

Stillwater Area Hockey Association - Training Video Library

<https://www.youtube.com/watch?v=UcAHUMQ31Yk>

<https://www.youtube.com/watch?v=Dz2ZWObLSBo>

One-timers

<https://www.youtube.com/watch?v=Gc4WiwWVqNQ>

<https://vine.co/v/i0VHQIbMOnI>

<https://www.youtube.com/watch?v=f1GildRV71Q&index=50&list=PLuQT1SQwiwVPJkYEAKyBobTrO4g9uOC9p>

Random Skills

https://www.instagram.com/p/3y_QIaSS95/

<https://www.youtube.com/watch?v=nKpNjg3t5us>

<https://www.youtube.com/watch?v=uzDnnxdyCLs>

Heel to Heel Skating

<https://www.youtube.com/watch?v=MhYrem2OURA>

<https://www.youtube.com/watch?v=TXQfTHVWlqM>

<https://www.instagram.com/p/9KTI2eyS-t/>

<https://www.youtube.com/watch?v=DQj7eKDzdAQ>

<https://www.youtube.com/watch?v=LmoFgDtLF-g>

<https://www.instagram.com/p/BH1vcyggS1s/>

<https://www.youtube.com/watch?v=8BwK2ECscX4>

Defense

<http://www.youtube.com/watch?v=dkS1Kn4QJ9w&sns=em>

<https://www.youtube.com/watch?v=d4XdoOO9Q8M>

https://www.youtube.com/watch?v=g_ynGJ4GI9U

<https://www.youtube.com/watch?v=lz19B9wnEek>

https://www.youtube.com/watch?v=-53JDzz_7Y

<https://www.youtube.com/watch?v=LZO5iSYRw>

<https://www.youtube.com/watch?v=8q4-gmKvvuk>

https://www.youtube.com/watch?v=0NR0b-wgt_8

<https://www.youtube.com/watch?v=BBguBd9zfk0>

<https://instagram.com/p/7tJq1RyS3W/>

<https://www.youtube.com/watch?v=aGHzzYp1P64&feature=youtu.be>

Cycle off the Rush

<https://www.youtube.com/watch?v=Ghv7LlpsTeg>

<https://www.youtube.com/watch?v=hNmdwuLcccE>

Speed Behind the Puck

<https://www.youtube.com/watch?v=CJyEiD812LU>

https://www.youtube.com/watch?v=hszkt2QE_jY

https://www.youtube.com/watch?v=hszkt2QE_jY

<https://www.youtube.com/watch?v=CJyEiD812LU>

<https://www.youtube.com/watch?v=AdU8peSRsNQ&feature=youtu.be>

<http://video.nhl.com/videocenter/?id=2013021020-603-h>

<https://www.youtube.com/watch?v=oaE9dAAkjMk>

Linear Crossover (crossing your feet while skating forward)

<https://www.instagram.com/p/3fQ5-iSS1X/>

<https://www.youtube.com/watch?v=J2j86UmYECY>

<https://www.youtube.com/watch?v=eiQI2eYQ3xE>

<https://www.instagram.com/p/40BBXDySyv/>

<https://www.instagram.com/p/6oINJ9ySwY/>

<https://www.instagram.com/p/BE3oV8lyS-5/>

Cycle vs Forced Switch

<https://www.youtube.com/watch?v=12-knPNI-Fk>

Creating a False Gap

<https://www.youtube.com/watch?t=113&v=ejT8ByevhC0>

<https://www.youtube.com/watch?v=J0xAADgz9mk>

Lessons in Puck Possession

<https://www.instagram.com/p/BA5g7DByS1A/>

<https://www.instagram.com/p/BA40aP8SS1w/>

<https://www.youtube.com/watch?v=nY4hooAt88k>

<https://www.youtube.com/watch?v=MyilvOyzudA&index=8&list=PL61-YorCgtYMD80glEuQRs5tmskmarg0n>

Puck Protection Moves

<https://www.youtube.com/watch?v=NPHInHg3bRQ>

<https://www.youtube.com/watch?v=FqrMeXTuz7U&sns=em>

Creating Offense from Below the Goal Line

<https://www.youtube.com/watch?v=lAnKfNjsU4U>

<https://www.youtube.com/watch?v=L7wfu-wK99A>

<https://www.youtube.com/watch?v=E6LedxnCUuQ&list=PL10MLxeGB2XrYPoBjehc9jk75XU9B0IKH>

