

NORCO

NORTHERN COLORADO
VOLLEYBALL CLUB

September 30th, 2016

Prep Tryouts are THIS Sunday!

Prep Team Tryouts

Sunday, October 2nd 10 am - 12 pm (noon)

NORCO Prep is the perfect opportunity for anyone who loves to play volleyball, but cannot make the full commitment to Club volleyball. The emphasis of this program will be on skill development and competitive game play. This is a great program to either get a first exposure to the sport or to get better and improve on skills outside of a school team, without the full schedule of club volleyball. One practice a week and three tournaments; the commitment is less for those with busy schedules. The coaching and training will be designed so all players improve and advance!



Practices will start in October and run every Thursday through mid-February (excluding Thanksgiving and Christmas week). Team Pictures will be on Sunday, October 30th. Exact times will be listed after tryouts! **The Prep teams will participate in three one day tournaments: Prep Holiday Tournament, December 18th; Prep/Club Tournament, January 21st; In-House Tournament, February 4th.**

Prep Registration is available, check out our flyer for more information and register today!

[NORCO Prep Team 2016-2017 Flyer](#)

[NORCO Prep Player Registration](#)



Don't worry, you'll be home in plenty of time to watch the Broncos clobber the Buccaneers!

Mandatory Team Manager Meeting

From 6-7 pm on Wednesday, October 12th, NORCO will be hosting our Team Managers meeting in the Mezzanine. Refreshments will be served. The agenda will include Crossroads Hotel information - **PLEASE BE HERE!** If you cannot attend, please make sure your team is represented - this is important information.



NORCO Welcomes Tami Mikelson!

Tami Mikelson will be taking on the Head Coach roll for 15 White. Tami has an outstanding coaching background, all in the state of Colorado! Tami began her coaching career at Bear Creek High School and went on to



coach for Heritage, Bennet, Bishop Machebeuf, and Rangeview High Schools. Tami has an extensive club background that started in south Denver where she ran many camps and clinics for players. Tami most recently coached for Juggernaut Volleyball Club, primarily coaching 15-18s.

We are really excited to have Tami join the NORCO Coaching Staff!

**All-Star Skills Camp
October 25th - November
17th
It's the last session of 2016!**

The All-Star Skills Camp is designed to help advance the skills of intermediate volleyball player ages 10-14 years. This program is open to both boys & girls and focuses on advancing the fundamental skills and techniques to prepare them for the next level of volleyball. The practices are skill-based with occasional game-play.

[Register HERE!](#)

*All-Star Skills Camp
2016*

October 25th – November 17th
Tuesdays & Thursday 4:00-5:00pm

Calling all players between 10-14 years old with intermediate volleyball skills! This camp was made for you!!!! All-Star Skills Camps will raise your daughter's volleyball skill level while maintaining & building a love for the game!

During the 4 weeks we will develop the following skills:

- ⦿ Overhead Serving
- ⦿ Passing
- ⦿ Setting
- ⦿ Hitting
- ⦿ Defense Passing
- ⦿ Game-Play!

All-Star Skills Camp Cost is \$100/Player

Picture Times 2016

Players, please arrive 15 minutes prior to your picture time to pick up your uniform!

Sunday, October 23	
9:00-9:30 am	16 Black
9:30-10:00 am	15 Silver
10:00-10:30 am	11 Black
10:30-11:00 am	13 Black
11:00-11:30 am	15 White
11:30 am - 12:00 pm	14 Blue
12:00-12:30 pm	13 White
12:30-1:00 pm	13 Blue
1:00-1:30 pm	16 Blue
1:30-2:00 pm	15 Black
2:00-2:30 pm	12 Blue
2:30-3:00 pm	18 Blue

Sunday, October 30	
9:00-9:30 am	17 Black
9:30-10:00 am	18 Black
10:00-10:30 am	15 Blue
10:30-11:00 am	12 Black
11:00-11:30 am	16 White
11:30 am - 12:00 pm	17 Blue
12:00-12:30 pm	14 White
12:30-1:00 pm	Prep
1:00-1:30 pm	Prep
1:30-2:00 pm	Prep
2:00-2:30 pm	Prep
2:30-3:00 pm	14 Black

Clinic Information

Coaches Reffing Clinic - Saturday, December 10th 3:00-5:30 pm Coaches ONLY

Scorekeepers Clinic - Sunday, December 11th

Maintaining ~ 9-10:30 am

New (and ALL 14 & Under Scorekeepers) ~ 10:30 am - 12:30 pm