

Q and A's



How do I sign-up for the ride?

online at active.com or Downloadable PDFs will be available for paper registration on the Bike to the Beat page at dutrurun.com

How much money from my registration fee will go to myTeam Triumph?

Fox Communities Credit Union aims for 100% of the proceeds go to myTeamTriumph. This is because many of the ride logistics' and all of the organizers give their time and dedication to make this ride a fun event for the community.

How safe is the ride?

We will have a fully trained paramedics team throughout the course who are specialized in dealing with medical situations with our event. The ride has marshals spread out across the ride to look after and help the riders through their journey. We ensure that there are breaks spaced out for riders to take a rest.

How is the ride supported, for example: Food, drink stations?

We have five food and beverage stations throughout the route, along with food and beverages in Jones Park at the end of the ride. Check out more information about the Bike to the Beat course.

What if I get tired on the bike ride? Are there facilities for a break on the route?

Yes, there are plenty of stops along the course if you wish to take a break. All riders will also receive phone numbers to call, in case they're unable to complete the ride.

Will there be someone to look at my bike in case of mechanical failure on the route?

Yes, bike mechanics are available on route but as a rider it is your responsibility to ensure that your bike is road worthy. Repairs will be basic, for example: Air, brakes and gear checks which will be carried out at the food/music stations. If you are unable to complete the ride you can call the phone numbers provided to request a transport vehicle to pick you up.

Do I need to wear a helmet during the ride?

YES! For your safety, helmets are required and must be worn at all times while you are cycling. We recommend that you visit your local cycling shop as they will be able to advise you on the correct sized helmet to fit your head .

What is the minimum age for entry?

There is no minimum age to participate - families are welcome! Note: be sure to register every participant in your group or family if they'd like a t-shirt. This includes kids riding in a bike seat, bike trailer, or trailer bike.

When and where is packet pickup? Please check the Bike to the Beat page at dutrurun.com

Are dogs/pets allowed to participate with riders?

No, for the safety of everyone participating in the event, animals will not be allowed.

What kind of food will be available throughout the course?

Food will vary from station to station and will include bagels, muffins, cheese, sausage, chicken wings, sub sandwiches, ice cream, and more! Food items are subject to change without notice.

Will the ride still go on if there is inclement weather?

Unfortunately, there is no rain date and no refunds will be given due to inclement weather.

How do I become a volunteer for Bike to the Beat? If interested, please contact Gloria at 920 562 1885 or gloria@dutrurun.com