https://www.youtube.com/watch?v=e4Dk2v_JN2E

<https://www.youtube.com/watch?v=amYrsFRaDm0>

<https://www.instagram.com/p/BIAPY1ohRPX/>

Weight Shift Moves

<https://www.instagram.com/p/77zLZZyS-c/>

<https://www.instagram.com/p/3sCmBcSSyU/>

<https://www.instagram.com/p/3ul53oSS6O/>

<https://vine.co/v/edF9WE06Mrr>

<https://www.instagram.com/p/6lJ0zISS9U/>

<https://www.youtube.com/watch?v=ETmTfmbYKzw>

<https://www.youtube.com/watch?v=baFEiF7yFL0>

In Tight Scoring

<https://www.youtube.com/watch?v=Vqx48mooxo>

<https://www.youtube.com/watch?v=BoGzyPtB23Q>

<https://www.youtube.com/watch?v=MpZrTLKZz3Y>

<https://www.youtube.com/watch?v=e5eJ24Vt-5g>

<https://www.youtube.com/watch?v=eYFy-SBMprc>

<https://www.youtube.com/watch?v=n97AyvD3xCY>

<https://www.youtube.com/watch?v=NqWiBGNafBo>

https://www.youtube.com/watch?v=gAFr_pWarfE

<https://www.youtube.com/watch?v=X01OqWUCzoQ>

<https://www.youtube.com/watch?v=Flin-oS26KE>

<https://vine.co/v/ewEqeULKLbD>

Backhand Goals

<https://www.youtube.com/watch?v=Hd-yP9odBp8>

<https://www.youtube.com/watch?v=EFi530qjRq8>

<https://www.youtube.com/watch?v=lmCT-hpq5Lw>

<https://www.youtube.com/watch?v=nQwHXkgPmU>

<https://www.youtube.com/watch?v=3Mf4-97gVLY&list=PLuQT1SQwiwVP5gdGsMcpTfla2f9LuffjS&index=15>

<https://www.youtube.com/watch?v=BxmZjvt1KQs&list=PLuQT1SQwiwVP5gdGsMcpTfla2f9LuffjS&index=16>

<https://vine.co/v/eXIUTQDI17x>

<https://vine.co/v/eHZtiqnd3lg>

<https://vine.co/v/edFi0txVeu7>

<https://vine.co/v/eV0mXhLBAB2>

<https://vine.co/v/eV1ZHUZpgKw>

<https://www.youtube.com/watch?v=e8zR7mzBcol>

<https://vine.co/v/eYqAMKxielm>

<https://vine.co/v/iOTwJnUr76q>

Control Defenders Skate

<https://www.youtube.com/watch?v=RnVGrBlpevw>

<https://www.youtube.com/watch?v=DgyVp4IW1nk>

<https://vine.co/v/ewKO6Wtz1HW>

<https://vine.co/v/MKi5pUtFLgp>

<https://vine.co/v/iOTwJnUr76q>

Using the Dots and Taking back ice

<https://www.youtube.com/watch?v=Tt93raPD26Y>

<https://www.youtube.com/watch?v=ISk5UWYbs04>

<https://www.youtube.com/watch?v=-kHoxUjzFc>

Evasive Skating	
https://www.instagram.com/p/BA5g7DByS1A/	
https://www.instagram.com/p/BA40aP8SS1w/	
https://www.instagram.com/p/BAv5rIbSS9_/	
Pull Between the legs move	
https://vine.co/v/egQP5Ega5D2	
https://vine.co/v/MHj3ngg5BFz	
https://vine.co/v/edpnjTZhWp5	
https://vine.co/v/ej3n53KqM2H	
https://twitter.com/USHL/status/714129199599075328	
https://www.youtube.com/watch?v=qdea48p3yF0	
https://vine.co/v/ieQQFTHUApb	
Belfry- Offensive Timing	
https://www.youtube.com/watch?v=-kHoxUjZFc	
Creative Passing Drills	
https://www.youtube.com/watch?v=JHu9SLGX7yM	
https://vine.co/v/iB1nKlJgtFJ	
https://www.youtube.com/watch?v=KJdRCgrt_48	
Hockey Stride and Skating Videos	
https://www.youtube.com/watch?v=9NYuDCTtC8M	
https://www.youtube.com/watch?v=0QdrmLVmaD4	
https://www.youtube.com/watch?v=bqD5fcogZKo	
https://www.youtube.com/watch?v=YFH8VCXKUyQ	
https://www.youtube.com/watch?v=9ZcUcw7rDuw	
Misc. Videos	
https://www.youtube.com/watch?v=2h1CID2Sx8s	#1 skate fit
https://www.youtube.com/watch?v=vnKbWI9Re6w	#2 Explosive stride Jack Eichel
https://www.youtube.com/watch?v=2hwibp_srY0	#3 Create time and space Patrick Kane
https://www.youtube.com/watch?v=MtHSKCH4YzI	#4 Lateral movement Aaron Ekblad
https://www.youtube.com/watch?v=QW6SPH7vio4	#5 Net drive with Dylan Larkin
https://www.youtube.com/watch?v=eQACf0yPTGs	#6 wall attacks Jonathan Towes
https://www.youtube.com/watch?v=NKfB4K6eZyg&feature=youtu.be	#7 Austin Mathews shooting in stride