

Welcome to LHVA's 2016-2017 Information Meeting



Co-Directors: Mark Finegan & Sloane Dill **Treasurer:** Cindy Finegan

Contact: info@lhvavolleyball.com

Tryouts - Must Attend Both Days

November 15th and 16th at Hooperstown (Mount Vernon, NY)

Tryout Fee is \$60 before 11/6 or \$75 from 11/7 - 11/15

Credit Card online or Cash/Check to LHVA @ tryouts

14 and Under

Registration on 11/15: 5:30pm

Tryouts: 6:00-7:30pm

15 and Up

Registration on 11/15: 7:00pm

Tryouts: 7:30-9:00pm

What to do before Tryouts:

- Register for Tryouts @ www.lhvavolleyball.com
- Register with GEVA @ www.geva.org (separate fee)
 - Print out and bring GEVA Player Membership Card & GEVA Player Medical Release Form to Tryouts
- Bring \$75 Tryout Fee- if not paid online or mailed on or before 11/6

Teams & Coaches

17s/16s Travel

Gegy Travers & Nicole Franciosa

17s/16s Regional

Liz Millan & Jennifer Silva

15s Regional

Beth Pirrone & Jenson Daniel

14s Regional

Anthony Pirrone & Karina Negron

13s Regional

Sloane Dill & Vanessa Dierking

2016-2017 Developmental Program (Grades 1-8)

This program begins on December 3rd. Practices are on Saturdays at Pelham High School from 1-2:30pm for a total of 10 sessions. There are no tryouts and no experience is needed for this program. The cost is \$300. Registration is online @ www.lhvavolleyball.com (Dates: 12/3, 12/10, 1/7, 1/14, 1/21, 1/28, 2/4, 2/11, 3/4, 3/11)

Tentative Tournament Schedule for 17s Travel Team (Dates and times are subject to change)

January 14-16, 2017

NERVA Winterfest (Hartford, CT) or MLK Kickoff Classic (York, PA)

January 29, 2017

GEVA Tournament

February 18-20, 2017

Capitol Hill Classic (Washington, DC)

March 11 & 12, 2017

Jersey Surfside Festival Tournament (Atlantic City, NJ)

April 9, 2017

GEVA Tournament

May 7, 2017

GEVA Regional Championships

***Two More Dates-TBA**

Tentative Tournament Schedule for 16s Regional Team (Dates and times are subject to change)

January 7 or 8, 2017

New Year's Tournament

February 11, 2017

GEVA Tournament

March 18 or 19, 2017

GEVA Tournament

April 23, 2017

GEVA Regional Championships

***Three More Dates-TBA**

Tentative Tournament Schedule for 15s Regional Team (Dates and times are subject to change)

January 7 or 8, 2017

New Year's Tournament

January 21 or 22, 2017

GEVA Tournament

February 25 or 26, 2017

GEVA Tournament

April 22, 2017

GEVA Regional Championships

***Three More Dates-TBA**

Tentative Tournament Schedule for 14s Regional Team (Dates and times are subject to change)

January 7 or 8, 2017

New Year's Tournament

January 28, 2017

GEVA Tournament

March 25, 2017

GEVA Tournament

May 6, 2017

GEVA Regional Championships

***Three More Dates-TBA**

Tentative Tournament Schedule for 13s Regional Team (Dates and times are subject to change)

February 4, 2017 GEVA Tournament
March 4, 2017 GEVA Tournament
April 30, 2017 GEVA Regional Championships

*Two More Dates-TBA

Practice Times and Locations (Times are subject to switch)

Monday, Tuesday, & Thursday: Pelham Middle School **Wednesday:** Hooperstown

17s or 16s Travel: Tuesday 8:00-10:00pm Thursday 8:00-9:30pm
17s or 16s Regionals: Tuesday 8:00-9:30pm Thursday 8:00-9:30pm
15s & 14s: Monday 8:00-9:30pm Wednesday 6:00-7:30pm or 7:30-9:00 (switch weekly)

13s: Monday(2x a Month) & Wednesday: 4:30-6pm @ Hooperstown
(Mondays @ Hooperstown: 12/5, 12/19, 1/9, 1/30, 2/13, 2/27, 3/13, 3/20, 4/3, 4/24)

All Teams Positional Practices @ Pelham HS/Saturdays before Developmental/ 12-1pm
(Dates: 12/3, 12/10, 1/7, 1/14, 1/21, 1/28, 2/4, 2/11, 3/4, 3/11)

Total Fees: (First Payment for all teams is due on 11/21)- Payments Available Online This Year!

17s or 16s Travel- \$2,500 First payment: \$1,000
17s or 16s Regional- \$1,600 First payment: \$600
15s Regional- \$1,500 First payment: \$500
14s Regional- \$1,500 First payment: \$500
13s Regional- \$1,300 First payment: \$400

What Fees Includes:

- * Uniforms for the Travel Team: 2 practice shirts, 2 long-sleeve jerseys , 2 pairs of spandex, warm-up jacket and pants, bag & two pairs of socks
- * Uniforms for the 17s/16s, 15s & 14s Regional: 2 practice shirts, 1 long-sleeve jersey, 1 t-shirt jersey, 1 spandex, warm-up jacket and pants, bag, & a pair of socks
- * Uniform for the 13s: 2 practice shirts, 1 long-sleeve jersey, 1 t-shirt jersey, 1 spandex, warm-up jacket and pant, & small bag
- * Gym Rental- Two practices a week
- * Qualified Coaching- Impact/Safesport certified coaches
- * Extra Practice Time at the Positional or Setters Practice
- * Med kits, balls, ball carts, training equipment
- * Tournament Entry Fees
- * Travel Team-Room accommodations in Connecticut or Pennsylvania, Atlantic City & Washington, DC

Player Commitment: LHVA is designed to improve and enhance a female athlete's skills and abilities. It is the player's responsibility to fully commit to the club and their team in order to get the best experience from the program. 100 % commitment of the player's time and effort is required. Other sports should not consistently interfere with practices and/or tournaments. Any school conflicts must be presented to the coach at the beginning of the season.

Parent Commitment: Parents are a key role in this experience. Your dedication to your daughter and their commitment to the club is essential. Driving your daughter back and forth to tournaments within our region and practices takes a lot of commitment on your part. Also, one parent from each team is asked to volunteer as a team parent.

Important Upcoming Dates:

November 15th and 16th Tryouts @ Hooperstown
November 21st Ice Cream Social & Commitment Date (1st Payment Due) @ PMS- Cafeteria C- 7pm
November 28th Practice Begins for 15s & 14s @ Pelham Middle School
November 29th Practice Begins for 17/16s Travel and 17s/16s Regional @ Pelham Middle School
November 30th Practice Begins for 13s @ Hooperstown
December 3rd First Positional Practice and Developmental Session @ Pelham High School

Questions: Any further questions, please feel free to contact the staff either through info@lhvavolleyball.com or by phone: **Mark Finegan (914) 602-1912 or Sloane Dill (914) 557-2570.**