

ERHS CROSS COUNTRY DISTRIBUTION

LIST:

The coaches and booster club periodically send out emails to all members with information about things such as Meets, Social Events and Fundraising.

To get added to the email distribution list YOU MUST follow the steps below (we cannot add email addresses for you)

1. **If you already are a Member of East Ridge High School Activities on Sport Ngin:**
 - Click the globe next to your profile name after you login, if East Ridge High School Activities is listed you are a member
 - Skip to step 4.
2. **If you already have an NGIN account but are not a member:** (also used for things like Woodbury Soccer Club, ERAA and other teams),
 - Go to the ER Cross Country web page (see below)
 - Log into your NGIN account
 - **ADD East Ridge High School Activities** by clicking on "Become a Member" at the top left hand-side of the site.
 - Skip to Step 4
3. **If you do not have an NGIN account:**
 - Go to the ER Cross Country web page(see below)
 - At the top left click on "CREATE AN ACCOUNT" and complete the information.
4. **Important step, but only do this after steps 1-3 are completed.**
 - Send me an Email to wdschiferl@msn.com include your profile name (the first and last name you used to register) and let me know that you would like to be added to the distribution list for ER Track & Field

CROSS COUNTRY WEBSITE:

<http://www.erhsactivities.com/page/show/1148761-cross-country>

Can also be accessed via the ERHS website in the QUICKLINKS box

WANT TO ADD MORE EMAIL ADDRESS TO YOUR ACCOUNT?

Look on the back for instructions

HOW TO ADD ADDITIONAL EMAIL ADDRESSES TO YOUR ACCOUNT

If you are receiving ERHS Cross Country e-mails, you already have an NGIN account set-up and that account has been added to the ER Cross Country List.

However, if you would like to have these emails go to additional email addresses as well, please follow these instructions:

1. While logged on to your NGIN account and on the ER Cross Country site, click on your user name at the top left hand corner and it will provide you with a menu to choose from.
2. Click on the "Account Settings"
3. On the top right hand side of the account settings page, you will see boxes - one of which says "Add Email Addresses" - click on this and go ahead and add as many as you wish under your account.