



3 Day Holiday Camps

Please join us for small group work. Whether you want to learn the game or elevate your game, players will get the reps they need from experienced instructors.

3 DAY HOLIDAY BASEBALL CAMP

Ages 8-18 (players will be grouped by age and ability levels)

\$60 for one session • \$110 for two sessions • \$150 for all three sessions of Baseball Camp

Hitting

Instructors will break down the swing with T-work, short toss, as well as live and situational hitting.

Pitching

Players will learn proper mechanics, how to improve arm strength, arm care, age appropriate pitches and finger grips, situational pitching, and fielding their position.

Fielding

Players will learn proper fielding mechanics, footwork, positions 3-9, and situational fielding.

Baseball Holiday Camp will have 3 sessions to choose from. Located in RCTC DOME.

Session One

Hitting/Base Running Clinic

December 26th, 2-2:50pm
December 27th, 2-2:50pm
December 28th, 2-2:50pm

Session Two

Pitching Clinic

December 26th, 3-3:50pm
December 27th, 3-3:50pm
December 28th, 3-3:50pm

Session Three

Fielding Clinic (position specific)

December 26th, 4-4:50pm
December 27th, 4-4:50pm
December 28th, 4-4:50pm

3 DAY HOLIDAY BASKETBALL SHOOTING CAMP

\$60 for each session of Holiday Basketball Shooting Camp

The shooting camp will focus on shooting form and footwork, ability to shoot off the dribble, attacking the hoop, and competitive shooting drills. Camp instructors will provide a fun and focused atmosphere where players will get plenty of reps.

Holiday Basketball Shooting Camp will have 2 sessions by grade level. Located at RCTC Performance

Session One: Grades 3-5

December 26th, 10-11am
December 27th, 10-11am
December 28th, 10-11am

Session Two: Grades 6-8

December 26th, 11am-12pm
December 27th, 11am-12pm
December 28th, 11am-12pm

Register for each 3 day camp at www.ohmsportsacademy.com

Instructors will be former collegiate level players and/or high school level coaches (coach bios available online). Class size is limited. Call, email or visit our website to register. Once payment is received, a confirmation will be sent.

Cancellation Policy: Please let me know as soon as possible if you need to cancel. Cancellations with in 24 hours are non-refundable.

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