



IRONDALE BOYS



Sponsored by: Irondale Basketball Association

TRY OUT WARM UPS

Get ready to play ball

The Irondale Basketball Association, in conjunction with the boys varsity program is happy to host a pre-tryout workout session on Tuesday, September 13th from 7:00—8:30 pm at Highview Middle School. Come prepared to work and get yourself ready for the upcoming competitive tryouts

What to bring:

- Basketball Shoes
- Water bottle
- A desire to work hard and listen to your instructors

Cost
IS FREE

⇒ **BOYS VARSITY WILL RUN THE SESSION**

⇒ **It is intended to be a warm up for the upcoming competitive try outs on**

⇒ **Saturday & Sunday September 17,18**

QUESTIONS??

RSVP:

(to help better prepare the session)

Send email to: boysdirector@irondalebasketball.org

Information for 1st Child Attending:

Name: _____

Gender / Grade: _____

Previous competitive (Yes or No) : _____

Registered for 2016/2017 Season (Yes or No) : _____

Information of 2nd Child Attending:

Name: _____

Gender / Grade: _____

Previous competitive (Yes or No) : _____

Registered for 2016/2017 Season (Yes or No) : _____

Email TO:

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Additional information available on www.irondalebasketball.org.