



Athletics & Activities Offerings 2018-19

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High School FALL SEASON

Sport	1 st Day of Practice	Coach
Football	Monday, August 1	ben.chossek@nbexcellence.org
Girls Golf	Monday, August 6	kathryn.erickson@nbexcellence.org
Girls Swim & Dive	Tuesday, August 7	amanda.siehs@nbexcellence.org
Girls Tennis	Tuesday, August 7	chris.viste@nbexcellence.org
Cross Country	Monday, August 13	james.braun@nbexcellence.org
Boys Soccer	Monday, August 13	mdrago@hotmail.com
Girls Volleyball	Monday, August 13	bryon.pangborn@nbexcellence.org
Boys Volleyball	Monday, August 20	nicholas.maske@nbexcellence.org
Cheerleading	August 1	shnbwcheer@gmail.com (Shannon Hight)
Pom & Dance	August 1	tina.coe@nbexcellence.org

High School WINTER SEASON

Sport	1 st Day of Practice	Coach
Hockey Co-op	Monday, November 5	Kclub4@aol.com (John Kennedy)
Glacier Girls Hockey	Monday, November 5	Haurvj22@gmail.com (Jacob Haury)
Girls Basketball	Monday, November 5	cthompson@directs.com (Collin Thompson)
Boys Basketball	Monday, November 12	scottwcook33@gmail.com (Scott Cook)
Boys Swim	Monday, November 12	james.jensen@nbexcellence.org
Wrestling	Monday, November 12	brianwojtechowski@gmail.com codysmith5511@gmail.com

High School SPRING SEASON

Sport	1 st Day of Practice	Coach
Co-Ed Track	Monday, March 4	james.braun@nbexcellence.org
Softball	Monday, March 11	Klotz.nbwsb@gmail.com
Girls Soccer	Monday, March 18	mdrago@hotmail.com
Boys Golf	Monday, March 25	steven.murdock@nbexcellence.org
Boys Tennis	Monday, March 25	trevor.hill@nbexcellence.org
Baseball	Tuesday, March 18	tom.farina@nbexcellence.org

Middle School Sports

Practices: Mondays – Thursdays after school

Game Days: B-ball, V-ball play Tuesdays and Thursdays in the gym;
Wrestling in the FH, Competitions in the cafe
CC, Track vary

Sport	Seasons Run:	Coach
MS Cross Country	1 st day of school– Mid-October	nicki.dekoch@nbexcellence.org
MS Girls Volleyball	January – mid-March	coachtryg@wi.rr.com
MS Track	April -May	Jordan.napoli@nbexcellence.org

CO-CURRICULAR ACTIVITIES

Curricular Clubs/Activities	Please contact:	Descriptions
Band MS/HS (Year long)	kyle.fletcher@nbexcellence.org	Students are offered the study and performance of music. Provides development of instrument technique and fundamentals.
Choir MS/HS (Year long)	sarah.lemon@nbexcellence.org	The music department offers the development of vocal techniques and musicianship.
Orchestra MS/HS (Year long)	dana.federmeyer@nbexcellence.org	Students will develop music reading and instrumental technique.
Academic Decathlon (September - April)	Kevin.dyke@nbexcellence.org nicole.thompson@nbexcellence.org	Team competitions for students to match their intellects with other schools.
Future City (Varies)	Kevin.Fitzgerald@nbexcellence.org	Contact for more information
Art Club MS/HS (Sept. -April)	Rebecca.Klug@nbexcellence.org	Students complete various works of art in a group and individual setting.
**HS Build Team (co-op based at IKE) (September - May)	william.trudell@nbexcellence.org	Students rebuild, repair, and recreate motorcycles for competition purposes.
HS DECA (Year Long)	joseph.cascio@nbexcellence.org	Students interested in business fields participate in career development activities.
HS Forensics (January - April)	Lindsay.kircher@nbexcellence.org	Students compete against other schools on a competitive public speaking team.
**HS HOSA (co-op based at IKE)	dan.burgardt@nbexcellence.org	Students explore leadership skills in health occupations areas.
International Thespian Society MS/HS (Year Long)	Judith.smith@nbexcellence.org	Students showcase their skills in acting, directing, cosmetology, & technical support.
Math Team	chris.viste@nbexcellence.org	Students compete in math related

