-6:15 & 6:15-7:00 pm	\$200
Combo Intro Edge/Basic 5:30-7:00 pm	\$200

Please arrive early to check in the 1st Monday of each session.

HELPFUL INFORMATION

Skate rentals included in session cost

Skates run between ½ to 1 size smaller than a street shoe. Skates should be laced firmly to provide support and feel snug WITHOUT a thick sock. Skates should be professionally sharpened.

Clothing: Skaters should dress in loose layers to provide warmth yet maintain flexibility. Mittens or gloves may be necessary. It is **recommended that young children and beginner skaters wear helmets.**

HOW TO REGISTER:

Register online at www.maineskaters.com

or

1. Fully complete the form below and on the reverse side of this page. Please be sure to read the waiver and sign and print your name. Complete a form for **each** skater.
2. Make check or money order payable to: **Skating Association of Maine (SAM)**
3. **There are no refunds.**
4. Returned checks are subject to a \$25 fee.
5. Mail registration(s) to:

SAM /Basic Skills Ice Vault

P O Box 5663

Augusta, ME 04332

PLEASE PRINT CLEARLY

Skater's Name _____

Date of birth _____

Gender Male Female

US Citizen yes no

Email _____

Phone _____

Address _____

City _____

State _____ Zip _____

Skater 18+/parent or guardian skater under 18

I have read the liability waiver.

Please print name

Signature