MS/HS (December - April)		competitions.
French Club MS/HS HS French Honors Society Spanish Honors Society (Year Long)	leah.weyers@nbexcellence.org nicole.thompson@nbexcellence.org	Students interested in furthering their depth of knowledge in foreign language/culture.
HS National Honor Society (Year Long)	diane.hudaj@nbexcellence.org daphne.leigh@nbexcellence.org	Students form an academic achievement service organization.
HS Newspaper (Sept. - June)	steven.altstadt@nbexcellence.org	Students create news submissions on various topics for print and digital media.
**HS/MS Robotics (Jan. - April)	michael.krack@nbexcellence.org	Students use skills to develop, create, and compete in robotics competitions.
**HS/MS SkillsUSA (Sept. - May)	gretta.balczewski@nbexcellence.org	Partnership of students, teachers & industry working together to ensure America has a skilled workforce.
HS/MS Yearbook (Sept. - May)	shelley.schneider@nbexcellence.org	Members use graphic design elements to create the annual yearbook.
Educators Rising (Jan. - May)	Kelli.Kwiatkowski@nbexcellence.org	Developing future educators through skills and career learning.
WIT4 Girls (Septer - May)	Jacqueline.DiBella@nbexcellence.org	Educates and informs students on many different career paths available in IT.

Non-Curricular Activities

HS/MS Student Ambassadors (Year long)	HS Asst: Amanda.Upton MS Asst: Ellen Vandenberg	Students who would like to contribute to enhancing student engagement and culture through community service, sportsmanship, and spirit.
HS/MS Viking Team Conditioning (Year Long)	ben.chossek@nbexcellence.org andrew.taylor@nbexcellence.org baudelio.paez@nbexcellence.org	Mission: to develop leaders both mentally and physically for the betterment of our school community.
MS/HS Chess Club (October - April)	karlanderson@northwesternmutual.com	Students engage in chess for fun and competition.
MS Peer Mediation (Year Long)	donna.malone@nbexcellence.org jill.starrett@nbexcellence.org	MS Students learn how to give others appropriate tools for addressing, reflecting, and resolving conflicts.
HS/MS Table Tennis (Variable)	chris.viste@nbexcellence.org	All levels of talent. Join for fun/camaraderie during the winter and spring
Junior Prom (Sept. - May)	jennifer.hart@nbexcellence.org Nicole.burke@nbexcellence.org	Plan and Fundraise for Junior Prom
Broadcasting Club (September - May)	Alexandra.Wood@nbexcellence.org	Students create both fun and informational videos including weekly announcements, highlights, and other events.

Shakespearean Club (Flex Period)	Alexandra.Wood@nbexcellence.org	Students share in reading and discussing Shakespearean literature.
Renaissance Committee	Donna.Krohn@nbexcellence.org	Student leaders invited to help develop a more inclusive, positive, and spirited school culture.
Dungeons & Dragons Club (Varies)	William.Trudell@nbexcellence.org	Fans of D & D coming together to enjoy the game and good company.
Ski/Snowboarding Club (Winter Months)	hendricks.jim@sbcglobal.net	Hit the slopes with your friends and enjoy some winter sports!
Trap Shooting Team	Noah.Phillips@nbexcellence.org	Skeet and trap shooting for competition!

***** Denotes Joint Activity, NBW & IKE students. Students may need to transport to practice and competitions.***

How to join?

If you should have any interest in any of the groups listed above, please e-mail the advisor for season information.

Participation Requirements:

Athletics & Activities Participation Forms/Digital Registration Form are located on NBWVikings.org

ATHLETICS -

- Athletics' Participation Forms/Digital Registration i-Form are due in the Athletics' office before the first day of practice.

ACTIVITIES

- Co-Curricular Activities' Digital Registration Form is due before the first day of participation.